

## Books for Parents:

- [Safe Passage](#). How Mobility Affects People and What International Schools Should Do About It.
- [Finding Home Abroad: A Guided Journal for Adapting to Life Overseas](#) by Trisha Carter and Rachel Yates
- [Strangers at Home: Essays on the Effects of Living Overseas and Coming “Home” to a Strange Land](#)
- [Notes from a Traveling Childhood: Readings for Internationally Mobile Parents & Children](#)
- [Home Keeps Moving](#)
- [Homeward Bound: A Spouse’s Guide to Repatriation](#)
- [Raising Global Nomads](#)
- [The Mobile Life](#)
- [New Kid in School: Using Literature to Help Children Transition](#)

## Books for Children:

- [Books by Valérie Besanceney](#): B at Home: Emma Moves Again and My Moving Booklet

## Websites:

- US State Department's [Reverse Culture Shock Resources](#)
- [Slurping Soup](#) (there is also a book available, a free preview is available [here](#)) (for children and adults)
- [Expatriate Everyday Support Center](#)
- [Expatriate Expert](#) - This is the author Robin Pascoe's website. It includes links to her books but also YouTube lectures and Expatriate resources specific to women, living abroad and expatriate writers
- [Families in Global Transition Resources](#)

- [Interaction International](#) and Books for students: [Interaction International TCK Books to use with Students](#)
- [Libby Stephens Humanizing the Transition Experience](#)
- [Transition Dynamics](#)
- [UYD Media \(Use Your Difference to Make a Difference\)](#)
- [Transitions: Success and Adventures](#) Organization that helps TCK's manage the transition to university as well as international students attending American high schools or universities. Includes resources as well.
- [Connecting women worldwide](#)
- [International Therapist Directory](#) (online listing of therapists familiar w/ TCK and intl expatriate experiences)
- [Expatriate Lifeline](#) Information for a range of expat needs, includes membership and free webinars.
- Mentoring Program for Teens, TCK Resources for Parents and Consulting for Schools: [Seachange Mentoring](#)

*(Resource list adapted from International School Counselor's Association)*