File: ADF-E

# **Automated External Defibrillator (AED) Procedure**

## **Purpose**

To provide trained employees of the school district with uniform guidelines to follow when responding to sudden cardiac arrest incidents and in intervening with an AED.

## **During School Hours**

- 1. Assess scene safety. Rescuers are volunteers and are not expected to place themselves at risk in order to provide aid to others. Instead, the scene or environment around a victim must be made safe prior to attempts to assist.
- 2. Determine unresponsiveness.
- 3. Activate system:
  - a) At any school phone or cell phone: dial 911.
  - b) Call main office and alert them to emergency and location of unconscious person.
  - c) Main office staff will assign someone to retrieve AED and meet responding volunteer at emergency scene.
  - d) The office staff will assign someone to wait at facility entry to direct Emergency Medical Services (EMS) to the victim's location.
- 4. CPR-trained individuals will assess the emergency and if necessary, begin CPR.
  - a) Check for breathing. If the person is not breathing or is only gasping, give CPR.
  - b) Give 30 compressions
  - c) Open the airway and give 2 breaths with a mask, if available
  - d) Keep giving sets of 30 compressions and 2 breaths until the AED arrives.

**NOTE:** If a rescuer is alone and the victim is a child and has no known cardiac condition, perform one minute of infant/child CPR prior to activating the emergency response system and getting the AED.

- 5. Turn on AED as soon as it arrives.
- 6. Apply electrode pads (according to diagram on back of electrode pads) to victim's bare chest:
  - a) Peel electrode pads, one at a time, from the backing or liner.
  - b) Shave or clip chest hair if it is so excessive it prevents a good seal between electrode pads and skin.
  - c) Wipe chest clean and dry if victim's chest is dirty or wet.
  - d) Press electrode pads firmly to skin.
- 7. Stand clear of victim while machine evaluates victim's heart rhythm.
- 8. Push SHOCK button when prompted. The AED will again analyze the victim's heart rhythm.
- 9. Follow prompts given by the AED.
- 10. If victim starts to breathe or move, place him/her on side (recovery position) and monitor breathing closely.
- 11. Leave AED attached to victim until EMS arrives and disconnects AED.

#### **After-School Hours**

- 1. Assess scene safety.
- 2. Determine unresponsiveness.
- 3. Activate system:
  - a) At any school phone or cell phone, dial 911
  - b) Alert the supervising staff member of the emergency
- 4. If CPR/AED trained, the supervising staff will retrieve the AED. CPR and AED procedures should be initiated until EMS arrives.

5. Follow procedures outlined above.

#### **After Use of AED**

- 1. The volunteer responder (staff member) will document the event using the school district accident form and will forward a copy of the completed form to the AED Program Coordinator or designee on the next business day.
- 2. Clinical use of the AED is reported to the licensed physician affiliated with the program within 48 hours (weekdays) of the event.
- 3. The AED will be taken to Weld County Paramedic Services within 48 hours (weekdays) of device usage to have the patient recorded data retrieved from the device.
- 4. The AED will be wiped clean according to policy.
- 5. Electrode pads must be replaced.

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