

## INSTRUCTIONAL TIME GUIDELINES

In accordance with ED 306.26 (b) (1) and (2), the Governor Wentworth Regional School Board established the following guidelines regarding the distribution of instructional time in grades K-8:

- Relative to arts education – no less than 40 minutes and no more than 100 minutes per week in grades K-6 and no less than  $\frac{1}{4}$  of a year instruction in grades 7 & 8.
- Relative to English/language arts – no less than ~~60~~ **120** minutes per day for students in grades **K-3** , **100 minutes per day for students in grades 4-6**, and no less than 45 minutes per day in grades 7 & 8, **plus an additional 40 minutes per week for students in grades K-6 for writing.**
- Relative to health education program – no less than 10 hours a year in grades 1-6 and no less than  $\frac{1}{4}$  of a year in grades 7-8. Instruction in grades 1-3 should be integrated.
- Relative to physical education program – no less than 40 minutes and no more than 100 minutes per week in grades K-6 and no less than  $\frac{1}{4}$  of a year instruction in grades 7 & 8.
- Relative to information and communication technologies – instruction must be integrated into the content area instruction.
- Relative to mathematics program – no less than **90** minutes a day for students in grades K-6 and no less than 45 minutes per day in grades 7 & 8.
- Relative to science education – no less than 40 minutes a week for students in grades **K-6** and no less than 45 minutes per day in grades 7 & 8. Science instruction in kindergarten should be integrated in language arts instruction.
- Relative to social studies education – no less than 40 minutes a week for students in grades **K-6** and no less than 45 minutes per day in grades 7 & 8. Social studies instruction in kindergarten should be integrated in language arts instruction.
- Relative to family/consumer science – no less than  $\frac{1}{4}$  of a school year in grades 7-8.

**Legal References:**

*N.H. Code of Administrative Rules, Section Ed 306.26(b), Local Time Schedule*

Approved: 6/2/08

Reaffirmed: 5/18/09

Revised: 10/7/13, **11/06/2023**