



GMS 7 & 8

January 2025 Lunch Menu

Choice of 1% or Fat Free Milk.
Is provided with each meal

Available Daily:
Fresh fruit/Salad Bar
GIS Available Weekly—Wrap,
Yogurt or Salad

All students are entitled to
one free lunch per day.
**Students will be charged
for any additional lunches*


Student Lunch = an entrée & 2 choices
of fruit and/or vegetable and milk

**= Whole Grain Items

Menu is subject to change
without notification

This institution is an equal



		1 NO SCHOOL New Year's Day	2 NO SCHOOL	NO SCHOOL
6 **Ravioli Green Beans **Breadsticks Fresh Pear	7 **Bosco Sticks Marinara Cup Celery Sticks Fresh Oranges	8 OS Pizza Romaine Salad Cauliflower Grapes	9 Hot Dog **on a Bun **Sun Chips Carrots Apple Slices Caramel Cup	10 **Chicken Tenders Mashed Potatoes **Wheat Roll Applesauce Cup
13 ** Cheese Quesadilla Salsa Refried Beans Fresh Apple	14 Cheeseburger **on a Bun Potato Smiles Slushie	15 **Stromboli Romaine Salad Broccoli Pear Cup	16 **Corn Dog on a Stick Red Pepper Slices **English Spanish Cookie Orange Smiles	17 **Chicken Patty on a **Bun Carrots Flavored Applesauce
20 NO SCHOOL P.D. DAY	21 Mac & Cheese **Dinner Roll Peas Zee Zee Dried Fruit	22 **Pepperoni Calzone Romaine Salad Cherry Tomatoes Slushie	23 Assorted Sandwiches On a **Bun Fresh Baby Carrots **Extra Cheddar Goldfish Crackers Fresh Apple	24 WINGS & RINGS Boneless Chicken Onion Rings **Wheat Roll Mandarin Oranges
27 **Pretzel Cheese Green Beans Assorted Fruit	28 **Popcorn Chicken Mashed Potatoes Corn **Wheat Roll Craisins	29 **Pizza Crunchers Romaine Salad Zucchini Peach Cup OS GIS	30 **Breakfast Pancakes Sausage Potato Triangles Juice	31 Hamburger on a **Bun Chick Pea Salad **Smart Pop Popcorn Canned Fruit Mix