



IT'S OKAY

to not be okay

LiveUp Counseling Provides:

- Licensed therapists for adults, couples, families, children, and adolescents.
- Appointments in-person or via Telehealth
- Immediate availability for new clients (*all major insurances accepted*)

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- **Harrisburg**
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- **Lebanon**
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- **Chambersburg**
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Our Services

- Anxiety & Stress Management
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- Parenting/Family Conflict
- Trauma
- Anger Management
- LGBTQIA+ Concerns

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Reach Out Today

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