

Wellness Committee – January 7, 2025

The Wellness Committee met on January 7, 2025. At the meeting the following topics were discussed:

In the elementary schools, Taste Test Tuesdays will start at all the schools with the goal to expose students to new healthy food options. Each building will have some unique events they are working on or have scheduled and those will be posted on the District Wellness Calendar. The middle school will continue with Healthy Habit announcements. At the high school, a Health Fair is being organized and will be scheduled for late April with a date to be finalized. District-Wide, Marilyn, the Whitsons Food Service Director began a second round of meetings with students at each building and these should be completed in the coming weeks so that new featured menu items can be placed on the menus at each school. A few examples are chicken with alfredo sauce and a cheesy roll-up. Finally, the District continues to see an increase in meal counts at all buildings and will continue to do promotions throughout the remainder of the school year. The next committee meeting is scheduled for April 8, 2025, at 3:45 p.m. in high school room 102.