



Cordova High School
9th Grade MIDDLE YEARS PROGRAM
Course Descriptions for 2025-26 School Year

The Governing Board is committed to providing equal opportunity for all individuals in education. District programs, activities, and practices shall be free from unlawful discrimination, including discrimination against an individual or group based on race, color, ancestry, nationality, national origin, ethnic group identification, age, religion, marital, pregnancy, or parental status, physical or mental disability, sex, sexual orientation, gender, gender identity or expression, or genetic information; a perception of one or more of such characteristics; or association with a person or group with one or more of these actual or perceived characteristics.

- 1. All 9th grade students have six core classes (Language and Literature, Language Acquisition, Individuals and Societies, Sciences, Mathematics, Physical and Health Education) and one Arts or Design elective. English language learners have a second period of English instead of language acquisition.**
- 2. Please choose courses carefully, paying close attention to prerequisites and course descriptions. Placement in appropriate English, math, foreign language and honors classes will be determined based on semester grades, test scores, and teacher recommendation; counselors will adjust those placements as needed after second semester grades and spring assessments are completed.**
- 3. The course selection form is to request courses. Every effort will be made to place students in their first choice classes but classes cannot be guaranteed.**
- 4. Only valid educational circumstances will allow a change once schedules have been distributed in August**

Folsom Cordova Unified Graduation Requirements

	credits per subject area	grade level	specific courses required
Social Science			
	30 credits	10	World Cultures
		11	U.S. History
		12	Government/Economics
English			
	40 credits	9	English 1
		10	English 2
		11	English 3
		12	English 4
Math			
	30 credits	9	
		10	Courses completed in this subject area will depend on math level of student. Although we encourage students to take math all four years, they are only required to take math through 11th grade AND through IM2
		11	
Science			
	20 credits	9	Biology
		10	Chemistry or Physics
World Language/VAPA/CTE	10 credits	9-12	Students may choose any class that falls into the World Language, VAPA or CTE subject area to fulfill this requirement
CTE/3rd Year of Science	10 credits	9-12	Students may choose any class that falls into the CTE subject area or take an additional science class above their required 20 science credits to fulfill this requirement
Physical Education			
	20 credits	9	Fitness 1
		10-12	Students may choose any course that falls into the PE subject area to fulfill their second year of PE requirement
Health	5 credits	10	Health/Drivers Education
Elective Credits	55 credits	9-12	Students may choose any course to fulfill their elective requirements

TOTAL MINIMUM CREDITS NEEDED TO GRADUATE = 220 credits

	Folsom Cordova USD graduation requirements by subject area	California State University minimum eligibility a-g requirements	University of California minimum eligibility a-g requirements
Social Science	30 credits World Cultures or AP World History U.S. History Government/Economics	a 20 credits World Cultures or AP World History U.S. History	20 credits World Cultures or AP World History U.S. History
English	40 credits English 1 English 2 English 3 English 4	b 40 credits English 1 English 2 English 3 English 4	40 credits English 1 English 2 English 3 English 4
Math	30 credits Integrated Math 1 Integrated Math 2 Third year of Math (Must enroll in math in the 11 grade)	c 30 credits Integrated Math 1 (Mathematics 1) Integrated Math 2 (Mathematics 2) Mathematics 3 or other advanced mathematics	30 credits/40 credits recommended Integrated Math 1 (Mathematics 1) Integrated Math 2 (Mathematics 2) Mathematics 3 or other advanced mathematics
Science	20 credits Life Science Physical Science	d 20 credits 2 Years lab science in two of three: Biological, Physical and interdisciplinary	20 credits/30 credits recommended 2 Years (three years recommended) of lab science in two of these four: biology, chemistry, physics and interdisciplinary. Must choose from "d" subject area
World Language/VAPA	10 credits Fine Art or World Language or CTE	e 20 credits Language other than English (must be the same language)	20 credits/30 credits recommended Language other than English (must be the same language)
CTE	10 credits: CTE or 3rd year of science	f 10 credits Visual and Performing Art	10 credits Visual and Performing Art
Elective Credits	55 elective credits	g None 10 credits Additional college preparatory electives	None 10 credits Additional college preparatory electives
Physical Education	20 credits	None	None
Health	5 credits	None	None

ALL COURSES MUST BE COMPLETED WITH A C- OR HIGHER

COLLEGE ENTRANCE REQUIREMENTS

California Community Colleges

(Two-Year Associate Degrees, Vocational/Certificate Programs, Transfer Opportunities) www.cccco.edu

Admission requirements: 1. Earn a high school diploma, or 2. Be eighteen years of age, or 3. Pass the California High School Proficiency Examination. Placement tests are required in Math and English.

California State University System (Undergraduate and Graduate Degree Programs)

<https://www2.calstate.edu/apply> Admission requirements: 1. Complete the 15 unit "a-g" subject requirements with 'C' grade or higher. 2. Attain a minimum 2.0 grade point average in the approved "a-g" subjects. 3. Meet the eligibility index, which includes the SAT Reasoning or ACT plus Writing exam scores.

University of California System (Undergraduate and Graduate Degree Programs)

www.universityofcalifornia.edu Admission requirements: 1. Complete the 15 unit "a-g" subject requirements with 'C' grade or higher. 2. Attain a minimum 3.0 grade point average.

Approved UC "a-g" High School Course List <https://admissions.ucop.edu/doorways/list/>

Courses taught at FCUSD comprehensive high schools that fulfill the UC/CSU requirements can be found online by entering the high school name at the above website.

Private Colleges and Universities

www.aiccu.edu www.californiacolleges.edu

Students meeting the U.C. admission requirements generally will meet the admission requirements of many California and out-of-state private colleges and universities. Refer to the specific institution's website and/or catalog for further details.

EXAMINATIONS

PSAT/NMSQT (PRELIMINARY SAT / NATIONAL MERIT SCHOLARSHIP QUALIFYING TEST) Students are provided the opportunity to take the PSAT test annually, and all juniors are encouraged to do so. The PSAT is administered only once a year on a date in October that is predetermined by the College Board. Cordova High School offers the PSAT each year. This test prepares students for the SAT Reasoning Test and is also used to qualify junior students for the National Merit Scholarship. Students will register for this test on campus through the Student Accounts office. You may find more information at www.collegeboard.com.

COLLEGE ENTRANCE EXAMS

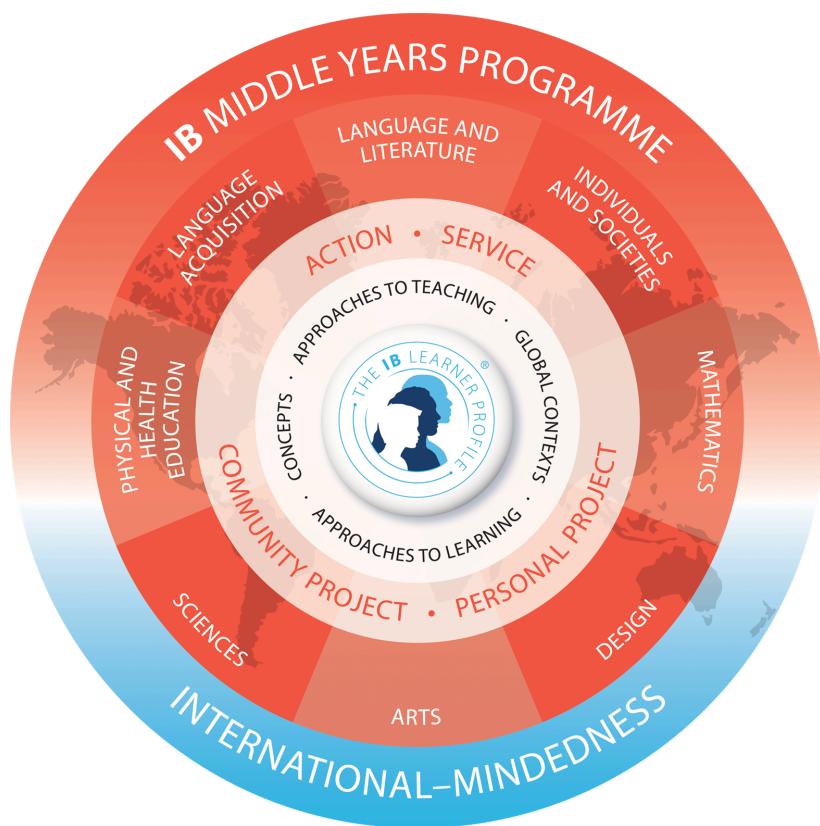
ACT and SAT Reasoning. Most colleges require scores from either the SAT or ACT for admission. These exams are offered on Saturdays throughout the school year at various high schools in the Sacramento area (from September to June). Check with specific colleges for the entrance exams they prefer or require. Beginning in 2012, the two Subject Tests will no longer be required for eligibility. However, some majors at some campuses may require a specific Subject Test. Students are encouraged to take these exams in the spring of junior year and/or early in the fall of senior year. Check with specific colleges for test date deadlines. Students must register for these exams directly with the test providers through mail-in registration materials in the counseling office or by registering online at the following websites: SAT: www.collegeboard.com ACT: www.act.org

The IB Middle Years Programme (MYP) Grades 6-10

The MYP is an educational framework that requires students to study in eight subject groups—language A (the student's best language, first language or mother-tongue), language B (an additional language), humanities, sciences, mathematics, arts, physical education, and technology—in each of the five years the programme lasts. The MYP can be offered in any language and can be combined with a national curriculum.

The model embodies three fundamental concepts: communication (valuing language acquisition in at least two languages), holistic learning (finding the connections across and within the subjects and grade levels), and intercultural awareness (a growing understanding of a student's own culture coupled with an understanding and appreciation of other cultures).

For more detailed information, please consult the relevant pages of the IB website: www.ibo.org





IB Programmes



- Intense honors route with 6 DP courses
- University bound



- Medical/ Patient Care pathway with 2 DP courses and 2 CP courses
- Professional skills

Sophomores can apply for the Diploma Programme or IB Career Programme in December or January of 10th grade.



Cordova High School
College and Career Pathways



JROTC, 9-12

- AFJROTC 100
- AFJROTC 200
- AFJROTC 300
- AFJROTC 400

CTE - Agriculture, 9-12

- Agriscience
- Ornamental Horticulture
- Forestry and Natural Resources

CTE- Business Technology, 9-12

- Business Marketing Concepts
- E Business
- Business Professionals and Finance
- Business Communications Technology

CTE - Engineering, 9-12

- Intro to Innovation and Product Design
- Product Innovation and Design
- Advanced Product and Innovation Design
- Electronics and Robotics

CTE - Construction, 9-12

- BITA 1 Residential Commercial Construction 1
- BITA 2 Study of Modern Craftsmanship
- Construction Management

CTE - Culinary, 10-12

- Foods and Nutrition
- Culinary Arts
- Catering Production

CTE - Media Production, 10-12

- Video Production 1
- Video Production 2

International Honors/IB Diploma Programme, 9-12

- Honors English
- Honors Social Science
- Honors Science
- Theory of Knowledge
- DP courses

CTE - Patient Care, IB Career Programme, 11-12

- Patient Care 1
- Patient Care 2
- Personal and Professional Skills 1
- Personal and Professional Skills 2

Visual and Performing Arts, 9-12

- Digital Art (CTE)
- Drama
- Drawing and Painting
- 3-D Design
- Ceramics
- Choir
- Orchestra
- Band
- Guitar

The IB Middle Years Programme is a school-wide programme for grades 9-10. This holistic and inquiry-based program fits into the schedule for students allowing them to take a foreign language and participate in a pathway.

CTE courses include opportunities for Career Technical Student Organizations (CTSO). All courses are FCUSD approved and may be subject to prerequisites. For more information [click here](#).

For more information on Cordova High School's Academies and CTE Pathways visit
chs.fcusd.org/academics/special-programs-and-academies

9TH GRADE MYP COURSE DESCRIPTIONS

LANGUAGE AND LITERATURE

Students must pass a minimum of 40 credits (4 years) to meet graduation requirements.

ENGLISH 1 (P)

Year-Long: 10 credits

Class Restriction: Grade 9

Prerequisite: Passing grade in English 8; qualifying standardized test and iReady reading scores.

Course Description: English 9 is a grade-level course designed to provide a comprehensive curriculum in English language arts with integration of the CA ELD Standards that were adopted by the SBE November 2012 (CDE 2014). This course calls for students to engage in a range of tasks (analyze, interpret, assess, integrate and evaluate, collaborate, adapt, apply) that require the critical thinking, problem solving and collaboration demanded of 21st century living and learning, with emphasis on meaning making, effective expression, content knowledge, and language development. Meets one year of CSU/UC English requirement ("b") and one year of the FCUSD English graduation requirements.

HONORS ENGLISH 1 (P)

Year-Long: 10 credits (this course does not earn a weighted grade point)

Class Restriction: Grade 9 Concurrent enrollment in Honors World Cultures is recommended.

Prerequisite: Grade of A or B in Honors English 8 or an A grade in English 8, qualifying standardized test and iReady reading scores, and signed parent/student contract letter.

Course Description: Honors English 9 is a combination of the first year required course for high school curriculum relating to the development of oral and written communication skills and a more advanced level of study. Reading, writing, listening, and speaking skills are emphasized through the critical interpretation of literature. Students will read and analyze literary works, gain and refine a more complicated voice in their essay writing, and develop the speaking and listening skills needed in discussion. While enrolling in Honors English 9 does not guarantee admission to DP classes, the more rigorous training in analytical reading and writing will prepare students for a more advanced level of curriculum. Honors English courses follow the same standard and curriculum plan as regular English courses. However, the rate, depth, and complexity of material differ; honors students will read more novels and literary works, and write and analyze with greater sophistication. Summer reading required. Meets one year of CSU/UC English requirement ("b") and one year of FCUSD English graduation requirements.

ENGLISH 100

Year-Long: 10 credits

Prerequisites: Placement by IEP determination based on individual performance levels and disability(ies).

Course Description: English 1 100 is the first year, required course for high school curriculum relating to the development of oral and written communication skills and designed for students with IEPs. This course is created to facilitate the SDC learner needing more accommodations and modifications made to the program to access the general education curriculum. A specific emphasis is placed on enhancing reading, writing, listening, and speaking skills through the critical interpretation of literature. Students will read and analyze literature, gain and refine a more complicated voice in their essay writing, and develop the speaking and listening skills needed in discussion. A Board-approved literature list constitutes the basis of student instruction in literature. Approved by the FCUSD Board of Education, the list sets forth all literature from which teachers will draw their literary curriculum. This class is for students on certificate track and will count for 10 elective credits, not ELA credits.

ENGLISH 1000

Prerequisites: Placement by IEP determination based on individual performance levels and disability(ies).

Course Description: The purpose of this course is to provide a Language Arts curriculum that is taught at a pace and level for the understanding and success of students served through special education. The emphasis of this course is to enhance knowledge in the areas of reading, writing, listening, and speaking. Students who are below grade level will receive small group instruction to develop skills in reading, writing, listening, and speaking. This course will be modified for each student's ability using state curriculum standards, CAA, and the student's functional level. Each student's Language Arts program will be designed to help students maximize their skills. Individual goals and objectives of students will be addressed to meet IEP goals and state standards using the CAA guidelines.

MATHEMATICS

***A grade of "C" or better demonstrates mastery of the math standards.
A "D" grade may not meet prerequisites for advancement to the next level.***

INTEGRATED MATH 1 FOUNDATIONS

Year-Long: 10 credits

Class Restrictions: Grade 9

Prerequisite: 9th graders who have a D or F in 8th Grade Course 3 at the middle school OR appropriate diagnostic test scores.

Course Description: Integrated Math 1 Foundations is designed for students who are not yet ready for Integrated Math 1. This is a non-college prep course designed to build the concepts and skills necessary for high school mathematics. Instructional time will focus on the following topics from the Common Core State Standards for Mathematics: ratios and proportional reasoning, operations with rational numbers, linear expressions and equations, linear systems, functions, and the Pythagorean Theorem. After successful completion of this course, students can enroll in Integrated Math 1. This class meets one year of the FCUSD math requirements for graduation but does not meet a college prep math requirement ("c") for the CSU/UC.

INTEGRATED MATH 1 FOUNDATIONS (10)

Year-Long: 10 credits

Class Restrictions: Grade 9 with IEP

Course Description: Integrated Math 1 Foundations (10) is designed for students who have an Individual Education Plan (IEP) and are not yet ready for Integrated Math 1 or Integrated Math 1(10). This math course will be taught with a reduced student to teacher ratio and by a highly qualified credentialed special education instructor. Placement in this course is determined by an IEP. This is a non-college preparatory course designed to build the concepts and skills necessary for the high school Integrated Mathematics 1 course or Integrated Mathematics 1 (10) course. Students will use problem-solving strategies, questioning, investigating, critical analysis, and the gathering and construction of evidence, throughout the course. Students' communication of arguments to justify their thinking is another critical component. Under teacher guidance, students learn through collaboration with others while sharing information, expertise, and ideas. This class does meet one year of the FCUSD math requirements for graduation but does not meet a college prep math requirement ("c") for the CSU/UC.

INTEGRATED MATH 1 (P)

Year-Long: 10 credits

Class Restrictions: None

Prerequisite: 9th graders who have completed Course 3 with a passing grade at the middle school; or received a D or F in Integrated Math 1 (and are repeating the course), or have the appropriate diagnostic test scores.

Course Description: Math 1 is an integrated math course designed to formalize and extend the mathematics that students learned in the middle grades. The standards are based on the Common Core State Standards for Mathematics and include topics from the conceptual categories: Number and Quantity, Algebra, Functions, Geometry, and Statistics and Probability. Instructional time will focus on six critical areas: (1) extend understanding of numerical manipulation to algebraic manipulation; (2) synthesize understanding of function; (3) deepen and extend understanding of linear relationships; (4) apply linear models to data that exhibit a linear trend; (5) establish criteria for congruence based on rigid motions; and (6) apply the Pythagorean Theorem to the coordinate plane. This class meets the Algebra FCUSD graduation requirement and meets one year of the CSU/UC college prep math requirement ("c").

INTEGRATED MATH 2 (P)

Year-Long: 10 credits

Class Restrictions: None

Prerequisite: Completion of Integrated Math 1 with a grade of B or better in all trimesters (or semesters) and appropriate diagnostic test scores.

Course Description: A two-semester, college preparatory course in plane geometry with a transformational approach to the axiomatic structure of mathematics. Geometry develops the concepts of logic and mathematical proof. Geometric applications are discussed. Algebra is integrated and reinforced throughout the course. This class meets the Geometry FCUSD graduation requirement and meets one year of the CSU/UC college prep math requirement ("c").

TWO YEAR INTEGRATED MATH 1 (10)

Prerequisite: Placement by IEP determination based on individual performance levels and disability(ies).

Course Description: Two Year Integrated Math 1 (10) is an integrated math course that will be taught over a two year time period. Year 1 is designed to formalize and extend the mathematics that students learned in the middle grades and to provide additional support in developing foundational skills not previously mastered. The standards are based on the Common Core State Standards for Mathematics and include topics from the conceptual categories: Number and Quantity, Algebra, Functions, Geometry, and Statistics and Probability. Instructional time will focus on six critical areas: (1) extend understanding of 5 numerical manipulation to algebraic manipulation; (2) synthesize understanding of functions; (3) deepen and extend understanding of linear relationships; (4) apply linear models to data that exhibit a linear trend; (5) establish criteria for congruence based on rigid motions; and (6) apply the Pythagorean Theorem to the coordinate plane.

MATH 100

Year-Long: 10 credits

Prerequisite: Placement by IEP team decision based on individual performance level and disability (ies). This class is for students on certificate track and will count towards elective credits, not math credits.

MATH 1000

Prerequisite: Placement by IEP determination based on individual performance levels and disability(ies).

Course Description: The purpose of this course is to provide a math curriculum that is taught at a pace and level for the understanding and success of students served through Student Support Services. The emphasis of this class is to enhance knowledge of money sense, practical time, addition, and subtraction of integers. Students that are below grade level will receive small group instruction to develop skills in basic operations as well as problem solving. This course will be modified for each student's ability using state curriculum standards, CAA, and at the student's functional level. Individual goals and objectives of students will be addressed to meet IEP goals and state standards using the CAA guidelines.

INDIVIDUALS AND SOCIETIES

WORLD GEOGRAPHY (P)

Year-Long: 10 credits

Class Restriction: Grade 9

Prerequisite: None

Course Description: The World Geography course is designed to teach students the different facets of our world from the physical to the cultural. Students will be able to identify the five themes of geography which include regions, locations, places, movements, and human environment interaction. They will learn how to use maps, projections, charts, and diagrams. Students will learn about climate and ecosystems and how that interrelates to human culture. Students will understand the cause and effect relationship of resources upon population, hunger, and the environment. Students will also examine a variety of cultures in the world such as clothing, food, religion, and language as we tour each continent. This class meets an FCUSD elective requirement for graduation and one year of the CSU/UC college prep history/social science requirement ("a").

HONORS WORLD CULTURES (P)

Year-Long: 10 credits (this course does not earn a weighted grade point)

Class Restriction: Grade 9 Concurrent enrollment in Honors English is recommended. **Prerequisite:** At least a 'B' grade in 8th grade Social Studies course or a recommendation from your last Social Studies teacher

Course Description: This is a one year Middle Years Program (MYP) course that is meant to prepare students for the depth of knowledge and skill required to be successful in the International Baccalaureate (IB) Diploma Program (DP). Students will take a journey to the past and explore the different people, cultures, and ideas that built the foundation of modern society. We will evaluate current events and explore their historical roots. We will experience history from multiple perspectives, engage in respectful exchanges of ideas, and be encouraged to go from being history students to history-makers! We will develop our skills as historians by learning content, inquiring into and evaluating primary and secondary sources, communicating arguments with evidence in different ways, and developing an effective critical thinking process. This class meets the FCUSD World Cultures graduation requirement and one year of the CSU/UC college prep history/social science requirement ("a").

SCIENCES

BIOLOGY THE LIVING EARTH (P)

Year-Long: 10 credits

Grade Restriction: Grades 9 & 10

Prerequisite: Concurrent Enrollment in Integrated Math 1 or Integrated Math 1 Foundations **Course**

Description: Biology is the first course in the California Next Generation Science Standards (CA NGSS) Three Course Model. In this course, students will explore concepts related to the interactions within ecosystems, energy dynamics, photosynthesis and cellular respiration, history of the earth's atmosphere, natural selection, inheritance of traits, structure and function of organisms, system stability and response to change. Students should learn an appreciation for all living things and the critical importance of maintaining the delicate balance required of all living things to interact and live successfully. Meets a UC/CSU college prep lab science requirement ("d") and FCUSD graduation requirement for Life Science.

HONORS BIOLOGY (P)

Year-Long: 10 credits

Grade Restriction: Grade 9 (Does not earn a weighted grade point)

Recommended Prerequisites: Suggested Grade of B or better in previous science course or teacher recommendation. Concurrent enrollment in Integrated Math 1 or higher.

Course Description: Honors Biology is a rigorous, college-prep, laboratory science class designed to prepare students for success in upper level advanced college level science courses. The course is based on the CA Next Generation Science Standards and includes the Disciplinary Core Ideas related to Life Science and integrates a selection of the Earth and Space Science concepts. This course also incorporates the eight Science and Engineering Practices and seven Crosscutting Concepts related to the NGSS. Honors Biology progresses at a rapid rate, and has more application expectations than Biology. Students taking Honors Biology will explore amplified and enriched Biology concepts related, but not limited to: the interactions within ecosystems, energy dynamics, photosynthesis and cellular respiration, history of the earth's atmosphere, natural selection, inheritance of traits, structure and function of organisms, system stability and response to change. Elements of critical thinking are required of students throughout the course. Meets a CSU/UC college prep lab science requirement ("d") and a FCUSD graduation requirement for Life Science. It is strongly recommended for students considering IB science courses.

AGRISCIENCE 1 (P)

Year-Long: 10 credits

Grade Restriction: Grades 9 & 10

Course Description: The Science of Plants and Animals introduces students to the foundational biology and ecology principles through the lens of agricultural science. Utilizing a micro to macro progression, this course explores plant and animal biology, ecology, and genetics, integrating scientific and agricultural perspectives to provide a comprehensive understanding of living systems and their interactions. Students will investigate everything from cell biology and energy dynamics to taxonomy, animal nutrition, and regenerative practices. With hands-on labs, field studies, and projects, students will apply biological science to real-world agricultural contexts, enhancing their understanding of sustainable practices, resource management, and the role of agriculture in society. This course also introduces the National FFA Organization (FFA), providing opportunities for leadership and skill development in agricultural pathways. Satisfying biology credit requirements, Agriscience 1 serves as the entry point into the Agriscience Pathway, equipping students for advanced study in agricultural biology and careers in the field.

LANGUAGE ACQUISITION

Each of these courses meets one year of the FCUSD FA/FL/CTE graduation requirement and one year of a CSU/UC college prep Language Other than English (LOTE) requirement (“e”).

FRENCH 1 (P)

Year-Long: 10 credits

Prerequisite: None

Course Description: French 1 is an introduction to the language of the French-speaking world. It includes the four skills of language learning: understanding, reading, speaking, and writing. A special focus is placed on understanding and speaking. With the text, audio program, workbooks, videos and the standardized testing program, each student has the opportunity to gain basic mastery of everyday French that enables the student to survive in a French speaking environment.

SPANISH 1 (P)

Year-Long: 10 credits

Prerequisite: None

Course Description: Spanish 1 is an introduction to the language and culture of the Spanish-speaking world. It includes the four skills of language learning: understanding, reading, speaking, and writing. A special focus is placed on understanding and speaking. Using the text, audio program, videos, workbooks, the standardized and teacher-prepared testing program, each student has the opportunity to gain basic mastery of everyday Spanish that enables the student to survive in a Spanish-speaking environment.

SPANISH 2 (P)

Year-Long: 10 credits

Prerequisite: C- or better in Spanish 1 or Teacher approval

Course Description: Spanish 2 completes the introduction to the language and culture of the Spanish-speaking world. The four skills of language learning are again stressed: understanding, reading, speaking, writing, with a focus on understanding and speaking. Through the use of text, workbook, video and audio, each student has the opportunity to gain basic mastery of everyday Spanish and to learn skills that will enable him/her to function in a Spanish-speaking environment.

SPANISH FOR SPANISH SPEAKERS 1(P)

Year-Long: 10 credits

Prerequisite: Native or Heritage speaker of Spanish and/or Spanish speakers placement test

Course Description: The Spanish for Spanish Speakers course is for native and heritage speakers of Spanish. The course is conducted entirely in Spanish, designed to help students acquire the literacy skills to be effective bilingual or multilingual communicators by engaging them in thoughtful writing, reading and discussion. Because the course is designed to integrate thinking, reading, writing and speaking, students will become aware of Spanish language mechanics and deepen their communicative abilities in Spanish. Students will learn skills necessary to conduct research, deliver an original speech, and write on demand with an awareness of structure, organization, mechanics and word choice in Spanish.

PHYSICAL AND HEALTH EDUCATION

Physical education students dress daily in a gym uniform. Uniforms are sold at the campus student store. All classes will practice and evaluate fitness, flexibility, strength, and endurance, in addition to skills and participation in individual class activities. Fitness I is a graduation requirement. Approximate cost for a PE uniform is \$25.00.

FITNESS I

Year-Long: 10 credits

Class Restriction: Grade 9

Prerequisite: None

Course Description: Fitness I will provide the foundation for high school physical education instruction. Students will acquire skills, knowledge, and attitudes of positive self-image, sportsmanship, and social skills through participation in a wide variety of activities. Students are required to take the California Fitnessgram Tests.

HEALTH AND SCIENCE 1000

Prerequisite: Placement by IEP determination based on individual performance levels and disability(ies).

Course Description: Students will be acquainted with movement knowledge, self-image, personal, and social development.

VISUAL AND PERFORMING ARTS

***All courses in this department meet the Fine Arts requirement (FA/FL/CTE) for high school graduation, as well as a CSU/UC “f” requirement as a Visual and Performing art.**

CERAMICS 1 (P)

Year-Long: 10 credits

Class Restrictions: None

Prerequisite: None

Course Description: The course is designed to expose students to using clay as an art form. An emphasis is placed on creativity and originality in solving the problems of working with clay. Students will learn to form pinch, coil, slab, sculpture, and wheel-thrown pottery. Students will also acquire knowledge of the historical and cultural development of Ceramics. In addition to classroom projects, a sketchbook and notebook will be required. Students purchase shop cards for consumable materials as needed.

DRAWING/PAINTING 1 (P)

Year-Long: 10 credits

Class Restrictions: None

Prerequisite: None

Course Description: Drawing and Painting 1 is a fine arts course designed as an introduction to drawing, painting and printmaking techniques using a variety of materials. Students will explore art through discussion, viewing works from a variety of cultures and the completion of hands-on projects. Students purchase shop cards for consumable materials as needed.

THREE-DIMENSIONAL DESIGN 1 (P)

Year-Long: 10 credits

Class Restrictions: None

Prerequisite: None

Course Description: The course is designed to expose students to a variety of three-dimensional art techniques and mediums. An emphasis is placed on creativity and originality in solving the problems of working with a broad range of materials. Projects include but are not limited to sculpture, collage, paper-mâché, printmaking, jewelry, bead making, stained glass, gourd art, fiber art and mixed media. Students purchase shop cards for consumable materials as needed.

DIGITAL ART 1 (P)

Year-Long: 10 credits

Class Restrictions: None

Prerequisite: None

Course Description: Digital Art 1 is a one-year introduction to the digital media as art-making tools. This course focuses on the creation of art works using a combination of traditional and digital media. Computer technologies such as image editing, graphics and natural media software, graphic tablets, digital cameras, and scanning devices are used as tools for students to acquire and strengthen skills in applying design principles and art elements. Students will explore photography, digital illustration and painting, with an emphasis on effective visual communication of ideas through the use of art elements and principles. Sequential curriculum is designed to acquaint students with industry level programs and challenge students to make aesthetic decisions based on solid design principles. Students will become adept at understanding art from the past as well as other cultures in order to give depth to their own creative expression. Digital arts skills required by business and industry will be addressed as well as works of contemporary artists who have ventured into the digital realm. Additional topics integrated throughout the course will include career standards such as basic communication and interpersonal skills, problem

solving, workplace safety, and technology and employment literacy. Subject Area: Career and Technical Education, Visual and Performing Arts

DRAMA 1 (P)

Year-Long: 10 credits

Class Restrictions: None

Prerequisite: None

Course Description: Drama I is an introductory theatre class. We will be studying theatre not only from an actor's perspective, but we will also be studying the many diverse aspects of theatre production such as theatre history, set design, lighting, costuming, make-up, script writing, script analysis, and directing. Emphasis will be on improvisation, scene work and monologue work. students will work in groups, pairs and solo.

INTRODUCTION TO TECHNICAL THEATRE (P)

Year-Long: 10 credits

Class Restrictions: None

Course Description: This course is designed to introduce students to technical and design elements in the field of theatre. Students will learn the skills and concepts associated with the technical elements of theatre including: lighting, sound, set design, stagecraft, costuming and production management. Students will experience all aspects in each design area including script analysis, research, design and implementation. Students will create a professional portfolio which includes sketches, annotated research and pictures of completed design projects.

CONCERT CHOIR (P)

Year-Long: 10 credits

Class Restrictions: None

Prerequisite: Basic knowledge of music and a general interest in singing.

Course Description: This is an intermediate level participatory course. Students will prepare and perform a variety of choral repertoires. Rudimentary music reading skills are required. Emphasis will be given to improving personal and group musicianship, vocal technique, diction, and basic music theory. Several concerts and music festival performances are used to meet class goals. Throughout the year, students are expected to participate in fundraising activities.

CHAMBER CHOIR (P)

Year-Long: 10 credits

Class Restrictions: One year of choir or teacher recommendation

Course Description: Emphasis will be placed on improved ensemble singing skills such as pitch matching, tone production, reading rhythms and ear training. Students will be required to attend one local performance during the year as audience members. Course requirements include many performances and concerts outside of the regular school day.

CONCERT BAND (P)

Year-Long: 10 credits

Class Restrictions: None

Prerequisite: Must be able to play piano or band instrument.

Course Description: This course is designed to provide opportunities for students to participate in concert band and music acquisition skills needed for satisfactory individual performance. Emphasis is

placed on developing advanced level proficiency in the fundamentals of musicianship. Throughout the year, students are expected to participate in after-school activities (i.e., rehearsals, parades, field trips, festivals, concerts, football games, public performances and fundraisers.)

COLOR GUARD (will be scheduled as Concert Band)

Year-Long: 10 credits

Class Restrictions: None

Prerequisite: None

Course Description: Color Guard is the only CHS performing group that combines equipment with dance. In the fall, Color Guard is the essential visual interpretation of the Marching Band's music. Together, they perform in football halftime shows, parades, rallies, and competitions. In the Spring semester, the focus shifts to more dance-oriented performances. Throughout the year, students are expected to participate in after-school activities (i.e., rehearsals, parades, field trips, festivals, concerts, football games, public performances and fundraisers.)

GUITAR (P)

Year-Long: 10 credits

Class Restrictions: None

Prerequisite: None

Course Description: Guitar is a performing arts class where the emphasis is on learning how to play the guitar. Students will study the many styles and techniques that are found in guitar playing. Students will learn how to read music notation, guitar tablature, play chords, accompany other musicians, as well as improvise. Students will also learn applicable music theory and beginning skills that are required in becoming a successful guitarist. Students will be able to further grow and explore through the guitar curriculum by performing in small ensembles. In class guitars are provided!

JAZZ BAND (P)

Year-Long: 10 credits

Class Restrictions: None

Prerequisite: Recommended to be concurrently enrolled in band or orchestra.

Course Description: This course focuses on the principles of jazz performance needed for group levels. Students are expected to learn some theory. Throughout the year, students are expected to participate in after-school activities (i.e., rehearsals, festivals, concerts, performances and fundraisers.) Performance is an important part of the grade, as is participation in jazz festivals and concerts. Regular attendance is required.

ORCHESTRA (P)

Year-Long: 10 credits

Class Restrictions: None

Prerequisite: Previous experience on an orchestral string instrument required.

Course Description: This course provides the student with an opportunity to expand the fundamentals of technique, musical notation, rhythm, and tone production on string instruments. In addition to theory and application, orchestra students are expected to participate in festivals, concerts, and fundraisers. Students are expected to attend all scheduled orchestra and sectional rehearsals after school. Performance is an important part of the grade.

DESIGN/CTE

All courses in this section meet an FCUSD FA/FL/CTE graduation requirement.

BUSINESS COMMUNICATIONS TECHNOLOGY (P) (CTE)

Year-Long: 10 credits

Class Restriction: None

Prerequisite: None

Course Description: Students in this course will develop an understanding of numerous useful life skills including, personal finances, global business concepts, banking, employment skills, career and college planning, problem solving and communication techniques. Students will develop skills in software applications, online mediums, and realize their potential within future careers. This includes Microsoft Office, Google Drive, and self-assessment programs to help students create a successful future. Business Communications Technology is a perfect course for ALL freshmen and especially students interested in computers, owning a business, and/or preparing for college. This class counts for FCUSD CTE/elective credits and meets a college prep (a-g) College Preparatory Elective requirement..

BITA 1 RESIDENTIAL COMMERCIAL CONSTRUCTION (P) (CTE)

Year-Long: 10 credits

Class Restriction: None

Prerequisite: None

Course Description: Students are introduced to construction and home building technology and its use in industry through a variety of experiences. Design, planning, and manipulative activities will be an integral part of the course. Safety, in the use of hand tools and power equipment, is emphasized throughout the course. All Students benefit from this course regardless of their respective learning styles, learning rates, or gender. This class counts for FCUSD CTE/elective requirements and meets a college prep (a-g) College Preparatory Elective requirement.

INTRODUCTION TO PRODUCT INNOVATION AND DESIGN (P) (CTE)

Year-Long: 10 credits

Class Restriction: Grade 9

Prerequisite: None

Course Description: This course applies the principles of design to problem solve and create a series of unique products. This course will provide an introduction to tools, materials, and maker culture. Students will learn how the available tools function and utilize a variety of software programs to communicate with the 3D printer and laser cutter. The Cordova Makerspace is a place for students to develop creative solutions to authentic challenges and real-world problems. Students will learn design thinking and explore making with both physical and digital materials. Students will earn A-G (VAPA) visual and performing arts credits as well as (CTE) career and technical education credits towards graduation. Introduction to product Innovation and Design articulates with the American River College course: Design Tech 100 (DT 100). Students need to submit an electronic portfolio (which is judged by ARC staff) in order to get college credit.

ELECTIVES

AEROSPACE SCIENCE AND LEADERSHIP (AFJROTC)

Year-Long: 10 credits

Class Restriction: None

Prerequisite: None

Course Descriptions: Aerospace Science and Leadership Aerospace Science 100: A Journey into Aviation History. This is an aviation history course focusing on the development of flight throughout the centuries. It starts with ancient civilizations, then progresses through time to modern day. The emphasis is on civilian and military contributions to aviation; development, modernization, and transformation of the Air Force; and a brief astronomical and space exploration history. It is interspersed with concise overviews of the principles of flight to include basic aeronautics, aircraft motion and control, flight power, and rockets. Throughout the course, there are readings, videos, hands-on activities, and in-text and student workbook exercises to guide the reinforcement of the materials.

ETHNIC STUDIES (P)

Semester-Long: 5 credits

Prerequisite: None

Course Description: This Ethnic Studies course is designed to develop an understanding of how race, ethnicity, nationality, and culture have shaped and continue to shape individuals and society in the United States. The course prepares students to participate in concurrent or subsequent social studies and literature courses with a solid understanding of historical trends and historical thinking. This course is designed to provide students with the knowledge to achieve an understanding of and an appreciation for the various cultures in their community. The focus is around the experiences of African Americans, Asian Americans, Latinos/as, and other racialized peoples in the United States. Students will be engaged in both intellectually and emotionally rigorous content constructed around issues of ethnicity, identity, service, 1 and social justice. Students will research and examine how 20th Century events reveal power, privilege, ethnocentrism, systemic oppression, and cultural hegemony that influence their individual experiences into the 21st Century

YEARBOOK

Semester-Long: 5 credits

Prerequisite: None

Course Description: This course will provide students with an opportunity to explore the field of journalism and technology through the creation of a high school yearbook. The course offers instruction and practice in copywriting, editing, proofreading, human interest stories, headline writing, page design, page layout, business management, advertising, and photography.

Beginning ELD, English Language Development 1 and 2

Year-Long: 10 credits

Class Restriction: None

Prerequisite: EL Placement Test, Edmentum Reading Scores, and ELPAC Scores

Course Description: This class is designed for beginning English students who are new to this country. It focuses on increasing students' English skills in the areas of speaking, listening, reading, and writing. The class emphasizes language acquisition through the improvement of reading, writing, speaking, and listening skills, by specifically addressing foundational reading skills, including phonemic awareness, phonics, and high frequency words. ELD classes count for FCUSD Elective credit and are taken in conjunction with a grade level English class.

English Language Development 1

Year-Long: 10 credits

Class Restriction: None

Prerequisite: EL Placement Test, Edmentum Reading Scores, and ELPAC Scores

Course Description: This course is designed to further develop English oral (listening and speaking) and written (reading and writing) skills. Students will demonstrate understanding of phonics, vocabulary development, word analysis, reading fluency, reading comprehension, writing conventions, grammar, in addition to literary analysis. ELD classes count for FCUSD Elective credit and are taken in conjunction with a grade level English class.

English Language Development 2

Year-Long: 10 credits

Class Restriction: None

Prerequisite: EL Placement Test, Edmentum Reading Scores, and ELPAC Scores

Course Description: This course is designed to further English skills in phonics, high-frequency word acquisition, listening, speaking, word analysis, reading fluency, reading comprehension, writing conventions, literary response and analysis.

ELD classes count for FCUSD Elective credit and are taken in conjunction with a grade level English class.

ADVANCEMENT VIA INDIVIDUAL DETERMINATION (AVID)

Year-Long: 10 credits

Class Restriction: Enrollment in a college prep course of study.

Prerequisite: Application and interview required; approval of AVID coordinators.

Course Description: Students will focus on transitioning to high school life and improving the academic skills necessary for completing college preparatory classes. Students will develop writing, inquiry, collaboration, organization and reading skills. Students will also participate in activities designed to foster problem solving and strengthen math skills. Twice each week students will work in teams during tutorial sessions so that they can have a better understanding of the material in their core classes. Guest speakers, cultural field trips, and college trips will be used to help students explore career and college options.