



# FEBRUARY | 2025

## Trigg County Head Start & Trigg Tots Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>3</b></p> <p>WG Cereal, Fruit, Milk</p> <p>Bosco Sticks, Marinara Sauce, Veggie Cups, Fruit, Milk</p>	<p><b>4</b></p> <p>Cinnamon Toast &amp; Yogurt, Fruit, Milk</p> <p>Pizza Anytimers, Roasted Veggies, Fruit, Milk</p>	<p><b>5</b></p> <p>Chicken Biscuit, Peaches, Milk</p> <p>Chicken Nuggets, Green Beans, Tater Puffs, WG Roll, Fruit, Milk</p>	<p><b>6</b></p> <p>French Toast Sticks, Fruit, Milk</p> <p>Chicken &amp; Waffles, Sweet Potato Wedges, Fruit, Milk</p>	<p><b>7</b></p> <p>Apple Cinnamon Texas Toast, Strawberry Cup, Milk</p> <p>Pizza, Garden Salad w/tomato, Fruit, Milk</p>
<p><b>10</b></p> <p>WG Cereal Fruit, Milk</p> <p>Popcorn Chicken, Stir-Fry Veggies, Orange Wedges, Milk</p>	<p><b>11</b></p> <p>French Toast Sticks, Strawberry Cup, Milk</p> <p>Hot Dog, Tater Tots, Banana, Milk</p>	<p><b>12</b></p> <p>Sausage Biscuit, Banana, Milk</p> <p>Pizza, French Fries, Apple Slices, Milk</p>	<p><b>13</b></p> <p>Banana Muffin &amp; Cheese Stick, Orange Wedges, Milk</p> <p>Spaghetti, Brussel Sprouts, WG Garlic Bread, Fruit, Milk</p>	<p><b>14</b></p> <p>Cinnamon Bun, Fruit, Milk</p> <p>Pizza, Corn, Fruit, Milk</p>
	<p><b>18</b></p> <p>WG Cereal, Raisins, Milk</p> <p>Chicken Sandwich, Baby Bakers, Fruit, Milk</p>	<p><b>19</b></p> <p>Chicken Biscuit Peaches, Milk</p> <p>Fried Chicken, Mashed Potatoes, Green Beans, WG Roll, Fruit, Milk</p>	<p><b>20</b></p> <p>Yogurt Box, Pineapple, Milk</p> <p>Bread Stick w/ Marinara, Broccoli &amp; Cheese, Fruit, Milk</p>	<p><b>21</b></p> <p>Breakfast Sandwich, Banana, Milk</p> <p>Pizza, Garden Salad w/tomato, Fruit, Milk</p>
<p><b>24</b></p> <p>WG Cereal, Raisins, Milk</p> <p>Bagel Pizza, French Fries, Fruit, Milk</p>	<p><b>25</b></p> <p>French Toast Sticks, Banana, Milk</p> <p>Chicken &amp; Cheese Quesadilla, Fiesta Corn, Peaches, Milk</p>	<p><b>26</b></p> <p>Sausage Biscuit Banana, Milk</p> <p>Cheeseburger, Cucumber Slices &amp; Dip, Fruit, Milk</p>	<p><b>27</b></p> <p>Breakfast Bowl &amp; Toast, Fruit, Milk</p> <p>Egg Scramble, French Toast Stick, Hashbrowns, Fruit, Milk</p>	<p><b>28</b></p> <p>Yogurt &amp; Blueberry Mini Bites, Blueberries, Milk</p> <p>Pizza, Corn, Fruit, Milk</p>

**News**  
**Menus are subject  
to change without  
notice.**

**This institution is  
an equal  
opportunity  
provider.**

**Milk served with all  
meals.**

