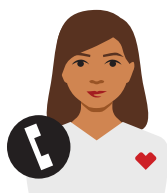


# AccordantCare<sup>®</sup> Program

A personalized, no-cost program to help you manage your complex health condition — anytime day or night



**The AccordantCare program** gives you personalized support, by phone and online, from nurses who specialize in your complex condition. **It's available through your benefit plan at no extra cost.**



## Our dedicated nurses can:

- ☒ Help manage your condition and treatment
- ☒ Monitor side effects, changes in health, mood or daily activities and more
- ☒ Provide health information you can trust
- ☒ Help navigate care and insurance
- ☒ Connect you to financial and local resources like support groups or ride programs
- ☒ Work with your case manager, doctors and others

## We're here anytime you need us.

Nurses are available by phone, web or mobile app. Visit **Accordant.com** to sign into MyChart or download Health Optimizer. Securely message your care team, manage your care, schedule calls, track symptoms, and more.

How do I contact the program?

Call **1-800-948-2497**

Monday-Friday, 5 AM to 6 PM, PT

## We specialize in these conditions.

- Amyotrophic Lateral Sclerosis (ALS)
- Chronic Kidney Disease
- CIDP (Chronic Inflammatory Demyelinating Polyradiculoneuropathy)
- Crohn's Disease
- Cystic Fibrosis
- Dermatomyositis
- Epilepsy (Seizures)
- Gaucher's Disease
- Hemophilia
- Hereditary Angioedema
- Human Immunodeficiency Virus (HIV)
- Inclusion Body Myositis (IBM)
- Juvenile Idiopathic Arthritis (JIA)
- Multiple Sclerosis
- Myasthenia Gravis
- Parkinson's disease
- Polymyositis
- Rheumatoid Arthritis
- Scleroderma
- Sickle Cell Disease
- Systemic Lupus Erythematosus (SLE or Lupus)
- Ulcerative Colitis