



Wednesday, January 15th 2025  
**BELLFLOWER MIDDLE & HIGH SCHOOL**

# DAILY BULLETIN

## Breakfast

**Tomorrow**

-  Turkey Sausage  
Breakfast Pizza  
or  
 Fresh Berry Cream  
Cheese Bagel

### TODAY'S SCHEDULE

REGULAR DAY  
Maroon - 1, 3, 5, 7

Period 1  
8:30 - 10:02 AM

Snack  
10:02 - 10:11 AM

Period 3  
10:17 - 11:49 AM

M.S. Lunch  
11:49 - 12:20 PM

H.S. Period 5  
11:55 - 1:27 PM



M.S. Period 5  
12:26 - 1:58 PM

H.S. Lunch  
1:27 - 1:58 PM

Period 7  
2:04 - 3:36 PM

## Lunch

**Menu**

-  Orange Chicken  
Steamed Rice  
Steamed Broccoli  
or  
**Beef BBQ Rib Sandwich**  
Jicama w/Tajin  
Pineapple Spears  
or  
 Orange Chicken-less  
Nuggets

**GAME  
DAY**

**BOYS SOCCER AT NORWALK**

**3:00 PM - FROSH SOPH**

**GIRLS BASKETBALL AT FIREBAUGH**

**5:30 PM - VARSITY**

**BOYS BASKETBALL AT FIREBAUGH**

**7:00 PM - VARSITY**

**QUOTE OF THE DAY:**

**"BE SO GOOD THEY CAN'T IGNORE YOU."**

**- STEVE MARTIN**

## WHAT'S HAPPENING

- **SENIORS...** February 14 is the deadline for purchasing Senior Ads through the ASB office.
- **Attention Middle School! Bible Club** meets today at lunch in room 716. Bring your lunch, bring a friend, see you there!

# WHAT ELSE IS HAPPENING

- Attention all Buccaneers, ASB needs your help! ASB is organizing a donation drive to support the victims of the recent LA Fires. Many families have been displaced and are in need of essentials like non-perishable foods and toiletries. To see the full list of items needed, please check our post on the We Are Bellflower instagram. Donations can be dropped off in room 411 or the ASB office starting today through Friday. Let's come together as a community and show our support to those in need. Every little bit counts! Thank you for your generosity, and let's make a difference together!
- YBS is inviting all students grades 8-12th to attend the HBCU college fair and Battle of the Bands Drumline competition at the SoFi Stadium on February 1st from 9-4pm. If interested, we'll need your name ASAP. Please come to the library to receive a field trip slip.
- Attention Gamers... interested in competing statewide against other high school students? Or interested in scholarships for playing games for the school? Stop by Room 720 with Coach Chek at High School lunch to get signed up for updates and more information. Try outs start this Thursday and Friday. The games this season are as follows: Rainbow 6 Siege, Super Smash Bros, Overwatch, Marvel Rivals, and Valorant. If you want to compete in other games; come by and ask and we can get you setup.
- SENIORS... Every Wednesday from 12:30 PM to 3:30 PM, Maria Castillo, our Cerritos College representative, will be in the College & Career Center to help with Cerritos College applications and provide information about their programs and resources. Seniors interested in attending Cerritos College, be sure to stop by!!
- Bucs - The Wellness Center will be hosting another Grief Group Counseling opportunity this Spring. If you have experienced the loss of a loved one and are interested in joining this group please complete the interest form posted in your C/O google classroom. Mrs. Jones will follow up with you soon.
- Attention to Margaret's Place Peer Leaders... The first meeting will be held tomorrow, Thursday, January 16, during lunchtime, at Margaret's Place, room 512. So please attend!
- Good morning and Konichiwa! Don't miss out on our Japan adventure taking place next school year! The early-bird enrollment of \$200 expires March 1, so come by room 106 and speak to Madame Vann to enroll today. Don't miss out on walking through Kyoto, Tokyo, historical Hiroshima, and Tokyo Disney Sea.
- To celebrate Dr. Martin Luther King Jr. Day, YBS will be hosting MLK trivia on Friday 1/17/25 @ lunch in front of the ASB office. Come by, spin the wheel, and see how much you really know about Dr. King. Prizes will be awarded.

# WHAT ELSE IS HAPPENING

- Congratulations to the week's On Time Treat raffle winners! This was a great first week back with the least amount of Tardies all year! The Winners of the On time raffle for week of 1/6 - 1/10. You will get your early lunch and/or snack pass this morning  
7th grade Nathan Ramirez & Katy Madrigal  
8th grade Valery Felix-Villa & Angel Perez  
9th grade Evelyn Rivera & Bryan Serrano  
10th grade Julian Garcia & Mitchell Rey Johnson  
11th grade Basel Awad & Tavake Pulu  
12th grade Alyssa Supnet & Nathan Heang
- **\*\*Exciting News from Bible Club\*\*** Do you have a prayer need? Big or small, we're here to pray for you! We've created a "Prayer Request Form" just for you. It's quick, easy, and private. Simply scan the QR code and let us know how we can lift you up in prayer.  
**\*\*What can we pray for?\*\***
  - Stress about school, tests, or grades
  - Challenges with friendships or relationships
  - Worries about the future, college, or career
  - Family struggles or personal growth
  - Anything on your heart--you name it!**\*\*Remember\*\***
  - You're never alone- God hears you, and so do we. Your requests will be prayed for with care and love.
  - Look for our flyers hung around campus. Scan the QR code today and let's keep the prayers flowing!
- Attention all 7th and 8th grade students! Cross Country Intramurals starts this month during 8th period and after school! All interested students should come see Coach Adriance in room 502 to sign up during snack or during middle school lunch. The first meeting will be next Monday, January 20th at the track. See you there.