



After-School Program (ASP) Snack Guidelines, 2024-2025

Every afternoon, ASP students gather for a healthy snack. The snack is served for Primary students at 3:00 p.m. and Elementary students at 4:00 p.m.

We've made a change from past years: families of the After-School community are now only asked to provide fruits and veggies for ASP on a weekly rotation. Aidan will provide crackers and other dry snacks for the students. You will find the guidelines for quantities below, and the Fall schedule is on the next page. You will receive an updated email reminder from me the week before your assigned week.

The groceries should be delivered to Aidan's Front Office Monday morning during drop off time. If you drop it off via the carpool line, please be sure to tell the staff member who takes the snack that it is for ASP. In addition, please label all bags "ASP."

If you are not able to bring snacks for your assigned week, or if you need to change your dates, please email Phillip.

Thank you all for your assistance and flexibility in providing snack!
Phillip Katinas and the ASP Staff

ASP Produce Quantities

*Below shows an estimate of what we ask families to provide weekly. Please note: these are just examples! The items can absolutely be adjusted depending on the season or your child's favorite items! **Due to allergies, please do not bring anything containing nuts, peanuts or sesame.***

Fruit - pick four:

- Bananas (10)
- Oranges (8)
- Apples (10)
- Pears (8)
- Peaches (8)
- Clementines (2 bags)
- Berries (3 containers)
- Pineapples (2)
- Watermelon (1)

Veggies - pick four:

- Cucumbers (3)
- Bell peppers (3)
- Carrots (2 bags)
- Sugar snap peas (1 bag)
- Celery (1 stalk)
- Cherry tomatoes (2 bins)



ASP Winter/Spring Snack Schedule

Week	Family
January 7 - 10 (four days)	Catalina & LeoValenzuela
January 13 - 17	Action Papadopoulos
January 21 - 24 (four days)	Liv Ingram & Tariq Lafhaj
January 27 - 31	Charlie Coss
February 3 - 7	Cora & Eliza Timiraos
February 10 - 13 (four days)	Lawson Duffus & Zayn Ahmad
February 18 - 21 (four days)	Max & Nina Milberg
February 24 - 28	Lilliana Fernandez
March 3 - 7	Hank & Teddy Leahy
March 10 - 14	Mila & Nica Stebunovs
March 17 - 19 (three days)	n/a
April 1 - 4 (four days)	Razan Chaabi & Andres Vigil
April 7 - 11	Sylvia Pearson
April 14 - 18	TBD
April 21 - 25	TBD
April 28 - May 2	TBD
May 5 - 7 (three days)	TBD
May 12 - 16	TBD
May 19 - 23	TBD
May 27 - 30 (four days)	TBD
June 2 - 6	TBD
June 9 - 11 (three days)	n/a