The Phoenix 2023-2024

Cover art by Alvina Zheng

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Thank You to the Manhasset Staff

The Phoenix would like to thank the teachers and administrators who have supported our efforts and helped to foster the creative spirit of Manhasset Secondary School.

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Mr. Richard Roder, Principal Dr. Joseph Owens, Coordinator of Extracurricular Activities and Coordinator of Fine and Performing Arts Dr. Rebecca Chowske, Coordinator of English Language Arts

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The Phoenix Staff

Daniella Dell'Aquila

I'm Daniella, and I'm the Editor-in-Chief, although I wouldn't say I'm the "Chief" of anything; we have worked as one team all year and I'm so proud of the edition we put together once again. While I will be attending Vanderbilt University next year and I'll have to say goodbye to the Phoenix, I am confident that the club will continue to grow and thrive! I look forward to seeing the beautiful work that will be created in years to come.

Isabella Falcone

Hi! I'm Isabella, and I'm the Phoenix Magazine's Art Editor. This is my last year in the Phoenix, as I will be attending Duke University in the fall. While I obviously have a love for the arts, I've had a love for writing as well ever since I was little. I'm so grateful for the Phoenix and the amazing people I've gotten to know during my time here! I will definitely miss this club and its snacks. Wishing the best of luck to the Phoenix this upcoming school year!

Siri Craven

I'm Siri, and I'm the Literary Editor for the Phoenix. I've been invested in creative writing ever since I was a child, and the Phoenix has helped me to share this passion with others. Through poetry I've been able to communicate with others, as well as myself. I've loved getting to know all the younger members and work on their writing with them, and I know they will continue to find liberation through this club in the coming years. I will be attending Amherst College in the fall, where I hope to continue creative writing.

Editor's Note

George Orwell, the author of *Animal Farm*, which I read, and *1984*, which I partially read and faced outwards at coffee shops to make myself seem mysterious and intellectual, once said that "good writing is like a windowpane." I take this to mean that writing, and the arts in general, allow the public a glimpse of the reality in which the artist lives. Over the past few years that I have had the privilege of contributing to *The Phoenix*, I and many others have put together a collection of voices that made up that year's student body, and no two editions were the same.

My first interaction with the Phoenix was not when I officially joined the club in high school, but in 6th grade. A family friend was that year's editor-in-chief, and my mother, trying to encourage me to learn about the school I'd be entering, arranged for me to sit in on a meeting. I had no clue what was going on, or what the meeting was for, except that the club was discussing entries for the magazine while my microwave macaroni and cheese was waiting for me at home. I don't remember anyone's name, but I do recall the pieces that were shared.

The students in this year's edition and the students from six years ago are linked by their work; both wrote about difficult classes and shared their dreams, and both drew and painted fan-art of their favorite characters, although perhaps from different shows. At the same time, their contributions are distinctly different. The students in this year's edition watched their elementary graduations over a computer screen, and the students six years ago got to hear Beyoncé and Jay-Z's first joint album.

The world we live in is constantly changing, just as our student body is constantly growing and leaving and starting anew; yet, every year there is an edition of the Phoenix, and every year there is a place in the library—with snacks—for young artists and writers to share their ideas in a community that welcomes them with open arms. This is largely thanks to the tireless efforts of our biggest cheerleaders: our teachers. Mr Novak and Mrs. Pelfrey-Kennedy are endlessly supportive and always willing to lend a hand or an ear; they keep us on track and ensure smooth sailing. Dr. Chowske and Dr. Owens are the backbone of our creative department, and we cannot thank them enough for their diligence in celebrating our students' work.

If I could leave one piece of advice for the artists and writers, or the people who would like to be artists and writers, or even the people who hate art and writing, it would be this: find your Phoenix. Not literally, as there certainly isn't enough room in the library for everyone at once, but a Phoenix as in the place where you feel comfortable enough to create. It could be a room, or an open field, or a group of people, as long as it supports your creativity; Michelangelo had to stand on a ladder to paint the Sistine Chapel. You'd be surprised at the quality of art that comes from a feeling of being free to share it.

Best Wishes,

Daniella Dell'Aquila

Editor-In-Chief 2023-2024

The Karie Sit Art and Writing Contest



Karie Sit was a beloved member of Manhasset High School and was part of the class of 2015. *The Phoenix* was her favorite club, where she enjoyed expressing herself through creative writing. Her compassion and creativity continues to inspire others. Karie's last piece was a touching requiem that was the basis for the 2016 edition of this magazine.

After her passing, the Karie Sit Award was created in order to encourage other writers and artists to see the same beauty in self-expression that she did. *The Phoenix* is incredibly grateful for the Sit Family's continued support for this contest, and will continue to honor her memory through promoting creativity in art and writing at Manhasset.

Every year, the staff of *The Phoenix* chooses a theme for the contest. One writer and one artist in the high school and middle school categories are selected as winners. This year's choice was "Down the Rabbit Hole". We are honored to announce Alvina Zheng and Lillian Xie as the winning high school and middle school artists, whose works are on the front and back covers, respectively, and Leo Chan and Blair Bi as the winning high school and middle school writers.

Karie Sit Contest Middle School Writing Winner *Girlworld* Blair Bi

The girl prays to be thin She preys on her own body Watching the skin tighten around her bones Day by day She smiles, satisfied.

She consumes nothing but herself The dinner on the table has an irresistible allure She devours and purges at the holy pond of her bathroom

The voice says to skip another meal She obliges, teary eyed and shaky Knowing she must break the habit today Else the cycle will repeat forever

She falls deep into the madness, Chaos and tumult yet to come She spirals into the fathomless Rabbit hole.

Karie Sit Contest High School Writing Winner Down and Through the Rabbit Hole Leo Chan

Where fantasy lies, the truth of reality unfolds. Through beliefs of demise and homes anew A mysterious place, known by a few.

Feelings of distress and a glimpse through the past,No longer lets me rest.A dream so vivid, so unforgettable, so unfortunate---adieu.Falling through my restless dreams, anew.

This rabbit hole, Inescapable, true.

Through twisting tunnels, secrets weave. laughter rises, as to deceive. Awake for sure, or a lucid dream? A belief so stubborn, unable to leave. Cries of distress and language none can express. Treatment inhumane.

Cost of my envisions, unable to be sustained.

Heaving breaths and an agitated thought. Known for sure, the truth of my belief. Incoherent and unbelieved.

In the heart of this rabbit hole A truth and lie embrace, Entwined in this messed up place. The threads of this dream, a story never to be known. Never do I ever want to wake up from this rabbit hole.

The Recount of a Struggling Sophomore Catherine Abrams

I hate chemistry.

I hate the way I can't understand it, And the way I can't make its puzzle pieces fit, I hate the big fat "B" plastered on my paper, Because I didn't know the difference between solid and vapor.

Whenever I see that ugly test, Sitting all pretty on my desk, I can't help but cry, As I recount the way my brain fried.

Trying to study is no use, Chemistry is mental abuse, And I wish I could go back to earth science, Where my brain and I were in compliance. Yet I'm here stuck in room one hundred and twenty, As my mind begins to empty. And I think about how much I hate chemistry,

And how much chemistry hates me.

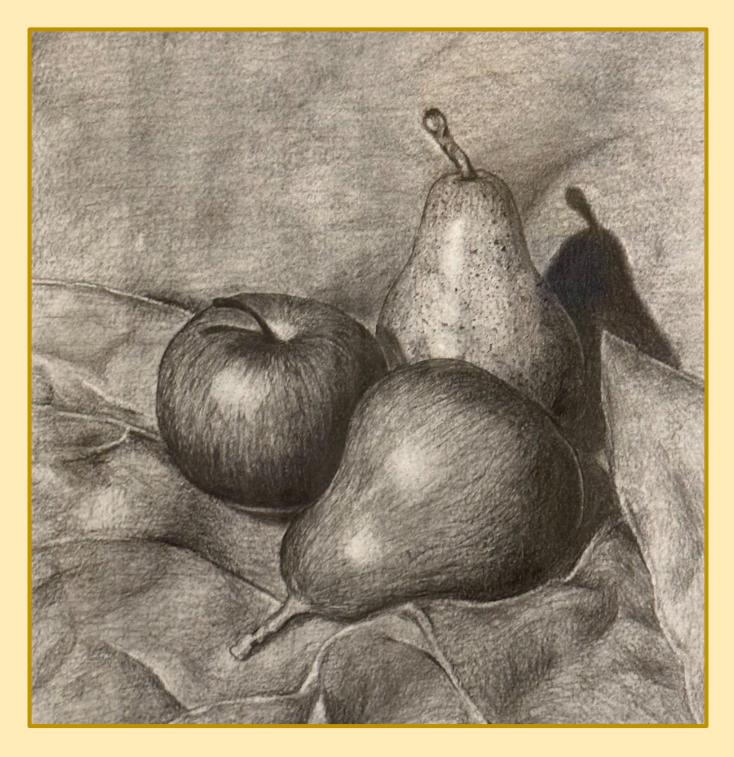
In the Garden Daniella Dell'Aquila



Forget Me Not Leila Altamura

Forget me not On nights like these Where I don't love myself Forget me not On days I don't feel like myself Forget me not On nights where I cry Forget me not When I have this ongoing battle in my head Forget me not As I am the one who messed up Forget me not As I look at you from across the room Forget me not When the anxiety attacks are too much to bare Forget me not When the thought of being Close To you fears me Forget me not When I am close to you Forget me not When I start to stutter stutter stutter Forget me not.

Still Life of Apple and Pears Siri Craven



Second Place Mia Andel

Families in fancy attire take to their seats to honor the girl whose prose and rows of carefully thought out words flow like the songs of birds. Why don't my words sound like that?

I look down at the cacophony of sloppy sentences which lay in my lap, hidden from the shame of not sharing the fame which she gets to claim. She makes an intelligent quip, forms a sly smile, the audience erupts for the first time in a while. Why didn't I think of that joke?

I ransack the files of my exhausted mind,

consumed with a tumor that rids me of her humor.

The kind that engenders envious eyes and the surprised remarks of "Wow she's bright!" Why am I so dull in comparison?

She crafts her sentences with the precision of Pygmalion perfecting his Galatea while I lay as the puddle of wax which partnered the privations of Icarus.

Only I never got to see the sun.

She's harnessed its immensity while I lay buried in the sea of propensity to be just average.

The first to lose, the first they forget, and the last they envy.

Why did I have to come in second?

Flowers in Black and White Alyssa Seng



Allergies Olivia Aversano

I'm a Girl Scout who can't eat Girl Scout cookies. I remember sitting with my troupe at eight years old in front of my town's convenience store. Wearing my green vest decorated in pins, I was barely visible behind a tall stack of cookie boxes. A passing pedestrian asked me to recommend my favorite cookie. I looked up at her, caught. The familiar but threatening label on the package, "manufactured in a shared facility with..." prevented me from ever enjoying the famed cookies. If I dared to eat a Thin Mint or Tagalong, I would descend into a severe allergic reaction.

I was born with a life-threatening peanut allergy. I am forced to confront my fear of death three times a day, whenever I sit down for a meal. If I touch a peanut-based product, I break out into sweltering red hives. Even the faint smell of peanut butter triggers an intense bout of nausea. I feel like a strange superhero with the ability to smell peanuts from a mile away. I never leave the house without the antidote, my trusty EpiPen (I actually carry two in case the first fails or a single dose is not enough).

For a while, I kept my condition a secret. I didn't want to be the geek at the allergy table. I concealed my EpiPens in a crossbody bag, so as not to scare my friends with the idea that I carry two sharp needles at all times. Meanwhile, anxiety ruled my life. I constantly worried about what I ate or touched, certain that the next attack was just around the corner. My secrecy backfired on Halloween of ninth grade. While my friends were trading treats, I began to notice the signs of anaphylaxis. Though I hadn't eaten any candy, I had touched a melted Reese's Peanut Butter Cup at the bottom of my treasure bag. I began to panic.

I didn't want to die, dressed as a yellow Minion, no less. My friends noticed my distress. It then dawned on me that I was in an emergency situation and all of the people around me were clueless as to what was happening or how to help.

Luckily, I managed to administer the proper medications and avoid a fatal attack. However, from this moment on, I decided I would confront my allergies instead of hide from them. So I dedicated my Girl Scout Gold Award to teaching young adults how to recognize the signs of a potentially life-threatening allergic reaction. I researched with medical professionals to create a brochure that illuminates everything from common allergens to EpiPen use. I also began giving educational presentations to teach young adults critical skills through engaging activities and my research. Knowledge is power and I am now reassured that future generations are more knowledgeable than mine.

However, beyond working with others, I needed to work with myself. I felt like allergies were controlling my life. No matter how careful I was, I still ended up having allergic reactions. And when I wasn't going into anaphylaxis, I was worrying, spiraling, and dreading. The only way to stop the cycle was to take a leap of faith and try oral immunotherapy (OIT). Immunotherapy is often called "the peanut challenge" because you challenge your body by eating its lifelong enemy. This fall, once a week for 8 months, I will visit the doctor and ingest increasingly larger doses of peanuts. The "challenge" is remaining calm as you hope the dose doesn't land you in the emergency room. Immunotherapy is relatively new in the medical field, so research is limited and success is not guaranteed.

However, I am done avoiding. I know the only way to deal with my problems is by facing them. By the end of this, I hope I'll finally know how Girl Scout cookies taste.

Traffic Crossing Hang Mi



Rooted to the World Hannah Chang

Life is peaceful when the only thing that can be done in life is sit back and watch life happen around you. There's not much that can go wrong when the world doesn't revolve around you. For all the years I have been rooted in this field, I let the procession of life carry me like a big gust of wind. There is something beautiful about existing without the ability to make noise. There is nothing expected of me and I do not expect anything from anyone. Every year I watch as the seasons change and the colors of my leaves change, as the world gets one day older each day. When the earth cools and is covered in thick blankets of snow, my leaves vanish and I am stripped of my colors. But this makes the autumn more memorable. There aren't any family members or friends to depend on in my life. My lifelong interactions with the sun and soil are the only things that I need to rely on. Sometimes, I watch as people approach me, carefully examining the different attitudes towards me and my forever home. Some use me as support for their backs as they watch the clouds shifting shapes. Others come and climb my limbs. Any harm made against me is minor and relatively rare, except for when an occasional couple comes along to dig letters into my skin. Even then, the intentions are not bad, but quite the opposite, for at least I think so. It is hard to know why people do things when I cannot speak. Life went on like this, my joy and happiness expressed in the way I provided for my community without complaint, until one day I was faced with the true evils of humanity. It was the beginning of a cold, bitter winter. My leaves lost their color and soon lost their will to hang on to my limbs. Throughout the entire duration of my fall,

I was accompanied by men in bright orange jackets. Their colors matched mine and I felt a sense of connection. I grew to enjoy a new companionship I found in a man who consistently stopped by to sketch out my land. I sat, watched, and wondered: would this serve as a piece in his room? I felt touched. Weeks passed and at the start of my dreaded, barren winter season, another possible friend came along. This man was dressed in blue with bright orange ear accessories bulging out of his head. His eyes were hidden. He had some sort of object with him. As he came closer, the instrument made a loud buzzing noise, and I was deafened by the volume. The next moment, the world went dark. I felt sharp blades grinding my trunk, accompanied by the rhythmic noise of what seemed to be a loud whirring engine that silenced the melodic chirps of birds that I was once so used to. For a few hours I am unable to understand my surroundings, so it is safe to assume that I must be in some man-made location. With the removal of my limbs, there was also the fading of all those memories where children swung up my limbs like monkeys and when confused cats climbed me until they realized that there was no one under to fall into. Children picking up fallen sticks to use as tools for their mini structures. Who knew that this innocent form of children's play could cause an imprint on the newfound nature of the world? Surrounding the small container I was stuffed into, there were other containers filled with others like me, some that I have already seen before and some that were unknown to me. I watched as workers took a container full of small ugly chips over a burning fire. Soon I realized those chips were my fate. On the other end of the large space, there were drab, pale sheets of paper. Its life seemed to be drained from it along with its colors. What was going on? I simply could not understand why the innocent were being cut up and burned, completely transformed. What happened to nature?

Before I could ask more questions I felt movement and indeed, I was about to be shredded into pieces. It was terrifying. I waited for the terrifying moments to arrive. All my life, I enjoyed life in silence and it never really bothered me. But these moments proceeding to my ultimate transformation made me feel the highest measures of betrayal and eagerness to speak out. Before I could think of anything else, the moments arrived where I was removed of my identity and purpose. Destroyed and stripped of my character. I was then moved to an area where I felt so much pressure that I was completely flat and dry. I was reminded of my cold and dry winter days. Days where my bark seemed to crack off at the cold touch of the frozen air. Days where creatures who normally ran around me stayed buried in warm areas. Days where children stayed home and pranced around, knee-deep in snow. The white of the snow was replaced by the gray tones of my thin, wispy self, with nothing to contribute to the rest of the world. I was pressed and perfected into a perfectly smooth surface. My identity was chipped of its uniqueness and I was without meaning. I hoped that my life would be successfully repurposed into something more valuable than before. After all this, I expected something to benefit me. But I would soon find myself in the same position. Where I was found to be useless and unnecessary and therefore repurposed into something else. Being alive in a world of humans where I was not one of them trapped me in an endless loop where I would never be appreciated for the things that I could do. Maybe one day, I could live in a world where this is so.

Skeleton Eshaal Mirza



Haunted Shores Isabella Chung

A deserted island. Peaceful in the gentle glow of the sun, But stormy, As soon as the warmth sinks beneath the horizon.

The island, afloat like a lone survivor. Its shores are sheer cliffs, Dropping off into the crashing gray waves. Footsteps across the sand reveal a dense forest that beckons ominously. Who knows what lurks in the dark space beneath the trees?

A small beach, Long since left to nature's forces, reveals an eerie figure in the fog. An abandoned lighthouse, the sole occupant, Stands with a haunting presence.

Sad, deserted lighthouse,Overgrown with weeds and vines.A prisoner of nature's beauty itself.Weathered red paint on the exterior peeks through,After all these years.

The walls within are dark and cold A gaping hole in the wooden walls opens after each storm. Covered in dusty cobwebs, And eerily silent. What haunts this desolate place? Or is it in the dark surrounding water?

A shadowy seagull Perched upon the abandoned lighthouse. The only soul to watch the horizon, As a lone ship appears.

Too late for the ship! The gull watches helplessly. The boat like a bathtub toy At the hands of the ferocious waves.

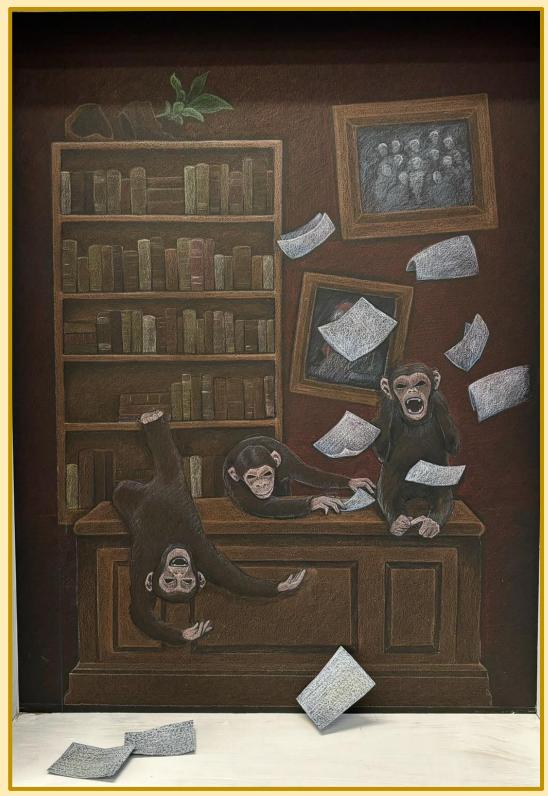
Crow and Crab Daniella Dell'Aquila



Echoes after *[All Things Now Remind Me]* by Diane Seuss Chloe Eng

All things now remind me of what loneliness used to be. Fresh pages stuck together in the printer. A stop at the end of a sentence. Guitar strums. Notes played one by one. Fingers plucking at the untuned strings. The past is this: to have been admired and wanted and to be those things no more. In the future the pages are torn. I hope that in the future I will be living. What does it mean to be alive and useful? Feet planted on the ground instead of floating away in the sky. Back when I felt the earth underneath the soles of my feet. When I had the motivation to climb. The present tense: to hike back is to turn away from the sun and make the decision to leave, like a melody faltering or an ephemeral bubble popping. Or the inexorable realization that the leaves will fall anyhow. I have seen these things. I have been alone in them. My hands were cold and only bare sticks were left. My heart is the only thing beating. That whispered elegy. Memory: an aesthetic reminder of what might have been. And poetry. This poem right now. This incorregible wreck.

Bananas! Zoe Eng



Heart of Glass Sophia Jin

Words
Like a knife to the heart
Unbearable pain
Laughter
I laugh along, but
It catches in the back of my throat
Whispers
My name on their lips
All too familiar
Fear
l run
Without looking back
Pathetic
l know
Nothing has changed
Pebbles
Though lacking in size
Are fruitful in numbers
Crack
Glass shards
And severed heartstrings

Reflections Lily Westfall



Jellyfish Sophia Li

I want to be a jellyfish I'll have no brain I won't even think

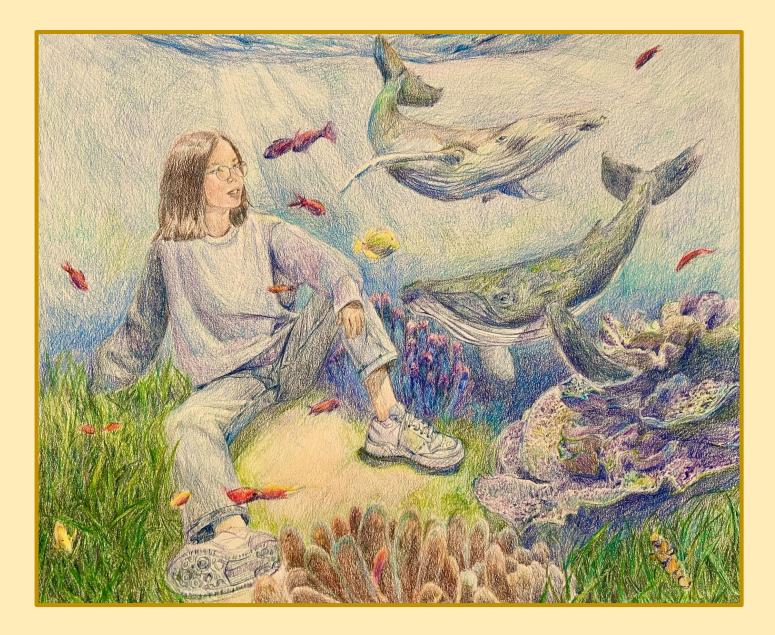
I want to be a jellyfish I'll have no heart I won't even feel Let me not ache

I want to be a jellyfish Put me on display Admire me, without a trace of noise Love me

I want to be a jellyfish Swaddle me in a net Slice me apart delicately Handle me with care

I want to be a jellyfish Pluck away my differences Strip me back of my everything

Waves of Curiosity Hang Mi



Ineluctability Jocelyn Liu

The light shines within this blanket of white Yet deep within, I still melt Tick.

Tick.

Tick.

It escapes my grasp.

I can feel

time

slipping

through

My

Fingers

Like

Grains

of

sand.

What time is it?

That I cannot tell.

I am going round and round every second,

Tick.

Tick.

Tick.

As the sun goes down and moon slowly rises I overheat in the midst of winter time soon begins to feel meaningless

I pass the numbers so swiftly, I become fragile as time bends My metals and engine soon to be rotting Every minute is clear to me But what time is it?

I feel an urge of pain, stretching me. Would this be the end of my existence? The ticking stops, yet simultaneously continues It seems to be inevitable. Tick.

Tick..

Tick.

The hand cannot go on any longer. Tick.

Tick.

Tick.

I can finally see the time.

Time Natalia Miranda



Sounds Ioannis Nikas

It is too much The sounds, haunting claps and screams Everytime I hear one It shocks my body, travels through me Like a strong wave Pushes me over And I cannot get back up I want to close my ears Make myself as small as possible But I cannot escape It drowns me in the echoes Does no one else feel this? Experience this? I look at those around me They are unfazed It is as if they do not hear anything, feel anything Yet, I, am stuck Head hurting Hands wringing Heart racing Am I to believe no one else is like me?

Falling Through Time Jocelyn Liu



The Children of Armenia Sofia Ogulluk

I look at my *Dede's* large, strong hands And see the millions of women and men Who have died for our people Compared to the millions of people who have lied Who say they've helped in many ways But in reality Reposted on Instagram and called it a day

I look at my Yaya's soft and wrinkled hands Meticulously making *manti* And I see in them Children in a home surrounded by fire They reach out to us Try to hold our hands But we simply watch Leave them stranded

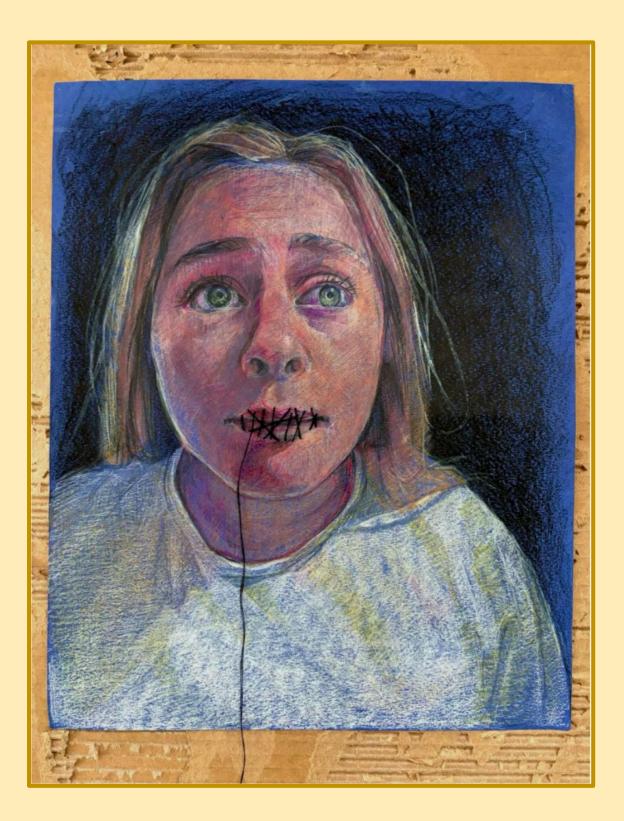
They scream to us "Say our name!" And I say it back A soloist in the choir I turn around and a few more stand But their silence is deafening The voices of the children pleading Ring in my head And suddenly They stand beside me And we become one And the chorus begins to run

We show and we share But they don't understand We stomp and we scream But they only stare

We wave our flag And they say they care But if they *really* did Then they would be there

So I'll paint myself purple And stand in a pot If that's what it takes To forget-me-not

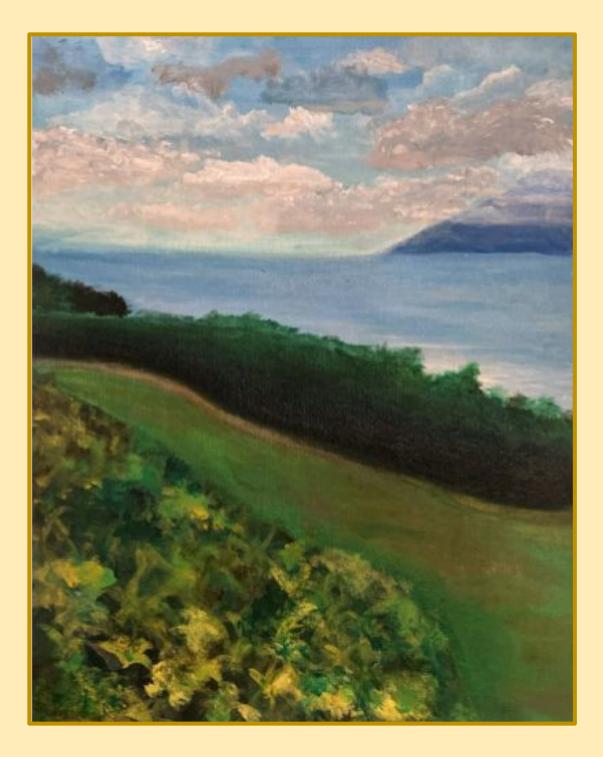
Sewed Shut Julia Weston



Seasons Sonia Sankar

A vibrant green leaf falls on a puppy's head as he shakes, attempting to rid himself of the leaf. The leaf falls to the ground, followed by the puppy's big brown nose as he sniffs this foreign object. His owner tugs him along, abandoning the leaf. A few days pass, and the leaf shrivels up, brown and brittle. Days, then weeks, and then months pass as spring turns into summer. The sun beats down on everything below it, and the plants show off their green leaves and beautiful flowers, freshly bloomed. People sport tank tops and shorts, sweat dripping down their brows from the summer heat. Another few months, then summer transitions to autumn. The leaves lose their bright green hue, instead taking on a subtle orange and red tone. The flowers hide themselves away, though the occasional confused flower blooms. People begin to wear jackets as the temperature cools and school begins again. Yet another couple months roll by and winter shows itself. The trees lose their leaves, their bare branches blanketed with snow. Snowmen adorn lawns, accompanied by holiday lights hanging from houses. People's faces are obscured by scarves and hats as everyone recognizes the need to bundle up for protection from the cold air. Finally, the cycle completes itself, with spring emerging from the snowy winter. A dog, grey hair beginning to replace his golden fur, walks under a tree as a green leaf falls on his big brown nose. It falls to the ground as the dog attempts to sniff it. His owner tugs him along. It is a different owner, a young boy with eyes bright from being in the big city prior to this small town, bearing a striking resemblance to the woman who walked this dog on this street in her hometown all those years ago. The two disappear down the street, enjoying a peaceful walk through the changing seasons.

In the Distance Mackenzie Williams



Minarets and Regrets Nate Seibert

I watched on, half-heartedly cowering behind battlements At my back a city grand, of bright marble and white minarets A gift from above, reminiscent of a golden age We sang His praise, sought His embrace We were His chosen people; no longer was I so naive.

"Hide your women," I heard Beyond the vast desert's expanse marched a horde, countless strong Charging with relentless ferocity, its intensity notorious yet untold The city gate stood small, its presence but a formality They were heathens, and they would slaughter us.

The barbarians sang in unison, excitement filling their ranks They envisioned their mothers' pride, mighty statues built in their honor Blood would taint their garments, and all the better They looked ahead, picturing a shining temple atop a hill Palm trees sprouting about – they'd never seen palm trees before.

> The Tigris stood eerily still, greeting the invaders The caliph proclaimed confidence, but I knew better He too would bow in due time, begging mercy from mongrels Once a coruscate civilization, now reduced to rubble and regret So much I had hoped to see, so much I had hoped to do.

Setting Moon Mia Chen



To See the Next Part of the Dream Matteo Sokolof

To see the next part of the dream Is to turn the pages in my sleep, everyday I awake to find myself trapped in a loop of endless repetition. Task after task, beat after beat, it doesn't ever seem to change.

I'll race and dive and drive myself to mere insanity in order to complete the job that keeps me fed and clothed for i've no other other option but to settle with this niche that's been imposed. Task after task, feat after feat it doesn't ever seem to change.

Daydreams greet me like a close friend, as I'm swept off my feet to places I've never been. I'll hope and dream and want and wish That I'll soon see these places sometime again.

After day's toils and jests I embark to acquire well deserved rest. I'll say to myself that the ends justified the mean, as I return to sleep to see the next part of the dream.

Skull in Black and White Alyssa Seng



Ghosts Leila Altamura

You call yourself a friend? You call yourself a decent human? You're not a good person I've let you ruin me and tear me apart Just because I pitied you [redacted] told me to forgive you You never appreciated me You just liked having a body standing There Comforting you Talking to your ghosts They're dead, why talk to them? I wish I had the guts to stand up and leave I should have Why didn't l? You laughed at me At the time I needed you most You told the ghosts While I cried You laughed I hope you're happy with the ghosts... Even more happy if you became one

Abracadabra Isabella Falcone



How Was Your Trip Down the Rabbit Hole? Ellen Zhao

I wonder what made you go in the first place Was it because you were just so bored with my life that you went? Or was it because your fantasies only lie in your dreams? I've heard you made yourself too small to reach doors to any opportunities that you desired But then you made yourself too big that you hurt and scared others away because you did not fit through where you were Simultaneously you guided? By some mysterious creatures that I hope you will always remember Not for the fact that they terribly confused you But because they guided you when you were lost Now that you are back to reality I wonder Will you warn the others about your travels Or is it an experience they will just have to pass along their journeys? Because at last when it seemed all to true You woke up and realized that you made it through Even if it seems like it was all dream That we found our way through the underground maze which was deemed a labyrinth

Sunflowers Katherine Russell



The Night's Calling Chelsea Eng

A break, a breath, a short respite, turns minutes into hours into days, much to my plight In the moonlit universe of my bedroom, here I know that I cannot be harmed A refuge for the weary and worn

Only my computers' murmurs remain The last survivor, Nature's symphony slain

My fatigue insatiable, yet the future unfaceable In my moonlit universe, I know I am trapped Confined behind my screen I stay, The entertainment endless in the realm of the internet I dread the inevitable slumber, The time where I rest, unencumbered

Tomorrow, I will continue this ritual, Succumb to unfulfilled promises of leisure once again The urge to sleep, instinctual

However, as dawn breaks, I will realize my folly Pledge my oath to never repeat this dance Although I remain ensnared by the twilights bewitching trance.

Still Life Kylie Russo



Playing and Taking Care of Your Vinyl Record Jocelyn Liu

I. Handling with care
For record playing purposes
be careful not to touch the vinyl itself
and make sure to care for it well
or else it will be destroyed
never to be played again.

II. Playing the record
Put your favorite vinyl into the record player
engage the turntable
and as the record begins to spin
bring the needle down.
it makes contact with its grooves,
playing an ethereal serenade.

III. The next listening sessionbut as the record playsit never seems to stop playing and repeating and playingrepeating and playing, repeating and playing, repeatingwith still a sound of great serenity.

IV. D.C. al Fine
the lyrics keep singing over and over
because nothing and nowhere is fine
there is no notice
when the words become mumbled
degrees of dissonance
like the everlasting laugh track
heard in a classic 9O's sitcom
until there is no longer music
but screeches of pain
and only then
that's when they realize
but it was too late.

V. Coda
so i am the echoing laughter
forgotten and ignored
seemingly perfect
decaying silently.
i am one with the broken vinyl
bruised and voiceless
in order to cope
with what is happening to myself.
it keeps playing
repeating and playing, repeating and playing,
repeating over and over and over
i hate repeating myself.

Forest Scene Morgan Lapadula



Beauty, Unseen Siri Craven

There is so much beauty in the world that you will never know, in the sunbeams falling softly on the flowers stretched below or the pattern of the petals, in geometric place, in the tender kiss of wind on every flower's face. There is beauty in the people that you wouldn't look at twice, in the gaps between their teeth and the bags under their eyes, in the choices they make quietly, not looking for any praise, in the intimacy of passing and going separate ways.

There's a beauty that comes slowly, a beauty that's unrushed that blossoms from within and from there begins to gush and you thought you could not feel it, thought you would not know the feeling of the sun on your outstretched face below, but it comes in little pieces, in patience over time – there may be darkness now until the sun learns how to shine and the clouds will burn away, the rain will soon be gone and the beauty of the world, still unknown, continues on.

Cover art by Lillian Xie 18

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