

BREAKFAST MENU

| | | | | |
|---------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------|
| <p>6 Mini Pancake Bites with Syrup OR Teriyaki Chicken Rice Bowl Grapes</p> | <p>7 Mini Cinnamon Rolls OR Chicken & Vegetable Dumplings Apple Slices</p> | <p>8 Chocolate Chocolate Chip Muffin OR Teriyaki Chicken Rice Bowl Banana</p> | <p>9 Strawberry Cream Cheese Bagel OR Chicken & Vegetable Dumplings Apple Slices</p> | <p>10 Mini Cinnamon Rolls OR Teriyaki Chicken Rice Bowl Banana</p> |
| <p>13 Saint Paul Sunrise Croissant OR Teriyaki Chicken Rice Bowl Grapes</p> | <p>14 Mini Cinnamon Rolls OR Chicken & Vegetable Dumplings Apple Slices</p> | <p>15 Banana Chocolate Chip Muffin OR Teriyaki Chicken Rice Bowl Banana</p> | <p>16 Strawberry Cream Cheese Bagel OR Chicken & Vegetable Dumplings Apple Slices</p> | <p>17 Caramel Mini Cinnamon Rolls OR Chicken Teriyaki Rice Bowl Banana</p> |
| <p>20 </p> | <p>21 NO SCHOOL TODAY! </p> | <p>22 Mini Cinnamon Rolls OR Chicken & Vegetable Dumplings Apple Slices</p> | <p>23 Chocolate Chocolate Chip Muffin OR Teriyaki Chicken Rice Bowl Banana</p> | <p>24 Strawberry Cream Cheese Bagel OR Chicken & Vegetable Dumplings Apple Slices</p> |
| <p>27 NO SCHOOL TODAY! </p> | <p>28 Mini Cinnamon Rolls OR Chicken & Vegetable Dumplings Apple Slices</p> | <p>29 Banana Chocolate Chip Muffin OR Teriyaki Chicken Rice Bowl Banana</p> | <p>30 Strawberry Cream Cheese Bagel OR Chicken & Vegetable Dumplings Apple Slices</p> | <p>31 Caramel Mini Cinnamon Rolls OR Chicken Teriyaki Rice Bowl Banana</p> |

DAILY CHOICES

- Assorted Cereals
- Yogurt
- String Cheese
- Juice
- Milk

- For nutrient & allergen information, visit SchoolCafe.com/SPPS.
- Menu subject to change.
- This institution is an equal opportunity provider.

LUNCH MENU

| | | | | |
|---------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------|
| <p>6</p> <p>Crispy Chicken Sandwich</p> <p>Cheeseburger</p> <p>Potato Wedges</p> | <p>7</p> <p>Mongolian Beef Jasmine Rice</p> <p>Beef Rib Sandwich Sweet Potato Wedges</p> | <p>8 NACHO DAY</p> <p>Seasoned Beef Refried Beans Cheese Sauce Tortilla Chips</p> <p>Hot & Spicy Chicken Sandwich Potato Wedges</p> | <p>9 MN THURSDAY!</p> <p>Sliced Turkey Melt Homemade Tomato Soup</p> <p>Spicy Grilled Cheese Sweet Potato Wedges</p> | <p>10</p> <p>Italian Dunker Marinara Sauce</p> <p>Make Your Own Chicken Caesar Salad Dinner Rolls</p> |
| <p>13</p> <p>Penne Pasta Meat Sauce or Marinara Sauce Dinner Roll</p> <p>Chicken Sliders Potato Wedges</p> | <p>14</p> <p>Teriyaki Chicken or Tofu Jasmine Rice</p> <p>Cheeseburger Potato Wedges</p> | <p>15 TACO DAY</p> <p>Seasoned Beef Refried Beans Shredded Cheese Tortilla Shell</p> <p>Buffalo Chicken Sandwich Sweet Potato Wedges</p> | <p>16</p> <p>Chicken Fingers Mac & Cheese Galaxy Sauce</p> <p>Grilled Cheese Beef & Bean Chili</p> | <p>17</p> <p>Cheese or Turkey Sausage Pizza</p> <p>Make Your Own Chicken Caesar Salad Dinner Rolls</p> |
| <p>20</p>  | <p>21</p> <p>NO SCHOOL TODAY!</p>  | <p>22</p> <p>Beef Bulgogi or Tofu Bulgogi Jasmine Rice Broccoli</p> <p>Cheeseburger Potato Wedges</p> | <p>23</p> <p>Oven Fried Chicken Sweet Potato Wedges Corn Muffin</p> <p>Chicken Tinga Taco Refried Beans</p> | <p>24</p> <p>Cheeseburger</p> <p>Gyro on Pita Bread</p> <p>Potato Wedges</p> |
| <p>27</p> <p>NO SCHOOL TODAY!</p>  | <p>28</p> <p>Corn Dogs Sweet Potato Wedges</p> <p>Cheeseburger Potato Wedges</p> | <p>29</p> <p>Beef, Bean & Cheese Burrito Nacho Cheese Sauce</p> <p>Chicken Fingers Mac & Cheese Galaxy Sauce</p> | <p>30</p> <p>Pancakes Chicken Sausages Hash Browns</p> <p>Crispy Chicken Sandwich Potato Wedges</p> | <p>31</p> <p>Cheese or Turkey Sausage Pizza</p> <p>Make Your Own Chicken Caesar Salad Dinner Rolls</p> |

Choice bar and milk are available at every meal.

Menu subject to change.

For nutrient & allergen information, visit SchoolCafe.com/SPPS.

This institution is an equal opportunity provider.

Revised 1/21/2025