

Upland Unified School District



February



breakfast daily

Whole Grain Breakfast Bread
Variety
Bagel & Cream Cheese
Whole Grain Cereal Variety
Whole Grain Breakfast Bars
Yogurt (9 g of sugar)
Mozzarella String Cheese

breakfast specials

Monday

Chicken Waffle Sandwich

Wednesday

Turkey Sausage & Cheese Tamale or
Three Cheese Turkey Sausage Burrito

Friday

Pancakes or Waffles & Turkey Sausage



Local Farm-Fresh Seasonal Fruit & Veggies
Local Driftwood Dairy California Milk 1% White Milk
or Non-Fat Chocolate Milk (Lunch Only)

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*Menu subject to change
*This institution is an equal opportunity
provider and employer"

February

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served daily

Farm Fresh Salad Bar is Offered Daily

Local Driftwood Dairy California Milk 1% White Milk or Non-Fat Chocolate Milk (Lunch Only)



= featuring new item

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Corn Dog whole grain nitrite/nitrate free american salad bar	4 Taco Tuesday ground turkey inside two hard shell tacos taco bar	5 Chicken Taquitos fiesta salad bar	6 Chicken Parmesan breaded chicken topped with tuscan tomato sauce and melted mozzarella cheese served with pizza crackers american salad bar	 7 Grilled Chicken Drumstick served with crispy tater tots and a bread roll seasonal salad bar
10 <i>Lincoln's Birthday</i> 	11 Teriyaki Chicken & Chicken and Veggie Egg Roll served with sweet and sour sauce asian salad bar	12 French Bread Pizza whole grain cheese pizza american salad bar <i>Pink Milk Served all week</i>	13 <i>National Cheddar Day</i> Cheese Enchiladas smothered in low sodium green enchilada sauce fiesta salad bar	 14 <i>Valentine's Day</i> Heart Shaped Chicken Nuggets served with a heart sugar cookie seasonal salad bar
17 <i>HAPPY Presidents Day</i> 	18 Chicken Chile and Cheese Flautas taco bar	 19 Grilled Chicken Sandwich served on a brioche bun sandwich salad bar	 20 <i>National Muffin Day</i> Turkey Chili & delicious cornbread muffin seasonal salad bar	21 Chicken Fajita Bowl seasoned chicken & veggies fiesta salad bar
 24 Cheese Ravioli served with buttery toasted garlic bread seasonal salad bar	25 Orange Chicken served over pre-made fried rice asian salad bar	26 Hot Dog juicy jennie-o turkey hot dog on a whole grain hot dog bun american salad bar	 27 <i>National Strawberry Day</i> BYO Parfait with vanilla yogurt strawberry granola strawberry cup parfait bar	 28 <i>National Pancake Day</i> Turkey Sausage Pancake Bites breakfast salad bar



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