

MENU

Lunch Elementary

February

Monday	Tuesday	Wednesday	Thursday	Friday
3 Pepperoni or Cheese French Bread Pizza Choice of fruit Milk	4 Turkey Hot Dog or Veggie Burger Baked Fries Choice of Fruit Milk	5 Beef or Bean Nachos Black Bean and Corn Salad Refried Beans Choice of Fruit Milk	6 BYO Turkey Pitas Carrot Sticks Pepper Slices Choice of Fruit Milk	7 Pepperoni or Cheese Pizza Veggie Sticks Choice of Fruit Milk
10 Grilled Cheese Tomato Soup Choice of Fruit Milk	11 Mac & Cheese Broccoli Choice of fruit Milk	12 French Toast Sausage Link Roasted Potatoes Choice of Fruit Milk	13 Ham & Cheese Sub Veggie Sticks Choice of Fruit Milk	14 No School
17 No School	18 Cheeseburger or Veggie Burger Baked Fries Broccoli Choice of Fruit Milk	19 Chicken or Bean Nachos Fresh Tomato Salsa Refried Beans Choice of Fruit Milk	20 BBQ Pulled Pork or Veggie Burger Baked Beans or Cole Slaw Choice of Fruit Milk	21 Pepperoni or Cheese Pizza Veggie Sticks Choice of Fruit Milk
24 Pepperoni or Cheese French Bread Pizza Choice of fruit Milk	25 Turkey Hot Dog or Veggie Burger Baked Fries Choice of Fruit Milk	26 Beef or Bean Nachos Black Bean and Corn Salad Refried Beans Choice of Fruit Milk	27 BYO Turkey Pitas Carrot Sticks Pepper Slices Choice of Fruit Milk	28 Pepperoni or Cheese Pizza Veggie Sticks Choice of Fruit Milk
3 Grilled Cheese Tomato Soup Choice of Fruit Milk	4 Mac & Cheese Broccoli Choice of fruit Milk	5 French Toast Sausage Link Roasted Potatoes Choice of Fruit Milk	6 Ham & Cheese Sub Veggie Sticks Choice of Fruit Milk	7 Pepperoni or Cheese Pizza Veggie Sticks Choice of Fruit Milk

Menu Subject to Change

Gluten Sensitive Items are in bold.

Dairy Free items are available everyday upon request

Lunch Includes: Entrée, Two Servings of Fruits or Vegetables, One Serving of Grain or Bread, One Low-Fat Milk

Please discuss any food allergy issues concerning your child with the Executive Chef Dave Karaynak 740.587.8156

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