February 2025 | High School



Monday	Tuesday	Wednesday	Thursday	Friday	
3 Salisbury Steak w/gravy Popcorn Chicken Mashed Potato Bowl Mashed Potatoes Corn Roll/Fruit/Milk 10 Chicken Nuggets Baked Potato w/trimmings Steamed Broccoli Corn Roll Fruit/Milk	 4 2-Crispitos w/cheese stick Chicken Fajita Taco Pinto Beans Lettuce & Tomato Spanish Rice Salsa/Fruit/Milk 11 Cheese Quesadilla Fiestada Pizza Pinto Beans Lettuce & Tomato Fruit/Milk 18 	 5 Buffalo Chicken Hoagie w/ranch Meatball Sub French Fries Lettuce & Tomato Fruit/Milk 12 Spicy Chicken Burger Chicken Fried Steak Burger Tater Tots Burger Salad Fruit Milk 19 	 6 Cheesy Ground Beef & Macaroni Grilled Chicken Patty Steamed Broccoli Steamed Carrots Roll/Fruit/Milk 13 Chicken Spaghetti w/breadstick Corn Dog Steamed Carrots Green Beans Fruit/Milk 20 	7 Pizza Wing of Fire w/ranch & roll Spicy Fries Green Beans Fruit Milk 14 Pizza Stix w/marinara Steakfingers w/roll Sweet Potato Fries Mixed Veggies Fruit/Milk 21	Announcements Menu Subject to Change! Lunch Free to All Students! Chef Salad Offered Daily as Alternate! Adults & Visitors \$5.00
No School In-Service	Enchiladas Taco Snack Pinto Beans Lettuce & Tomato Spanish Rice Salsa/Fruit/Milk	BBQ Pork Rib on Hoagies Chili Cheese Hot Dog Spicy Fries Baked Beans Fruit/Milk	Hamburger Pie Popcorn Chicken Steamed Carrots Green Beans Roll/Fruit/Milk	Pizza Grilled Cheese Sandwich Sweet Potato Fries Steamed Broccoli Fruit/Milk	
24 Chicken Fried Steak Spicy Chicken Tenders Mashed Potatoes w/gravy Green Beans Roll/Fruit/Milk	25 Nachos w/ground beef Burrito Refried Beans Lettuce & Tomato Spanish Rice Salsa/Fruit/Milk	26 Bacon Cheeseburger Grilled Chicken Burger Sweet Potato Fries Burger Salad Fruit/Milk	27 Chicken Alfredo Steakfingers Steamed Broccoli Corn Breadstick/Fruit/Milk	28 Turkey Sandwich Ham & Cheese Sandwich Burger Salad Baby Carrots w/ranch Fruit/Milk	

Beets Season in Texas: January - March;

September - November

Did you know?

The main part of the beet that is eaten is the root; you can also eat the greens



Food and Nutrition Division www.SquareMeals.org

TEXAS DEPARTMENT OF AGRICULTURE COMMISSIONER SID MILLER

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