



YOUR PATH TO WELLNESS BEGINS HERE

JOIN THE FRESHWATER WELLNESS PROGRAM & EARN UP TO \$250

How It Works:

Age Gage (Health Risk Assessment) = \$50

Start the new year by taking the annual Age Gage health assessment. Learn valuable information on your health strengths, lifestyle habits, and at-risk conditions.

Measure Up (Biometric Testing) = \$50

Available onsite or via a physician form. Screenings are accepted from January 1, 2025 through December 15, 2025.

Wellness Activities & Challenges = \$150

Earn another 150 points by engaging in the programs that mean the most to you and your wellness journey.

Cash Incentives

Participate and complete activities by **December 15, 2025**, to earn up to \$250. Incentives are paid in Quarter 1 of 2026.

Eligibility

Incentives are available to employees enrolled in a Sourcewell Health Plan.



Get Started Today:

- Register at sourcewell.wellright.com or via the WellRight mobile app.
- Simply click 'Register' and complete the form.

Scan the code with your phone's camera to register or sign into your account.