



PIONEER JR. HIGH

breakfast menu



- SERVED DAILY -

Benefit Bars

choice of:
banana chocolate chunk
oatmeal chocolate chip
apple cinnamon



Mini Pancakes

mini eggo® pancakes with option
of sausage patty



Smuckers Uncrustable™

crustless soft, wheat bread filled with
grape jelly



Muffins

choice of: whole grain banana or
blueberry muffins served warm



DAILY BREAKFAST SIDE

Dairy Duo

4 oz. low sugar yogurt & string cheese
Still hungry? Grab this duo in addition
to your favorite breakfast item!



Kickstart Cereal Cups

Variety of whole-grain cereals



- SPECIALS OF THE DAY -

MON/WED/FRI SPECIAL

Breakfast Burrito

fluffy scrambled eggs, crispy potatoes,
and savory chorizo bits and shredded
cheese in a warm, whole wheat tortilla



TUE/THUR SPECIAL

Egg-Citing Bagelwich

freshly made egg patty paired with
a savory turkey sausage patty,
topped with cheese, served inside
a hearty, whole grain bagel



MILK, FRUIT, AND JUICE ARE OFFERED AT EVERY BREAKFAST

Assorted Juices
White Milk (Options):
1% Low-fat
Non-fat
Lactaid

Assorted Seasonal Fruits:
Cantaloupe
Peaches
Watermelon
*50% of our fruits are organic & locally grown



 = Whole Grain Item

*Menu subject to change

*Manager specials to be added

*This institution is an equal opportunity provider and employer



PIONEER JR. HIGH

lunch menu

- SERVED DAILY -

Fresh Berry Parfait

vanilla yoplait yogurt® served with organic, locally grown mixed berries, paired w/ whole grain nature valley granola™



Smuckers Uncrustable™

crustless soft, wheat bread filled with grape jelly



Crispy Clucker's Sandwich



crispy, tender lean chicken breast inside a golden buttery brioche bun along with tomato, pickles, and lettuce fixings

Kickin' Chicken Sando

spicy crispy, tender lean chicken breast inside a golden buttery brioche bun along with the option of tomato, pickles, and lettuce fixings



- SPECIALS OF THE DAY -

MONDAY SPECIAL

Orange Chicken & Brown Rice



tangy, sweet and sour chicken rested alongside freshly made long grain brown rice

Turkey Delight 2.0

oven-roasted turkey carvings, crispy lettuce, and american cheese on a brioche bun with mayo on the side



TUESDAY SPECIAL

Chicken Chunks

tender, flaky breaded chicken chunks served with your choice of bbq, ranch, or ketchup



Walking Taco

freshly cooked ground turkey cooked in a house-made taco seasoning inside a bag of reduced-fat chips and a side of shredded lettuce, sour cream, and pico de gallo



NEW!

WEDNESDAY SPECIAL

Italian Deli Salad



turkey salami, turkey ham, turkey pepperoni, provolone cheese, bell pepper, green onion, pepperoncinis, parmesan cheese, avocado, cherry tomatoes, croutons, and italian dressing

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Hot Pizza Delivery

choice of:
cheese or pepperoni



THURSDAY SPECIAL

Wings & Fries



zesty hot wings, buttery garlic bread, and curly fries

Salsa Verde Chicken Burrito

salsa verde chicken, warm pinto beans, and cilantro lime rice in a whole grain tortilla



NEW!

FRIDAY SPECIAL

Pioneer Burger

juicy scratch made ground beef patty and local American cheese inside a golden bun served with the option of lettuce, tomato, and pickles

Penne Pasta and Meatballs

penne pasta and juicy beef meatballs in a roasted garlic marinara sauce topped with parmesan

be my
VALENTINE

EVERY LUNCH COMES WITH A MILK, FRUIT, AND/OR VEGETABLE

Drink Offerings:

Milk (Options):

1% Low-fat White Milk
Non-fat White Milk
Non-fat Chocolate Milk
Lactaid
Froot Jooce®

Assorted Fruits:

Cantaloupe
Peaches
Oranges
and More!

Assorted Veggies:

Baby Carrots
Corn
Broccoli
and More!

*50% of our fruits are organic & locally, grown

Other Nutritious Daily Offerings at Breakfast & Lunch

1% White Milk & Non-Fat Milk Local (Driftwood Dairy)

Farm to School Organic Fruits: Oranges, Cantaloupe, Watermelon, Honeydew, Peach, & Nectarines

Local (Redlands, CA Old Grove Orange Farms)

Veggie Variety

Connect with Our Nutrition Services Team!



@uusdfarmtoschool

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