

FEBRUARY 2025

Middle School Breakfast

MONDAY

TUESDAY

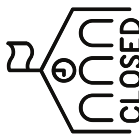
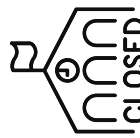
WEDNESDAY

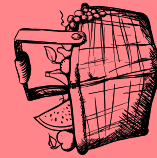
THURSDAY

FRIDAY

Breakfast Classics

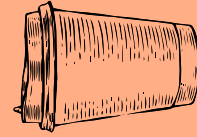
- Dairy and Protein: Yogurt and string cheese
- Grains: Assorted breakfast breads, pastries, and cereal bowls

3	Beef Sausage & Cheese Bagel	4	Chicken Sausage & Cheese-Stuffed Waffle	5	3 Cheese Egg Bites or Spicy Jalapeno Egg Bites	6	Chicken Sausage & Waffle Sandwich	7	French Toast Sticks
10		11	Chicken Sausage & Cheese-Stuffed Waffle	12	3 Cheese Egg Bites or Spicy Jalapeno Egg Bites	13	Chicken Sausage & Waffle Sandwich	14	French Toast Sticks
17		18	Chicken Sausage & Cheese-Stuffed Waffle	19	3 Cheese Egg Bites or Spicy Jalapeno Egg Bites	20	Chicken Sausage & Waffle Sandwich	21	French Toast Sticks
24	Beef Sausage & Cheese Bagel	25	Chicken Sausage & Cheese-Stuffed Waffle	26	3 Cheese Egg Bites or Spicy Jalapeno Egg Bites	27	Chicken Sausage & Waffle Sandwich	28	French Toast Sticks



Daily Fresh Fruit & Beverages

- Our daily fruit basket includes apples, oranges, pears, and bananas.
- 100% orange juice available every day.
- Choose from skim white, skim chocolate, or lactose-free 1% milk.



Morning Mocha Wednesdays

Students, enjoy a mid-week treat: FREE Mocha Latte when you choose complete breakfast every Wednesday!

FEBRUARY 2025

Middle School Lunch

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Double Smucker's Uncrustables

Raspberry Crumble Parfait

Cobb Entree Salad & Flatbread

Double Smucker's Uncrustables

Buffalo Chicken Wrap

Big Daddy's Cheese or Pepperoni Pizza

Beef & Cheese Nachos

Chicken Wings & Cornbread

Cincy Chili Spaghetti & Oyster Crackers

Crispy Chicken Sandwich

Vegan Options

Mediterranean Salad & Flatbread

Fiesta Black Bean Burrito

Vegan Chickenless Crispy Sandwich

Vegan Bolognese Spaghetti: Pasta & Roll

Vegan Chickenless Nuggets & Roll

3 Teriyaki Chicken & Brown Rice

4 Spicy Boneless Wings

5

Bacon Cheeseburger

6

Chicken Tenders & Mini Maple Waffles

7

Game Day Sampler: Mini Buffalo Chicken Calzones & Pepper Jack Pretzel Bites

10

11 Penne & Grilled Chicken Alfredo

12

Cheesy Italian Sampler with Marinara

13

Chicken Tenders & Mini Maple Waffles

14

Buffalo Chicken Dip & Tostito Chips
Strawberry Jonny Popsicle

17

18 Philly Cheesesteak

19

Los Cabos Beef Chile Burrito

20

Chicken Tenders & Mini Maple Waffles

21

Game Day Sampler: Mini Buffalo Chicken Calzones & Pepper Jack Pretzel Bites

24

25 Spicy Boneless Wings

26

Classic Charbroiled Cheeseburger

27

Chicken Tenders & Mini Maple Waffles

28

Buffalo Chicken Dip & Tostito Chips

Fruits & Vegetables

Chilled Applesauce Cup
Juicy Juice Fruit Punch
Apples, Oranges, Bananas, & Pears
Steamed Broccoli Florets
Crispy Crinkle Cut French Fries
Cool Tropics Razz-A-Dazzle Juice Slush

Strawberry Fruit Cup
Juicy Juice Fruit Punch
Apples, Oranges, Bananas, & Pears
Bush's Taco Fiesta Black Beans
Kyoto Vegetables

Peach Fruit Cup
Apples, Oranges, Bananas, & Pears
Southern-Cooked Green Beans
Crunchy Celery

Mixed Berry Fruit Cup
Juicy Juice Fruit Punch
Apples, Oranges, Bananas, & Pears
Sweet Golden Corn
Orange-Glazed Carrots

Fresh Apple Slices
Juicy Juice Fruit Punch
Apples, Oranges, Bananas, & Pears
Creamy Tomato Soup
Green Peas
Cool Tropics Berry Blue Juice Slush

Daily Fresh Fruit & Beverages

- Build a salad at our Farm-to-School Garden Bar.
- Our fruit basket includes apples, oranges, pears, and bananas.
- Enjoy 100% orange juice and fruit-infused water at our Hydration Stations.
- Choose from skim white, skim chocolate, or lactose-free 1% milk.
- Each lunch includes an entrée, two fruits, two vegetables, and a choice of milk.

A la Carte Special

Add a Smucker's PB&J Uncrustable to your lunch for just \$1 when you choose a complete lunch!

Harvest of the Week

- February 3-7: Kiwi & Spinach
- February 10-14: Local Strawberries & Jicama
- February 17-21: Plums & Broccoli
- February 24-28: Grapefruit & Cauliflower



PREPARING STUDENTS
FOR LIFE