



North Montgomery High School

2024-2025 School Year

Be sure and get a good start to your day with Breakfast!
Breakfast Paid Meal Price \$1.45 Reduced Breakfast Price \$.30
Lunch Paid Meal Price \$2.15 Reduced Lunch Price \$.40
Milk \$.65

February-March 2024-2025 SY

Blue	Donut Pull Apart	Breakfast Pizza	Biscuit & Gravy	Whole Grain PopTart & Cheese Stick	Pancake Wrap
	Chicken Teriyaki Steamed Rice Warm Broccoli Fresh Red Pepper Strips Pineapple Tidbits Fortune Cookie	Spaghetti Sauce with Meat, Breadstick Penne Pasta Romaine Salad Seasoned Green Beans Chilled Pears	Grilled or Brd. Chicken Patty Sandwich Seasoned Potato Wedges Baked Beans Applesauce Cheddar Goldfish	Totcho Bowl (Potato Tots, Shredded Pork Carnita topped with Cheese) Seasoned Corn Chilled Peaches Biscuit	Pizza Romaine Salad Baby Carrots, Broccoli. Red Pepper Strips w/ Dip Apple Special Sugar Cookie
	Donut Pull Apart	Breakfast Pizza	Sausage Biscuit	Cinnamon Roll	Pancake Wrap
	Hot Dog/Coney on Bun Oven Baked Fries Baked Beans Fresh Apple Wedges Cheez-its	Turkey & Noodles Warm Dinner Roll Whipped Potatoes Gravy Seasoned Green Beans Chilled Mixed Fruit	Brd Pork Patty Sandwich Sliced Tomato, Onion, & lettuce Seasoned Potato Wedges Baby Carrots w/ Dip Chilled Applesauce	Beef & Cheese Burrito Seasoned Corn Refried Beans Tortilla Chips Salsa Chilled Peaches	Stuffed Mozz Bread Sticks, Marinara Sauce Romaine Salad Steamed Carrots Chilled Pears Dbl Choc Chip Cookie
Green	Donut Pull Apart	Breakfast Pizza	Uncrustable or Cinnamon French Toast Grahams	Whole Grain PopTart & Cheese Stick	Pancake Wrap
	Western BBQ Nachos Refried Beans Seasoned Corn Salsa Chilled Mixed Fruit Cheddar Goldfish	Toasted Cheese Sand. Chicken & Noodle Soup or Tomato Soup Crackers, Romaine Salad Baby Carrots & Dip Fresh Orange Wedges	Pancakes & Sausage Patties, Potato Smiles Fresh Carrots & Cucumber Ranch Dressing Apple Special	Salisbury Steak Warm Dinner Roll Whipped Potatoes Gravy Seasoned Green Beans Chilled Peaches	Chicken Bites Potato Tots Steamed Carrots Chilled Applesauce Biscuit
Red	Donut Pull Apart	Breakfast Pizza	Egg & Cheese Biscuit	Cinnamon Roll	Pancake Wrap
	Chicken Tenders Seasoned Potato Wedges Baby Carrots w/Ranch Sliced Bread Fresh Apple Wedges	Corndog Oven Baked Fries Baked Beans Chilled Pears Carnival Cookie	Hamburger Sandwich Sliced Cheese, Tomato, Onion, & Lettuce Hash Brown Rounds Steamed Carrots Chilled Mixed Fruit	Popcorn Chicken Bowl Whipped Potatoes Gravy Seasoned Corn Fresh Orange Wedges Warm Dinner Roll	Pizza Romaine Salad Baby Carrots Ranch Dip Chilled Peaches Goldfish Cinn Grahams

What Makes A Breakfast?
 Select 3 of the 4 Components
 2 Grains or 1 Grain & 1 Protein
 Fruit
 Milk
 One must include a minimum of ½ Cup Fruit to count as a Breakfast

What Makes A Lunch?
 Select 3 of the 5 Components
 Protein
 Fruit
 Vegetable
 Grain
 Milk
 One must include a minimum of ½ Cup Fruit or Vegetable to count as a Lunch Meal.

February	M	T	W	Th	F	March	M	T	W	Th	F	April	M	T	W	Th	F
Red	3	4	5	6	7	Red	3	4	5	6	7	Green	1	2	3	4	
Blue	10	11	12	13	14	Blue	10	11	12	13	14	Red	7	8	9	10	11
Orange	17 X-S	18	19	20	21	Orange	17	18	19	20	21	Blue	114	15	16	17	18
Green	24	25	26	27	28	Spring Break	24X	25X	26X	27X	28X	Orange	21	22	23	24	25
						Green	31					Green	28	29	30	1	2

Lunch Entrée Choices include the daily entrée, deli sandwich, taco bar, fresh salad, yogurt & cheese, plus a potato bar on T & TH. 100% fruit juice, fresh fruit, and milk offered with lunch. Breakfast includes the daily entrée, choices of cereals, yogurt, fresh fruit, dried fruit, 100% fruit juice & milk. We try our best to serve our menus as posted; however, sometimes last-minute changes occur. Please check with the Kitchen Supervisor prior to the meal, if you have any concerns. North Montgomery High School Food Service Contact Information: Hope Shrader (765) 362-5140 ext. 287