


Thursday, January 16th 2025
BELLFLOWER MIDDLE & HIGH SCHOOL

DAILY BULLETIN

Breakfast

Tomorrow

 **Breakfast Fruit Pizza**
or
Cereal Bar
Variety

TODAY'S SCHEDULE

REGULAR DAY
Gold - 2, 4, 6, 8

Period 2
8:30 - 10:02 AM

Snack
10:02 - 10:11 AM

Period 4
10:17 - 11:49 AM

M.S. Lunch
11:49 - 12:20 PM

H.S. Period 6
11:55 - 1:27 PM

M.S. Period 6
12:26 - 1:58 PM

H.S. Lunch
1:27 - 1:58 PM

Period 8
2:04 - 3:36 PM

Lunch

Menu

 **BBQ Pulled Pork Mac and Cheese**
Dinner Roll
Corn

or
Chicken Corn Dog
Celery Sticks w/ Ranch

 **Farm Fresh Apple**

or
 **BBQ Chicken-less Nuggets, Mac & Cheese**

GAME DAY

BOYS SOCCER VS WARREN

3:00 - JV & FROSH, 4:45 - VARSITY

GIRLS & BOYS WRESTLING

5:00 PM - VARSITY & JV

GIRLS SOCCER AT FIREBAUGH

5:30 PM - JV, 7:00 PM - VARSITY

QUOTE OF THE DAY:

"LIFE IS LIKE RIDING A BICYCLE. TO KEEP YOUR BALANCE YOU MUST KEEP MOVING." - ALBERT EINSTEIN

WHAT'S HAPPENING

- **SENIORS...** Grad Week packages are now available in the ASB office! Grad packages are on sale through March 13th! You must complete this permission slip before you can buy your grad package. There are only 54 tickets left for grad night. Make sure to put your \$100 deposit down to secure your spot!

WHAT ELSE IS HAPPENING

- **Attention all Buccaneers, ASB needs your help! ASB is organizing a donation drive to support the victims of the recent LA Fires. Many families have been displaced and are in need of essentials like non-perishable foods and toiletries. To see the full list of items needed, please check our post on the We Are Bellflower instagram. Donations can be dropped off in room 411 or the ASB office until tomorrow, Friday, January 17th. Let's come together as a community and show our support to those in need. Every little bit counts! Thank you for your generosity, and let's make a difference together!**
- **YBS is inviting all students grades 8-12th to attend the HBCU college fair and Battle of the Bands Drumline competition at the SoFi Stadium on February 1st from 9-4pm. If interested, we'll need your name ASAP. Please come to the library to receive a field trip slip.**
- **Are you a movie lover looking for an entertaining and easy class? Then Film Studies is the perfect elective or performing arts course for you next year! Learn about the art and history of cinema, experience how films are created, and gain a deep appreciation for movies as works of art. Enjoy special screenings throughout the year with delicious treats like buttery popcorn, candy, nachos, and soda, and look forward to an exciting field trip to the Academy Museum of Motion Pictures in Hollywood, California. Over 30 popular films will be shown throughout the year. Space is limited, so make Film Studies your top choice on your registration form next month! You don't want to miss out on this cinematic adventure!**
- **Attention all 7th and 8th grade students! Cross Country Intramurals starts this month during 8th period and after school! All interested students should come see Coach Adriance in room 502 to sign up during snack or during middle school lunch. The first meeting will be next Monday, January 20th at the track. See you there.**
- **Good morning and Konichiwa! Don't miss out on our Japan adventure taking place next school year! The early-bird enrollment of \$200 expires March 1, so come by room 106 and speak to Madame Vann to enroll today. Don't miss out on walking through Kyoto, Tokyo, historical Hiroshima, and Tokyo Disney Sea.**
- **To celebrate Dr. Martin Luther King Jr. Day, YBS will be hosting MLK trivia tomorrow, Friday, Jan 17th @ lunch in front of the ASB office. Come by, spin the wheel, and see how much you really know about Dr. King. Prizes will be awarded.**
- **Congrats to your Lady Bucs Basketball team as they picked up their first conference win on the year. The Bucs were led by senior point guard Janiyah Murray with 29 points and Mariah Welcome with 21 points and 6 assists. Sophomore Isabella Rios and Natalie Martinez each contributed 5 points. Great team win ladies !**