# COYOTE COMPOSITE

YOUTH MOUNTAIN BIKE TEAM EMPORIA. KS

## INFORMATIONAL MEETING 1/28/25 | HIGH GEAR | 6 PM

## WHO WE ARE

We are certified coaches from all walks of life who are passionate about bikes and the youth. We are excited to get more Jr. High / High School (6th-12th) kids mountain biking in Kansas.

#### CONTACT

- Ryan Balkenhol (620)757-1539 Adam Galindo (620)757-3540
- questions@teamcoyotemtb.org
- @coyotecomposite @coyote\_trail
- Coyote Composite -NICA Youth MTB Team



### DONATIONS:

If you would like to make a donation please email: donations@teamcoyotemtb.org



**□៤** □ Look for updates and meet & greet meeting info later this month on our website!

### **TEAM INFO:**

Practices: Tuesdays and Thursdays with Floating Weekend rides.

League dues are \$360 per year & cover:

- NICA Student Membership
- Insurance
- · 5 Event Race Weekends
- · 6 Months of Access to NICA Coaches
- · 6 Months of Program Resources
- · Scholarships Available

### **EVENT WEEKENDS:**

• April 5-6 **Wilson Lake** Wilson

**Fancy Creek** • April 12-13 Manhattan

**Lewis-Young Park**  April 26-27 Louisburg

**GRiT - Snake Farm** May 3-4 Lawrence

May 10-11 **Snake Farm** Lawrence

**May 17-18 Kaw River State Park** Topeka

# FREQUENTLY ASKED QUESTIONS

## Where Can I Get More Information?

- Email questions@teamcoyotemtb.org
- Attend a team information/meet & greet meeting in January - Watch our website for locations and times.

## What time are the practices?

 Practices will be from 6:00pm-7:30pm Tuesday and Thursday, with an occasional Saturday or Sunday. Practices will begin on February 11, 2025.

## Where are practices held?

 Practices will be held at various locations throughout the season. (Ex. ESU, Lyon County Fairgrounds, Camp Alexander, and Private Trails.)

## Is \$360 all-inclusive or will there be additional fees?

• Yes-\$360 is all inclusive for all race fees and NICA statewide events. Scholarships may be available for student-athletes.

## What equipment do you need?

- Helmet (required to be worn at all times when on the bike).
- Flat bar bicycle (two wheels and pedals).
- Gloves (recommended).
- Tubes/tire repair kit/Air pump (recommended).
- Water bottle on the bike (Required).

## Can I bring a friend to try it out?

• Yes! We offer a one-day waiver for those that are interested.