



FEBRUARY | 2025

Trigg County Middle & High Breakfast Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3

Chocolate Muffin & Cheese Stick or Chicken Biscuit
Fruit,
Apple Juice,
Milk

4

Cinnamon Toast & Yogurt or Tornado,
Fruit,
Orange or Apple Juice,
Milk

5

Sausage Pancake Sandwich or Sausage Biscuit,
Peaches,
Orange or Apple Juice,
Milk

6

French Toast Sticks or Breakfast Sandwich,
Fruit,
Orange or Apple Juice,
Milk

7

Apple Cinnamon Texas Toast or Tornado,
Strawberry Cup,
Orange or Apple Juice,
Milk

10

Donut Hole or Breakfast Sandwich,
Fruit,
Orange or Apple Juice,
Milk

11

French Toast Sticks or Chicken Biscuit,
Strawberry Cup,
Orange or Apple Juice,
Milk

12

Sausage Biscuit or Tornado,
Raisins,
Apple Juice,
Milk

13

Breakfast Sandwich or Chicken Biscuit,
Orange Wedges,
Apple Juice,
Milk

14

Cinnamon Bun or Biscuit & Gravy,
Fruit,
Orange or Apple Juice,
Milk



18

Mini Donuts or Chicken Biscuit,
Raisins,
Orange or Apple Juice,
Milk

19

Sausage Pancake on a Stick or Bagel & Strawberry Cream Cheese,
Peaches,
Orange or Apple Juice,
Milk

20

Yogurt Bag or Tornado,
Pineapple,
Apple or Orange Juice,
Milk

21

Breakfast Sandwich or Sausage Biscuit,
Mandarin Orange Cup,
Apple Juice,
Milk

24

Mini Donuts or Sausage Biscuit,
Raisins,
Orange or Apple Juice,
Milk

25

French Toast Sticks or Tornado,
Banana,
Orange or Apple Juice,
Milk

26

Sausage Biscuit or Breakfast Sandwich,
Banana,
Orange or Apple Juice,
Milk

27

Cinnis Mini or Tornado,
Fruit,
Fruit Punch,
Milk

28

Yogurt & Blueberry Mini Bites or Sausage Biscuit,
Blueberries,
Orange or Apple Juice,
Milk

News

Menus are subject to change without notice.

This institution is an equal opportunity provider.

Milk served with all meals.



MY SCHOOL BUCKS