

School Health Advisory Meeting

September 10, 2024

4:00p.m.

DISD Board Room

AGENDA

Welcome and Introductions

Jerri Bone

Food Pantry Presentation by Junior League, Denison

Heather Shilling

School Safety Update

Paul Neumann

Telehealth Promo & Update

Rachael Ricker Weger

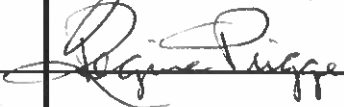
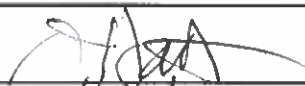
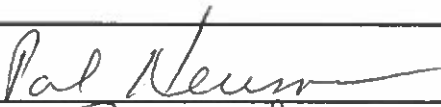
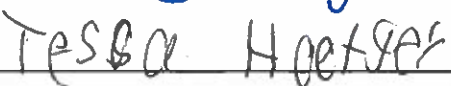
Mental Health Update

Jacquine Melancon(by Jerri Bone)

Other

School Health Advisory Meeting--Sign In Sheet

9/10/2024

<u>Members</u>	<u>Signature</u>	<u>Committee Role</u>
Jerri Bone		Chairman
Regina Prigge		Co-Chairman
Holly Bach		Secondary Administrator
Emily Barnett		Elementary Administrator
Shonda Cannon		Curriculum/Instruction
Brenda Hayward		Community/Mental Health
Dr. Jeannine Hatt Phelps		Community/Physical Health
Debbie Hosford		Food Service
Lauren Hossle		Food Service
Jerika Liggett		Food Service
Cassie McGehee		Parent
Jacquine Melancon		Counseling/Mental Health
Paul Neumann		School Safety
Rita Noel		Parent Services/Attendance
Ava Owens		Parent
Rachael Ricker Weger		Nursing Services
Scotty Voight		Physical Education/Coach
		
		
Tessa Hoelger		

Cindy Aguilar	Cinda Delell	parent/community

School Health Advisory Meeting

Meeting Information

- Date & Time: 2024-09-10 4:00 PM
- Location: Denison ISD Board Room
- Attendees: See sign-in sheet

The committee discussed the importance of school health, emphasizing mental health, school safety, and physical education. Heather Schilling and Linda Vissering presented a proposal to use \$20,000 from the Denison Lions Club to establish food pantries in schools, aiming to address hunger gaps. The plan includes secure lockers in designated areas, supplementing breakfast and lunch. The committee also reviewed school safety measures, including armed security at every campus and safety grant initiatives. Telehealth programs were highlighted, showing 119 consults last year, with 515 students enrolled. Mental health updates included adding Communities in Schools counselors and training on trauma-informed practices.

Action Items

- [] Schedule a meeting with principals next Wednesday after their regular meeting to discuss individual school needs and how to distribute the funds for food pantries.
- [] Principals to provide feedback on preferred food items and best way to utilize the program at their schools.
- [] Junior League to start purchasing and installing food lockers on campuses once approval and distribution plan is in place.

Outline

Introductions and Committee Roles

- Jerri Bone introduced the meeting, emphasizing the importance of school health, including mental health, school safety, and physical education.
- Various committee members introduce themselves, including Jerri Bone (school administrator and Chairman), Emily Barnett (elementary principal), Linda Vissering (Junior League Representative), Heather Schilling (Junior League President), Rita Noel (Student Support Services), Cassie McGehee (Parent), Paul Neumann (Denison ISD Police Chief), Scotty Voight (PE and Coach), Andrew Gilbert (Assistant Superintendent), Regina Prigge (Director of Assessment and Special Programs), Debbie Hosford (Food Service), Cindy Aguilar (Parent), and Dr. Jeanine Hatt (Community/Physical Health).

Food Pantry Presentation

- Heather Schilling and Linda Vissering present the food pantry proposal, explaining the opportunity to use funds from the Denison Lions Club.
- The funds must be spent on Denison children and must not be used for existing programs like Happy Feet or the Prom Dress Giveaway.
- The Junior League had been discussing the need to fill a hunger gap in Denison schools for a year.
- The proposal includes installing a secure locker in a designated area to provide supplemental food for students who arrive after breakfast or lunch.

Details of the Food Pantry Plan

- The food pantry would be used to supplement existing school meals, not replace them.
- The food would be monitored regularly to ensure it is used appropriately.
- The Junior League would organize volunteers to manage the food pantry, including purchasing, installing, and restocking the food.
- The food would be tailored to the specific needs of each school, with input from principals and nurses.

Discussion and Questions on the Food Pantry Plan

- The committee discussed the logistics of implementing the food pantry, including the type of food to be provided and how it will be distributed.
- The importance of not interfering with existing programs like the Boys and Girls Club dinner program was emphasized.
- The committee considered the needs of different schools, such as providing more canned foods for take-home bags or snack-based carts for schools with high numbers of homeless students.
- The potential to supplement existing backpack programs and address the needs of new juvenile diabetics is discussed.

School Safety Update

- Chief Paul Neumann provided an update on school safety, highlighting the district's efforts to equip armed security personnel at every campus.
- The district is acquiring vehicles and equipment from various sources to support the security team.
- The safety grant process is ongoing, with progress made on fencing, window films, and door numbers for all campuses except Lamar, Terrell, and Houston.
- Mapping for every campus is being implemented to improve response times and coordination during emergencies.

Telehealth Program Overview

- Rachael Weger presented an overview of the school-based telehealth program, highlighting its success and benefits.
- The program has 250 school-based clinics across 30 districts in Texas, with over 20,000 telehealth consults performed last year.
- The program includes point-of-care testing and exams, with proven results and high parent satisfaction.
- The program has helped address nursing shortages and provided affordable access to care for students.

Process Improvements and Benefits of Telehealth

- The telehealth program has undergone process improvements, including increased educational opportunities, new training support, and third-party calling for parents.
- The program now offers translation services for over 250 languages, ensuring access for all students.
- Telehealth reduces absenteeism and truancy, increases learning time and attendance funding, and provides affordable access to care.
- It decreases unnecessary emergency room visits and may be the only healthcare option for some students.
- The program provides a familiar and convenient environment for students, with affordable access to care and decreased unnecessary emergency room visits.

Outreach Programs and Parental Involvement

- The telehealth program offers various outreach programs, including injury prevention, child passenger safety, water safety, and pedestrian safety.
- The program includes a CHIP Medicaid outreach to help parents enroll in Medicaid and other health insurance programs.
- The program aims to provide a medical home for students and ensure they receive necessary preventive health care.
- The program has been successful in addressing the needs of students without medical coverage and those at risk of emergency room visits.

Mental Health Update

- Jerri Bone provided an update on mental health initiatives, including the addition of a Communities in Schools counselor at B McDaniel Intermediate. Scott Middle School and Denison High School continue to employ Communities in Schools counselors.
- Summer staff development included training on trust-based relational intervention, a trauma-informed approach to dealing with students who have faced trauma.
- The importance of addressing mental health needs in schools was emphasized, with ongoing efforts to provide support and resources for students.
- The committee discusses the importance of community involvement and collaboration in addressing mental health issues in schools.

Other

- Rita Noel shared information about Juvenile Sequential Intercept Mapping. A training session on juvenile sequential intercept mapping will be held on September 17, 2024, at probation at Perrin Field. The training aims to help children with mental health issues.

School-Based Telehealth



about school-based telehealth



**First school-based
program in Texas**



**10 years of
partnership with
schools**



**250 school-based
clinics across 30
districts**



**Over 20,000
Telehealth consults
performed**



**Low or no cost to
families**



**Only program to
offer point-of-care
testing and an exam**



**Proven results with
evidenced-based
practices**



**95% parent
satisfaction
80% nurse
satisfaction**



Melanie Bitzer, RN, MSN, CPNP

Director of School Programs

Virtual Health and Innovation Department

- Making life better for children since 1992
- Experience as a School Nurse and Pediatric Nurse Practitioner
- A provider with Children's Health School-Based Programs for 5 years





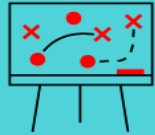
school telehealth staffing- roles and responsibilities



LEADERSHIP

Director

- Oversight of ST program
- Lead program enhancement and expansion
- Manage stakeholder relationships
- Nursing Professional Development.
- ST contract management



STRATEGY

Program Director

- Lead program operations
- Deployment planning
- Data reporting
- Streamline and optimize workflows
- System integrations



ENGAGEMENT/ COMMUNITY

Virtual Health Consultants (2)

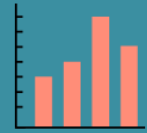
- Outreach and engagement
- Training and implementation
- Nurse education
- POCT distribution and oversight



SERVICE

SPARS (2)

- Scheduling and registration
- Customer service/Call center support
- Program enrollment
- Outreach support



MEASUREMENT

Program Managers (2)

- Quality assurance
- KPIs
- Manage survey data
- Create website content

Additionally, School TH team is supported by Children's IT staff; 1.75 FTEs



school telehealth partners- roles and responsibilities



ADVOCACY

**School Nurses
(268 clinic nurses, float nurses
and nurse leader)**

- Supported by team of 8 ST FTE.
- Train on equipment and process
- Maintain POCT
- Identify students with needs
- Determine if ST visit is appropriate
- Present to CH provider

School Nurse Trends:

- 30-60 students/day per school clinic
- School closures or area growth led to 200-300 more students per school
- Nursing shortages, have led to schools without presenters
- Charter and private schools do not have licensed staff to serve as presenters
- Visit process time previously averaged 30 min
- VHC to school ratio = 80:1

School nursing- in the past
hour I have seen 10
students, talked
to 3 parents, 4
teachers, gave 2
meds, cleaned
puke and pee.
What did you do?
someecards
user card



All About Denison ISD



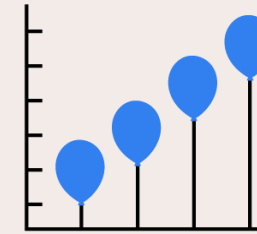
4700 students
8 campuses



9 % Limited English
proficiency
(423 students)



60% Economically
disadvantaged
(2820 students)



25% with chronic
absenteeism
(1175 students)



13% with Medicaid
17% Without medical
coverage
(1410 students)

Sources: Texas Tribune and Denison website

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children'shealth?



all about Denison:

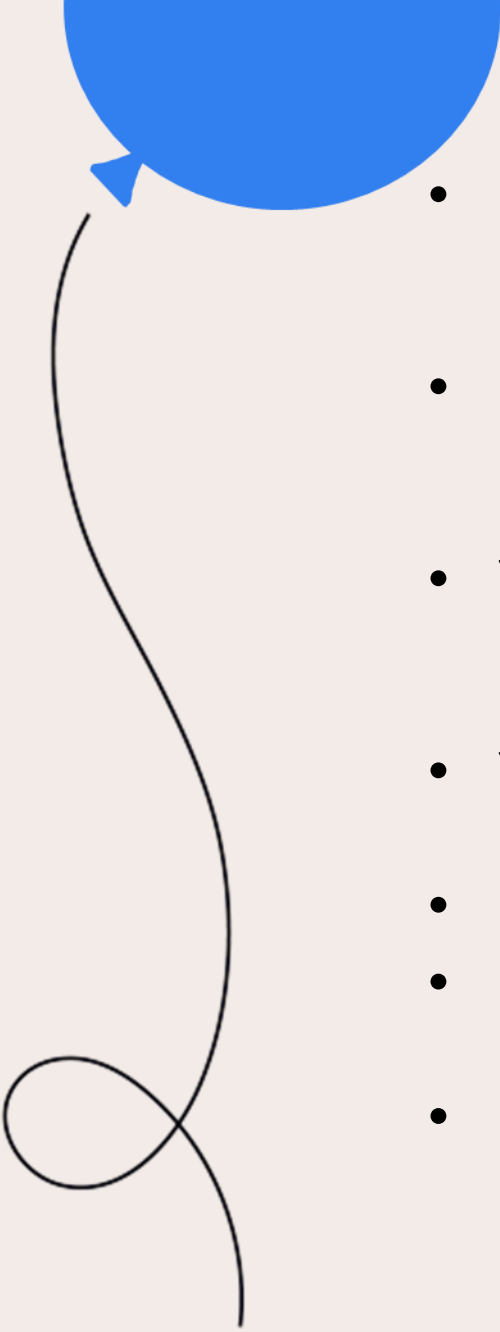


Jen
Dawson
And
Tiffany
Kemp

B. McDaniel Intermediate
Denison High School
Henry Scott Middle
Hyde Park Elem
Lamar Elem
Mayes Elem
Sam Houston Elem
Terrell Elem

Total visits: 119

Only district to have 100% campus participation!



Process improvements:

- **Increased educational opportunities**
 - in-person conferences, in addition to Nurses In
 - Educational link on website has thousands of free CNE
- **New training support:**
 - Self paced video
 - 1:1 mentoring
- **Third-party calling to include parents**
 - Audio or video
 - Invite via Text, call or email
- **Translation services**
 - Over 250 languages
- **No district enrollment**
- **Revised intake with Verbal consent only.**
 - written consent and enrollment done by SPAR
- **myChart – parent access**
 - Hospital wide policy
 - HIPAA compliant
 - No Epic access for nurses

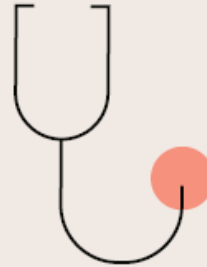
Trusted pediatric care at school – or home

SCHOOL-BASED TELEHEALTH BY CHILDREN'S HEALTHSM VIRTUAL CARE



844-4Telemed

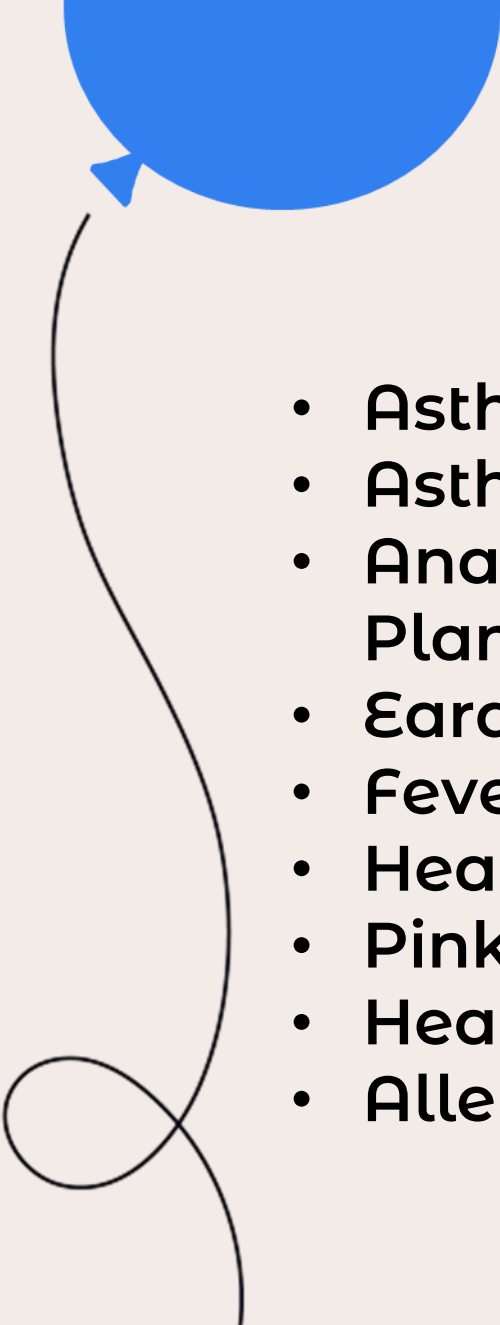
**Appointments can be
scheduled by nurse or
guardian**



**Student seen by CH
provider
via telemedicine**

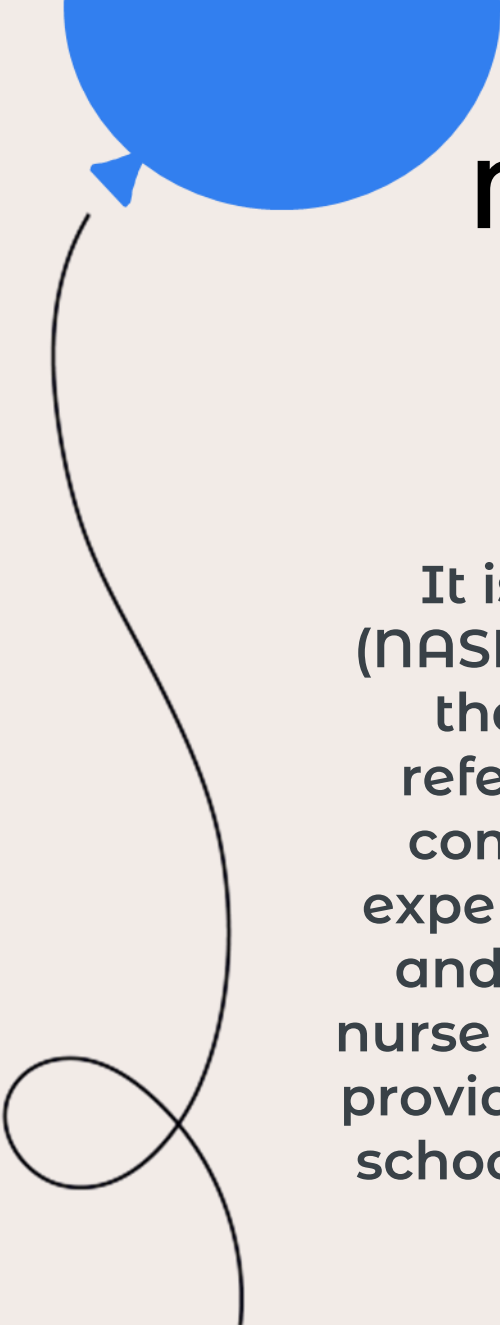


**Diagnosis,
treatment plan,
prescriptions and
school note
provided**



What's appropriate for a telehealth visit?

- Asthma
- Asthma Action Plans
- Anaphylaxis Action Plans
- Earaches
- Fever
- Headaches
- Pinkeye
- Head lice
- Allergies
- Sore throat/Strep
- Rashes or skin irritations
- Covid return-to-school clearance
- Coughs, colds and the flu
- Immunization orders
- Truancy accountability & Much more...



National Association of School Nurses statement on Telemedicine:

It is the position of the National Association of School Nurses (NASN) that utilization of telehealth technology is a valuable tool that can assist registered professional school nurses (herein referred to as a school nurse) to enhance access to school and community health services. A substantial number of students experience health disparities related to lack of access to primary and specialty services and to school nurse services. The school nurse is on the frontlines of student health and has the expertise to provide a critical link and oversight to implement telehealth in the school setting (National Academies of Sciences, Engineering, and Medicine [NASEM], 2021)

Benefits of Using Telehealth For the School District



Reduces
absenteeism/truancy

Increases student learning
time

Increases attendance
funding

Potential for grant
funding

Healthy kids learn better

Benefits of Using Telehealth For School Nurses



-  Provides needed treatment plans and orders
-  Reduced repeat clinic visits
-  Partnership with the entire Children's Health Organization
-  Access to Clinical Education
-  1:1 support from your Virtual Health Consultant

Benefits of Using Telehealth For Parents and Students



- Familiar and Convenient Environment
- Affordable access to care
- Decreased time away from work & school
- Decreases unnecessary ER visits
- May be the only option for healthcare access

Texas Child Health Access Through Telemedicine (TCHATT)

- TCHATT is a state funded, statewide, telehealth program for identifying and assessing mental health needs in children and adolescents.
- It is provided at no cost to families or schools. As of July 2024, we are active in 818 school campuses in our 9- county region (Dallas, Collin, Grayson, Fannin, Hunt, Kaufman, Rockwall, Denton and Ellis)
- Participating schools make referrals to the UTSW/Children's Health TCHATT team and we provide a virtual intake with the family to determine if virtual, short term mental health therapy sessions, psychiatric consultation and/or case management would benefit the child and their family.
- To find out if your school is participating in TCHATT, [click here](#), talk to your school counselor or call 844-856-6926.



tcmhcc
Texas Child Mental
Health Care Consortium

TCHATT
Texas Child Health Access
Through Telemedicine

 **children'shealth?**

UTSouthwestern
Medical Center..



The Children's HealthSM Asthma Management Program is pleased to offer asthma education to local school districts:

The Asthma Experience “Circus:” The Asthma “Circus” interactive event allows students and staff to learn more about asthma through hands-on learning stations. Students can crawl through tunnels representing the airway, hopscotch across air quality zones, explore real life asthma triggers and more.

Asthma Class: Asthma Class is a comprehensive education session on asthma designed for faculty, staff, parents and anyone that will be providing care for an asthmatic in the community.

School Nurse Class: The School Nurse Class offers tailored, in-depth asthma education for licensed health care providers and additional staff. The class is designed to help providers manage their asthmatics throughout the school year.

For more information contact:
Blanca Cruz Escalante, BNS, RN,AE-C
214-885-0974
Blanca.cruzescalante@childrens.com

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Injury Prevention School Based Programs

Injury is the
#1 cause of
death for
children.



Child Passenger Safety

- Booster seat assemblies
- Car seat safety classes for parents/caregivers
- Teacher lesson plans
- Car seat hotline: 214-456-2059



Water Safety

- Make-A-Splash student education (field day like activities).
- Water Safety classes for parents/ caregivers.



Pedestrian Safety

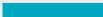
- Walk This Way pedestrian safety event (assembly, parade, & education stations.)
- Teacher pedestrian safety toolkit



For more information contact Cinthia.Vega@childrens.com



CHIP/Medicaid Outreach Program



Free Application Assistance:

- Bilingual staff (English/Spanish) ready to help
- Access to language access line for other languages
- School nurses can refer families or call directly

How to Get Help:

Hotline: (469) 303-5437 or (469) 303-KIDS

Email: stateinsurance@childrens.com

Include the person's full name, phone number, and zip code.

Remember:

Your role is crucial. Please refer families likely to qualify and apply, ensuring the assistance reaches those most need it.

About CHIP & Medicaid:

- Covers kids up to 18 (some with disabilities up to 20)
- Children must be U.S. citizens, legal permanent residents, or qualified non-citizens residing in Texas

Income Eligibility at a Glance:

- **Medicaid:** Family of 4 earning up to \$3,458/mo.
- **CHIP:** Family of 4 earning up to \$5,226/mo.

Key Benefits:

- ✓ Comprehensive health coverage
 - ✓ Regular check-ups
 - ✓ Hospital care & prescriptions
 - ✓ Access to specialists
- 

Get Up & Go

Provider Referred

Weight Management Program

- Ages 6-14
- High body weight
- BMI $\geq$ 85th percentile
- 10 weeks



Type 2 Diabetes Prevention

- Ages 6-14
- Prediabetes diagnosis
- Elevated A1c levels
- Family history of diabetes
- 6 months (14 sessions – 3 in person)



Adolescent Weight Loss Support

- Ages 15-18
- Class 2 and 3 obesity
- 7 weeks (virtual)

Developmental Differences Weight Management

- Ages 8-14
- Cognitive or adaptative limitations (Autism, Down Syndrome, etc.)
- BMI $\geq$ 85th percentile
- 8 weeks



Autism Exercise Fitness

- Ages 8-14
- 8 weeks
- Led by Clinical Dietitian



Contact Us!

Call: (214) 456-6312
Fax: (214) 456-0194
www.childrens/getupandgo
getupandgo@childrens.com

Self Referred

Family Cooking Classes

- Ages 9-14
- 4 weeks
- Led by Clinical Dietitians
- Cooking simple, nutritious meals



Planting Healthy Habits Workshop

- Ages 6-11
- 2 weeks
- Led by Clinical Dietitian
- "Farm to table" concept



In & After-School Nutrition Education

- Ages 6-11
- 4, 6, or 8 weeks
- Led by Health Educator
- Train-the-trainer or turn-key training

Cooking Demonstrations

- Children or Adults
- 90 min – 2-hour class
- Led by Clinical Dietitians
- Food pantries or community partners

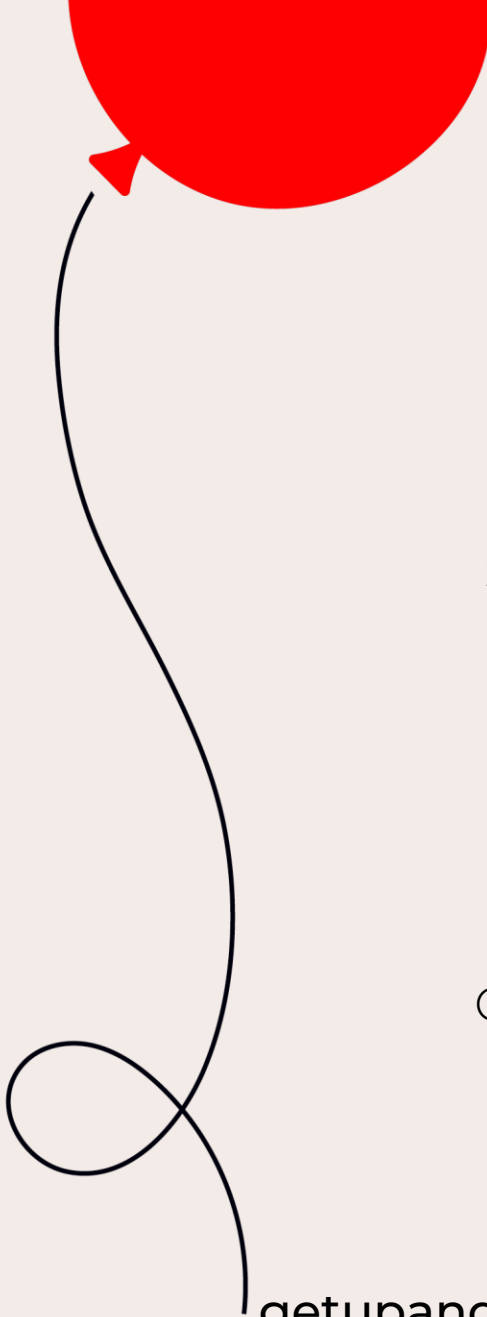
Parent Support Group

- Adults
- Meets monthly virtually
- Led by LMSW

♥ Children must be accompanied by parent or guardian

★ Offered in-person and virtually

* Patients can participate in two or more programs at once.



Hosted by Children's Health Weight Management
Program:

2024 Pediatric Healthy Weight and Obesity Conference
**Supportive and comprehensive healthcare for children with unhealthy
weight and obesity**

Wednesday, September 18th, 2024
8 AM - 3 PM

Children's Health Specialty Center Dallas Campus Independence Hall 2350
N. Stemmons Fwy Dallas, TX 75207

CEUs available, meals provided

getupandgo@childrens.com
www.childrens/getupandgo

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Save the Date!!

School-Based Health Academy

Join us for a full day of free CNE tailored specifically for school nurses, featuring practical applications relevant to daily practice. This comprehensive event will cover requested topics such as diabetes management, neurological disorders, anaphylaxis protocols, and orthopedic triage.

Monday, Oct. 14, 8 am to 4 pm CT
H B Bell Building, Dallas ISD learning center
Buckner Road
Dallas, TX 75241

Questions?



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thank you

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