



Resource Sheet

MENTAL HEALTH CRISIS	
Suicide and Crisis Lifeline	988
National Crisis Text Line	741741

MENTAL HEALTH CRISIS		
Psychiatric Emergency Screening Service–PESS	M: O:	732-923-6999 732-886-4474
Early Intervention Support Services- EISS (CREST / Bright Harbor in Ocean County)	M: O:	732-922-1042 732-240-3760
YOUTH AND FAMILIES		
CMRSS – Children’s Mobile Response & Stabilization Service performcarenj.org		877-652-7624
(FCIU) Family Crisis Intervention Unit	M: O:	732-542-2444 908-770-2926
CHILD ABUSE / NEGLECT		
NJ Department of Children and Families		877-652-2873
SUICIDE PREVENTION		
NJ Hope Line njhopeline.com		855-654-6735
2 nd Floor Youth Helpline 2ndfloor.org		888-222-2228
LGBTQ Youth thetrevorproject.org		866-488-7386

ADDICTION HOTLINES	
New Jersey Addiction Services Hotline	844-276-2777
NJ Connect for Recovery jconnectforrecovery.org	855-652-3737
Gamblers Problem Hotline 800gambler.org	800GAMBLER 800-426-2537
TOBACCO/NICOTINE njquitline.org	866-657-8677
NARCAN TRAINING JSAS HealthCare, Inc.	732-988-8877
SELF HELP	
Alcoholics Anonymous nnjaa.org	800-245-1377 908-687-8566
Narcotics Anonymous nanj.org	800-992-0401
Nar-Anon naranonofnj.org	800-424-4491
Al-Anon (English) nj-al-anon.org (Spanish)	973-744-8686 973-483-8115
VETERANS’ SERVICES	
Monmouth County	732-683-8675
Ocean County	732-929-2096
DOMESTIC VIOLENCE	
180 Turning Lives Around (Monmouth) 180nj.org	888-843-9262
Providence House (Ocean)	800-246-8910