

Hart County School District
Recommendations for Improving the School
Nutrition Environment
2024-2025

Standard 1: Organization - The school nutrition programs have been positioned and are accepted as part of the learning community.

Recommendations: Encourage schools to promote breakfast and lunch programs in an effort to raise awareness of eating healthy.

Standard 2: Financial Management - The administration of the school nutrition programs is characterized by sound, data-driven financial and accounting practices in accordance with federal and state regulations and guidelines.

Recommendations - Continue following KDE and Federal guidelines to remain in compliance and maintain a sound financial state.

Standard 3: Human Resources - School nutrition program staff is qualified to implement the goals of the program.

Recommendation: Encourage new and veteran staff to take a food safety class each year along with inhouse trainings.

Standard 4: Nutrition Standards - School Nutrition Program meals are planned to meet the nutritional needs of all students.

Recommendation: With upcoming regulations from the state of decreasing sodium and added sugars in purchased foods, nutrition program staff will begin searching for new food choices, batch cooking recipes to control sodium and sugars as well as removing current products that are currently high in sodium or added sugars.

Standard 5: Nutrition Education - Nutrition education is embedded in all areas of the curriculum and the district and schools promote healthy eating habits.

Recommendation: Encourage teachers and principles to implement nutrition education in other content areas and document this in their lesson plans.

Standard 6: Preparation and Service - Preparation and serving procedures assure the delivery of high quality meals in a student-centered, safe and sanitary environment.

Recommendation: As recommended by the state department, the HACCP (Hazard Analysis Critical Control Point) Plan will be reviewed and put into practice in all kitchens yearly.

Standard 7: Procurement - Purchasing practices are in place to ensure the use of high quality ingredients and assure ethical use of public funds.

Recommendation: Continue practicing within procurement guidelines to remain compliant with the state regulations.

Standard 8: Communications and Marketing - The school nutrition program utilizes a comprehensive communication and marketing strategy designed to provide information about and promote the benefits of the program to all members of the learning community

Recommendation: Improve online nutritional information and promotions within the schools of health eating.

Recommendations for Improving the Physical Activity Environment

- Promote local physical activity programs in schools and the community such as school sports programs, nature walks in local park and historical sites and community walk/run events.