

Physical Education Annual Waiver Form

Elementary and Middle School

- I hereby waive grade level physical education requirements for my child this school year and verify that my son/daughter is participating in physical activities outside the school day that are equal to or in excess of the mandated requirement (K-5: 150 minutes per week, 6-8: one class period per day for one semester each year).

OR

- I hereby waive grade level physical education requirements for my child this school year by requesting that they be enrolled in another course from one of the courses offered as options by the school district. I understand that placement in an alternate course will be based upon seat availability.

I also understand that this waiver must be renewed each year that I wish to waive these requirements.

Student Name

Grade

Parent/Guardian Name (please print)

School

Parent/Guardian Signature

Date

Please submit to School Principal or Designee.

Applications for the 2025-2026 school year must be received no later than March 1, 2025.

This waiver will remain in effect for one school year.

Distribution: Copy to Parent • Copy in Cumulative Folder