School Health Advisory Council Meeting Minutes

01/9/2025

12:00 pm to 1:00 pm

Administration Building, Dining Room

802 N Sam Houston

Odessa, Tx 79761

Call Meeting to Order:

Tom Lechtenberg initiated meeting at 12:03

SHAC Members Present:

- Tom Lechtenberg Parent
- Lauren Lucio Parent
- Monique Lopez Parent
- Jennifer Weston Community Member
- Christinia Acosta ECISD Teacher

SHAC Members Absent:

- Mollie Vega Parent
- Amy Marquez-Pando Parent
- Lupe Torrez Parent
- Roxann Castillo Parent
- Abena Cann Parent
- Abigail Carrasco Parent
- Sara Hinshaw Community Member
- Mellessa Brenem Community Member

Others Present:

- Ali Hernandez ECISD Director of Nursing & Health Services
- Amanda Castellanos ECISD School Nurse
- Leticia Bernal ECISD Director of Community Support Services
- Shawn Routh ECISD Director of Guidance & Counseling

- Taylor Laing ECISD Executive Director of Guidance & Counseling
- Jieun Pando ECISD Director of School Nutrition
- Daniel Ramirez ECISD School Nutrition Dietitian
- Molly Castillo ECISD School Nutrition Specialist
- Crystal Day ECISD Director of Athletics
- Rose Valderaz ECISD Teen Pregnancy Service Coordinator
- Hannah Mitchell Harmony Home
- Amanda Allen –Harmony Home

Review: SHAC Roles and Responsibilities:

- Ali Hernandez reviewed the roles and responsibilities of the SHAC
- Tom Lechtenberg noted that, in the past, the SHAC has fulfilled all its roles and responsibilities. He encouraged members to bring any concerns they may have regarding their ECISD student for discussion within the SHAC committee.

Approval of November Meeting Minutes:

Jennifer Weston made the motion to approve the November meeting minutes and was seconded by Christina Acosta.

Presentation:

- Hanna Mitchell the Education Coordinator for Harmony Home presented services currently provided for ECISD students.
 - o Children's Advocacy Center addressing and aiding prevention of child abuse.
 - o Forensic interviews are recorded to avoid repetition and minimize trauma for the child.
 - Family advocacy services to support families.
 - o Body safety education programs conducted in schools.
 - o Adult prevention programs to increase awareness of and prevention of abuse.
 - o Lesson offered:
 - $PK 5^{th}$ grade: Child Safety Matters.
 - 6th 12th grades: Teen Safety Matters.
 - o Lessons are age appropriate and aligned with TEKS.
 - o Participation requires an opt-in parental consent form.
 - Taylor Laing clarified that students without signed consent forms will not participate.
 - o Parents may review lesson materials before providing consent.
 - o Lessons are delivered by trained facilitators with campus counselors present.

- Hannah opened the floor for questions and discussion.
 - o Jennifer Weston asked what the participation goal is for opt-in?
 - Hannah replied the goal is at least 60% participation. However, participation is typically lower in secondary.
 - o Christina Acosta asked what the class sizes are?
 - Hannah replied that they can accommodate up to 100 students per class, but additional facilitators and counselors would be needed.
 - o Tom Lechtenberg asked how we are doing as a district?
 - Hannah replied that early education campuses are not set up. The early education director will assess the kindergarten program to determine if appropriate for PK.

Discussion Recap: Parent Involvement Activities:

- Taylor Laing presented the "Year at a Glance" Monthly topics guide given to counselors.
- Taylor Laing presented the "Legal Essentials Checklist" Activities that are required to be conducted during the school year.

SHAC Program Fair:

- Taylor Laing states she received confirmation from Kyrsten Nall that SHAC will be given a table at the Odessa College 8th grade programs fair, January 23, 2024.
- Taylor Laing presented a SHAC Program Fair Plan and the 4 options to choose from. SHAC members reviewed and discussed options.
 - Option 1: Future Focused Activity: High School Goal and Healthy Habit Sticky Note Board
 - o Option 2: Global citizen Activity: Empathy and Respect Role-Play
 - o Option 3: Life Ready Activity: Plan your Path to High School Success
 - o Option 4: Community Influencer Activity: Community Impact Pledge Wall
- Tom Lechtenberg gave a recap of activities agreed upon for the fair.
 - Monique Lopez motioned to approve Options 1 & 4 and Jennifer Weston seconded the motion.

Meeting Adjourned:

Christina Acosta motioned to adjourn the meeting and Monique Lopez seconded the motion.