

Jesuit High School Campus Ministry

Para una traducción al español, vaya a <https://www.jesuitportland.org/spiritual-life/campus-ministry/retreat-offerings>

Your parents/guardians might be interested in this- we repeat!

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What to Bring on the Freshman Overnight Retreat and Other Important Stuff to Know!

Departure:

Bring all your overnight stuff to the Smith Gym Overhang at 11:38 on Saturday January 25 for Retreat 1 and Sunday January 26 for Retreat 2 at 11:38! We will have a short meeting and then leave promptly. We will not wait for you. Remind your parents that the Jesuit staff phone number is at 503-799-8143. Also remind them to leave the number where they can be reached that weekend if it is different from that marked on your application form. You will be at Camp Solomon Schechter (I- 5 exit 101) in Olympia, WA. We only have a light snack scheduled for the afternoon **so eat a huge breakfast or brunch!** (let us know if you have dietary restrictions)

PLEASE READ THE NEXT HALF PAGE FOR KOSHER DIETARY RESTRICTIONS

What to Bring:

- sleeping bag and pillow (teddy bear and/or "blankie" if you need it)
- change of clothes for overnight (bring wet weather gear)
- extra pair of shoes
- toilette articles (a toothbrush is a commonly forgotten item)
- a water bottle if you get thirsty (you can refill there - no problem)
- an open and trusting attitude, a sense of humor, a sense of the Spirit of God
- if you bring candy or any food, please follow the rules on the next 1/2 page

What not to Bring:

- drugs -alcohol -tobacco or chew -homework
 - any personal sound/video transmitting device including your phone for this
 - any personal computer device (notebook, hand held games, etc) -.
 - if there is a need to talk to your parents, phones will be provided, if you bring a cell phone, it must be turned off before you get on the bus and can be turned on after you get into the state of Oregon on the way home.
- Please have your parents/guardians read the attached article.*

ON THIS RETREAT, YOU ARE ASKED TO NOT BRING ANY FOOD CONTAINING NUTS

Special Notes:

1. You can be picked up at Jesuit to go home around 12:30 p.m. on Sunday or Monday, (depending on your retreat day).
2. As the Freshman Overnight Retreat is a school function, all appropriate school rules will be enforced. Yes, you can wear sweats!
3. We will open the freshman hall after the retreat gets back in case you need books for homework. About homework during the retreat, there's no way you'll ever have a chance to do it.

More Personal Notes:

The leaders and adults are looking forward to sharing this overnight with you. We have worked hard over the past few months to make this an exceptional experience for you. We hope this 19th ever Freshman Overnight Retreat will be great. If you have any special concerns or questions, please see Mr. Clarke.

Alex Jacquemin, Senior Lead

Alexa O'Halloran, Senior Lead

SOME THOUGHTS ABOUT GOING TO SOLOMON SCHECTER

We, at Jesuit, have been going to Camp Solomon Schechter for over 29 years.

Camp Solomon Schechter is a Jewish Camp and has been a special place for Jews of the Northwest for over 50 years. If you look with "open to growth" eyes, you will see signs of their faith expression all around. (On the door frames, you will see a Mezuzah which contains the shema from Deuteronomy 6:4-9.) *In May of 2002, after a beloved teacher, Mr. Herm Schattenberg (his plaque is near room 10 in Xavier Hall), died while on the March Encounter, the camp placed a memorial tree and bench in his memory.* We want to make sure that we can continue to return to this sacred place. So read on for ways you can make sure we can return for years to come...

Camp Solomon Schechter is a Jewish Camp that adheres to a **strict** Koshrut Policy. This means that foods consumed at the camp are to be Kosher.

Without getting very technical, this basically means that dairy and meat products cannot mix and that only properly prepared and approved food can be served.

As far as snacks go for the camp, we at Jesuit will do everything to respect the camp's desire for this policy ... we do know that the following snack foods companies are usually acceptable on the camp grounds:

Mars Candy products

Frito Lay Products

Sunshine Cookies and Crackers

The candy shouldn't be of the "gelatin kind" (Skittles, gummi bears or worms etc).

The main issues are that the preparation is approved and that dairy and meat do not mix. When you purchase snacks from the bulk food areas of some stores, it may not be well marked as to what ingredients were used and because of that we ask that you not bring those kinds of snacks to the camp. In other words "if you have a doubt, leave it out." Any cookie or cracker that may say "beef fat or by product" or "lard" as a filler is not acceptable.

Kosher foods that are found in stores usually have a "K" or a "U" with a circle around it signifying that the preparation and contents of the food have been rabbinically approved. Sometimes you will see the word "Dairy" or the word "Parve" on a package denoting that the food is Kosher but can't be mixed with certain kinds of food.

Please respect this camp's religious values as we expect others to respect ours at Jesuit.