

SCHOOL LUNCH

Kewaskum
Elementary Schools
February 2025

Nutrition Bytes – Make your Plate a Rainbow! Eat a variety of colorful fruits and vegetables. Challenge yourself to include at least one food from each color group at every meal – red tomatoes, green peppers, orange carrots, purple grapes, yellow bananas, etc.

A variety of milk (1% and Fat Free Chocolate) is offered at each meal.

3

1 – Chicken Nuggets^{WG}
Sweet Potato Fries, Baked Beans,
Fresh Apple Slices

2 – Fun Lunch^{N V WG}
Uncrustable, String Cheese, Apple
Slices, Assorted Veggies, Goldfish
Crackers

4

1 – Mini Pizza Bagels^{WG},
Garlic Roasted Broccoli, Sliced
Cucumbers, Grapes

2 – Banana Bread Lunch^{WG V}
Banana Bread, Yogurt, Diced Pears,
Assorted Veggies
Treat (for Both) – Ice Cream Sand.^{PTN}

5

1 – Turkey & Gravy
Mashed Potatoes, Steamed Carrots,
WG Dinner Roll, Cinnamon Applesauce

2 – Fun Lunch^{N V WG}
Uncrustable, String Cheese, Apple
Slices, Assorted Veggies, Goldfish
Crackers

6

1 – Mini Pancakes^{WG V &}
Cheese Omelet^V
Tater Tots, Sugar Snap Peas, Mixed
Fruit

2 – Turkey Sub Lunch^{WG}
Turkey & Cheese Sub, Strawberry
Applesauce, Assorted Veggies

100th Day of School – True or False?

1 – Pepperoni Pizza^{WG}
100 Steamed Peas, Fresh Cauliflower,
Strawberries.
2 – Fun Lunch^{N V WG}
Uncrustable, String Cheese, Apple Slices, Assorted
Veggies, 100 Calorie Goldfish Crackers
For Both – 100 Pieces of Popcorn

7

*Any questions or concerns about the Nutrition
Services Program?*

Please contact:
Nutrition Services Director: Terri Miller
(262)626-3063 or
TMiller@kewaskumschools.org

10

1 – Bacon Cheeseburger^{WG}
French Fries, Baked Beans, Fresh
Apple Slices

2 – Fun Lunch^{N V WG}
Uncrustable, String Cheese, Apple
Slices, Assorted Veggies, Goldfish
Crackers

11

1 – Hot Dog^{WG}
Sweet Potato Fries, Steamed Green
Beans, Diced Pears

2 – Banana Bread Lunch^{WG V}
Banana Bread, Yogurt, Diced Pears,
Assorted Veggies
Treat (for Both) – Choc Chip Cookie^{PTN}

12

1 – Nachos^{WG}
(Taco Meat & Cheese Sauce)
Buttered Corn, Sliced Cucumbers,
Rosy Applesauce

2 – Fun Lunch^{N V WG}
Uncrustable, String Cheese, Apple
Slices, Assorted Veggies, Goldfish
Crackers

13

**1 – Bacon, Egg, & Cheese
Croissant**
Tater Tots, Grape Tomatoes, Fresh
Orange Smiles

2 – Ham Sub Lunch^{WG}
Ham & Cheese Sub, Cinnamon
Applesauce, Assorted Veggies

Happy Valentine's Day

1 – Cupid's Pizza Sticks^{WG V}
Marinara Sauce, Cheesy Broccoli, Mini
Peppers, Diced Peaches

2 – "Filled with Love" Fun Lunch
Uncrustable, String Cheese, Apple Slices, Assorted
Veggies, Goldfish Crackers
Valentine Treat (for Both) – Brownie^{PTN}

14

LUNCH PRICES

Student Paid:	\$3.00
Reduced:	\$.40
Milk:	\$.45
Adult Lunch:	\$4.50

17

1 – Mini Corn Dogs
Sweet Potato Fries, Baked Beans,
Fresh Apple Slices

2 – Fun Lunch^{N V WG}
Uncrustable, String Cheese, Apple
Slices, Assorted Veggies, Goldfish
Crackers

18

1 – Popcorn Chicken^{WG &}
Macaroni & Cheese^{WG V}
Garlic Roasted Broccoli, Sliced
Cucumbers, Diced Peaches

2 – Banana Bread Lunch^{WG V}
Banana Bread, Yogurt, Diced Pears,
Assorted Veggies
Treat (for Both) – Smoothie Pop

19

**1 – K-Town Breaded Chicken
Sandwich^{WG}**
French Fries, Steamed Carrots,
Mixed Fruit

2 – Fun Lunch^{N V WG}
Uncrustable, String Cheese, Apple
Slices, Assorted Veggies, Goldfish
Crackers

20

1 – French Toast Sticks^{WG V}
Sausage Patty, Tater Tots, Fresh
Baby Carrots, Apple Juice

2 – Turkey Sub Lunch^{WG}
Turkey & Cheese Sub, Strawberry
Applesauce, Assorted Veggies

21

1 – Pizza Munchable^{WG}
Flatbread, Pepperoni, Mozzarella
Cheese, Marinara Sauce, Fresh Apple
Slices, Assorted Veggies

2 – Fun Lunch^{N V WG}
Uncrustable, String Cheese, Apple
Slices, Assorted Veggies, Goldfish
Crackers

24

**1 – BBQ Pulled Pork
Sandwich^{WG}**
French Fries, Baked Beans, Fresh
Apple Slices

2 – Fun Lunch^{N V WG}
Uncrustable, String Cheese, Apple
Slices, Assorted Veggies, Goldfish
Crackers

25

1 – Grilled Cheese^{WG V}
Tomato Soup, Tater Tots, Fresh
Broccoli, Diced Pears

2 – Fun Lunch^{N V WG}
Uncrustable, String Cheese, Apple Slices,
Assorted Veggies, Goldfish Crackers
Treat (for Both) – Oreos

26

1 – Soft Shell Tacos (Taco Meat)
Buttered Corn, Grape Tomatoes, Mixed
Fruit

2 – Fun Lunch^{N V WG}
Uncrustable, String Cheese, Apple
Slices, Assorted Veggies, Goldfish
Crackers

27

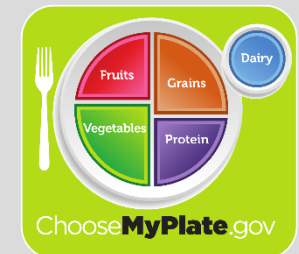
1 – Peanut Butter Dipper^V
Peanut Butter Cup, Fresh Apple Slices,
Cheese Stick, Pretzels, Graham Treat
(offered Baby Carrots & Celery Sticks)

2 – Banana Bread Lunch^{WG V}
Banana Bread, Yogurt, Diced Pears,
Assorted Veggies

28

1 – Pizza Sticks^{WG V}
Marinara Sauce, Steamed Green
Beans, Fresh Baby Carrots, Rosy
Applesauce

2 – Fun Lunch^{N V WG}
Uncrustable, String Cheese, Apple
Slices, Assorted Veggies, Goldfish
Crackers



V = Vegetarian **WG** = Whole Grain **N** = Contains Nuts **TN** = Contains Tree Nuts **PTN** = Produced in Plant Containing Nuts/Tree Nuts

*Menu Subject to Change

This Institution is an Equal Opportunity Provider