DAILY HIGHLIGHTS:

TUESDAY FEBRUARY 4, 2025

- Click HERE for today's Bell Schedule! Regular Day!
- -The Wellness Center is offering an Anxiety Group starts 2/6 see below fore more information.
- Boys Volleyball tryouts continue today @ 3:30!
- Boys Golf Meeting FRIDAY 2/7 @ 3:45 in the Library.

IMPORTANT UPDATES/REMINDERS:

PARKING PERMITS:

As a reminder, if you are parking on campus, PLEASE fill out this Google Doc . Once completed, see Ms. Hannah in Student Services to pick up the permit.

SEE SOMETHING, SAY SOMETHING:

Keep Antelope Safe! Report Safety, Discrimination, Bullying, Vandalism, or Other Concerns By Scanning the attached QR code or Click Here.

SCHOOL SAFETY:

As a safety and security reminder, please DO NOT LET OTHER STUDENTS THROUGH THE GATES! Even if they are your bestie! All students MUST check in through the front office!

REDEEM YOUR TITAN POINTS:

Check out the new items in the Titan Store, such as: candy, fidgets, keychains, hand warmers, LED lights, Hydroflasks, and Stanley Cups, just to name a few. Redeem your Titan points & stop by the Student Services widow AT LUNCH OR AFTER SCHOOL (before 3:30PM) to collect your reward today. Not sure how to check or redeem your points? Watch this video! We will NOT send you a pass, come on your own free time.

YEARBOOKS:

It's time to purchase the 2025 Antelope High School Titanum Yearbook for \$95 You can order your yearbook <u>HERE</u>. The school order number is 16015 THANKYOU FORYOUR SUPPORT!

TUZANS



TUESDAY FEBRUARY 4, 2025

STUDENT ACTIVITIES:

SINGING VALENTINES:

Let someone special know you are thinking of them on Valentine's Day! Singing Valentines will be on sale during both lunches in the cafeteria and after school in CTE6 beginning Monday 2/3. \$5 for song/flower/card, \$10 also includes a Valentine's Teddy Bear! 6 song options to choose from! Last day to purchase is Thursday, 2/13. Valentines will be delivered during classes on Valentine's Day! Click HERE to view flyer.

CLOTHING DRIVE:

Key Club is hosting a Clothing Drive from January 20th to February 12th! There will be boxes to put donations in the office and another location (TBD). Service hours can be earned through donations, with each clothing item = 20 minutes of service, and 3 clothing items = 1 hour!

AP EXAMS:

The AP Exam purchasing window is NOW OPEN!! If you are currently taking an AP class, you have until 02/28/2025 to pay for your exam(s)! Click <u>HERE</u> for more info.

<u>Here</u> is the test schedule. Please note: There is a \$40 cancellation or late registration fee this year. Reach out to Mrs. Moore (kmoore@rjuhsd.us) if you have any questions or concerns.

SPRING SATS:

Spring SATs are now available for purchase in person at Student Services with Cash or check and at the webstore with card!

DEADLINE to purchase/register is: Monday, March 17, 2025 11:59pm PST. Exam will be administered on Wednesday, March 19, 2025. Check-in is at 7:30 AM in the Library and the test BEGINS at 8:00 AM. Contact Mr. Orozco- Asst. Principal, lorozco@rjuhsd.us or Mr. Hudson - dhudson@rjuhsd.us with any questions!

DRIVER'S EDUCATION ONLINE COURSE:

Click <u>HERE</u> to view flyer! Classes are FULL for the rest of the year, please email Mr. Scott at sscott@rjuhsd.us for more informaiton.



TUESDAY FEBRUARY 4, 2025

TITAN TUTORS/FRESHMEN MENTORING:

Freshmen Mentor Program - Tuesdays and Thursdays Antelope Learning Lab - Mondays and Wednesdays Click HERE for calendar!

COLLEGE & CAREER:

COLLEGE & CAREER:

Click <u>HERE</u> to view all information about our college & Career center, including Announcements & Events, College & Career Planning, Applying to College, Financial Aid, Military and Work Permits.

SENIORS:

CAP AND GOWN:

Seniors and Early Grad Juniors!

The deadline to purchase cap & gowns is April 1st! Please visit the Jostens Norcal website for more information and to purchase.

If you need to reach Jostens, please email: customerservice@jostensnorcal.com or call 916-989-3909. Click <u>HERE</u> for website. CAPS & GOWNS WILL NOT BE DISTRIBUTED UNTIL SENIOR CHECKOUT

THE LOCAL SCHOLARSHIP PROGRAM:

Seniors and Junior early grads! The Local Scholarship Program is now open! All students will be automatically enrolled in the Scholarship Canvas Class. Please check your email to accept the course invitation.

Please email Ms. Miller at dimiller@rjuhsd.us if you need help!



TUESDAY FEBRUARY 4, 2025

FUN YEARBOOK SURVEY QUESTIONS:

The 2025 Titanium Yearbook staff needs your help. Please take a few minutes to answer some of the following questions on on this <u>Google form</u>. We think you'll have fun answering some of these questions, and don't feel obligated to answer all, just the ones that speak most to you.

Thank You for your participation. Sincerely, 2025 Titanium Yearbook Staff

WELLNESS:

ANXIETY GROUP:

Feeling Anxious? Plagued by negative thoughts? Worried about the future? The Wellness Center is offering an Anxiety Group that will focus on strategies to support your emotional health, enable good sleep, improve social relationships, and achieve your academic

goals. The group will meet once a week for 10 weeks starting February 6th. Sign up at the Wellness Center or Click the Link HERE!

<u>SPORTS:</u>

BOYS VOLLEYBALL:

Boys Volleyball TRYOUTS tonight from 5:15 - 7:15 PM and tomorrow right after school! If you are in another sport currently, please stop by and introduce yourself to me and I will look forward to you trying out once you are done with your current sport

BOYS GOLF:

Boys golf meeting Friday 2/7/25 at 3:45 in the Library. Click HERE to view flyer.

SWIM TEAM MEETING & FUNDRAISER:

Pleases click links below for more information.

Antelope Aquatics Site
Panda Express Fundraiser



TUESDAY FEBRUARY 4, 2025

BASEBALL:

AnHs Baseball Corn Hole Tournament Saturday 2/15/25 - Check out our Instagram [antelopetitansbaseball] for more information!

CLUBS:

FCA:

Looking for friends? Fellowship? a safe space? Come to FCA! The "Fellowship of Christian Athletics Club" meets every Wednesday at both lunches. 1st lunch Room# L110. 2nd Lunch meets in Room# CTE3.

DRAMA CLUB:

Are you ready to unleash your creativity and step into the spotlight? Whether you're passionate about acting, directing, or simply having fun, Drama Club is the place for you! We meet every other Friday in CTE5 3:30 - 4:15. Come join us for games, workshops, and plenty of opportunities to perform and collaborate. Don't miss out on the chance to express yourself and make new friends—see you there!

DUNGEONS AND DRAGONS:

Love the game of Dungeons and Dragons? Join Us in Room S204 in Mrs. Raeburn's classroom after school Every Tuesday from 3:30pm to 4:15pm to play games of Dungeons and Dragons with Friends starting 9/17! Beginners are welcome and will be taught to play! All Materials will be provided.

Free cookies are provided at every meeting!

PROJECT LIT BOOK CLUB:

Are you interested in a book set in a time of war where sometimes the secrets of the past are more dangerous than the present... join Project LIT Book Club on Wednesdays at 8:45 am in L203 and grab your own copy of The House of Whispers, by Anna Mazzola.



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YOUNG WOMEN LEAD CLUB:

Young Women Lead is an organization focused on empowering young women to be bold, fearless, and lead with confidence by providing opportunities that foster leadership development and growth. To create a community on campus with a starting point of self-confidence, utilizing activities regarding college applications, public speaking, organizing events, and understanding how to exist in a professional environment. If this sounds interesting to you then please join us every Monday starting at 3:30 in L102. We hope to see you there and help you transform into a leader!

BIOMEDICAL SCIENCE CLUB:

If you are interested in the medical-field and participating in volunteering experiences, join Biomed Club! Meetings every Friday in S102 at 3:30pm-4:00pm!

ACADEMIC DECATHLON:

Do you like competing? Learning new things? Making new friends? Standing out on your college applications? Join the new academic decathlon team!! We are beginning competition prep now and are looking for students with any GPA. If you are interested, come to our meetings Wednesdays after school in S-108, or stop by S-108 any day after school for more information.

ENVIORNMENTAL CLUB:

Need Community Service hours and enjoy going fishing? Join us in Room S105 in Mrs. Steputis classroom afterschool Every Other Friday from 3:30 to 4:00pm starting 9/20! Join Us for Campus Clean Ups & Awareness poster making for community service, Games, and Future Fishing Trips!

Free cookies and Capri Suns provided at every meeting!