



Accordant

S specialty[®] nurse care management

A personalized, no-cost program to help you manage your complex health condition — anytime day or night



The AccordantCare program gives you personalized support, by phone and online, from nurses who specialize in your complex condition. **It's available through your benefit plan at no extra cost.**



Our dedicated nurses can:

- Help manage your condition and treatment
- Monitor side effects, changes in health, mood or daily activities and more
- Provide health information you can trust
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 - Help navigate care and insurance
 - Connect you to financial and local resources like support groups or ride programs
 - Work with your case manager, doctors and others

We're here anytime you need us.

Nurses are available by phone, web or mobile app. Visit Accordant.com to sign into MyChart or download Health Optimizer. Securely message your care team, manage your care, schedule calls, track symptoms, and more.

How do I contact the program? Call **1-800-948-2497** Monday-Friday, 5 AM to 6 PM, PT

We specialize in these conditions.

- Amyotrophic Lateral Sclerosis (ALS)
- Chronic Kidney Disease
- CIDP (Chronic Inflammatory Demyelinating Polyradiculoneuropathy)
- Crohn's Disease
- Cystic Fibrosis
- Dermatomyositis
- Epilepsy (Seizures)
- Gaucher's Disease
- Hemophilia
- Hereditary Angioedema
- Human Immunodeficiency Virus
 (HIV)
- Inclusion Body Myositis (IBM)
- Juvenile Idiopathic Arthritis (JIA)
- Multiple Sclerosis
- Myasthenia Gravis
- Parkinson's disease
- Polymyositis
- Rheumatoid Arthritis
- Scleroderma
- Sickle Cell Disease
- Systemic Lupus Erythematosus (SLE or Lupus)
- Ulcerative Colitis

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