2024 EDITION

Parkside Preschool

WESTCHESTER-PUTNAM COMMUNITY RESOURCE GUIDE

BRAND NEW RESOURCES

NEW PRODUCT PURCHASE LINKS

RESOURCE UPDATES

AND MORE!

for families supporting children and teens with disabilities

A FREE GUIDE TO HELP FAMILIES SUPPORTING CHILDREN AND TEENS WITH DISABILITIES FIND RECREATIONAL, EDUCATIONAL, SUPPORTIVE, AND HEALTH SERVICES IN WESTCHESTER AND PUTNAM COUNTIES.

PROVIDED BY:
PARKSIDE PRESCHOOL, AN ARC MID-HUDSON NY PROGRAM

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SCAN TO ACCESS THE DIGITAL VERSION OF THIS GUIDE

HTTPS://WWW.ARCMH.ORG/COMMUNITY-RESOURCE-GUIDE/

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Websites and Resources

Supporting Children with Developmental Disabilities in New York State

Autistic Self-Advocacy Network

This advocacy group is run by Autistic individuals and can provide perspectives on meaningful resources for those with ASD.

https://autisticadvocacy.org/

Cerebral Palsy of Westchester

CP of Westchester offers a list of resources for families of children with developmental disabilities, including general, agency, advocacy, government, and health care resources.

https://cpwestchester.org/link-resources/

Council on Children and Families

The Council on Children and Families coordinates New York's health, education and human services systems as a means to provide more effective systems of care for children and families. The mission of the Council on Children and Families (Council) is to strengthen New York State's system of care through cross-agency collaborations.

https://www.ccf.ny.gov/

Early Intervention: NYS Department of Health

The New York State Early Intervention Program (EIP) is part of the national Early Intervention Program for infants and toddlers with disabilities and their families.

https://www.health.ny.gov/community/infants_children/early_intervention/

Websites and Resources

Supporting Children with Developmental Disabilities in New York State

eiFamilies

The eiFamilies website is part of the Family Initiative Coordination Services Project at the Just Kids Early Childhood Learning Center. The Family Initiative Coordination Services Project is sponsored by the New York State Department of Health Bureau of Early Intervention.

https://www.eifamilies.com/

Hudson Valley Developmental Disabilities Service Office (DDSO)

Lists resources including community day services, recreational, educational, medical, transportation, and legal/advocacy services, in Hudson Valley and surrounding areas for individuals with disabilities.

https://disabled.westchestergov.com/hudson-valley-ddso

New York State Education Department Office of Special Education

Provides information on special education policy, assistance for parents in navigating the special education sector, and publications regarding special education policy and practice.

http://www.p12.nysed.gov/specialed/

National Down Syndrome Society (NDSS)

The National Down Syndrome Society (NDSS) is the leading human rights organization for all individuals with Down syndrome. NDSS is committed to providing individuals with Down syndrome, their families, caregivers, and the public with comprehensive information

https://ndss.org/

Websites and Resources

Supporting Children with Developmental Disabilities in New York State

NYS Office of Mental Health

New York State has a large, multi-faceted mental health system that serves more than 700,000 individuals each year. The Office of Mental Health (OMH) operates psychiatric centers across the State and offers a Mental Health Program Directory where you can search for mental health programs in your area or by specific need.

https://omh.ny.gov/

Office for People With Developmental Disabilities (OPWDD)

Responsible for coordinating services for NY residents with developmental disabilities, provides services directly and through a network of ~500 nonprofit agencies. Offers respite care, assistive technology access, and a list of providers.

https://opwdd.ny.gov/

Office of Children and Family Services (OCFS)

Provides family support, youth development, and childcare services, as well as a list of provided services to support children and families.

https://ocfs.ny.gov/

Putnam County Department of Health

"Early Intervention Services are provided to health children grow and develop, and to help families support and promote their children's development. This program is a family teach model. The Putnam County Early Intervention Program (IEP) is part of the national Early Intervention Program for specific children birth to three and their families.

https://www.putnamcountyny.com/health/early-intervention

Parent & Family Supports:
Parent Support

Andrus Care Management Program

ANDRUS' Care Management Program aims to "improve access to healthcare services for children and their families to promote better health outcomes and improved quality of life." This program involves a collaboration between Care Coordinators and families to assess, plan, and evaluate services focused on a child's health needs.

https://andrus1928.org/community-service-division/

Phone: (914) 968-1663 Email: communityprograms@jdam.org

30 South Broadway, 7th Floor, Yonkers, NY 10701

Autism Directory Service, Inc

This not-for-profit located in Wappingers Falls assists individuals and families living with autism throughout the Hudson Valley through grant-making efforts toward organizations supporting those with disabilities. ADS also provides grants for parents/caregivers to defray costs associated with workshops, conferences, social skills groups, recreational activities, academic programs, and more. They also provide access to resources to support those with autism.

https://adshelps.org/

Phone: (914) 966-9019 Email: autismdirectoryservicehv@gmail.com

Parent & Family Supports:
Parent Support

Center for Autism and the Developing Brain at New York Presbyterian

The Center for Autism and the Developing Brain offers parent support groups, family education and counseling, and introductory "Next Steps" educational workshops about autism for families who have just received a diagnosis, where families can connect with one another and share resources.

https://www.nyp.org/psychiatry/center-for-autism-the-developing-brain

Phone: (914) 997-5848

21 Bloomingdale Road, White Plains, NY 10605

Cerebral Palsy of Westchester: Family Support Services Information & Referral

Cerebral Palsy of Westchester offers information, guidance, and referrals, as well as help navigating NYS's Family Support Services Program.

https://cpwestchester.org/medicaid-service-coordination/

CHADD of Westchester-Putnam County & Vicinity (Chapter 376)

Children and Adults with Attention-Deficit/Hyperactivity Disorder (CHADD) offers online courses regarding ADHD, including self-paced online courses and support from other parents. The Westchester-Putnam CHADD chapter hosts two monthly Zoom meetings: support sessions to exchange information, feelings, and experiences in a supportive and confidential environment facilitated by a licensed social worker, and general meetings where guest presenters speak and/or extended support is provided.

https://chadd.org/for-parents/overview/

Local Westchester/Putnam Chapter in Yorktown Heights-
https://www.chadd.net/chapter/376

Contact: Karen Trovato
Phone: (866) 200-8098 Email: westchester-putnamvicinity@chadd.org

Parent & Family Supports:
Parent Support

Child Care Council of Dutchess and Putnam, Inc

"The Child Care Council of Dutchess and Putnam, Inc. works to promote affordable and quality child care, provide information and support to families, and strengthen the early childhood workforce in Dutchess and Putnam Counties."

https://www.childcaredutchess.org/family-resources/

Child Care Council of Westchester: Parent Education & Community Resources

The Child Care Council of Westchester, located in Scarsdale, offers parent support groups, trainings, workshops, and their "Parent Connections Newsletter."

https://www.childcarewestchester.org/services/parents/parent-education

CoveCare: Family Connections Support Group

CoveCare in Carmel, NY offers Family Connections, a free family-to-family support group that meets twice a month. This group allows parents and caregivers to share their experiences, discuss challenges, connect with one another regarding raising children in today's world, and sharing resources and advocacy guidance. Childcare is available upon request while parents meet.

https://tinyurl.com/covecarecommunitybasedservices

Contact Wanda Crowley
Phone: (845) 225-2700 ext. 224

CoveCare Center, 1808 Route 6, Carmel, NY 10512

Parent & Family Supports:
Parent Support

Early Intervention Steps: A Parent's Basic Guide to the Early Intervention Program

This guide provides a step-by-step breakdown of the NYS Early Intervention Program (EIP), explaining the order of events when a child is referred for early intervention (EI). It also explains what to expect from the evaluation/assessment process, the individualized family service plan (ISFP), and EI services. Contact information, information regarding your rights as a parent, and other helpful samples and examples relevant to EI are also included.

https://www.health.ny.gov/publications/0532.pdf

Family Services of Westchester

Across 23 locations in Westchester, Family Services provides early childhood respite to assist parents and children birth to five who receive preventive services.

https://tinyurl.com/fsw-early-childhood

Contact Diana K. Cohen, LCSW, Director, Early Childhood Mental Health Programs
Phone: (914) 358-5419 Email: dcohen@fsw.org

Family Ties of Westchester

With locations in Mount Vernon, Ossining, Peekskill, White Plains, and Yonkers, Family Ties offers a range of support groups providing emotional support and real-world advice while learning from other caregivers facing similar issues to your own. Support groups led by certified peers include caregiver groups (in English and Spanish), early childhood groups, father groups, and grandparent groups. They also offer workshops on topics including developmental disabilities, advocacy training, and Medicaid eligibility and accessing specialized services.

https://www.familytieswestchester.org/support-groups-education-coaching/

Phone: (914) 995-5238

Parent & Family Supports:
Parent Support

Hudson Valley Autism Society

"The Hudson Valley Autism Society is dedicated to serving the needs of the autism community in and around the Hudson Valley Region of New York. We are often the first point of contact for families that are new to this area and looking for resources. Through our own programming and referral to other local organizations, and through our grant program, we help people on the autism spectrum and their families feel supported, and find caring communities." They serve both Westchester and Putnam Counties, amongst others in the Hudson Valley.

https://www.hudsonvalley-autismsociety.org/

Phone: (844) 482-7669 Email: info@hudsonvalley-autismsociety.org

New York State PTA

This site contains a directory of all New York State Parent-Teacher Associations, including Special Education PTAs. Use the directory for find your local PTA and/or utilize the National PTA's "Special Education Toolkit," which can help families of newly diagnosed children find services, resources, and special education available to them.

https://nyspta.org/home/advocacy/special-education_ptas/

https://www.pta.org/home/family-resources/Special-Education-Toolkit

NY ABLE

An ABLE accounts is a special type of savings account specifically created to meet the needs of people with intellectual/developmental disabilities. Often depending on a variety of public assistance programs (Medicaid, SSI, etc.) that have eligibility limitations based on income and/or savings, ABLE accounts allow individuals with I/DD to save for the future while remaining eligible for these public benefits. They allow savings to accumulate on a tax-deferred basis and be withdrawn tax-free for expenses related to his/her disability.

https://www.mynyable.org/

Phone: (855) 569-2253

Parent & Family Supports:
Parent Support

Parent-to-Parent of New York State

Parent to Parent "builds a supportive network of families to reduce isolation and empower those who care for people with developmental disabilities or special healthcare needs to navigate and influence service systems and make informed decisions." This organization offers "Parent to Parent Matching" which offers parents of persons with developmental disabilities or specific health care needs to be connected one-on-one with another parent who has "been there." Further, they offer assistance, information, referral, community outreach, workshops and webinars for parents regarding various special education topics.

http://parenttoparentnys.org/

NYC Office
Servicing Westchester, Rockland, & NYC
25 Beaver Street
New York, NY 10004
Contact Persons:
Angie – (646) 766-3461
Maryalice – (646) 766-3459
Rocio – (646) 766-3462
(Rocio speaks Spanish)

Upstate East Office
Servicing Putnam, Ulster, & Greene
500 Balltown Road
Schenectady, NY 12304
Phone: (518) 381-4350
Daniel - ext. 35
Dianne - ext. 24
Michele - ext. 27
Nancy - ext. 25
Tina - ext. 22
Trish - ext. 23

PBS Kids for Parents: Learning from Home

The PBS Kids: For Parents website has a variety of weekly virtual learning resources, focusing on a variety of subjects such as science, math, self-awareness, socioemotional development, self-esteem, and more. At-home learning topics will include activities, games, and articles to help your child learn through play.

https://www.pbs.org/parents/learn-at-home

Parent & Family Supports:
Parent Support

Promote Learning Through Play

A resource guide for families provided by Putnam Department of Health to help promote learning via play activities, including examples.

https://tinyurl.com/promotelearningthroughplay

Screen Sense: Setting the Record Straight

Research-based guidelines for screen use for children under three years old.

https://tinyurl.com/screensense

Speech and Language Development Guide

A chart which guides the reader through the various stages of speech, interaction/expression, play/movement, and meaning/conceptual development from birth to age two.

https://tinyurl.com/speechlanguagedevelopmentpdf

Teaching Speech and Language Skills: A Family Guide

This guide, offered by the Putnam Department of Health, offers guidelines and examples for teaching speech and language skills for children from birth to age three.

https://tinyurl.com/teachingspeechandlanguage

YAI Mental Health Services

Provides mental health services for caregivers of those with intellectual/developmental disabilities, including individual therapy, family therapy, couple's counseling, and collateral counseling to prevent caregiver burnout and reduce stress.

https://www.yai.org/clinical-services/mental-health

Phone: (212) 273-6182

Parent & Family Supports: *Special Supports*

Hope's Door

Hope's Door offers emergency shelter to keep individuals safe from the threat of violence, as well as domestic violence education and training in schools and community centers throughout Westchester County. They also offer as counseling, advocacy and legal services for victims of domestic violence and human trafficking. Call their 24/7 hotline for more information, or if you are in crisis or need of support.

https://hopesdoorny.org/#

Phone (24/7): (888) 438-8700

My Sister's Place

My Sister's Place, located in White Plains, aims to end domestic violence and human trafficking by providing free education, outreach, confidential supportive and legal services throughout Westchester County.

https://mspny.org/ Email: info@mspny.org

Phone: (914) 683-1333 24/7 HOTLINE: (800) 298-7233 (SAFE)

3 Barker Avenue, White Plains, NY 10601

Putnam/Northern Westchester Women's Resource Center

Located in Mahopac, this center provides advocacy, education, and counseling services for victims of domestic abuse. Individual and group services for women and children available.

https://www.pnwwrc.org/ Email: info@pnwwrc.org

Main Office: (845) 628-9284 24 Hour Crisis Line: (845) 628-2166

935 South Lake Blvd. Suite #2, Mahopac, NY 10541

Putnam County Shelter and Crisis Services 24-Hour Hotline: (845) 628-2166
Westchester Department of Social Services Emergency Services: (914) 995-2099
National Domestic Violence 24/7 Hotline: (800) 799-7233

Parent & Family Supports:
Advocacy Support & Training

Autism Spectrum Disorder Services: Family and Community Education at Child Study Center by Hassenfeld Children's Hospital at NYU Langone

Offers a Service Navigation Program which provides ongoing educational and therapeutic information and support for families, including consultation on IEPs, school placement, and transitioning planning.

https://nyulangone.org/locations/child-study-center/autism-spectrum-disorder-service

Phone: (646) 754-4958 Email: csc.care@nyulangone.org

One Park Avenue, 7th Floor, New York, NY 10016

Center for Parent Information & Resources: Developing Your Child's IEP

A guide for families explaining the basics of special education processes, your child's IEP, and how to effectively partner with your child's school. Also available in Spanish.

https://www.parentcenterhub.org/pa12/

A Parent's Guide to Special Education in NYS for Children Ages 3-21

This document provides information for parents, guardians and other family members about laws, regulations, and policies affecting special education programs and services.

https://www.nysed.gov/sites/default/files/programs/special-education/a-parents-guide-to-special-education.pdf

Parent & Family Supports:
Advocacy Support & Training

Starbridge: Family Support Programs

Starbridge provides support with transportation, opportunities to speak with an advocate, and family reimbursement programs. They also provide free coaching for families of children with a new diagnosis, and free workshops/webinars which address transitions within special education, the annual review process, IEPs, and ways to support your child's language, social, and behavioral development at home.

https://www.starbridgeinc.org/how-we-can-help/family-supports

Westchester Independent Living Center & Putnam Independent Living Services

Provides resources and support for families making informed educational decisions, including those regarding their child's IEP/504 plan, and transition planning in Westchester and Putnam Counties. These agencies empower parents to successfully advocate for their children, and to prepare parents for EI, CPSE, CSE, and 504 meetings. Bilingual staff available to discuss your child's needs and provide support.

https://www.wilc.org/educational-advocacy/

Contact Jessica Baumann, Director of Educational Advocacy Services
Phone: (845) 228-7457 Email: jbaumann@putnamils.org

Westchester Jewish Community Center (WJCS) Autism Center:
Special Education Advocacy

WJCS offers special education advocacy services to help families navigate the special education system, identify and understand their child's unique needs, and feel more empowered in the IEP and 504 process. Includes an initial consultation (record review, discussion of parental rights, development of a detailed plan on how to proceed), classroom observations, and representation at 504, CPSE, and CSE meetings.

https://tinyurl.com/wjcsadvocacy

Contact Lee Englander, M.A., Program Coordinator, WJCS Autism Center
Phone: (914) 761-0600 ext. 2228

845 North Broadway White Plains, NY 10603

Parent & Family Supports:
Parent Skills Training

Andrus Parent Services (APS)

Andrus offers a three-month home visiting program "designed to strengthen parents' abilities to care for themselves and their children, restore or stabilize family functioning, and avert the need for foster care placement." Parent Aides work with families to improve parenting skills, provide parent education on effective discipline techniques, communication styles, child development, and age-appropriate expectations for children while supporting families in "navigating the school system, advocating for their children, and identifying issues that can impact school attendance."

https://andrus1928.org/community-service-division/

Phone: (914) 968-1663 Email: communityprograms@jdam.org

30 South Broadway, 7th floor Yonkers, NY 10701

Ascend Autism Group

Ascend Autism Group offers parental support services/parent-mediated intervention, focusing on social communication, imitation, play, and behaviors. They also offer social skills programs, early intervention, and targeted intervention/ABA services.

https://tinyurl.com/ascendparentresources

Phone: (877) 323-8668 Email: info@ascendautism.com

Ascend Hawthorne
22 Saw Mill River Road
Hawthorne, NY 10532

Ascend Greenwich
280 Davis Avenue #1
Greenwich, CT 06830

Parent & Family Supports:
Parent Skills Training

Autism Spectrum Disorder Services: Family and Community Education at Child Study Center by Hassenfeld Children's Hospital at NYU Langone

Provides "evidence-based training and support for parents, caregivers, school personnel, and community healthcare providers," with topics including introduction to ASD and behavioral support strategies, as well as strategies for dealing with friendship, anxiety, and advocacy as it relates to ASD.

https://med.nyu.edu/departments-institutes/child-adolescent-psychiatry/education/new-york-city-regional-center-autism-spectrum-disorders

Stress Management and Mindfulness Group for Parents and Children with Autism

Four-session program focused on teaching mindfulness exercises, acceptance, and commitment therapy to manage stress. Sessions are held virtually on Fridays from 12-1 pm.

Behavioral Parent Training

Provides parents and caregivers with training, education, and coaching on evidence-based skills to increase appropriate behaviors and decrease problem behaviors in children with ASD across many settings. Parents and caregivers can meet individually with mental health providers in-person or virtually.

Outreach Presentations

Specialists are available to provide training workshops to parents, professionals, and/or schools on a range of topics, including behavior management basics, dating and relationships on the spectrum, anxiety and autism, and current trends in autism research.

Contact: Dr. Gili Segall Email: gili.segall@nyulangone.org

https://nyulangone.org/locations/child-study-center/autism-spectrum-disorder-service

Phone: (646) 754-4958 Email: csc.care@nyulangone.org

One Park Avenue, 7th Floor, New York, NY 10016

Parent & Family Supports:
Parent Skills Training

CoveCare: Parenting Skills & Support

CoveCare in Carmel, NY offers fee-based Systemic Training for Effective Parenting (STEP) programs which provide skills training for parents dealing with challenges with their children. Offered in a seven-week course by trained facilitators. They also offer Family Peer Support and Advocacy services, which include curriculum-based classes to help those who wish to strengthen their parenting skills and create positive experiences for their family, particularly for families supporting a child with emotional, mental health, and/or substance use problems.

https://tinyurl.com/covecarecommunitybasedservices

Contact: Wanda Crowley
Phone: (845) 225-2700 ext. 224

CoveCare Center, 1808 Route 6, Carmel, NY 10512

Disability Rights Education & Defense Fund

"We train and educate people with disabilities and parents of children with disabilities about their rights under state and federal disability rights laws so they can use the laws as tools to challenge exclusion and discrimination, and advocate effectively for full participation in the lives of their communities."

https://dredf.org/

Phone: (510) 644-2555 Email: info@dredf.org

Parent & Family Supports:
Parent Skills Training

Family Ties of Westchester: Parent Skills Coaching Sessions

With locations in White Plains, Yonkers, Peekskill, Ossining, and Mount Vernon, evidence-based coaching sessions are offered for caregivers raising children with social, emotional, and/or behavioral challenges to promote positive, strength-based relationships by enhancing parent skillsets in addressing challenges. View the link below to find the regional office closest to you. They also offer workshops addressing developmental disabilities and advocacy.

https://www.familytieswestchester.org/support-groups-education-coaching/

Phone: (914) 995-5238

Green Chimney's Parent & Family Resources

"Green Chimneys Community Based Services are inherently preventive in nature and designed to keep children in their community and with their families, avoiding residential placement whenever possible. Parent & Family Resources include access to assessments, social supports, and service coordination to help families provide the best care for their children. An experienced staff of certified social workers, case managers, program managers, administrators and interns work closely with youth and families to provide individualized services, skill-building tools and resources to support positive individual and familial development, self-reliance and healthy communication."

https://www.greenchimneys.org/community-programs-services/youth-family-services/info-for-parents/

Email: info@greenchimneys.org

Brewster Campus
400 Doansburg Road
Brewster, NY 10509
Phone: (845) 279-2995

Carmel Campus
33 Clearpool Road
Carmel, NY 10512
Phone: (845) 225-8226

Community-Based Services
1689 Route 22
Brewster, NY 10509
Phone: (845) 279-2378

Parent & Family Supports:
Parent Skills Training

Hudson Valley Applied Behavior Analyst PLLC (HVABA)

Located in Hopewell Junction, this organization provides monthly parent workshops to address behavioral strategies for children with autism spectrum disorders in a group setting that is informative and supportive.

https://www.behaviorsos.com/parent-workshops

Phone: (845) 897-1788 Email: info@behaviorsos.com

25 Route 376, Hopewell Junction, NY 12533

Institute for Behavioral Training

Offers Parent eLearning courses for purchase including topics ranging from introductory parent training following an initial diagnosis, home strategies, communication and socialization, challenging behaviors, school readiness, and tackling autism as a family. They also offer video training courses for babysitters and respite workers titled "Caring for Individuals with Autism Spectrum Disorders."

https://www.ibehavioraltraining.com/ibt/parentelearning

New York City Regional Center for Autism Spectrum Disorders at the Child Study Center at NYU Langone

Provides "evidence-based training and support for parents, caregivers, school personnel, and community healthcare providers," with topics including introduction to ASD and behavioral support strategies, as well as strategies for dealing with friendship, anxiety, and advocacy as it relates to ASD.

https://med.nyu.edu/departments-institutes/child-adolescent-psychiatry/education/new-york-city-regional-center-autism-spectrum-disorders

Contact: Lauren J. Donnelly, Ph.D., Director
Phone: (646) 754-4503 Email: csc.rcasd@nyulangone.org

One Park Avenue, 7th Floor, New York, NY 10016

Parent & Family Supports:
Parent Skills Training

Regional Center for Autism Spectrum Disorders at Old Westbury

Provides "evidence-based training and support to families and professionals, and through ongoing research, contribute knowledge to the field of autism spectrum disorder." Offers family workshops designed to assist families on their child's journey from school-age to adulthood.

https://owautism.com/

Phone: (516) 628-5647 Email: autism@oldwestbury.edu

Westchester Independent Living Center & Putnam Independent Living Services: Parent Training and Information Center (PTIC)

The Parent Training and Information Center (PTIC) provides free advocacy training for parents of children with disabilities, as well as information and referral, technical assistance, workshops, and trainings to parents and other professionals serving children with disabilities. Training and information is provided in order to increase parents' confidence levels and develop their own advocacy skills to benefit their children and others in the community. These services are provided to Putnam, Westchester, Dutchess, Orange, Rockland, Sullivan, and Ulster Counties at no cost.

https://www.wilc.org/parent-training-and-information/

Contact Jessica Baumann, Director of Educational Advocacy Services
Phone: (845) 228-7457 Email: jbaumann@putnamils.org

Parent & Family Supports:
Parent Skills Training

Westchester Jewish Community Services (WJCS):
Parent Management Training (PMT)

This evidence-based group, developed at the Yale Child Study Center, has been shown to be effective in decreasing oppositional, antisocial, and aggressive behaviors by training parents to manage their child's behaviors in home and at school. May be billed through commercial insurance plans, as well as Medicaid/Medicaid Managed Care, Child Health Plus, or self-pay fee.

https://www.wjcs.com/services/disabilities-autism/parent-management-training/

Contact Norma Litman, LCSW, Program Supervisor
Phone: (914) 949-7699 ext. 2408 Email: nlitman@wjcs.com

141 N Central Avenue, Hartsdale, NY, 10530

Westchester Therapy Solutions (WTS)

WTS offers parent/caregiver/teacher training workshops providing parents with practical strategies, best practice, and a better understanding of their child. Workshop topics include behavior or sensory processing difficulties, fine motor functioning, therapeutic listening, sensory process, sensory defensiveness, arts and crafts and yoga for children with special needs, among others.

https://westchestertherapysolutions.com/workshops/

Phone: (914) 686-3116 Email: assist@wtstherapy.com

450 Mamaroneck Avenue, Suite 412, Harrison, NY 10528

Parent & Family Supports:
Parent Skills Training

Where I Can Be Me!

Where I Can Be Me! offers long distance social skills consultations with Isa Marrs, a board-certified speech/language pathologist, where parents can talk in-depth about their child's areas of struggle and ways parents can help their child make friends and maintain relationships. Consultations can also be used to find strong social skills programs local to you.

https://www.whereicanbeme.com/services/long-distance-services/long-distance-social-skills-consult/

Phone: (914) 488-5282

127 Woodside Avenue, 201, Briarcliff Manor, NY 10510

YAI: National Institute for People with Disabilities

YAI provides a variety of services, programs, and resources. Family services include caregiver education, behavior management assistance, in-home training, and respite services for families of children with disabilities.

https://www.yai.org/family-support

Phone: (212) 273-6182

Getting Started Form: https://www.yai.org/getting-started

Parent & Family Supports:
Sibling Supports

Autism Spectrum Disorder Services: Family and Community Education at Child Study Center by Hassenfeld Children's Hospital at NYU Langone

Offers a Group for Siblings (ages 8-12) of Children with Autism Spectrum disorder, which meets on Tuesdays from 5:30-6:30 pm. Offered in-person or virtually, this program allows siblings of children with ASD to discuss their experiences as a sibling, identify their own emotions, learn strategies to handle challenging situations, and focus on their own positive qualities. Siblings attend six group sessions, and caregivers attend two group sessions to learn to further support siblings of children with ASD.

https://nyulangone.org/locations/child-study-center/autism-spectrum-disorder-service

Phone: (646) 754-4958 Email: Csc.asdprograms@nyulangone.org

One Park Avenue, 7th Floor, New York, NY 10016

JCC of Mid-Westchester: SibConnection and SibConnection Teens

SibConnection is a therapeutic support group for siblings who have brothers/sisters with special needs. This group meets for one hour weekly and aims to give siblings of those with disabilities a place to connect, share and explore feelings, and learn in a safe and supportive environment. Separate groups offered for children 6-12 and teens 12-16.

https://jccmw.org/special-needs-enrichment-programs/

Phone: (914) 725-7300 Email: specialneeds@jccmw.org

999 Wilmot Road, Scarsdale, NY 10585

Parent & Family Supports:
Legal Support & Advisement

Council of Parent Attorneys & Advocates (COPAA)

COPAA's mission is to "protect and enforce the legal and civil rights of students with disabilities and their families." They aim to ensure high quality educational services and promote advocacy. Visit the "Contact Us" page for a directory of contact options.

www.copaa.net

Guardian Assistance Network (GAN)

Offers support, practical advice, and training to help non-professional ("lay") guardians carry out their guardianship responsibilities.

http://ww2.nycourts.gov/ip/gan/index.shtml

Phone: (347) 296-1948 Email: GAN@nycourts.gov

Guardian and Fiduciary Services: NYCourts.gov

Coordinates education, training, information services, monitoring and reporting for court-appointed New York fiduciaries including guardians, attorneys for alleged incapacitated persons, and court evaluators.

https://www.nycourts.gov/courthelp/guardianship/resources.shtml

Phone: (212) 428-5505 Email: GFS@nycourts.gov

Justice Center for the Protection of People with Special Needs

Established in 2013 by the Protection of People with Special Needs Act, this agency was created "to restore public trust in the institutions and individuals charged with caring for vulnerable populations by protecting the health, safety, and dignity of all people with special needs."

https://www.justicecenter.ny.gov/

Phone: 518-549-0200 Email: webmaster@justicecenter.ny.gov

Parent & Family Supports:
Legal Support & Advisement

Legal Services of the Hudson Valley

Practice areas include disability, special education advocacy, and child advocacy.

https://www.lshv.org/

Phone (White Plains): (914) 949-1305

Phone (Poughkeepsie): (845) 471-0058

Littman Krooks LLP, White Plains

Practice areas include special needs planning, special education advocacy, and special needs trusts.

https://www.littmankrooks.com/

Phone: (914) 684-2100

Student Advocacy Group

Located in Elmsford and comprised of highly trained attorneys – some of whom are former teachers – and educational advocates, the Student Advocacy group fights to protect the educational rights of students in Westchester and Putnam counties, and to ensure access to supports necessary for educational success.

https://studentadvocacy.net/

Phone: (914) 347-7039

Recreation
Sports, Fitness, & Other Recreation

Barrier Breakers Wheelchair Basketball

"The Barrier Breakers team is open to children and young adults who reside in Westchester County and are eligible for services through OPWDD. Team members have the opportunity to build confidence, develop social skills, participate in physical activity and compete against other wheelchair basketball teams in the area. Practice is held two Saturday's a month from 9:30 a.m. -12:00 p.m. September to June at the David G. Osterer Center in Rye Brook."

https://cpwestchester.org/wheelchair-basketball-2/

Contact: Wendell Rones, Wheelchair Basketball Coach

Phone: (914) 937-3800 ext. 263 Email: info@cpwestchester.org

David G. Osterer Center, 1186 King Street, Rye Brook, NY 10573

Family Center for Achievement

The Family Center for Achievement is an inclusive environment where people of all ages and interests can explore variety of activities, classes, and programs including art classes, social skills training, birthday parties, school break camps, music & movement, culinary classes, recreation and social skills classes, science & technology, and sports & fitness. The center features a fully equipped gymnasium, a sensory gym, and spaces for yoga and medication.

https://familycenterforachievement.org/#fca-schedule

Phone: (516) 355-9400 Email: info@fcautism.org

1517 Franklin Avenue, PO Box 7587, Garden City, NY 11530

Recreation
Sports, Fitness, & Other Recreation

Greenburgh Parks and Recreation Department

The Greenburgh Parks and Rec Department, in cooperation with the NYS OPWDD, offers Special Recreation Programs for children with developmental disabilities, including yoga, walking, basketball, tennis, Camp Victory summer camp program, and a special recreation family season pool pass across Greenburgh, Ardsley, Dobbs Ferry, Elmsford, Hastings, Irvington, and Tarrytown.

https://tinyurl.com/greenburgh-special-recreation

Contact: Noel Broccoli, Director of Special Recreation
Phone: (914) 989-1815 Email: nbroccoli@greenburghny.com

HERO, Inc – Tennis

HERO (Help Expand Recreation Opportunities) is a non-profit organization providing quality recreation opportunities and programs for people with disabilities, toddlers through seniors. HERO's Tennis program is offered for youth, adolescents, and adults living with developmental, physical, and emotional disabilities. HERO Tennis runs on an on-going basis or as special events. Lessons are tailored to meet group and individual needs, and are scheduled at parks, schools, indoor/ outdoor facilities throughout the tri-state area, Scholarships may be available.

https://herony.org/current-programs

Contact Janet Lefkowitz, Program Director
Phone: (914) 761-2130 | (914) 261-6761 Email: HEROJL1@aol.com

PO Box 733, Ardsley, NY 10502

Recreation
Sports, Fitness, & Other Recreation

The Kiyoko Brown Lekotek Center's Therapeutic Play Program

The Kiyoko Brown Lekotek Center allows children with cognitive, sensory, or physical disabilities to learn and play using specialized toys monthly for one hour. Sessions can be compelted in the Lekotek Center in Rye Brook or in your home, dependent on your location.

https://cpwestchester.org/lekoteck-programtherapeutic-play/

Contact: Director of Recreation
Phone: (914) 937-3800 ext. 627 Email: info@cpwestchester.org

Miracle League of Westchester

Miracle League of Westchester is an "all inclusive program that allows individuals with special needs the opportunity to play baseball in an organized safe environment." Children ages 3-19 can enjoy baseball on The Field of Dreams at Ridge Road County Park, a specially designed, rubberized, cushioned turf for baseball. Register online.

https://mlwny.org/

Contact: Rick Monzon, Executive Director
Phone: (914) 522-1547 Email: Rmonzon@mlwny.org

Ridge Road Park, 287 Ridge Road, Hartsdale, NY 10530

New York Raptors Special Hockey Team

A member of the American Special Hockey Association, the Raptors is an ice hockey team catered to those with developmental disabilities. Each player will learn how to play the game, stickhandle a puck, pass, shoot, and more. Practices and games take place at Westchester Skating Academy in Elmsford, Mid-September through March. Limited scholarship funds are available.

https://www.nyraptors.org/

Phone: (914) 347-8232 Email: nyraptors@yahoo.com

Westchester Skating Academy, 91 Fairview Park Dr., Elmsford, NY 10503

Recreation
Sports, Fitness, & Other Recreation

Nor-West Regional Special Services Program

Nor-West offers recreational activities for individuals with developmental disabilities in Cortlandt, Peekskill, Ossining, and Yorktown. Programs include instructional and recreational swim, instructional and recreational bowling, movie nights, "afternoon adventures," "fun, fitness, friends," cooking classes, and Special Olympics training for children, teens, and adults.

https://www.nor-west.org/

Contact: Wendy Greenfield, Director

Phone: (914) 737-4797 Email: Wendy@nor-west.org

North East Westchester Special Recreation

North East Westchester Special Recreation is a "community based therapeutic recreation program for children, teens and adults with developmental disabilities residing in Westchester County." They offer various year-round activities including team sports, bowling Special Olympic training, TGIF craft, game, and cooking nights for those 10-16, "Nite Club" themed dances, "Saturday Clubhouse" programs of music, art, movement, and gym activities, "Fantastic Friends" teen community trips including travel, sports, leisure activities, and education, Saturday trips for adults, and "Weekends Away" programs. Also offering summer programs including six-week summer day camps for those ages 4-21, Special Olympics softball, concerts in the park, and the Frost Valley Vacation Program for adults.

https://northeastspecialrec.org/

Phone: (914) 347-4409 Email: Info@northeastspecialrec.org

63 Bradhurst Avenue, Hawthorne, NY 10532

Recreation
Sports, Fitness, & Other Recreation

Sensory Bounce Therapy

Sensory Bounce Therapy offers unique motor, sensory, and social skills occupational therapy for children with different abilities. Utilizing indoor inflatable bounce facilities and trampoline parks, experienced therapists work with small groups of children with autism, ADHD, and sensory processing, motor, and social difficulties through play. During sessions, separate meetings for parents take place, where they can network, share common experiences, and learn from one another. In some locations, a designated leader is appointed to help facilitate this group. Sensory Bounce Therapy is offered in Elmsford BounceU and Bounce! Trampoline Sports of Poughkeepsie.

https://sensorybounce.com/

Phone: (201) 794-7700 Email: info@sensorybounce.com

Shames JCC emPOWER Inclusive and Adaptive Fitness

Shames JCC's emPOWER Fitness is an adaptive fitness class consisting of functional movements mixed with cardio intervals, offered by specialized, certified adaptive group trainers.

https://www.shamesjcc.org/programs/adaptivefitness/#overview

Phone: (914) 306-9477 Email: abridson@shamesjcc.org

South East Consortium for Special Services, Inc

South East Consortium is a not-for-profit organization offering comprehensive therapeutic recreation and leisure-related services to meet the interests and needs of children and adults with disabilities/ special needs. Recreation programs include sports programs, music, dance, cooking, swimming, movie nights, play production Zumba, walking clubs, golf, bowling, Yogalates, hip-hop, community outings, and more across various locations in Westchester County.

http://www.secrec.org/

Phone: (914) 698-5232 Email: info@secrec.com

740 W. Boston Post Road, Suite 316, Mamaroneck, NY 10543

Recreation
Sports, Fitness, & Other Recreation

Special Programs and Resource Connection (SPARC)

Level-Up Weekly Programs

SPARC's Level-Up program offers "a diverse array of weekly programs that provide invaluable social and recreational opportunities for individuals who may not otherwise have access to such experiences." Recreational programs include golf clinics, therapeutic horsemanship, horseback riding, tennis, "Fit4All," long distance running, bowling, and eSports.

https://www.sparcinc.org/level-up

Light-Up Kids Programs

"SPARC is a dedicated organization providing children's programs in an inclusive and welcoming environment. With a focus on social, physical, artistic, recreational, and creative activities, SPARC ensures that every child can actively participate and benefit from the enriching experiences. Children engage in diverse activities designed by skilled staff, fostering personal growth, social skills, and a sense of belonging in a supportive setting."

https://www.sparcinc.org/light-up

Phone: (914) 243-0583 Email: info@sparc.org

40 Triangle Center, Suite 205, Yorktown Heights, NY 10598

Recreation
Sports, Fitness, & Other Recreation

We Rock the Spectrum Kids Gym

"We Rock the Spectrum Kid's Gyms was founded to provide a place for children of all ability levels to play and grow together." This center offers a huge sensory motor gym featuring specialized sensory equipment such as a zip line, zip box and slide, crash pit, trampoline, tunnels, carpet swing, hammock swings, climbing structures, bolster swing, climbing mountains, and a rope bridge, as well as an arts and crafts center. They are open daily for open play, private parties, and "We Rock Care," service which provides "Respite and Break Time Care" to provide a break for families with children with special needs, and "One-to-One Attendant Care" for those who require constant care and/or who have behavioral or safety concerns. For children ages 3-13.

https://www.werockthespectrumnewrochelle.com/

Phone: (914) 365-2585 Email: info@werockthespectrumnewrochelle.com

606 Main Street, New Rochelle, NY 10801

Westchester Boxing Club

Westchester Boxing Club offers Autism programs with trainers who are experienced working with both adults and children on the autism spectrum. WBC "understands the power and therapeutic value in the sport and practice of boxing," and offers a space to develop "socialization, focus, and organization skills, through the sport of boxing." They offer private sessions which utilize the power of positive reinforcement and encourage children to communicate with trainers and make progress in the activities they participate in.

https://westchesterboxingclub.com/autism-and-parkinsons/

Phone: (914) 329-6287

Recreation
Swimming

Aquabilities with Jennifer

"Aquabilities with Jennifer offers Aquatic Occupational Therapy services to children and adults with special abilities. Our aquatic specialists and professional instructors have helped many swimmers gain function, increased mobility and safety in the water." Sessions focus on more than learning survival and swimming skills, with therapeutic sessions assisting clients with strategies for changing into the swimsuit, toileting, entering the pool, showering, and changing back into dry clothes.

https://www.aquabilitieswithjennifer.com/

Phone: (347) 541-7665 Email: aquabilitieswithjennifer@gmail.com

Offered in Mahopac, Somers, Dobbs Ferry, White Plains, and the Bronx.

JCC of Mid-Westchester: Special Needs Private Swim Lessons

JCC of Mid-Westchester offers special needs private swim lessons, with a special needs instructor for those with disabilities, ages 3 and up.

https://jccmw.org/private-and-semi-private-lessons/

Contact: Marlena Rykala, Private Lesson Coordinator
Email: rykalam@jccmw.org

JCC of Mid Westchester, 999 Wilmot Road, Scarsdale, NY 10583

Nor-West Regional Special Services Program

This program offers instructional swim for children ages 7-17 with developmental disabilities.

http://www.nor-west.org/

Contact: Wendy Greenfield, Program Coordinator/Interim Director

Phone: (914) 737-4797 Email: Wendy@nor-west.org

Recreation
Swimming

Shames JCC

Adaptive Swim Lessons

Shame JCC has three swim instructors certified in the "Swim Angelfish methodology" providing adaptive swim lessons to individuals with a range of disabilities and challenges.

https://www.shamesjcc.org/programs/adaptivefitness/#overview

Phone: (914) 306-9477 Email: aquatics@shamesjcc.org

Friday Night Sensory Friendly Swim

Offered select Fridays from 6:00-7:30 pm, Friday night free-swim is for families who have an immediate member with a disability. The pool will be exclusively reserved for this event, so that we can ensure a sensory- friendly pool environment for a fun family night out!" Register online.

https://www.shamesjcc.org/programs/friday-night-swim/#overview

Contact: Annie Bridson, Director of Supportive Services
Phone: (914) 918-3068 ext. 1108 Email: abridson@shamesjcc.org

Recreation
Swimming

Swim Angelfish:

Aquatic Angelfish Therapy

Specially designed for children with special needs to help them become safe and independent swimmers, Aquatic Angelfish Therapy is provided by specially trained physical and occupational therapists to enhance sensory and reflex integration, strengthen core muscles, and to improve visual-motor skills, balance, coordination, motor planning, and independence with motor skills.

Swim Whisperers® Swim Lessons

Specially designed for children with special needs and provided by specially trained Swim Whisperer® Swim Instructors, this program helps children achieve swim skill benchmarks, become independent swimmers, become comfortable going underwater, improve swim stroke progression, access, identify, and implement strategies to overcome roadblocks to swim success, and increase water safety.

Lessons and therapy are offered in Port Chester and Tarrytown NY, as well as Greenwich, Stamford, Norwalk, Fairfield, and Wilton, CT.

https://swimangelfish.com/

Phone: (203) 545-0024

Swimming Past the Boundaries

Christopher Bledsoe is a swimming instructor that specializes in teaching infants, toddlers, children, teens, and adults with special needs to swim. This program offers affordable prices on Aqua Therapy, Aqua Aerobics, Special Needs Swim Training, Pool Parties, Autistic Swim Teams, and Training.

https://www.swimmingpastboundaries.com/special-needs-program

Phone: (845) 625-4929 Email: christopherauthor@gmail.com

Dutchess and Ulster County Locations

Recreation
Swimming

Wings Over Water

Wings Over Water offers private lessons on an individual basis for those with special needs in Brewster, NY and Fairfield, CT. Incorporating the Swimplicity® methodology, the primary goal of these lessons is safety. Students "will first learn how to quiet their bodies and minds through breathing, floating and travel experiences. Once a level of trust and comfort is attained a student will then be introduced to underwater propulsion experiences. Over the water arm strokes are introduced when breathing, balance, and aquatic line is attained."

https://www.wingsoverwater.com/

Brewster NY Location
1511 Route 22 Lakeview Plaza
Brewster, NY 10509
Phone: (845) 279-9525
Email: wowinfo@wingsoverwater.com

Fairfield CT Location
2221 Black Rock Turnpike
Fairfield, CT 06825
Phone: (203) 212-3950
Email: fairfield@wingsoverwater.com

YWCA White Plains & Central Westchester

YWCA White Plains & Central Westchester offer a Learn to Swim Program for people with developmental disabilities.

https://ywcawpcw.org/what-we-do/health-wellness/programs-for-people-with-developmental-disabilities

Contact: Wanda Smith, Director of Special Programs & Inclusion
Phone: (914) 949-6227 ext. 108

North Street Activity Center, 515 North Street, White Plains, NY 10605

Recreation
Art, Music, & Dance

Autism Theatre Initiative: Theatre Development Fund (TDF)

"TDF Autism Friendly Performances present Broadway musicals and plays in a friendly, supportive environment for children and adults who are diagnosed with an autism spectrum disorder or other sensitivity issues and their families and friends. Since 2011, TDF has presented more than 18 autism-friendly shows on Broadway, starting with Disney's landmark musical The Lion King." To make the performance autism-friendly, jarring sounds and strobe/spot lights are reduced, house lights are faintly dimmed but remain on, break areas are available, and a team of volunteers and autism specialists are available throughout the theatre.

https://tdf.org/nyc/40/Autism-Theatre-Initiative

Phone: (212) 912-9770 Email: info@tdf.org

Heartsong

Heartsong's mission is "to provide clinically-based therapeutic, educational and rehabilitative creative arts programs that seek to enhance the functioning level and quality of life of individuals with special needs." They offer Art Therapy, Music Therapy, and Dance/Movement Therapy to those with special needs.

http://heartsong.org/

Phone: (914) 358-5613 Email: info@heartsong.org

277 Martine Avenue, Suite 230, White Plains, NY 10601

Recreation
Art, Music, & Dance

Music Conservatory of Westchester: Music Therapy Institute

The Music Conservatory of Westchester offers onsite group and individual music therapy sessions and outreach individual and group music therapy throughout Westchester. Qualifying students with disabilities may apply for scholarships. "Individualized programs provide opportunities for social interaction, allow for emotional expression, increase attention, promote growth in motor skills, and increase communication skills." All therapists are board-certified and hold masters or doctoral degrees in music therapy.

https://musicconservatory.org/music-therapy-institute/

Contact: Dr. Tina Brescia, MT-BC, LCAT, Director of Onsite Services
Phone: (914) 761-3900 ext. 134 Email: tina@musiced.org

Contact: Lisa Sandagata, MT-BC, Director of Outreach Services
Phone: (914) 761-3900 ext. 138 Email: lisa@musiced.org

216 Central Avenue, White Plains, NY 10606

Shames JCC SHINE Inclusive and Adaptive Dance

Shame JCC offers SHINE with Liza Friday Dance Parties for those ages 12 and up. This inclusive class provides a workout and adaptive choreography combining ballet, jazz, and hip-hop styles.

https://www.shamesjcc.org/programs/adaptivefitness/#overview

Phone: (914) 306-9477 Email: abridson@shamesjcc.org

Recreation
Art, Music, & Dance

South East Consortium for Special Services, Inc

South East Consortium is a not-for-profit organization offering comprehensive therapeutic recreation and leisure-related services to meet the interests and needs of children and adults with disabilities. Programs include art, play production, and other creative clubs across various locations in Westchester County.

http://www.secrec.org/

Phone: (914) 698-5232 Email: info@secrec.com

740 W. Boston Post Road, Suite 316, Mamaroneck, NY 10543

Special Programs and Resource Connection (SPARC)

Level-Up Weekly Programs

SPARC's Level-Up program offers "a diverse array of weekly programs that provide invaluable social and recreational opportunities for individuals who may not otherwise have access to such experiences." Arts and culture programs include film production, nature club, SPARC's Got Talent, Expressions Studios, Dancing with the SPARC Stars, Reel Review, and dinner and a movie.

https://www.sparcinc.org/level-up

Light-Up Kids Programs

"SPARC is a dedicated organization providing children's programs in an inclusive and welcoming environment. With a focus on social, physical, artistic, recreational, and creative activities, SPARC ensures that every child can actively participate and benefit from the enriching experiences. Children engage in diverse activities designed by skilled staff, fostering personal growth, social skills, and a sense of belonging in a supportive setting."

https://www.sparcinc.org/light-up

Phone: (914) 243-0583 Email: info@sparc.org

40 Triangle Center, Suite 205, Yorktown Heights, NY 10598

Recreation
Art, Music, & Dance

Steffi Nossen School of Dance

Located at the Music Conservatory of Westchester, Steffi Nossen School of Dance offers Adaptive Dance for ages five and up. During classes, “movement is adapted so that everyone can participate and be successful. Classes encourage physical movement which promotes kinesthetic intelligence and builds gross and fine motor skills, promotes positive social interactions, self-confidence, and focus. Our dance classes also provide an opportunity for creative expression, of particular importance for children who have difficulty expressing themselves verbally or understanding emotions.”

https://www.steffinossen.org/the-school/adaptive-dance/

Phone: (914) 328-1900

216 N Central Avenue, White Plains, NY 10606

Recreation
Sensory-Friendly Movie Theatres

AMC Sensory Friendly Films

Partnered with the Autism Society, AMC Theatres in Port Chester and Middletown NY and Danbury CT offer Sensory Friendly, family-friendly showings where lights are turned up and sounds are turned down so you can get up, dance, walk, shout, or sing. Sensory Friendly showings take place on the second and fourth Saturday of each month.

https://www.amctheatres.com/programs/sensory-friendly-films

AMC Port Chester 14
40 Westchester Avenue
Port Chester, NY 10573
Phone: (914) 510-1000

AMC Crystal Run 16
1 Galleria Drive
Middletown, NY 10940
Phone: (845) 695-1724

AMC Danbury 16
61 Eagle Road
Danbury, CT 06810
Phone: (203) 796-7770

Regal Movies My Way Matinees

Sensory-Friendly showings are offered on select Saturdays and Tuesdays each month, as the first show of the day at the Poughkeepsie Regal Galleria Mall. During these showings, the lights are turned up and the volume is turned down and the theatre turns into a safe space where guests are free to express themselves by singing, crying, dancing, walking around, talking, or shouting.

https://www.regmovies.com/static/en/us/promotions/my-way-matinee

Regal Galleria Mall, 2001 South Road, Poughkeepsie, NY 12601

Phone: (844) 462-7342

Showcase Cinema de Lux Sensory Sensitive Screenings

Those interested in a Sensory Sensitive screening can book a theatre buyout and the movie environment will be adjusted to feature reduced volume, dimmed lights, and no trailers. Guests have freedom to move around, express emotions, and bring fidget or comfort items.

https://www.showcasecinemas.com/programs/sensory-sensitive-screenings

City Center 15 Cinema de Lux, 237 Martine Avenue, White Plains, NY 10601

Phone: (800) 315-4000

Recreation
Summer Camps/Programs

Camp Pride

Offered by Yonkers Parks and Recreation, Camp Pride is a day camp for children, teens, and adults with developmental disabilities where "campers are given the opportunity to participate in many activities. Building confidence and improving kinesthetic abilities is a focus, and adapted equipment and standard sports equipment is provided with instruction to meet the needs and comfort levels of our campers. We also offer crafts, dance and music." Camp is in session Monday through Friday from 9:00 am – 3:00 pm and is offered in two three-week sessions from July through August.

https://www.yonkersny.gov/government/departments/parks-recreation-conservation/recreation-programs/for-residents-with-disabilities

Phone: (914) 377-6450

Camp Reece

Camp Reece is a "stay-away summer camp at Skidmore College in Saratoga Springs, New York. With an idyllic natural setting and experienced staff members, Camp Reece provides a fully immersive environment for individuals with disabilities from age 10 to 17. Our skilled and caring staff members differentiate instruction and modify activities whenever needed to ensure campers of all levels, abilities, and ages can participate fully and successfully."

https://www.campreece.org/

Camp Address: Camp Reece
1782 S Johnsburg Road
Johnsburg, NY 12843
Phone: (212) 289-4732
Email: info@campreece.org

Off-Season Address: The Reece School
25 East 104th Street
New York, NY 10029
Phone: (212) 289-4732
Email: info@campreece.org

Recreation
Summer Camps/Programs

Jimmy Vejar Summer Day Camp

Located at The David G. Osterer Center in Rye Brook, the Jimmy Vejar Summer Fun Program is offered for individuals with disabilities ages 6-21, Monday through Friday, 8:30 am to 3:30 pm This six-week summer program beginning in June offers swimming, sports, arts and crafts, festive barbeques, field trips and special events. Individuals enrolled in the program must be eligible for services through OPWDD.

https://cpwestchester.org/children-services/summer/

Contact: Nadira Bryan, Director of Community Outreach & Camp
Phone: (914) 937-3800 ext. 224 Email: nadira.bryan@cpwestchester.org

David G. Osterer Center, 1186 King Street, Rye Brook, NY 10573

Recreation
Misc. Recreation

Briarcliff Manor Public Library

Offers story times, arts and crafts, and occasional parenting workshops that include activities to do with children, literacy skills and age-appropriate activities. View their website for upcoming workshops and/or events.

https://bmpl.wpenginepowered.com/children-and-families/

1 Library Road, Briarcliff Manor, NY 10510

Dobbs Ferry Public Library

Dobbs Ferry Public Library offers preschool storytime, indoor toddler stretch & sing, kids storytimes, and take & make craft kits for kids.

https://www.dobbsferrylibrary.org/youth-services/children/childrens-programs/

Phone: (914) 693-6614

55 Main Street, Dobbs Ferry, NY 10522

Green Chimneys

Green Chimneys nature-based model offers a variety of recreational activities and centers, including their Farm & Wildlife Center, Outdoor Education and Activity Programs, Summer Camps, Nature Programs, Swim Programs, Children's Parties, and diagnostic services for child/adolescent behavioral health.

https://www.greenchimneys.org/

Email: info@greenchimneys.org

Brewster Campus
400 Doansburg Road
Brewster, NY 10509
Phone: (845) 279-2995

Carmel Campus
33 Clearpool Road
Carmel, NY 10512
Phone: (845) 225-8226

Community-Based Services
1689 Route 22
Brewster, NY 10509
Phone: (845) 279-2378

Recreation
Misc. Recreation

JCC Mid-Westchester: Tai Chi – Parent/Caregiver & Child Class

Taught by a certified Tai Chi Instructor, this program offers the opportunity for participation by both the child (ages 8+) and their parent/caregiver in learning the basic tenants of Tai Chi.

https://jccmw.org/special-needs-enrichment-programs/

Phone: (914) 725-7300 Email: specialneeds@jccmw.org

999 Wilmot Road, Scarsdale, NY 10585

Parks, Recreation, and Historical Preservation Access Pass

The Access Pass permits residents of New York State with disabilities, as defined in the application, free or discounted use of state parks, historic sites, and recreational facilities operated by the New York State Office of Parks, Recreation and Historic Preservation and the New York State Department of Environmental Conservation.

https://parks.ny.gov/admission/access-pass/

YAI: National Institute for People with Disabilities

YAI provides a variety of recreational services for children, teens, and adults with intellectual/developmental disabilities. Recreational programs include arts & culture live performances (in-person and virtual), arts & culture school programs, ballet-yoga for children on the autism spectrum, Brooklyn Children & Adolescent recreation/ socialization programs, Club Fun Saturday Recreation, community arts workshops, and holiday respite for children ages 6+.

https://www.yai.org/services

Phone: (212) 273-6182

Recreation
Misc. Recreation

YWCA White Plains & Central Westchester

"Participants in our Special Programs enjoy a variety of therapeutic recreation programs that will support and strengthen cognitive, physical, social and affective skills in a safe, supportive and fun-filled environment. Programs are offered in age appropriate groups and settings. Family members receive support, respite, and the opportunity for family participation in recreational activities."

https://www.ywcawpcw.org/special-programs

Contact: Wanda Smith, Director of Special Programs & Inclusion
Phone: (914) 949-6227 ext. 108

North Street Activity Center, 515 North Street, White Plains, NY 10605

Social Skills & Social Groups

ABLEities

ABLEities offers social skills groups which offer small student-to-teacher ratios and differentiated groupings to support children of all abilities. Social skills groups offer individualized supports, progress monitoring, and highly qualified staff to help children succeed.

https://www.ableities.com/social-skills-groups

Phone: (937) 553-ABLE Email: info@ableities.com

25 N Buckhout Street #321, Irvington, NY 10533

Autism Learning Partners (ALP): Yonkers

ALP offers social skills programs addresses "observational skills, eye contact, play interactions, social pragmatics, taking another's perspective, making inferences, and sharing enjoyment and building relationships."

https://www.autismlearningpartners.com/services/social-skills/

Phone: (888) 805-759

Boston Children's Hospital Physicians Specialty: Speech-Language Pathology

"Groups for children with Autism Spectrum Disorder are formed by age and skill level and meet weekly to develop skills in the area of social interaction pragmatic language skills."

https://www.childrenshospital.org/bchp/specialty/speech-language-pathology

Phone: (914) 594-4912 Email: SpeechPathology@bchphysicians.org

30 Plaza West, Vosburgh Pavilion, Valhalla, NY 10595

Social Skills & Social Groups

Clubhouse Stars

At Clubhouse Stars held at St. Barnabas Episcopal Church in Ardsley, children can learn and practice social skills through multi-sensory direct instruction, collaborative games, role playing, yoga, art, music, cooking, and modeling in small groups. Clubhouse Stars offers a pre-k through kindergarten Playgroup, Social Stars for children grade 1 and older, and Clubhouse Girls for girls aged 9-12.

http://www.clubhousestars.com/

Phone: (914) 674-1940 Email: contact@clubhousestars.com

St. Barnabas Episcopal Church, 2 Revolutionary Road, Ardsley, NY 10502

Hudson Valley Applied Behavior Analyst PLLC (HVABA)

Provides social skills classes utilizing an AIM (Accept, Identify, Move) curriculum to help children develop core skills that are used in a variety of social situations.

https://www.behaviorsos.com/about-1

Phone: (845) 897-1788

25 Route 376, Hopewell Junction, NY 12533

JCC of Mid-Westchester: Sunday Funday

"Offered for two sessions during the school year, plus a shorter summer six-week session, this all-inclusive drop-off, recreational, social-skills development program is carried out through art, music, gymnastics, active play, creative movement, and supported social play. Grouped primarily by age, participants receive individualized attention from group leaders, specialty instructors, and devoted teen volunteers. Sunday Funday is a community socialization program that is open to all youth, ages 3–21, regardless of disability status.

https://jccmw.org/special-needs-enrichment-programs/

Phone: (914) 725-7300 Email: specialneeds@jccmw.org

999 Wilmot Road, Scarsdale, NY 10585

Social Skills & Social Groups

Nor-West Regional Special Services Program

Nor-West offers social activities for individuals with developmental disabilities in Cortlandt, Peekskill, Ossining, and Yorktown. Offering a variety of programs, individuals have the opportunity to socialize through game nights, group lunch/dinners, and other variety clubs. Programs are available for youth, teens, and adults. See their program brochure for more information.

https://www.nor-west.org/

Contact: Wendy Greenfield, Director

Phone: (914) 737-4797 Email: Wendy@nor-west.org

PEERS Social Skills Program at Child Study Center by Hassenfeld Children's Hospital at NYU Langone

"The Program for the Education and Enrichment of Relational Skills, or PEERS®, Social Skills Program at the Child Study Center offers group therapy services for preschoolers, teens, and young adults who struggle with casual conversation, reading nonverbal cues, interacting with peer groups, and other social communication skills. Teens and young adults up to age 35 with social communication difficulties related to attention deficit hyperactivity disorder (ADHD), autism spectrum disorder, anxiety, depression, or related challenges can benefit from our Social Skills Group or Summer Conversation Intensive Program, while preschoolers ages 5 and 6 can benefit from our PEERS® for Preschoolers Program. The PEERS® Social Skills Program is an evidence-based social skills intervention, and research shows positive long-term outcomes for participants."

https://nyulangone.org/locations/child-study-center/peers-social-skills-program

Phone: (646) 754-5000 Email csc.peers@nyulangone.org

Social Skills & Social Groups

Project Friendship

Project Friendship, a program by the City of Yonkers Recreation Department, offers several social and recreational opportunities for individuals ages 5 and up with developmental disabilities. Programs include Young Adult Club, Special Olympics, Art Therapy, Hero Tennis, Theater Workshop, Yoga, Music Therapy, Delightful Dining, Zumba, Storytelling, and Music & Movement programs.

https://www.yonkersny.gov/government/departments/parks-recreation-conservation/recreation-programs/for-residents-with-disabilities

Phone: (914) 377-6438

The Seed Center: Center for Social Enrichment and Educational Development

The Seed Center offers social skills groups for all ages that meet weekly. "Groups incorporate age-appropriate, evidenced-based practices that focus on skill development and learning to think socially. Participants will practice skills in-group and increase their social confidence"

https://seedautismcenter.com/our-services/

Phone: (203) 674-8200 Email: info@seedautismcenter.com

30 Buxton Farm Road, Suite 105, Stamford, CT 06905

Shames JCC

Shames JCC offers a range of inclusive and specialized programs for individuals with varying special needs and their families. Intakes and IEP/504 are required for all programs. Shames JCC offers an individual-to-staff ratio of 3:1, and features in-person and online resources such as social groups for those with developmental disabilities.

https://www.shamesjcc.org/special-needs/

Contact: Amanda Gabel, LMSW; Director of Special Needs Services
Phone: (914) 918-3068 ext. 1108 Email: AGabel@ShamesJCC.org

740 W. Boston Post Road, Suite 316, Mamaroneck, NY 10543

Social Skills & Social Groups

South East Consortium for Special Services, Inc

South East Consortium offers social and recreation services for people aged five and up with disabilities. Social rec programs include teen chefs club, travel club, movies & more, play production, and Friday fun classes across various locations in Westchester County.

http://www.secrec.org/

Phone: (914) 698-5232 Email: info@secrec.com

Special Programs and Resource Connection (SPARC)

Level-Up Weekly Programs

SPARC's Level-Up program offers "a diverse array of weekly programs that provide invaluable social and recreational opportunities for individuals who may not otherwise have access to such experiences." Social programs include "Bowling & Bites," "Teen Time," "Social Club," and "SPARCade Club."

https://www.sparcinc.org/level-up

Light-Up Kids Programs

"SPARC is a dedicated organization providing children's programs in an inclusive and welcoming environment. With a focus on social, physical, artistic, recreational, and creative activities, SPARC ensures that every child can actively participate and benefit from the enriching experiences. Children engage in diverse activities designed by skilled staff, fostering personal growth, social skills, and a sense of belonging in a supportive setting."

https://www.sparcinc.org/light-up

Phone: (914) 243-0583 Email: info@sparc.org

40 Triangle Center, Suite 205, Yorktown Heights, NY 10598

Social Skills & Social Groups

Westchester Jewish Community Services (WJCS):

Children's and Teens Social Skills Groups

WJCS offers Children's Social Skills Groups (ages 4-12) and Teen's Social Skills Groups (ages 13-18) where curriculum-based groups teach children essential social skills to enhance their social/ emotional growth. As partners, parents learn skills they can use at home and in the community to reinforce their child's social development.

https://www.wjcs.com/services/disabilities-autism/therapeutic-social-skills-groups-for-children-and-teens/

Moving Forward

This socialization and recreational group is for people 18 and older with developmental disabilities. "Within the context of a mental health clinic, emphasis is placed on enabling consumers to grow socially, enhance management of daily living activities and negotiate issues that arise in their environments. The group organizes, plans and implements its own recreational, educational and cultural activities, including a monthly support group, with the guidance of a clinical social worker."

https://www.wjcs.com/services/disabilities-autism/social-and-recreational-groups/

Taft Center

The Taft Center offers a space for teens and young adults with developmental disabilities to learn, share, socialize, and enjoy educational, vocational, and recreational opportunities, including social skills classes, health and wellness classes, job preparation classes, employment and community integration, technology classes, and life skills training.

https://www.wjcs.com/services/disabilities-autism/taft-center-for-recreational-educational-activities/

Contact: Patricia L. Grossman, LCSW, Director, Outpatient Services for People with Developmental Disabilities
Phone: (914) 949-7699 ext. 2455 Email: pgrossman@wjcs.com

Social Skills & Social Groups

Where I Can Be Me!

Where I Can Be Me! offers individual and group social skills therapy provided by highly experienced, board-certified speech language pathologists specializing in pragmatic language (social skills). They also offer long distance social skills consultations where parents can talk in depth about their child, their areas of struggle, and what parents can do to help their child make friends and maintain relationships.

https://www.whereicanbeme.com/

Phone: (914) 488-5282

127 Woodside Avenue, 201, Briarcliff Manor, NY 10510

Yale Developmental Disabilities Clinic and Child Study Center

These centers offer several autism social skills groups for various ages. These groups focus on helping participants connect with peers and develop coping skills.

https://medicine.yale.edu/lab/mcpartland/clinical/services/

Phone: (844) 362-9272 Email: CSCAssessment@yale.edu

350 George Street, New Haven, CT 06511

Horseback Programs & Equine Therapy

Access Equestrian

"Established in 2010 to provide adaptive riding lessons for both children and adults with a broad range of disabilities. Our mission is to provide the therapeutic benefits of adaptive riding, hippotherapy, horsemanship, and other equine-assisted activities to improve the lives of individuals with disabilities and other life challenges." Access offers private, semi-private, and group riding and unmounted horsemanship lessons, as well as hippotherapy and other individualized programs.

http://www.accessequestrian.org/index.html

Phone: (914) 234-9000 Email: info@accessequestrian.org

1 Succabone Road, Mount Kisco, NY 10549

Endeavor Therapeutic Horsemanship

The mission of this program is to empower individuals with various special needs by providing equine-assisted activities and therapies in a welcoming and inclusive environment. Services include Residential Youth Horsemanship, Equine-Assisted Learning, Therapeutic Horseback Riding, and Equine-Assisted Clinical Services (psychotherapy, occupational therapy, and physical therapy).

http://www.endeavorth.org/

Phone: (914) 241-0211 Email: program@endeavorth.org

556 Croton Lake Road, Bedford Corners, NY 10549

Horseback Programs & Equine Therapy

Flying Manes Therapeutic Riding

"Flying Manes Therapeutic Riding provides therapeutic riding lessons and other equine assisted activities and therapies to individuals faced with physical, cognitive, and emotional challenges. Therapeutic riding lessons allow children and adults with special needs to experience the many benefits of horseback riding. Lessons follow PATH guidelines and focus on developing riding skills, coordination, and strength through exercises and games, while improving riders cognitive, emotional, and social skills. Riders are taught horsemanship skills appropriate for their age and level of ability as well as the foundations of equine behavior and equine care. Lessons are conducted in small groups of two to four riders organized by age, ability, and level of riding skills," and last 30 or 60 minutes. "Where it is beneficial, therapeutic riding and unmounted activities are enhanced through the applied practices of licensed physical, occupational, and speech therapists that support Flying Manes activities. The horses are individually chosen according to the riders' size, weight, and abilities."

https://flyingmanes.org/ or https://www.facebook.com/flyingmanes/

Phone: (917) 524-6648 Email: info@flyingmanes.org

Pegasus Therapeutic Riding

This organization offers a sensory riding trail featuring woodland paths consisting of slopes, turns, varied footing, natural sights and sounds, and man-made "activity stations" aiming to challenge the students' balance, stimulate their senses, and encourage interaction with the world around them. This program also offers general therapeutic riding and horsemanship experiences for those with special needs.

https://www.pegasustr.org/

Phone: (845) 669-8235

310 Peach Lake Road, Brewster, NY 10509

Horseback Programs & Equine Therapy

Pied Piper Pony Rides & Petting Zoo

This organization is walker/wheelchair accessible and is comprised of staff who have experience working with children with special needs. Private farm visits allow children and adults to interact with farm animals in a safe, clean, kid-friendly environment. Pony rides also available.

https://www.piedpiperponyrides.com/

Phone: (914) 763-6925 Email: partygals@piedpiperponyrides.com

801 NY-311, Patterson, NY 12563

Sky Blue Equestrian Center

Sky Blue Equestrian's Stephanie King runs a Therapeutic Riding Program "for children and adults with special needs. She currently has a program at a school for children with all types of physical, mental and emotional trauma. She is an EAGALA (Equine-Assisted Growth and Learning Association) certified equine specialist, working with clients using an unmounted model of therapy."

https://www.skybluestables.com/about-skyblue

Phone: (914) 879-5841 Email: skybluestable52@gmail.com

52 Montrose Station Road, Cortlandt Manor, NY 10567

Special Programs and Resource Connection (SPARC)

Horseback riding and therapeutic horsemanship is offered through SPARC's Level-Up and Light-Up Programs

https://www.sparcinc.org/level-up or https://www.sparcinc.org/light-up

Phone: (914) 243-0583 Email: info@sparc.org

40 Triangle Center, Suite 205, Yorktown Heights, NY 10598

Horseback Programs & Equine Therapy

Stable: Equine Assisted Therapy and Learning

Hippotherapy

Occupational therapy sessions which incorporates Hippotherapy are typically 30 minutes long and consist of mounted lessons (participants are on the horse) in the arena or on a trail around the farm. Sessions incorporate the movement of the horse, and horses are paired with participants based upon their gait (way of moving) to meet the learners' specific needs and support their goals and outcomes. This program requires an OT prescription and can be billed to insurance. Offered in Bronxville and Riverdale.

Ground Program (Equine-Assisted Learning)

This program supports social-emotional and life skills through horsemanship. Participants learn (without riding the horse) basic horsemanship skills; grooming, leading, games and activities with their pony, with a strong emphasis on the horse-human bond and social interaction with peers. This program is recreational and cannot be billed through insurance. Offered in Bronxville and Riverdale (Bronx)

https://stabletherapyandlearning.com/

Phone: (914) 319-6297

Twin Lakes Farm
960 California Road
Bronxville, NY 10708

Riverdale Stables
6394 Broadway
Bronx, NY 10471

Horseback Programs & Equine Therapy

Topfield Equestrian Center: Therapeutic Horsemanship

Topfield's therapeutic riding and therapeutic ground-based programs offers those with physical, psychological, and behavioral challenges a space to overcome obstacles and challenge conventions through nationally accredited and globally recognized equine-assisted interactions. These programs not only provide physical benefits, such as motor coordination, balance, and muscle tone, but also emotional and social benefits from group sessions specifically designed to provide opportunities for participants to practice cooperation, listening skills, language skills, patience, and empathy. Participants build independence, create long lasting friendships, and develop a sense of belonging and self-confidence through equine assisted and mounted activities.

https://www.topfieldcenter.org/

Phone: (845) 265-3409 Email: programs@topfieldcenter.org

115 Stonecrop Lane, Cold Spring, NY 10516

Service/Therapy Dog Programs

BluePath Service Dogs

BluePath provides autism service dogs free of charge. These dogs "offer safety, companionship and opportunities for independence," and are placed within two hours of their Hopewell Junction headquarters."

https://www.bluepathservicedogs.org/

Phone: (845) 377-0477 Email: info@bluepathservicedogs.org

8 Country Club Road, Hopewell Junction, NY 12533

Canine Companions

This organization offers skilled companion dogs trained for working with people with developmental disabilities.

https://canine.org/assistance-dogs/our-dogs/skilled-companions/

Phone: (631) 561-0200

286 Middle Island Road, Medford, NY 11763

North Star Foundation

North Star Foundation provides service dogs to children whose challenges range from autism to serious medical conditions to grief over the loss of a parent.

http://www.northstardogs.com/

Contact: Patty Dobbs Gross, Founder & Executive Director
Phone: (860) 455-8877 Email: pattydobbsgross@gmail.com

20 Deerfield Lane, Storrs, CT 06268

Museums

Liberty Science Center

This interactive science museum and learning center located in Liberty State Park in Jersey City provides Special Needs Days, and offers events and programs tailored for differently-abled guests.

http://lsc.org/

Phone: (201) 253-1310 Email: groups@lsc.org

Liberty State Park, 222 Jersey City Boulevard, Jersey City, NJ 07305

Mid-Hudson Discovery Museum

This museum's early learning, science, literacy, math, art, music, and community exhibits are designed to be accessible for young children with a variety of needs through purposeful, hands-on play.

https://mhdm.org/

Contact: Peter Jacobsen, Director of Education
Phone: (845) 471-0589 Email: info@mhdm.org

75 North Water Street, Poughkeepsie, NY 12601

Stepping Stones Museum for Children

Stepping Stones features exhibits designed to engage children in playful exploration and interactive learning experiences by sparking curiosity and imagination. Stepping Stones offers the My Ability program, a supportive program designed to facilitate sensory-friendly discoveries for individuals with special needs/sensory processing differences. Further, during afternoons on the third Monday of each month, the museum is modified to provide a friendly experience for those with special needs/sensory processing differences by limiting light, sound, and visitation.

https://www.steppingstonesmuseum.org/

Phone: (203) 899-0606

Mathews Park, 303 West Avenue, Norwalk, Connecticut 06850

Museums

Westchester Children's Museum

This museum offers a vibrant, interactive learning and play space for children from Pre-K to middle school via creative, energizing, unique STEAM experiences. The museum was designed using a universal design which provides accessibility for individuals with physical and/or developmental disabilities via multisensory, multilingual, and multicultural exhibits.

https://www.discoverwcm.org/

Phone: (914) 421-5050 Email: info@discoverWCM.org

100 Playland Parkway, Rye, NY 10580

Evaluation Centers

Center for Autism and the Developing Brain at New York Presbyterian

The Center for Autism and the Developing Brain provides comprehensive evaluations and services for individuals living with autism spectrum disorders (ASD) and other developmental disorders.

https://www.nyp.org/psychiatry/center-for-autism-the-developing-brain

Phone: (914) 997-5848

21 Bloomingdale Road, White Plains, NY 10605

Child Study Center by Hassenfeld Children's Hospital at NYU Langone

Provides diagnostic, psychiatric, and neuropsychological assessments.

https://nyulangone.org/locations/child-study-center/autism-spectrum-disorder-service

Phone: (646) 754-4958 Email: csc.care@nyulangone.org

One Park Avenue, 7th Floor, New York, NY 10016

HTA of New York

HTA of New York is a special needs provider agency offering individualized assessments and evaluations for services such as speech/language, occupational, and physical therapy, special education, and ABA therapy.

https://www.htaofny.com

Westchester County
1053 Saw Mill River Road
Ardsley, NY 10502
Phone: (914) 674-0733

Rockland Sensory Gym
254 South Main Street
Suite 400
New City, NY 10956
Phone: (845) 638-1592
SensoryGym@htaofny.com

Dutchess/Putnam
11 Peekskill Hollow Road
P.O. Box 534
Putnam Valley, NY 10579
Phone: (845) 528-2011

Evaluation Centers

Rose F. Kennedy Children's Evaluation & Rehabilitation Center at the Albert Einstein College of Medicine

Provides evaluation for early identification and interdisciplinary care for those with developmental disabilities.

https://einsteinmed.edu/centers/childrens-evaluation-rehabilitation/

Phone: (718) 430-8500 E-mail: RFKCERCInfo@montefiore.org

1225 Morris Park Avenue, Bronx, NY 10461

The Seaver Autism Center for Research and Treatment at the Mount Sinai School of Medicine

The Seaver Autism Center "provides opportunities to participate in research studies that seek to better understand the causes of autism and improve treatment options. All services in research studies are provided without charge to eligible participants and include gold standard diagnostic assessments."

https://icahn.mssm.edu/research/seaver

Phone: (212) 241-0961 Email: theseavercenter@mssm.edu

One Gustave L. Levy Place, Box 1230, New York, NY 10029

Westchester Jewish Community Services: Learning and Evaluation Center

Offers comprehensive evaluation services including developmental, educational, and neuropsychological/psychological assessments.

https://www.wjcs.com/services/mental-health/the-learning-and-evaluation-center/

Contact: Mikki Malow, PhD, Director
Phone: (914) 949-7699 ext. 2464 Email: mmalow@wjcs.com

141 N Central Avenue, Hartsdale, NY, 10530

Evaluation Centers

Westchester-Putnam TheraTeam, LLC (WPTT)

WPTT is an approved evaluation site for CPSE. Evaluations can take place at home, your child's preschool, and/or at their facility in Mahopac.

https://www.wptherateam.com/cpse-evaluations

Phone: (845) 519-2295 Email: evaluations@wptherateam.com

572 Route 6, Suite 102, Mahopac, NY 10541

YAI: Evaluations

YAI offers evaluations services specifically for people with intellectual/developmental disabilities to access ongoing supports and determine eligibility for services. Evaluations offered include psychological evaluations, psychosocial evaluations, autism assessment, guardianship evaluations, AAC evaluations, neuropsychologicals, mental health evaluations, and speech, occupational, and physical therapy evaluations.

https://www.yai.org/clinical-services/evaluations

Phone: (212) 273-6182

Yale Developmental Disabilities Clinic

Provides comprehensive, multidisciplinary evaluations.

https://medicine.yale.edu/lab/mcpartland/clinical/

Contact: Amanda Altieri, Clinic Coordinator
Phone: (844) 362-9272 Email: CSCAssessment@yale.edu

350 George Street, New Haven, CT, 06511

Direct Services

ABA Provider Services

ABA Provider Services is an affiliate of TheraCare, a provider of Early Intervention Services and Preschool services, as well as school-age ABA services. They offer ABA therapy that is family-centered and focused on language and communication, reciprocal social interaction, play, generalized learning skills, behavior support, family involvement and training, life skills coaching, and activities of daily living. Comprehensive ABA programs utilize a variety of strategies such as Discrete Trial Training, Verbal Behavior, Natural Environment Teaching and Behavior Modification programming using principals of positive reinforcement.

https://abaproviderservices.com/

Phone: (855) 681-8555 Email: info@abaproviderservices.com

ABLEities

ABLEities focuses on serving those with autism spectrum disorders and deafness by providing social and play skill groups, speech and language therapy, community consultation, and in-home behavior supports in the form of direct work with the child and parent training/support.

www.ableities.com

Phone: (937) 553-ABLE Email: info@ableities.com

Direct Services

Andrus Residential Treatment Program

Andrus' Residential Treatment Program serves children between the ages of 5-16 who require intensive emotional, psychiatric and/or behavioral care before they can safely and successfully rejoin their families and home communities. Many of the children served face challenges as a result of trauma and stress or developmental issues such as autism and the accompanying emotional disregulations. Using evidence-based practices including a Trauma-Informed Care Model and Sanctuary Model, children are rehabilitated and able to enjoy lives of greater independence and stability. Their campus is located amongst hills, orchards, ponds, and wildlife, and features an indoor pool, on-site movie theater, a therapeutic motorbike program, a 25-element ropes course, gardens and farm animals, as well as therapy dogs.

https://andrus1928.org/residential-treatment-program/

Phone: (914) 965-3700 or (800) 647-2301 Email: info@jdam.org

1156 North Broadway, Yonkers, NY 10701

Ascend Autism Group

Ascend Autism Group offers a variety of services, including social skills programs, parental support services/parent-mediated intervention, early intervention, and targeted intervention/ABA services.

https://ascendautism.com/

Phone: (877) 609-1885 Email: info@ascendautism.com

Ascend Hawthorne, 22 Saw Mill River Road, Hawthorne, NY 10532

Direct Services

Autism Learning Partners (ALP): Yonkers

ALP offers home-based ABA therapy (either comprehensive ABA of focused ABA targeting select behaviors/skills), early intervention, social skills programs, parent collaboration services, and telehealth services.

https://www.autismlearningpartners.com/locations/new-york/westchester-county/yonkers

Phone: (888) 805-759

Autism Spectrum Disorder Services, Child Study Center by Hassenfeld Children's Hospital at NYU Langone

Offers specialized services for children with autism including behavioral and cognitive behavioral therapy, social skills groups, functional behavior assessment and behavior plans, school consultation, service navigation, and educational transition planning.

https://nyulangone.org/locations/child-study-center/autism-spectrum-disorder-service

Phone: (646) 754-4958 Email: csc.care@nyulangone.org

One Park Avenue, 7th Floor, New York, NY 10016

Behavioral Optometry and Vision Therapy, Dr. Samantha Slotnick

Optometric Vision Therapy (OVT) is used to "help patients retrain their brains to make better use of their eyes and of visual information. OVT is an individualized program of activities designed to develop, support, and enhance visual skills and/or visual information processing."

https://www.drslotnick.com/

Phone: (914) 874-1177

495 Central Park Avenue, Ste 301, Scarsdale, NY 10583

Direct Services

Boston Children's Hospital Physicians Specialty: Speech-Language Pathology

Offering speech and language therapy services, a feeding and swallowing clinic, and social skills groups designed for children with autism spectrum disorders, The Division of Speech and Language Pathology of BCHP provides outpatient services to children and adults, across the lifespan.

https://www.childrenshospital.org/bchp/specialty/speech-language-pathology

Phone: (914) 594-4912 Email: SpeechPathology@bchphysicians.org

30 Plaza West, Vosburgh Pavilion, Valhalla, NY 10595

Center for Autism and the Developing Brain at New York Presbyterian

The Center for Autism and the Developing Brain provides comprehensive evaluations and services for individuals living with autism spectrum disorders (ASD) and other developmental disorders.

https://www.nyp.org/psychiatry/center-for-autism-the-developing-brain

Phone: (914) 997-5848

21 Bloomingdale Road, White Plains, NY 10605

Center for Autism and Related Disorders (CARD): Mamaroneck

Offers Applied Behavior Analysis (ABA) therapy in-home and in-center. Specialized outpatient servicing targeting more extreme behaviors, remote clinical services, early intervention, arts and social services, in-school behavior support services, assessments, and other training programs also available. Local services offered in Mamaroneck.

https://www.centerforautism.com/

Phone: (914) 670-1155 Email: maminbox@centerforautism.com

126 Library Lane, Mamaroneck, NY 10543

Direct Services

The Children's Hospital at Montefiore: Developmental Medicine Department

"The Developmental Medicine team includes pediatric rehabilitation medicine specialists, child psychiatrists, speech pathologists, physical therapists, educational professionals, child psychologists and more. Our medical experts and other specialists treat a wide range of issues, including autism; cerebral palsy and other neuromuscular disorders; intellectual disabilities; language, learning and behavioral disorders; and more."

https://www.cham.org/specialties-and-programs/developmental-behavioral-pediatrics

Phone: (844) 389-7273

Creative Wonders Therapy Center

This pediatric therapy center offers speech/language, occupational, and physical therapies both in person and virtually at two locations in Westchester County. The Mount Kisco center offers a brand new 2100 sq. foot sensory motor gym, two speech rooms, and an infant/toddler room, and their White Plains location has a sensory motor gym and speech rooms. They are accepting referrals for therapies through early intervention and CPSE.

http://creativewonderstherapy.com/

Contact: David, Clinical Director
david@creativewonderstherapy.com

Contact: Jennifer, Program Director
jennifer@creativewonderstherapy.com

Mount Kisco Location
101 S Bedford Road Suite 404
Mt. Kisco, NY 10549
Phone: (914) 373-6823 ext. 3

White Plains Location
470 Mamaroneck Avenue, Suite 204
White Plains NY 10605
Phone: (914) 421-8270 ext. 2

Direct Services

Developmental Steps Pediatric Therapy, LLC

This center offers pediatric physical therapy services to those with developmental and/or physical disabilities. The center is owned and managed by licensed physical therapists Joe Kiefer and Hayley Apiscopa at two Westchester locations.

https://developmentalsteps.com/

Mt Kisco Location
272 N. Bedford Road
Suite G101-102
Mount Kisco, NY 10549
Phone: (914) 864-0855

Port Chester Location
388 Westchester Avenue
Suite 1A-1B
Port Chester, NY 10573
Phone: (914) 939-6400

Dynamic Kids NY

This multi-disciplinary pediatric practice offers Occupational, Physical, and Speech Therapy Services to children birth through adolescence. They also offer enrichment groups such as music, art, yoga, self-regulation, and handwriting. See their website for a comprehensive list of programs and services offers.

https://dynamickidsny.com

Phone: (914) 428-5151 Email: admin@dynamickidsny.com

210 North Central Avenue, Hartsdale, NY 10530

EBL Coaching - Westchester

This program specializes in providing one-on-one, multi-sensory tutoring for children with dyslexia, ADHD, and other learning challenges. Focus is placed on Pre-K-12 fundamental skills essential for school success. Services are individualized for each child based upon needs, in person in their center, in your home, or remotely.

https://eblcoaching.com/

Phone: (914) 200-1320

50 Main Street Suite 1000, White Plains, NY 10606

Direct Services

Golden Care Therapy

Golden Care Therapy offers in-home ABA therapy services in Westchester. "The entire Westchester team, which includes ABA therapist/s, BCBA, case manager and clinical director, will follow a customized ABA therapy program that will help your child thrive."

www.goldencaretherapy.com/aba-therapy-westchester/

Phone: (646) 647-1540 Email: info@goldencaretherapy.com

Holistic Learning Center, LLC

This program provides special education tutoring, applied behavior analysis, sensory integration, occupational therapy, listening therapy, and speech therapy services for children with special needs. Summer intensive and group occupational services available, as well as assistance organizing your home for a child with special needs.

http://www.holisticlc.com/

Contact: Susan Varsames, M.A. Ed., CAS, RM
Phone: (914) 793-9100 Email: susan@holisticlc.com

HTA of New York

HTA of New York is a special needs provider agency offering speech/language, occupational, and physical therapy, special education, ABA, and counseling/parent training for children. They offer services for children eligible for EI, CPSE, and/or CSE services, as well as private pay options, including private pay school break "camps."

https://www.htaofny.com

Westchester County
1053 Saw Mill River Road
Ardsley, NY 10502
Phone: (914) 674-0733

Rockland Sensory Gym
254 South Main Street
Suite 400
New City, NY 10956
Phone: (845) 638-1592
SensoryGym@htaofny.com

Dutchess/Putnam
11 Peekskill Hollow Road
P.O. Box 534
Putnam Valley, NY 10579
Phone: (845) 528-2011

Direct Services

Hudson Valley Applied Behavior Analyst PLLC (HVABA)

Services include comprehensive ABA assessments, individualized direct instruction, functional behavior assessments and behavior intervention plans, parent training, social skills classes, and other special events.

https://www.behaviorsos.com/

Phone: (845) 897-1788

25 Route 376, Hopewell Junction, NY 12533

Huntington Learning Center

Provides tutoring and test preparation for students in general and special education grades Pre-K through 12.

http://www.huntingtonhelps.com/

Hartsdale Location
650 Central Avenue
Scarsdale, NY 10583
Phone: (914) 946-7800

Scarsdale Location
721 White Plains Road
Scarsdale, NY 10583
Phone: (914) 722-6100

Yorktown Location
335 Downing Drive
Yorktown Heights, NY 10598
Phone: (914) 245-8882

Ivy Rehab for Kids

Located in the Somers Commons Shopping Center, Ivy Rehab offers pediatric speech, occupational, and physical therapy, as well as telehealth services and developmental delay screenings. This site specializes in neuro-developmental treatment, SOS feeding therapy, serial casting, and sensory integration techniques.

https://www.ivyrehab.com/location/baldwin-place-somers-kids-ny/

Phone: (845) 875-0500

80 Route 6, Unit 701 & 702, Baldwin Place, NY 10505

Direct Services

Milestones for Munchkins

Milestones for Munchkins offers speech, occupational, and physical therapy, counseling services, special instruction, and ABA services in their state-of-the-art "Sensory Integration Gym."

http://www.milestonesformunchkins.com/wp/

Phone: (845) 621-1400 Email: OTGIRL@optonline.net

534 Route 6, Mahopac, NY 10541

New York Housing Resource Center for People with Intellectual and Developmental Disabilities

"The New York Housing Resource Center (HRC) for people with intellectual/developmental disabilities (I/DD) is a central depository for housing-related services and resources for people with I/DD. The HRC acts as a clearinghouse for information and resources for the housing professional across the state and helps to foster collaboration between and among the housing industry and related professions, service provider agencies and people with I/DD. The HRC provides all housing stakeholders with technical assistance on housing matters and community training for people with Intellectual and Developmental Disabilities and their families."

https://nyhrc.org/index.php

Westchester/Putnam-Specific Resources:
https://nyhrc.org/Region_3_Resources

Email: info@nyhrc.org

Direct Services

Northern Westchester Center for Speech Disorders

Northern Westchester Center for Speech Disorders provides "speech-language services, related educational services, and evaluations to toddlers, preschoolers and school age students throughout Westchester and Putnam Counties. Our work environments include our homes, daycare centers, preschools, and public schools."

https://nwspeechcenter.com/

Phone: (914) 666- 9553 ext. 104 Email: nwcsd344@aol.com

Playmates ABA

Playmates provides clinic- and home-based ABA treatment for children with autism in Westchester, Rockland and Putman counties. Playmates ABA has a clinic in Mount Kisco, and offers in-home, private ABA therapy sessions in Westchester, Putnam, and Rockland Counties.

https://playmatesaba.com/

Phone: (888) 901-7077 Email: info@playmatesaba.com

116 Radio Circle, Suite 307, Mt. Kisco, NY 10549

Power of Movement Pediatric Physical Therapy

"The mission of Power of Movement PT is to provide excellence in care to children with delays or disabilities while being cost-effective to families by working tirelessly with insurance companies to secure insurance exceptions for each family." POM serves children with developmental delays, Down Syndrome, and other gross motor delays, amongst other disabilities.

http://www.powerofmovementpt.com/

Phone: (914) 223-9222 Email: Sean@PowerofMovementPT.com

Direct Services

Project Lifesaver

Westchester Community Jewish Services partnered with Project Lifesaver offers wristbands for wandering and lost children with autism.

https://www.wjcs.com/services/disabilities-autism/autism-center/project-livesaver/

Contact: Isabel M Pettersen, Administrative Assistant – Autism Center
Phone: (914) 761-0600 ext. 2230 Email: ipettersen@wjcs.com

845 N Broadway, White Plains, NY, 10603

Rose F. Kennedy Children's Evaluation and Rehabilitation Center (RFK CERC) at Albert Einstein College of Medicine

RFK CERC "is an interdisciplinary service program for children and adults with intellectual and developmental disabilities. We promote health and well-being throughout the lifespan by taking a "disability-informed" approach to integrated care." Services include group attachment behavioral intervention (GABI), speech therapy, occupational therapy, physical therapy, parent support groups, psychoeducational treatment, psychotherapy, and social skills programs for infants, preschoolers, children, teens, and adults.

https://www.einsteinmed.edu/centers/childrens-evaluation-rehabilitation/clinical-services/

Phone: (718) 430-8500 Email: RFKCERCReferrals@montefiore.org

The Seed Center: Center for Social Enrichment and Educational Development

The Seed Center offers applied behavior analysis (ABA) therapy service, as well as social skills groups and psychotherapy for children with autism. Center-based and at-home ABA services are offered.

https://seedautismcenter.com/

Phone: (203) 674-8200 Email: info@seedautismcenter.com

30 Buxton Farm Road, Suite 105, Stamford, CT 06905

Direct Services

Sensory Stepping Stones

This therapeutic clinic focuses on improving sensory processing skills and developmental learning abilities. Comprehensive assessments and a variety of traditional and innovative treatment programs are offered, including sensory learning programs, individual psychotherapy, and art, yoga, mindful movement/meditation classes.

http://www.sensorysteppingstones.com/

Phone: (914) 244-4101 Email: info@sensorysteppingstones.com

1906 Route 52, Suite G, Hopewell Junction, NY 12533

TheraCare

TheraCare offers autism-focused programs including early intervention, preschool services, and managed-care services for those ages 5-21. Services include evaluations, special instruction, speech, occupational, and physical therapy, family training, ABA, social work, and service coordination.

https://www.theracare.com/

Phone: (212) 564-2350 Email: AllContact@TheraCare.com

1133 Westchester Avenue, Suite N-230, White Plains, NY 10604

Direct Services

Westchester Institute for Human Development (WIHD):

Behavioral Psychology Program

This program provides services to "children, adolescents and adults with intellectual and/or other developmental disabilities using methods based on Applied Behavior Analysis (ABA). Our services focus both on the assessment and treatment of severe problem behaviors such as self-injurious behavior, physical aggression, and property destruction, as well as the acquisition of appropriate and adaptive behaviors. Limited evening appointments are available." Accepts Aetna, Medicare, and Medicaid.

Phone: (914) 493-7070 Email: behaviorpsych@wihd.org

Early Intervention: The Family Connection

The Family Connection Program at WIHD is "approved by New York State and has a contract with Westchester County to provide Early Intervention service coordination services. Service coordination is provided by professionals who also are parents of children with disabilities. Families receive assistance from service coordinators in obtaining, coordinating and monitoring services received as well as accessing community resources."

Phone: (914) 493-8719 Email: earlyintervention@wihd.org

Speech and Hearing

The Speech and Hearing Center "provides comprehensive services to both outpatients at WIHD and inpatients at the Westchester Medical Center (WMC)," serving not only individuals with disabilities, but the general public as well. Our goals include identification, evaluation, and diagnosis of speech, language, swallowing, and hearing disorders, and provision of prompt, quality intervention."

Phone: (914) 493-7294 Email: speechcenter@wihd.org

https://www.wihd.org/

WIHD, Cedarwood Hall, Valhalla, NY 10595

Direct Services

Westchester Jewish Community Services (WJCS):

Developmental Disabilities Counseling Program

These clinical services include individual, family, and group counseling at the WJCS Family Mental Health clinic sites located in Hartsdale, Mt Vernon, Peekskill, and Yonkers.

Crisis Oriented Response for Developmental Disabilities (CORDD)

This service assists families and individuals with developmental disabilities struggling through non-life-threatening crisis by providing short-term services to address acute needs and stabilize current behavior/emotional crisis.

https://www.wjcs.com/services/mental-health/clinical-services-disabilities-autism/

Contact: Kenn Mann, Psy.D., Director, Outpatient Services for People with Developmental Disabilities

Phone: (914) 949-7699 ext. 2478 Email: kmann@wjcs.com

141 N Central Avenue, Hartsdale, NY, 10530

Westchester-Putnam TheraTeam, LLC (WPTT)

WPTT is an independently owned agency providing related services to individuals with developmental disabilities of all ages. They offer in-office, in-home, and community-based therapy services including speech, occupational, and physical therapy services, as well as fall group therapy services, virtual therapy, CPSE evaluations, and access to a sensory room.

https://www.wptherateam.com/

Phone: (845) 519-2295

572 Route 6, Suite 102, Mahopac, NY 10541

Direct Services

Westchester Therapy Solutions (WTS)

Westchester Therapy Solutions offers a variety of services for children with disabilities in their state-of-the-art sensory gym. Services include speech/language, occupational, physical, feeding and listening therapies, as well as evaluations, social skills groups, interactive metronome training, private services, and early intervention, preschool, and school-age services (approved through CPSE/CSE). The center also offers parent/caregiver/teacher training workshops throughout the year.

https://westchestertherapysolutions.com/

Phone: (914) 686-3116 Email: assist@wtstherapy.com

450 Mamaroneck Avenue, Suite 412, Harrison, NY 10528

Yellow Bus ABA: Westchester Center

Yellow Bus ABA Center offers home-based care, as well as in-center services including full day programs, after school programs, social skills groups, evaluations and assessments for children diagnosed with autism spectrum disorder. Behavior analysists/therapists focus on individualized behavioral interventions, social skills, and verbal behavior for children and teens. Yellow Bus ABA has two Westchester sites in Yonkers and Hartsdale, as well as sites in Poughkeepsie and Middletown. See their “locations” page for specific site locations and contact information.

https://www.yellowbusaba.com/

Phone: (516) 284-0190 Email: info@yellowbusaba.com

Direct Services

YAI: National Institute for People with Disabilities:

Center for Specialty Therapy (CST)

"YAI's Center for Specialty Therapy (CST) enhances the lives of people with disabilities using a range of therapies that support greater independence. CST's clinicians serve people with intellectual and developmental disabilities with psychological testing, including guardianship evaluations and autism assessments; physical therapy, occupational therapy, speech therapy, and other therapies. The clinic also provides individual, family, and group psychotherapy."

https://www.yai.org/clinical-services/center-specialty-therapy

Crisis & Behavior Support

"YAI supports people of all ages experiencing crises. Our programs look holistically at individuals, their families and circles of support, and available community resources to assist people with intellectual and developmental disabilities (I/DD) and co-occurring mental/behavioral health needs. By focusing on strengths instead of deficits, YAI equips people to develop and sustain positive relationships, limiting the need for emergency room visits and interactions with law enforcement so they can use their own strengths in meaningful ways."

https://www.yai.org/crisis-behavior-support

Phone: (212) 273-6182

Medical/Health Services
Developmental Pediatricians

Boston Children's Hospital Physicians - Bradhurst Avenue Specialty Offices

Dr. Amanda Ayala, MD – Developmental Pediatrics
Dr. Glenn Belkin, DO, FAAP - Division Chief of Developmental Behavioral Pediatrics
Dr. Yuxi Chen, MD – Developmental Pediatrics
Dr. Laura Katz, DO – Developmental Pediatrics
Dr. Michele Ledesma, MD – Developmental Pediatrics
Dr. William Levinson, MD – Developmental Pediatrics

https://bchp.childrenshospital.org/practices/developmental-behavioral-pediatrics

Phone: (914) 304-5250
Email: developmentalpediatrics@bchphysicans.org

19 Bradhurst Avenue, Suites 1400S & 2400N, Hawthorne, NY 10532

Boston Children's Hospital Physicians - Newburgh Specialty Office

Dr. Laura Katz, DO – Developmental-Behavioral Pediatrics

https://www.childrenshospital.org/directory/laura-katz

Phone: (914) 304-5250
Email: developmentalpediatrics@bchphysicans.org

266 North Street, Suite B, Newburgh, NY 12550

CapitalCare Developmental Pediatrics

Dr. Seema Chaudhari, MD, FAAP – Developmental Pediatrics
Dr. Daniel Greenblatt, MD – Child Neurology & Developmental Pediatrics
Dr. Anthony Malone, MD – Developmental Pediatrics
Dr. Jenny Torre, MD – Developmental Pediatrics

https://communitycare.com/practices/capitalcare-developmental-pediatrics/

Phone: (518) 782-7733

6 Wellness Way, Suite 101, Latham, NY 12110

Medical/Health Services
Developmental Pediatricians

Children's Hospital at Montefiore: Developmental Medicine

Dr. Blanche S. Beneson, MD – Developmental Pediatrics
Dr. Lynn Davidson, MD – Developmental Pediatrics & Neurodevelopmental Disabilities
Dr. Elisa I. Muniz, MD – Developmental Pediatrics
Dr. Oscar H. Purugganan, MD – Developmental Pediatrics & Neurodevelopmental Disabilities
Dr. Rosa M. Siejo, MD – Developmental Pediatrics & Neurodevelopmental Disabilities
Dr. Maris D. Rosenberg, MD – Developmental Pediatrics
Dr. Lisa H. Shulman, MD – Developmental Pediatric
Dr. Ruth E. Stein, MD – Developmental Pediatrics
Dr. Maria D. Valicenti-McDermott, MD – Developmental Pediatrics
Dr. Jennifer C. Yoffe, MD – Developmental Pediatrics

https://www.cham.org/specialties-and-programs/developmental-behavioral-pediatrics/our-expertise

Phone: (718) 839-7333 E-mail: lshulman@montefiore.org

1225 Morris Park Avenue, Bronx, NY 10461

The Children's Rehabilitation Center

Dr. Harriet Wieder, MD - Neurodevelopmental Disabilities & Developmental-Behavioral Pediatrics

https://www.childrenshospital.org/directory/harriet-wieder

Phone: (914) 304-5250
Email: developmentalpediatrics@bchphysicans.org

317 North Street, White Plains, NY 10605

Medical/Health Services
Developmental Pediatricians

Children's Specialized Hospital: A RWJBarnabas Health Facility

Several Developmental-Behavioral Pediatric Specialists across NJ

https://www.rwjbh.org/treatment-care/pediatrics/conditions-treatments/pediatric-therapy-services/developmental-behavioral-pediatrics/

Phone: (888) 244-5373

200 Somerset Street, New Brunswick, NJ 08901

Cohen Children's Northwell Health Developmental and Behavior Pediatrics

Dr. Andrew Robert Adesman, MD – Developmental & Behavioral Pediatrics & Neurodevelopmental Disabilities
Dr. Victoria Chen, MD – Developmental & Behavioral Pediatrics
Dr. Ruee Huang, MD – Developmental & Behavioral Pediatrics
Dr. Anna Krevskaya, MD – Developmental & Behavioral Pediatrics
Dr. Nili Elana Major, MD – Developmental & Behavioral Pediatrics
Dr. Ruth L. Milanaik, DO – Developmental & Behavioral Pediatrics
Dr. Helen Papaiannou, MD – Developmental & Behavioral Pediatrics
Dr. Nydia Karina Hernandez Santana, MD – Developmental & Behavioral Pediatrics

https://pediatrics.northwell.edu/departments-services/developmental-behavioral-pediatrics

Phone: (516) 802-6100

1983 Marcus Avenue, Suite 130, New Hyde Park, NY 11042

*With practice locations in Bayshore, Brooklyn, New Hypde Park, Hewlett, Lake Success, and Smithtown

Medical/Health Services
Developmental Pediatricians

Gergely Pediatrics

Dr. Peter Gergely, M.D. – Developmental Pediatrics

https://www.gergelypediatrics.com/index.html

Phone: (845) 424-4444

34 Route 403, Garrison, NY 10524

Kireker Center for Child Development: Valley Medical Group

Dr. Lisa M. Nalven, MD - Developmental-Behavioral Pediatrics

https://www.valleyhealth.com/services/developmental-pediatrics

Phone: (201) 447-8151

140 East Ridgewood Avenue, Suite 480N, Paramus, NJ 07652

Maria Fareri Children's Hospital

Dr. Glenn Belkin, DO, FAAP - Division Chief of Developmental Behavioral Pediatrics
Dr. Mark Bertin, MD - Developmental-Behavioral Pediatrics
Dr. Laura Katz, DO - Developmental-Behavioral Pediatrics
Dr. William Levinson, MD - Developmental-Behavioral Pediatrics (Section Chief)

https://www.mariafarerichildrens.org/developmental-pediatrics

Phone: (914) 493-7000

100 Woods Road, Valhalla, NY 10595

Medical/Health Services
Developmental Pediatricians

Dr. Mark Bertin, MD - Developmental-Behavioral Pediatrics (Northwell Associate)

https://developmentaldoctor.com/

Phone: (914) 841-2302

106 Washington Avenue, Suite 5, Pleasantville, NY 10570

Northwell Health at Forest Avenue

Dr. Michele Dehnert, MD – Developmental-Behavioral Pediatrics

https://www.northwell.edu/find-care/find-a-doctor/pediatrics/dr-michele-chun-dehnert-md-11373906

Phone: (718) 226-1470

584 Forest Avenue, Staten Island, NY 10310

Optum Medical Care (formally CareMount)

Dr. Diane M. Cicatello, MD - Developmental-Behavioral Pediatrics

https://east.optum.com/providers/diane-cicatello/

Phone: (845) 231-5600

30 Columbia Street, Poughkeepsie, NY 12601

Stony Brook Children's: Developmental and Behavioral Pediatrics

Dr. Victoria Novoa Uriarte, MD, FAAP, Division
Dr. Danielle Macina, DO, FAAP

https://www.stonybrookchildrens.org/specialties-services/pediatric-specialties/development-behavioral-pediatrics/team

Phone: (631) 444-5437

101 Nicolls Road, Stony Brook, NY 11794

Medical/Health Services
Developmental Pediatricians

Weill Cornell Pediatrics: Child Development Program

Dr. Jennifer Cross, M.D. - Developmental-Behavioral Pediatrics
Dr. Alyson Gutman, M.D. – Developmental-Behavioral Pediatrics
Dr. Elizabeth Poole-Di Salvo, M.D. - Developmental-Behavioral Pediatrics
Dr. Mary J Ward, Ph.D. - Developmental-Behavioral Pediatrics

https://weillcornell.org/pedsdev

Phone: (646) 962-4303

505 East 70th Street, Helmsley Tower, Floor 3, New York, NY 10021

The Westchester Center for Holistic Families

Dr. Stephen Cowan MD – Developmental Pediatrics

http://www.drstephencowan.com/

Phone: (914) 882-9335

491 Lexington Avenue, Mt. Kisco, NY 10549

Medical/Health Services
Pediatric Neurologists

Boston Children's Health Physicians: Pediatric Neurology

Bradhurst Avenue Specialty Office

Dr. Rachel Hirschberger, MD, MPH – Pediatric Neurologist
Dr. Ronald Jacobson, MD – Chief of Pediatric Neurology

Phone: (914) 768-3970

19 Bradhurst Avenue, Hawthorne, New York 10532

Chappaqua Specialty Center

Dr. Rolla Nuoman, MD – Pediatric Neurologist (Suite FB-1)

Phone: (914) 358-0188

1 South Greeley Avenue, Suite 303, Chappaqua, New York 10514

Saw Mill Specialty Office/Neurology at Hawthorne

Dr. Philip Overby, MD – Pediatric Neurologist (Suite LL4)
Dr. Rolla Nuoman, MD – Pediatric Neurologist (Suite FB-1)
Dr. Steven Wolf, MD – Pediatric Neurologist (Suite FB-1)

Phone: (914) 358-0188

40 Saw Mill River Road, Suite LL4, Hawthorne, New York 10532

https://bchp.childrenshospital.org/practices/neurology/meet-our-team

The Children's Hospital at Montefiore: Neurology and Center for Excellence in Autism

"The Division of Neurology at CHAM offers children with neurological conditions a thorough diagnosis and a carefully managed, cutting-edge treatment plan. Our clinical focus is the care and treatment of children with a range of neurological disorders."

https://www.cham.org/specialties-and-programs/neurology/our-team

Phone: (718) 920-4378 Email: smoshe@montefiore.org

3415 Bainbridge Avenue, Bronx, NY 10467

Medical/Health Services
Pediatric Neurologists

Children's Specialized Hospital

Several Pediatric Neurologists across New Jersey

https://www.rwjbh.org/treatment-care/pediatrics/conditions-treatments/pediatric-therapy-services/pediatric-neurology/

Phone: (888) 244-5373

200 Somerset Street, New Brunswick, NJ 08901

ColumbiaDoctors Child Neurology

"ColumbiaDoctors Child Neurology maintains the highest standard of neurologic practice for pediatric patients and their families by combining the latest research and technological advances with individualized, compassionate care." They currently have over 15 pediatric neurology specialists taking new patients. Use their "Meet the Team" page to find a doctor and location, and schedule an appointment.

https://www.neurology.columbia.edu/patient-care/specialties/child-neurology

Phone: (646) 426-3876

Elizabeth Seaton Children's Center: Neurology Department

"Elizabeth Seton Children's Center provides on-site consultation services with a variety of specialists who collaborate with our pediatricians, as well as our nursing and rehabilitation staff."

https://setonchildrens.org/programs-services/

Phone: (833) 637-3866

300 Corporate Boulevard South, Yonkers, NY 10701

Medical/Health Services
Pediatric Neurologists

eRiver Neurology of NY

Dr. Glenn Y Castaneda MD – Pediatric Neurology

https://eriverneurology.com/

21 Fox Street, Suite 102, Poughkeepsie, New York 12601
Phone: (845) 452-9750

200 Westage Business Center Drive, Suite 324, Fishkill, NY 12524
Phone: (845) 452-9750

Maria Ferari Children's Hospital Neurology Department

Dr. Ronald Jacobson, MD – Pediatric Neurologist, Division Chief
Dr. Philip Overby, MD - Pediatric Neurologist
Dr. Steven Wolf, MD – Pediatric Neurologist

https://www.mariafarerichildrens.org/pediatric-neurology

100 Woods Road, Valhalla, NY 10595

Phone: (914) 358-0188

NY Neurology Associates

Dr. Pascal Saremsky, MD - Pediatric Neurologist

https://www.nyneurologists.com/services/pediatric-neurology

Locations: Upper East Side, Upper West Side, Gramercy Park, Downtown & Long Island, NY

Phone: (212) 987-0100

Medical/Health Services
Pediatric Neurologists

Optum: Pediatric Neurology (Westchester)

Dr. Anna Alshansky, MD – Pediatric Neurology

https://east.optum.com/providers/anna-alshansky/

Pediatric Neurology – Somers
342 U.S. 202
Somers, NY 10589
Phone: (914) 277-4448

Yorktown Campus
355 Kear Street
Yorktown Heights, NY 10598
Phone: (914) 962-5060
*Lab Services & Radiology

Optum: Pediatric Neurology (Long Island)

Dr. Kellie Christenson, MD – Pediatric Neurology

https://east.optum.com/providers/kellie-christenson/

Neurology – Lake Success
2 Ohio Drive, Suite 101
New Hyde Park, NY 11042
Phone: (516) 662-6088

Pediatrics – Plainview
146 Manetto Hill Road, Suite 170
Plainview, NY 11803
Phone: (516) 931-2200

Pediatric Neurology Associates PC, White Plains Hospital

Dr. Ronald Jacobson, MD - Chief of Pediatric Neurology

https://www.wphospital.org/provider-directory/providers/ronald-jacobson/

Phone: (914) 358-0190

755 North Broadway, Medical Services Building - Suite 540,
Sleepy Hollow, NY 10591

Medical/Health Services
Mental Health Services

Andrus: Mental Health Programs

Andrus' Mental Health Programs provide direct individual child and family intervention "supporting parents and caregivers, and by helping children, adults and their families build on their unique strengths while managing their particular challenges." Services offered at their two Andrus Health and Wellness Centers include evaluations, individual therapy, group therapy, family therapy, psychiatric assessment, medication management, psycho-educational testing, school placement support, and advocacy, referral, and linkage to community-based organizations.

https://andrus1928.org/mental-health-division/

Peekskill Clinic
Clinical Director:
Leani Spinner, LCSW-R
50 Dayton Lane, Suite 205
Peekskill, NY 10566
Phone: (914) 736-3371

Yonkers Clinic
Clinical Director:
Danni Lapin-Zou, LCSW-R
35 Dock Street
Yonkers, NY 10701
Phone: (914) 965-1109

Medical/Health Services
Mental Health Services

Autism Spectrum Disorder Services: Family and Community Education at Child Study Center by Hassenfeld Children's Hospital at NYU Langone

Programs specialize in "using cognitive behavioral therapy to treat children and young adults who have complex concerns, including co-occurring disorders such as anxiety, obsessive–compulsive disorder, depression, and attention deficit hyperactivity disorder. Medication evaluation and treatment are available."

Also offers MYmind: A Joint Mindfulness Group for Neurodiverse Children and Their Caregiver (Thursdays, 10 sessions). Focuses on teaching children ages 8-12 and their caregivers various mindfulness techniques, and allows parents to focus on the impact of reactivity, how to attend to youth non-judgmentally, and accept their children and their own feels about parenting. These practices are shown to improve awareness, distress tolerance, and self-control.

"The Autism Spectrum Disorder Service invites teens with autism, ages 13 to 18, and their caregivers to attend a skills group to promote mindful self-awareness, effective communication, problem solving, and emotion regulation. Our group leaders use an approach informed by dialectical behavioral therapy (DBT) to teach skills, including distress tolerance, emotion regulation, interpersonal effectiveness, 'walking the middle path,' and mindfulness."

https://nyulangone.org/locations/child-study-center/autism-spectrum-disorder-service

Phone: (646) 754-4958 Email: csc.asdprograms@NYULangone.org

One Park Avenue, 7th Floor, New York, NY 10016

Medical/Health Services
Mental Health Services

BCHP Specialty: Psychology

Dr. Arlene Adler, Ph.D. - Chief of Pediatric Psychology and Neuropsychology, BCHP Bradhurst Avenue Specialty Office

Offers psychological services including individual psychotherapy, family psychotherapy, regulation focused psychotherapy, parent training, hypnosis, and coordination with schools for services. Treatment for a variety of psychological disorders and those with developmental delays is offered.

https://bchp.childrenshospital.org/practices/psychology

Phone: (914) 493-7697

19 Bradhurst Avenue, Suites 1400S & 2400N, Hawthorne, NY 10532

The Children's Hospital at Montefiore: Developmental Medicine Department

The Developmental Medicine department at CHAM offers a wide range of services and treatment options, including psychopharmacology and parent counseling. Their medical experts and other specialists treat a wide range of issues, including autism; cerebral palsy and other neuromuscular disorders; intellectual disabilities; language, learning and behavioral disorders; and more.

https://www.cham.org/specialties-and-programs/developmental-behavioral-pediatrics

Phone: (844) 389-7273

Medical/Health Services
Mental Health Services

Feeling Good Psychotherapy

Feeling Good Psychotherapy (FGP) offers psychotherapy services utilizing cognitive behavioral therapy (CBT) and TEAM-CBT approaches to help treat stress, depression, social anxiety, OCD, autism, and more. Therapists at FGP each have specialty areas, including therapists trained in working with children and teens (as well as their families) with autism, ADHD, and other developmental disabilities. Some therapists at FGP with these specialty areas include Kelly Flood, Maria Morales, Melissa Harber, Rachel Mitaritonna. Therapy sessions are offered through virtual online teletherapy.

https://www.feelinggoodcenter.com/

Phone (New York Online, NYC): (212) 362-4490
Phone (Westchester, Connecticut Online): (914) 533-4950
Email: reception@feelinggoodcenter.com

NYS Office of Mental Health

New York State has a large, multi-faceted mental health system that serves more than 700,000 individuals each year. The Office of Mental Health (OMH) operates psychiatric centers across the State and offers a Mental Health Program Directory where you can search for mental health programs in your area or by specific need.

https://omh.ny.gov/

Medical/Health Services
Mental Health Services

Perinatal & Early Childhood Mental Health Service
at Child Study Center by Hassenfeld Children's Hospital at NYU Langone

Childhood specialists at the Perinatal and Early Childhood Mental Health Service at the Child Study Center address social–emotional and behavioral challenges facing very young children. We also offer expert support and guidance to help parents navigate the challenges of parenthood, both before birth and from ages 0 to 6 years. We also assess and treat infants and young children affected by anxiety, attachment difficulties, attention deficit hyperactivity disorder, autism spectrum disorder, depression and mood disorders, disruptive behavior disorders, prematurity, sleep and feeding problems, and traumatic stress.

https://nyulangone.org/locations/child-study-center/perinatal-early-childhood-mental-health-service

Phone: (646) 754-4958 Email: csc.care@nyulangone.org

One Park Avenue, 7th Floor, New York, NY 10016

Scarsdale Psychology Associates:

This practice group includes over 25 providers who have experience working with children and teens with developmental concerns, including autism spectrum disorder, ADHD, and intellectual disabilities. Approaches include cognitive behavior therapy (CBT), play therapy, mindfulness techniques, parent child interaction therapy (PCIT), and relational psychotherapy. Call for provider availability.

https://scarsdalepsychologyassociates.com/

Phone: (917) 620-8749 Email: Ilana@scarsdalepsychologyassociates.com

Scarsdale Practice
1 Chase Rd, Suite 203,
Scarsdale, NY 10583

Greenwich Practice
270 Greenwich Ave, Suite 17,
Greenwich, CT 06830

Medical/Health Services
Mental Health Services

Rose F. Kennedy Children's Evaluation and Rehabilitation Center (RFK CERC) at Albert Einstein College of Medicine

RFK CERC's Psychiatry/Medication Clinic offers evaluations and treatment options for mental health issues. Treatment services include psychotherapy and parent/child dyadic therapy, psychiatry, social work, and medication management. Diagnostic services include psychological and psychiatric evaluations.

https://www.einsteinmed.edu/centers/childrens-evaluation-rehabilitation/clinical-services/specialized-service-program.html

Phone: (718) 430-8500 Email: RFKCERCReferrals@montefiore.org

Spectrum Services

Spectrum Services specializes in supporting those with autism, trauma, OCD, and/or ADHD, "unifying all the services you may need in one space supported by our collaborative team of expert practitioners." Services, including specialized therapy for those with trauma, OCD, or are on the autism/Aspergers spectrum. Couples and family therapy, coaching, and individual and group support in executive functioning, organization, social skills, and behavior change are offered. Services are offered in New York and Connecticut both in person and virtually via telehealth.

https://spectrumservicesnyc.com/

Contact: https://spectrumservicesnyc.com/contact-us/

Medical/Health Services
Mental Health Services

Topfield Center

Topfield offers a wide range of mental health supports via traditional talk and creative arts therapies with NYS licensed professional therapists at Topfield Equestrian Center. Therapy sessions can take place in private therapy or art/education rooms, as well as while sitting or walking outside on the Center grounds. Therapy sessions are available to all individuals, regardless of disability status. Sessions can be scheduled with just your therapist, or with the additional involvement of an equine (horse).

https://www.topfieldcenter.org/therapies

Phone: (845) 265-3409

115 Stonecrop Lane, Cold Spring, NY 10516

Westchester Jewish Community Services (WJCS): Clinical Services

Crisis Oriented Response for Developmental Disabilities (CORDD)

This service assists families and individuals with developmental disabilities struggling through non-life-threatening crisis by providing short-term services to address acute needs and stabilize current behavior/emotional crisis.

Developmental Disabilities Counseling Program

Clinical services provided by psychologists, psychiatrists, and social workers include individual, family, and group counseling at the WJCS Family Mental Health clinic sites located in Hartsdale, Mt Vernon, Peekskill, and Yonkers.

https://www.wjcs.com/services/mental-health/clinical-services-disabilities-autism/

Contact: Kenn Mann, Psy.D., Director, Outpatient Services for People with Developmental Disabilities

Phone: (914) 949-7699 ext. 2455 Email: pgrossman@wjcs.com

141 N Central Avenue, Hartsdale, NY, 10530

Medical/Health Services
Mental Health Services

YAI Mental Health Services

YAI offers individual therapy (one-on-one counseling sessions), family therapy, couple's counseling, collateral counseling to reduce caregiver burnout/stress, psychiatry, and crisis support. "At YAI we offer mental health supports and services that cater specifically to people with I/DD. Patients are referred to us with a range of concerns that can include: anxiety, depressed mood, behavior problems, poor social skills, and low self-esteem. Our licensed clinicians are trained specifically to work with the I/DD population and understand their individual needs as well as the unique challenges experienced by caregivers."

https://www.yai.org/clinical-services/mental-health

Phone: (212) 273-6182

Medical/Health Services

General & Specialty Medical Services

Autism Spectrum Disorder Services: Family and Community Education at Child Study Center by Hassenfeld Children's Hospital at NYU Langone

"As part of Hassenfeld Children's Hospital at NYU Langone, we can also connect your child with other pediatric care, including developmental pediatrics, neurology, genetics, gastroenterology, and rehabilitation, as well as physical therapy, occupational therapy, and speech–language pathology."

https://nyulangone.org/locations/child-study-center/autism-spectrum-disorder-service

Phone: (646) 754-4958 Email: csc.care@nyulangone.org

One Park Avenue, 7th Floor, New York, NY 10016

Behavioral Optometry and Vision Therapy, Dr. Samantha Slotnick

Behavioral optometry is a "whole person, holistic approach to vision care. Rather than treat just the eyes, or even just the visual system, behavioral optometry assesses our behavior patterns in conjunction with our lifestyle and visual function requirements."

https://www.drslotnick.com/

Phone: (914) 874-1177

495 Central Park Avenue, Suite 301, Scarsdale, NY 10583

Medical/Health Services

General & Specialty Medical Services

Bernstein Center for Visual Performance

A professional behavioral and developmental optometry practice located in White Plains, NY. Vision therapy is an "individualized, progressive treatment program devoted to developing, improving, enhancing, or rehabilitating visual performance." This center offers 40 minute, in-office treatment sessions (generally twice a week) "conducted under doctor supervision, using a variety of equipment and instrumentation designed specifically for the enhancement of visual performance." Contact to see if vision therapy may benefit your child.

https://www.bernsteincenterforvisualperformance.com/index.html

Phone: (914) 682-8886

701 Westchester Avenue, White Plains, NY 10604

Bessler Family Optometry and Vision Therapy

Dr. Marni Bessler, OD, offers vision therapy which can help children with and without special needs with balance, coordination, peripheral awareness, reading, learning difficulties, memory, dizziness, clumsiness, and more.

https://www.marnibessler.com/

Phone: (914) 821-1600 Email: marnibessler@gmail.com

55 Greenridge Avenue, White Plains, NY 10605

Hudson Valley Tongue Tie

A center for laser release of tethered oral tissues (tongue-tie and lip-tie) with Dr. Benjamin Dancygier, DDS.

https://www.hudsonvalleytonguetie.com/

Phone: (914) 440-3211 Email: team@hudsonvalleytonguetie.com

3630 Hill Boulevard, Suite 401, Jefferson Valley, NY 10535

Medical/Health Services

General & Specialty Medical Services

Westchester Department of Health: Children with Special Health Care Needs

Children with Special Health Care Needs (CSHCN) is an "information and referral service for families with children with special needs from birth through 21 years of age. CSHCN staff work with families to ensure that children in need of special services are able to receive them without undue financial hardship." Their website lists specific groups that can help you find support for your family needs, including medical/health services.

https://health.westchestergov.com/children-with-special-health-care-needs-program-cshcn

Phone: (914) 813-5076 or (914) 813-5090

Wolman Vision and Therapy Center

Dr. Stephanie L. Wolman, OD, FCOVD, is a board certified developmental optometrist offering vision therapy services for those with special needs. Visual rehabilitation therapy is offered for those with developmental delays, visual perceptual and visual-motor deficits, ADHD, and autism spectrum disorders.

https://wolmanvisionandtherapycenter.com/

Phone: (914) 777-5767
Email: slwolman@wolmanvisionandtherapycenter.com

550 Mamaroneck Avenue, Suite 200, Harrison, NY 10528

Medical/Health Services
General & Specialty Medical Services

YAI Premier HealthCare

YAI Premier HealthCare offers "primary care and specialty outpatient services to everyone and specializes in supporting people with intellectual and developmental disabilities (I/DD)."
Services include:

- Dentistry
- Primary Care (Internal Medicine, Family Practice, Pediatrics)
- Neurology
- Audiology
- Dermatology
- Endocrinology
- Mental Health Services
- Nutrition
- Occupational Therapy
- Ophthalmology
- Physical Therapy
- Podiatry
- Psychiatry
- Prosthetics and Orthotics
- Speech Therapy

https://www.yai.org/affiliate/premier-healthcare

Phone: (212) 273-6272

Dental Services

Dr. Amy Patel at Smile Scarsdale Pediatric Dentistry

Dr. Patel has advanced training in treating patients with special needs or medical fragility. She also has extensive experience in use of laughing gas and advanced behavior management.

https://smilescarsdale.com/

Phone: (914) 722-5100 Email: info@SmileScarsdale.com

1075 Central Park Avenue, Suite 400, Scarsdale, NY 10583

Dr. Delaney Pediatric Dentistry

"Dr. Delaney and her team not only provide a compassionate and welcoming environment, but they are also well equipped to provide care for young patients with special needs or conditions that may make it difficult for them to sit in a dental chair."

https://mahopacpediatricdentistry.com/

Phone: (845) 628-3400 New Patients: (845) 213-3436

888 Route 6, Mahopac, NY 10541

Family Dental Group of Jefferson Valley

"Our dentists and staff have extensive training and experience in working with patients who have unique challenges, ranging from developmental disabilities to chronic medical conditions. From sedation to behavior management solutions, our dentists have the advanced training necessary to administer dental care to your child in a safe and comfortable environment."

https://thefamilydentalgroup.com/dentist-office/yorktown-heights-ny-10598

Phone: (914) 357-8916

2985 Navajo Road, Yorktown Heights, NY 10598

Dental Services

Gentle Care Pediatric Dentistry and Orthodontics

Gentle Care offers comprehensive dental services for children in a positive and relaxing environment. Dr. Markos has special training which has prepared him to work with patients with special needs such as autism, cancer, genetic conditions, and dentally anxious patients. He is able to offer nitrous oxide and sedation dentistry for patients that may need it.

https://www.gckidsdmd.com/

Phone: (914) 930-4465

50 Dayton Lane, Suite 103, Peekskill, NY 10566

Giving Tree Pediatric Dentistry

Giving Tree Pediatric Dentistry is certified in treating those with special developmental, physical, and/or medical needs. has extensive experience and a vast patient pool with special needs, an offers graduated introduction to dentistry to reduce your child's anxiety surrounding dental services. Dr. Tannen completed a fellowship in Special Care Dentistry, and the office offers flexible hours and can accommodate children who need to be seen in a quiet environment.

https://givingtreedental.com/

Phone: (914) 579-2225 Email: givingtreedental@gmail.com

110 Washington Avenue, Pleasantville, NY 10570

Dental Services

Kids Family Dental

The dentists at Kids Family Dental are specially trained to help people with special needs. They have "multiple years of specialized pediatric training, including various sedation methods and behavior management techniques to keep a child calm." Call their office for details about how their team treats children with special needs.

https://thefamilydentalgroup.com/locations/kids-family-dental/

Phone: (845) 764-9572

1591 Route 22, Building 2, Brewster, NY 10509

NY Pediatric Dentistry & Orthodontics

NY Pediatric Dentistry & Orthodontics' "expertise with children who are medically compromised or have special needs make us the areas most sought after pediatric dental practice. Whether or not they have a hard time coping with receiving dental care in a dental office, we welcome and encourage all children to visit our office."

https://www.nypediatricdds.com/special-needs

Phone: (914) 344-6794

90 South Ridge Street, Rye Brook, NY 10573

Dental Services

Raider Dentistry

"At the office of Raider General Dentistry, we take pride in providing gentle, compassionate care in an environment that is designed with comfort in mind. However, every child is different. While for some children, a trip to the dentist is taken in stride; for others, it can present challenges and produce significant anxiety. If your child is apprehensive, has a medical condition, special needs, or difficulty sitting in a dental chair, we can discuss the best choices for the provision of care and options in dental sedation."

https://raiderdentistry.com/

Phone: (845) 208-8926

888 Route 6, Mahopac, NY 10541

Rye Smiles Pediatric Dentistry

"Pediatric dentists Deborah Troy, DDS, and Charles Yau, DDS, have specialized training to care for patients with special needs and medically complex disabilities. The team also collaborates with local pediatricians to provide the best care possible."

https://www.ryesmiles.com/services/children-with-special-needs

Appointments: (914) 677-0456 General inquiries: (914) 967-5735

16 School Street, Suite 2, Rye, NY 10580

The Smile Lodge

The Smile Lodge provides dental care for "patients with special needs requires specialized knowledge acquired by additional training, as well as increased awareness and attention, adaptation, and accommodative measures beyond routine treatment." They also offer sedation dentistry.

https://www.smilelodge.com/special-needs-dentistry

Phone: (518) 373-1181

713 Pierce Road, Clifton Park, NY 12065

Dental Services

Westchester Institute for Human Development (WIHD): Dental Services

WIHD's Dental Center offers comprehensive, specialized dental services and outgoing care for people with disabilities. Services are delivered in their state-of-the-art dental suite at WIHD, in their Dental Van which regularly visits community service agencies throughout the Hudson Valley, and at Westchester Medical Center.

https://www.wihd.org/what-we-do/dental-services/

Phone: (914) 493-8081 Email: dental@WIHD.org

Cedarwood Hall, 20 Hospital Oval W, Valhalla, NY 10595

Westchester Pediatric Dentistry

Westchester Pediatric Dentistry is "committed to providing the best dental care for all children regardless of their developmental or other special health care needs."

https://wcpediatricdentist.com/services/special-needs-patients/

Phone: (914) 683-9389 Email: info@wcpediatricdentist.com

95 Church Street, Suite 308, White Plains, NY 10601

YAI Premier HealthCare

YAI Premier HealthCare offers specialty dental services specializing in supporting people with intellectual and developmental disabilities.

https://www.yai.org/affiliate/premier-healthcare/dentistry

Phone: (212) 273-6272

Hair Salons
serving children with disabilities

A & G Happy Kids Hair Cuts Children's & Family Salon

Offers hair cuts for children with special needs.

http://www.happykidscuts.com

Phone: (914) 725-2044

832 Scarsdale Avenue, Scarsdale, NY 10583

Cool Styles

At Cool Styles, all staff are very experienced working with children with special needs. Tracey, a stylist at their salon, is highly recommended for working with children with autism spectrum disorders.

https://www.facebook.com/coolstylesny/

Phone: (845) 228-7090

1747 Route 6, Carmel, NY 10512

Dinkum Hair

"Children are a specialty--we even have a special barber car to make the young ones feel at home. If your child has autism, special needs or sensory issues, our staff will do everything possible to ensure that every haircut is a great experience at Dinkum Hair."

Phone: (914) 297-8425

https://www.facebook.com/dinkumhair/

179 White Street, Buchanan, NY 10511

Hair Salons
serving children with disabilities

Dolce Vita Kidz Salon

Dolce Vita Kidz Salon's owner, Nancy, is a trained, autism-certified stylist. She will help all children feel comfortable and safe for the best haircut experience possible.

https://www.hairsalondolcevita.com/

Phone: (914) 222-9323

1803 Central Park Avenue, Yonkers, NY 10710

Gifted Fades by Corey at Family Center for Achievement

Offers haircuts and barber services in the Family Center for Achievement Barber Shop, Wednesdays from 4-7 pm and Saturdays from 9 am – 2 pm. All cuts are $30. The FCA is an inclusive environment where people of all ages, interests and abilities can explore a variety of activities, classes, and programs.

https://familycenterforachievement.org/barbershop/

Phone: (516) 355-9400

1517 Franklin Avenue, Garden City, NY 11530

Just 4 Kids Salon

This salon specializes in working with autistic children, offering staff who are trained and patient and a child-themed salon for your child's haircut.

https://just4kidssalon.com/haircuts-for-kids-with-special-needs-and-autism/

Phone: (201) 653-5887

720 Monroe Street, Suite E-313, Hoboken, NJ 07030

Products for Individuals with Disabilities

Autism-Products

Carries research-based items focused on meeting sensory needs, providing comfort and soothing, calming tantrums and meltdowns, capturing attention, aiding with focus, managing energy, improving and/or learning new skills, communicating effectively, and coping/learning better in the classroom. "We carry autism products for every need, including toys, clothing, learning, communication, furniture, equipment, sensory products, safety, therapy accessories, and more."

https://www.autism-products.com/

Phone: (888) 890-3288 Email: Support@Autism-Products.com

Autism Shop

"Autism Shop is an online resource of carefully and professionally sourced products for individuals with Autism Spectrum Disorder and the people who love, care for, and educate them. With the help of a Licensed Psychologist specializing in Autism Diagnosis and Therapy, we are able to bring you a better and more informed selection of hundreds of items and autism tools that educate, increase awareness, and improve lives." The Autism Shop features sensory products, books, calming products, furniture, equipment, and toys to support those with autism.

https://www.autismshop.com/

Child Therapy Toys

"Our mission is to be a comprehensive source for the tools and products needed by child clinicians to excel at their work." With an inventory of over 3000 products, items include toys and accessory to support therapies, therapeutic games, sensory products, products to support motor skill development, and products to support specific disability groups.

https://www.childtherapytoys.com/

Phone: (866) 324-7529 Email: support@childtherapytoys.com

Products for Individuals with Disabilities

Different Roads

"Different Roads to Learning is your one-stop shop for autism spectrum resources and teaching materials! With over 600 products, our carefully curated product line supports the social, academic and communicative development of children on the autism spectrum through Applied Behavior Analysis (ABA) and Verbal Behavior interventions."

https://difflearn.com/

Phone: (800) 853-1057 Email: info@difflearn.com

Discount School Supply

Offers a variety of school supplies, educational activities and toys, and other resources to support learning. Products include flexible seating/furniture options, sensory items, educational technology, adaptive school supplies/materials, and more.

https://www.discountschoolsupply.com/

Phone: (800) 627-2829

Enabling Devices

Offers a range of products that put goals within reach for people of all abilities and ages, including devices, toys and tools that help build more joyful, fulfilling lives. "From learning and play, to communications and independence, our products help make the impossible, possible. For 45 years, we've proudly created exceptional products to help people with disabilities participate fully in the world. We specialize in switch-adapted and specially designed toys, AAC communication devices, adaptive switches for a range of mobility issues, and products to help develop Activities for Daily Living (ADL). Our toys and tools are found in special education classrooms, therapy centers, and homes around the world."

https://enablingdevices.com/

Phone: (866) 794-0650

Products for Individuals with Disabilities

Fun & Function

Fun & Function provides a wide selection of sensory tools for individuals with sensory processing disorders, autism, ADHD, and other special needs. Their founder is an occupational therapist and parent, and all products are “kid-friendly, affordable, and most importantly, make a real developmental and therapeutic difference in the lives of children.”

https://funandfunction.com/

Phone: (800) 231-6329

Kaplan Early Learning Company

"For more than 50 years, Kaplan Early Learning Company has been a champion for play. From our research-based curricula to enriching classroom environments and innovative technology solutions, Kaplan’s products and services inspire a lifelong love of learning in children and educators.” Kaplan carries products focused on learning, play, sensory exploration, and more, and even has products sorted into categories such as inclusion, special education, and sensory.

https://www.kaplanco.com/

Phone: (800) 334-2014 Email: info@kaplanco.com

Lakeshore

Lakeshore offers a variety of educational products across a wide range of ages. Resources include products focus on learning, play, art, sensory, and furniture to support education. Educational toys and activities to support learning, as well as modified classroom materials are available for purchase, and materials can be used both in and out of the classroom. Materials are available for purchase on their website, as well as at their Scarsdale physical store location.

https://www.lakeshorelearning.com/

Phone: (800) 428-4414 Email: lakeshore@lakeshorelearning.com

Midway Shopping Center, 969A Central Park Avenue, Scarsdale, NY 10583

Products for Individuals with Disabilities

National Autism Resources

National Autism Resources provides tools "designed to help students understand what is expected of them in class, manage their anxiety, and support focus. Our products help students become more independent and teachers more successful in general and special education settings." Products include visual supports, calming products, sensory toys, classroom and OT tools, educational toys, and other resources focusing on social emotional learning, social skills, life skills, and speech/communication.

https://nationalautismresources.com/

Phone: 877-249-2393
Email: customerservice@nationalautismresources.com

Special Needs Toys

"At TFH Special Needs Toys, our team is dedicated to supplying numerous sensory solutions to accommodate an individual's play and learning style and preferences. This includes the following categories of sensory toys and other items that help promote strong developmental learning practices: visual, auditory, tactile, body awareness, body movement, motor planning, and sensory room equipment."

https://specialneedstoys.com/usa/

Phone: (800) 467-6222 Email: info@tfhusa.com

Products for Individuals with Disabilities

Southpaw

Southpaw offers a variety products and materials focused on sensory integration and multi-sensory environments. “Southpaw’s Sensory Integration tools are designed to meet the needs of individuals experiencing sensory integration dysfunction. Products help users to balance incoming sensory and environmental information and work to develop the subconscious ability to process and respond to stimuli.” The main components of their tools for multi-sensory environments are “accessible to all functioning levels, provides the opportunity for choice by the user, is meaningful, demand free and empowers the individual to overcome sensory deficits and allows them to take control to discover and explore the world around them.”

https://www.southpaw.com/

Phone: (800) 228-1698 Email: customerservice@southpaw.com

Talk Tools

TalkTools® focuses on serving those with speech, oral placement, and feeding disorders and features a variety of user-friendly products to correspond with a hierarchical approach to oral placement therapy. Many of these items, including the original Horn and Straw Hierarchies and Jaw Grading Bite Blocks, are now household names in oral motor therapy.

https://talktools.com/

Phone: (888) 529-2879 Email: customercare@talktools.com

COVID-19 Resources

HMEA's Autism Resource Central: Social Stories on COVID-19

This site provides a collection of social stories you can read with your child to help discuss and learn about COVID-19.

https://www.autismresourcecentral.org/social-stories-for-young-and-old-on-covid-19/

National Association of School Psychologists (NASP): Health Crisis Resources

NASP features an article to help children cope with changes resulting from COVID-19, parenting tips, discussion strategies, as well as several documents to support parents and families in reducing anxiety and navigating this topic with their children.

https://tinyurl.com/nasp-covid-coping

New York State Parent Portal/Council on Children and Families

This site provides resources for families including parenting tips, activities, and information on how to talk to your children about the COVID-19 pandemic.

https://www.nysparenting.org/coronavirus-resources-parents

Acronyms in Special Education

ABA – Applied Behavior Analysis

ABIS – Assistant Behavior Intervention Specialist

AAC (Device) – Augmentative and Assistive Communication (Device)

ACA – Affordable Care Act

ADA – Americans with Disabilities Act

AD(H)D – Attention Deficit (Hyperactivity) Disorder

ADL(S) – Activities of Daily Living (Skills)

APE – Adaptive Physical Education

ASD – Autism Spectrum Disorders

ASL – American Sign Language

AT – Assistive Technology

AYP – Adequate Yearly Progress

BCBA – Board Certified Behavior Analyst

BD – Behavioral Disorder

BIP – Behavior Intervention Plan

BIS – Behavior Intervention Specialist

BOCES – Board of Cooperative Education Services

BOE – Board of Education

CAH – Care at Home

CBA – Curriculum Based Assessment

CBT – Cognitive Behavioral Therapy or Competency-Based Training

CCO's – Care Coordination Organizations

CCSS – Common Core State Standards

CD – Cognitive Delay

CDA - Child Development Associate

Acronyms in Special Education

CDC – Centers for Disease Control

COTA - Certified Occupational Therapist Assistant

CM – Care/Case Manager

CP – Cerebral Palsy

CST – Child Study Team

CPSE – Committee on Preschool Special Education

CSE – Committee on Special Education

CSIDD – Crisis Services for Individuals with Intellectual/Developmental Disabilities

CTS – Community Transition Services

DD – Developmental Disability

DOE – NYC Department of Education

DSP – Direct Support Professional

DOH – Department of Health

DPH – Due Process Hearing

DS – Down Syndrome

DSM – Diagnostic and Statistical Manual of Mental Disorders

EAA - Eligibility, Assessment, and Authorization Tool

ECE – Early Childhood Education

ED – Emotional Disturbance

EI – Early Intervention

ESL – English as a Second Language

ESY or **EYS** – Extended School Year or Extended Year Services

FAPE – Free Appropriate Public Education

FAS – Fetal Alcohol Syndrome

FERPA – Family Educational Rights and Privacy Act

Acronyms in Special Education

FM – Focused Monitoring

FSS – Family Support Services

GE – General Education

GT – Gifted and Talented

HQT – Highly Qualified Teacher

IA – Instructional Assistant

IAC – InterAgency Council of Developmental Disabilities Agencies, Inc

IAES – Interim Alternative Educational Setting

ID – Intellectual Disability

I/DD – Intellectual and/or Developmental Disability

IDEA – Individuals with Disabilities Education Act

IEE – Individualized Educational Evaluation

IEP - Individualized Education Program

IFSP - Individualized Family Service Plan (EI)

ILC - Independent Living Center

ILP - Individualized Life Plan (replacing ISPs) or Independent Living Centers

IQ – Intelligence Quotient

ISP - Individualized Service Plan

ISS - Individual Support Services

ITP – Individualized Transition Plan

LCED - Level of Care Eligibility Determination

LCSW - Licensed Clinical Social Worker

LD - Learning Disability

LEA – Local Education Agency

LHCSA - Licensed Home Care Services Agency

Acronyms in Special Education

LIC - Live-In Caregiver

LMHC - Licensed Mental Health Counselor

LMSW - Licensed Master Social Worker

LOC - Level of Care

LRE - Least Restrictive Environment

MCO – Managed Care Organization

MD – Multiple Disabilities

MR – Mental Retardation (no longer used, renamed "intellectual disability" in 2010)

NCLB – No Child Left Behind

NEA – National Education Association

NICU - Neonatal Intensive Care Unit

NIPD - National Institute for People with Disabilities

NOD - Notice of Determination

OCD – Obsessive-Compulsive Disorder

ODD – Oppositional Defiant Disorder

OCFS - Office of Children and Family Services

OHI – Other Health Impairment

OI – Orthopedic Impairment

OMH - Office of Mental Health

OPWDD - Office for People with Developmental Disabilities

OT - Occupational Therapy

OTR - Registered Occupational Therapist

PALS – Peer-Assisted Learning System

PARCC – Partnership for Assessment of Readiness for College and Careers

PBS – Positive Behavioral Supports

Acronyms in Special Education

PD – Physical Disability

PDD – Pervasive Developmental Disorder

PLEP or **PLP** – Present Level of Educational Performance or Present Level of Performance

PP - Paraprofessional

PSIP – Preliminary Individualized Service Plan

PT – Physical Therapy

PTE – Permission to Evaluate

PWN – Prior Written Notice

PWS – Prader-Willi Syndrome

O & M – Orientation and Mobility

RBT – Registered Behavior Technician

RDA – Results-Driven Accountability

RFP – Request for Proposal

RFS – Request for Services

RS – Related Services

RTI – Response to Intervention

SA – Self-Assessment

SAS – Supplementary Aids and Services

SAT – Student Assistance Team

SB – Spina Bifida

SBC – School-Based Counseling

SE or **SPED** – Special Education

Section 504 – Section 504 of the Rehabilitation Act

SED – State Education Department

Acronyms in Special Education

SDI – Specially Designed Instruction

SI – Sensory Integration

SLD – Specific Learning Disability

SLI – Speech/Language Impairment

SLP – Speech/Language Pathologist

SSA – Social Security Administration

SSDI – Social Security Disability Insurance

SSI – Supplemental Security Income

START - Systemic, Therapeutic, Assessment, Resources & Treatment

TBI - Traumatic Brain Injury

TDD – Telephone/Telecommunication Device for the Deaf

TRAID - Technology-Related Assistance for Individuals with Disabilities

TS – Tourette Syndrome

VI – Visual Impairment

VR – Vocational Rehabilitation

WIC - Women, Infants and Children

WIDH - Westchester Institute for Human Development

YAI - Formerly Young Adult Institute, currently goes by "YAI" since they support people from childhood onward

Glossary of Terms in Special Education

Applied Behavior Analysis (ABA) – the practice of applying the psychological principles of learning theory in a systematic way to modify behavior, used often for special education and therapeutically with individuals with autism spectrum disorder.

Augmentative and Assistive Communication (AAC) – all ways someone can communicate besides talking. Includes no-tech, low-tech, and high-tech options.

Americans with Disabilities Act (ADA) – a 1990 law prohibiting discrimination against individuals with disabilities in all areas of public life, including jobs, schools, and transportation.

Attention Deficit (Hyperactivity) Disorder – disorder marked by ongoing patterns of inattention and/or hyperactivity-impulsivity interfering with functioning or development.

Activities of Daily Living (ADLs) – a series of basic activities necessary for independent living at home or in the community, performed on a daily basis (e.g., personal hygiene, dressing, eating, mobility, etc.).

Autism Spectrum Disorders (ASD) – a developmental disability that causes significant social, communication, and behavioral challenges. ASD is viewed on a spectrum due to the wide variation in the type/severity of symptoms and strengths from person-to-person.

Assistive Technology (AT) – items, equipment, software, or devices used for people with disabilities or the elderly population.

Behavior Intervention Plan (BIP) – a written improvement plan created for a student based on the outcome of a functional behavior assessment in order to increase appropriate behavior and decrease inappropriate/ unwanted behaviors using reinforcement strategies.

Behavior Intervention Specialist (BIS) – works with children using positive behavior supports and coordinating functional behavior assessments and behavior intervention plans.

Board Certified Behavior Analyst (BCBA) – a professional who studies the behavior of children and adults and creates plans to improve or change problematic behaviors and work toward behavior goals using applied behavior analysis.

Glossary of Terms in Special Education

Board of Cooperative Education Services (BOCES) – provides shared educational programs and services to school districts within New York State. BOCES programs help meet students' educational needs through relevant programs.

Cognitive Behavioral Therapy (CBT) – a form of psychological treatment (talk therapy) effective for a range of psychological problems by promoting awareness of inaccurate and negative thinking and efforts to change thinking patterns.

Competency-Based Training (CBT) – an approach to vocational education and training emphasizing what a person can do in the workplace following a training program.

Cerebral Palsy (CP) – a congenital disorder marked by movement, muscle tone, and posture disorder and/or other disabilities, typically caused by damage to the brain before/during birth.

Committee on Preschool Special Education (CPSE) – a multidisciplinary team appointed by the Board of Education in each NY school district to identify and evaluate 3-4-year-old children who have special educational needs, determine eligibility for preschool special education programs, develop Individualized Education Plans (IEPs), place students in the least restrictive environment, and aid in the transition process to the school district.

Committee on Special Education (CSE) – a multidisciplinary team appointed by the Board of Education in each NY school district to identify and evaluate school-age children (ages 5-21) who have special educational needs, determine eligibility for preschool special education programs, develop Individualized Education Plans (IEPs), and place students in the least restrictive environment.

Crisis Services for Individuals with Intellectual/Developmental Disabilities (CSIDD) – offers crisis prevention and response services to those with developmental disabilities and complex behavior needs, as well as their families/caregivers. Services are available 24 hours a day, 7 days a week to OPWDD eligible individuals age 6+.

Community Transition Services (CTS) – individualized services intended to assist a person's transition from an inpatient/intensive program to living in the community.

Glossary of Terms in Special Education

Developmental Disability (DD) – a group of conditions due to impairment in physical, learning, language, and/or behavior areas, beginning during the developmental period and impacting day-to-day functioning.

Direct Support Professional (DSP) – someone who works directly with people who have intellectual and/or developmental disabilities.

Early Intervention (EI) – services and supports available to children from birth to age three who have developmental delays or disabilities, or to those at high risk for child abuse/neglect. Services can include speech, occupational, physical, and psychological therapies, home visits, hearing/vision services, medical/nursing/nutrition services, social work services, transportation, and assistive technology.

Fetal Alcohol Syndrome (FAS) – a disorder caused by alcohol exposure in the womb which causes distinctive facial features, learning disabilities, bone/joint deformities, heart defects, and/or hyperactivity.

Family Support Services (FSS) – services offered by OPWDD to help families who care for a relative with developmental disabilities at home by providing aid, enhancing family stability, and preserving family unity.

InterAgency Council of Developmental Disabilities Agencies, Inc (IAC) – the largest provider association in NY for non-profit agencies that support individuals with intellectual/developmental disabilities by providing services and supports to these individuals.

Individuals with Disabilities Education Act (IDEA) – a law that ensures free and appropriate public education to children with disabilities throughout the nation and ensures special education and related services to those children.

Individualized Education Program (IEP) – a legal document outlining the special education experience for all eligible students with a disability. This document is developed to ensure a child identified with a disability attending an educational institute receives specialized instruction and related services appropriate to their specific learning needs.

Individualized Family Service Plan (IFSP) – a plan to obtain special education services for children from birth to age three, protected by IDEA. A precursor document to the IEP.

Glossary of Terms in Special Education

Individualized Life Plan – a document outlining a person with a disability's goals, strengths, preferences, clinical and support needs, services and providers, safeguards, and habilitation goals.

Independent Living Centers (ILCs) – centers which provide various services to assist New Yorkers with disabilities in living fully integrated and self-directed lives by assisting with all aspects of living, learning, and earning.

Individual Support Services (ISS) – provides housing subsidies to assist individuals with developmental disabilities who wish to live independently in the community with housing costs

Learning Disability (LD) – a condition causing difficulties in acquiring knowledge and skills to the level expected of those at the same age

Least Restrictive Environment (LRE) – a legal found in IDEA to ensure that "to the maximum extent appropriate, children with disabilities are educated with children who are not disabled" and that special classes/separate environments are considered only after a determination that placement in regular classrooms with modifications and supports will not adequately meet their educational needs.

Office of Children and Family Services (OCFS) – an agency dedicated to improving the integration of services for NY's children, youth, families, and vulnerable populations by promoting safety, permanency, and well-being through policies, partnerships, funding, and quality services.

Office of Mental Health (OMH) – agency which promotes the mental health of all NY residents, with a focus on providing hope and recovery for adults with serious mental illness and children with serious emotional disturbances.

Office for People with Developmental Disabilities (OPWDD) – responsible for coordinating services for New Yorkers with developmental disabilities, providing services directly and working with a network of nonprofits to provide services.

Occupational Therapy (OT) - therapy to improve fine motor skills, balance, coordination, sensory integration, and motor skills involved in everyday tasks like writing and getting dressed.

Physical Therapy (PT) – therapy to help improve gross motor skills, range of motion, strength, flexibility, and movement patterns due to bone/muscle issues, injury, or genetic, brain, spine, or nerve disorders.

Glossary of Terms in Special Education

Prader-Willi Syndrome (PWS) – a genetic disorder which causes intellectual disability, behavior problems, and short stature.

Registered Behavior Technician (RBT) – a paraprofessional certification in behavior analysis. RBTs assist in delivering ABA services and practice under an RBT supervisor, usually a BCBA.

Speech & Language Pathology/Therapy (SLP) – therapy delivered to treat speech and language disorders, including areas such as articulation, fluency, resonance, expressive language, receptive language, and cognitive-communication. Some speech therapy services also address oral-motor and feeding/swallowing issues.

Traumatic Brain Injury (TBI) – caused by sudden injuries that cause damage to the brain.

Westchester Institute for Human Development (WIHD) – an institute addressing major social and health issues affecting people with disabilities and vulnerable children by delivering medical, clinical, and support services to individuals, families, and caregivers.

YAI - Formerly Young Adult Institute, currently goes by "YAI" since they support people from childhood onward, YAI and its network of affiliate agencies offer children and adults with intellectual/developmental disabilities a comprehensive range of services.

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Parkside Preschool is a private, not-for-profit, New York State Department of Education approved preschool program for children ages three-to-five-years with special needs.

The Arc Mid-Hudson is a private not-for-profit agency founded by families in Ulster, Greene, and Putnam Counties who believed that their children with disabilities should have the same opportunities as their peers. Supporting 1,800 people from preschool through adulthood, our mission is "To empower people with intellectual and other developmental disabilities to achieve and experience the highest quality of life."

This guide was researched, compiled, and designed by Jess Livornese, Ed.M..

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Disclaimer

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Resources were gathered from a combination of web research, direct outreach, and word of mouth from advocates, parents, and educators of individuals with disabilities. We have made every attempt to ensure information contained in this guide was obtained from reliable sources.

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