

BEOP



BE EXCELLENT ON PURPOSE
& EMBRACE EACH DAY WITH

joy & gratitude!

Bring It On!

BRICKIE TIP #3: Check It Out - I'm Living the
Dream! Here's Why....

Use this page to capture (list, draw, etc.) all the amazing things in your
life right now. Nothing is too small or too big!



A large rectangular area with a dashed border, intended for writing or drawing.

You can revisit this page and add to it at will. You may even want to grab a device and
take a pic of this to revisit it when you need a boost and are away from your journal.