

FAMILY SUPPORT

newsletter

JANUARY

PARENTING WITH NATURAL AND LOGICAL CONSEQUENCES

The goal of parenting is to raise children who can become responsible, independent adults. Instead of constantly telling children what to do, allowing them to experience natural and logical consequences can be more effective in teaching responsibility and decision-making.

Natural consequences are the natural results of a child's actions, such as a child forgetting a rain jacket and getting wet, or leaving a toy out and having it destroyed by a pet. These consequences occur without parental intervention and help children learn the direct impact of their choices.

Logical consequences, on the other hand, are predetermined by parents and are directly related to the child's actions. For example, if a child refuses to eat vegetables, they may not get dessert. These consequences are discussed with the child beforehand to help them understand the connection between their behavior and the result.

Read more in the articles below!



SUGGESTIONS

Natural Consequences:

Paying for a window they broke effective because they directly link the child's actions to the outcome, helps them learn responsibility

The Love and Logic Generic Consequence (Energy Drain)

Explaining how the child's behavior has drained their energy and requiring the child to restore that energy through a task.

For example, if a child lies, a parent might say, "Worrying about your lie drained my energy. You can restore it by raking the lawn for me."

Read more in the articles below!

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