



MINNEAPOLIS  
PUBLIC SCHOOLS  
Urban Education. Global Citizens.

# LONGFELLOW KANGAROO



“KANGO” WRONG WITH THE NEWS”



FALL/WINTER 2024

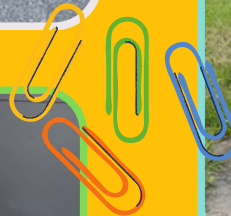
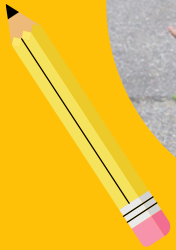
Happy Fall/Winter, Longfellow!

We've had an amazing start to the 2024-25 school year here at Longfellow High. Our students came into the building with an **IN IT TO WIN IT** attitude and their momentum has not slowed down at all! Our word for this year is **RENEWAL**. We have all been through a lot of change in the past few years and we decided that this year we were going to renew our commitments to our education and to ourselves. Our Kangaroos have done a wonderful job of keeping on task (including keeping those cell phones away during class time), keeping our school clean (by eating their meals in the lunchroom) and building community by engaging with one another in class and in all our activities. We even had our first Homecoming! We will continue to listen to our students and ensure that their voices are heard to keep us moving forward. I couldn't be more proud to serve our students and staff here at Longfellow! They are simply the best!

Kangaroos, always moving forward!

Ms. Christine

# OPEN HOUSE



# BEACH PARTY

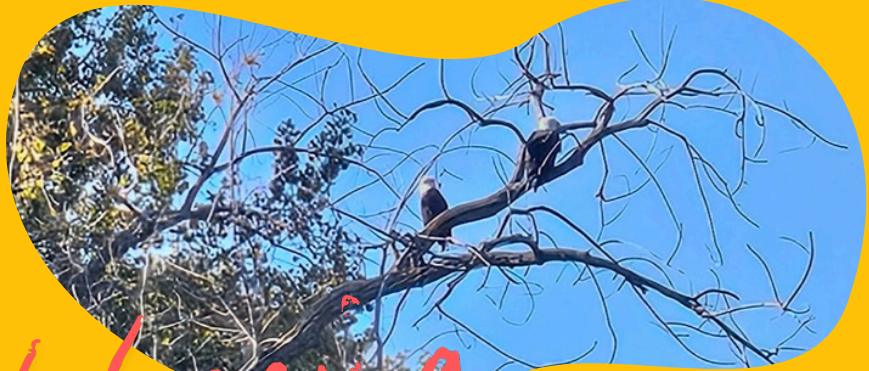


# Teambuilding





# Boat Ride



Sightseeing

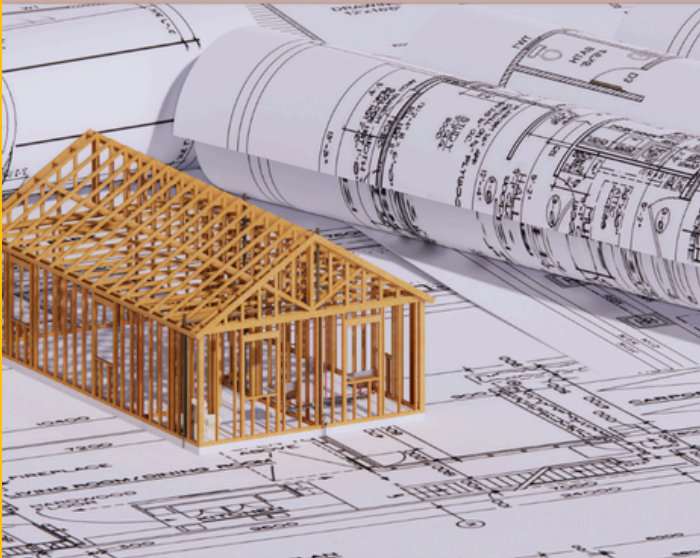
# Cruising the Mississippi River



**EAGLE  
NEST**

# ARCHITECTURE

BY GABRIELLE BROWN



Architecture is the art or science of designing and building structures, especially ones people live in.



Architecture is a hard job and if you're going in for money you will be waiting until you get your licenses and build your career.



# *ARCHITECTURE IS NOT AS EASY AS PEOPLE MAKE IT SEEM*

Architecture is a good paying job, but It takes a lot of school. You need just under 8 years of school to become a licensed architect.

Architecture is really challenging and a long process. You have to be good at math and creative .

Architecture will most definitely takes up a lot of your time.



You will need a four year bachelor's degree and three to four years of training to become a licensed architect.



# The truth about Architecture

A lot of people go into architecture for the pay, but there's way more to it than that. You will not be making 120k-200k in your first years of architecture.

The starting pay for architecture is around 60k-80k.

- Who said it?

“King Djoser's architect, Imhotep, he built the first pyramid by placing six mastabas”

“Frank Lloyd Wright is the most famous architect of the modern era.”

## sources

careerexplor.com  
Britannica.com

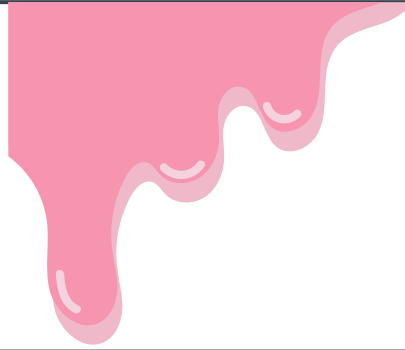
Lets do it

# Slime



## — Slime Starter

Slime has been around since 1976, 49 years ago. However it became popular in 2015 “the history of the slime trend.”



## — The inventor

Mattel toy company. We are not sure who exactly invented it .



## Ingredients for slime

- Elmer's glue
- Water
- Baking soda
- Borax/ contact solution
- Extras**
- Glitter
- Shaving cream
- Food coloring



## How to make slime

Grab your ingredients, a bowl, a spoon and a warm cup of water.

In your bowl you will pour a bottle of Elmer's glue. After that you will take a pinch of baking soda and add that inside your bowl. Mix that together, then you will pour a teaspoon of borax in the warm cup of water. The borax should dissolve a little. Pour your borax water mixture into your bowl little by little and make sure to mix in between the pours.



## Warnings

Slime is science. Have fun and be safe.

Have an adult with you when doing this. These are serious chemicals that can harm you.



# MAKING SLIME



# The Outcomes Of Vaping

## By Rose Thomas



Vaping has been trending for the past few years, mainly attracting teenagers.

### Teens and Vaping

Vaping can cause various harmful things, such as chronic lung disease, asthma, cancer and much more. Vaping can affect cells in your nose, throat and lungs, so being a young teen and smoking vapes is a higher risk to you. Being a teen and vaping is affecting people more than you think. Vaping is worse for teens with ADHD. As of 2024 1.63 million teens are vaping.

### Diseases and Disorders

Not only that, it may increase the chance of disease and infection from bacteria and viruses. People may say they will not smoke cigarettes but will vape. But what you didn't know is 15 puffs of a vape is equal to a cigarette. It causes depression, anxiety, psychosis, adolescent brain development and even eating disorders.

### Harmful Substances

Vapes contain Nicotine, a highly addictive substance that can harm. It also contains heavy metal such as nickel, tin and lead. Tiny particles that can be inhaled deep into lungs and volatile organic compounds. Even though your lungs are able to heal if you stop vaping for a long period of time it is still harmful.

### Deaths and Injuries

Vaping is so harmful that 68 people died and 2,807 suffered from lung injuries just from vaping, according to the CDC. So before you vape, think of the outcome.

Source: Texas DSHS <https://www.dshs.texas.gov/vaping>

# Immigration Story

By L.P

This is a little bit of my story about the trip I made to the United States. It all started in August 2023. I made the decision to migrate. I began to get my baby's papers and I already had a date for my departure from the country, but they didn't let me since I was coming with a minor. It was very difficult for me to leave my country, so I decided to wait a little longer. I left Ecuador on October 4th and traveled to Peru by car, and from there my journey to the United States began.

I left Peru by airplane and arrived in Nicaragua. Some people picked me up. When I arrived, they took me to a hotel and I had to wait for more people to arrive. Two days passed and we left for Guatemala. At that time, that country had political conflicts; cars couldn't get through, so we stayed a week in a house where there were too many people. We couldn't go anywhere. We didn't have internet. I couldn't communicate with my family. The food wasn't that good. I met a group that came from Cuba. Those people helped me a lot with my bags since it was very difficult for me because I had my baby with me. I spent a lot of time in that place. My family began to worry so they decided to make phone calls to find a new place for me with other people.

People transported us by car and we were in different groups so there were 6 cars on the road. We hardly ate anything, we traveled for about 1 day but it was very difficult since at that time there were protests in Guatemala. When we arrived at a place near Mexico, they left us in a house but we slept on the floor and the next day we got up very early and they put us on a bus. They took us to a river and there we had to cross in boats.

When we arrived in Mexico we walked for about 2 hours at a time. Then other people picked us up and they took us to a hotel. There were also different people of different nationalities. There we rested, and when night came they transported us in a truck. That trip was very uncomfortable and dangerous. We traveled for about a day. We arrived at another place and some people told us that we were going to go by boat but we thought it was going to be for a short time. At the moment we entered the sea, I felt that we were not going to survive. It was too dangerous and a man who was with us offered to give his cap so that the man in the boat would drive more slowly since my baby was with us.

# Immigration Story

At the moment we got off the boat we arrived at a house. There they gave us food. We rested for a moment and again we got out in a car. They took us to another hotel for an hour and we got out in a bus where they would take us to another hotel. When we got to that place we were there like 2 hours and some luxury cars arrived and they transported us. We traveled all night. My baby at that time got sick because when we were on the boat she got wet and got pneumonia. I started to worry, and I told my parents that the baby was sick so the people who were taking us rushed to get us out of the place where we were, and we went by taxi to a bus terminal where we were going to travel 8 hours until we got to the center of Mexico.

When we got there some person was waiting for me but I got lost in the terminal so we were delayed a little and I met other people who took us to a gas station where another person was waiting for us. From that moment we traveled all night, and at dawn we arrived at a hotel where we rested. They gave us food, and the person who was there took me to a doctor for my baby and I got medicine. In that place I could go out to buy things for my baby but it was dangerous. We spent a day in that place.

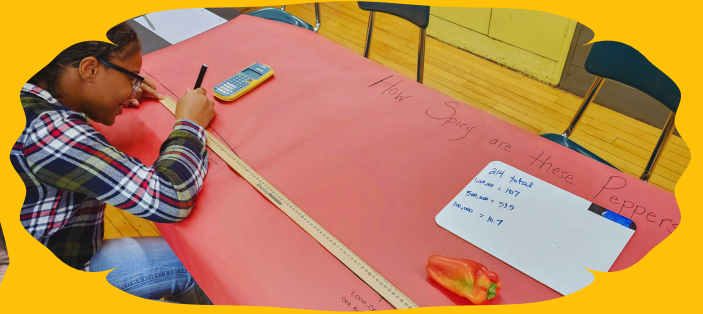
In the morning a person picked us up and we continued on our way. When we got to a checkpoint, the person told us that we had to walk through the bushes because the Mexican police could detain us. We walked for about an hour. It was nighttime and it was dangerous. When the person picked us up, he told us he would leave us with another person. The group we were with separated and from then on I was going to travel alone with my baby. When they left me with another person, he told me to rest and that we would leave the next day. In the morning, a family gave me food and I rested. My baby was already feeling a little better and they transported us in a trailer and I was very scared because the man I was with told me to hide and that I would have to keep my daughter quiet because the mafia could do something to us. But thank God nothing happened to us. We arrived safely in Juarez. When we arrived, they picked us up in a car and took us to a terrible place. Conditions were bad, but we had to stay there since we were close to the border. I spent a night in that place and the next day they took us out of that place and we crossed the border into the United States.

Thank you for reading my story as a migrant to the United States.

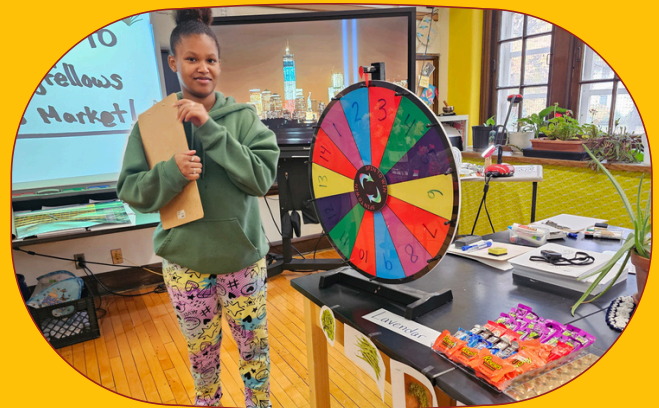


# SCIENCE IN THE GARDEN!





**WE STUDIED SPICY PEPPERS, HARVESTED OUR GARDEN FOR A FARMERS MARKET, AND USED MICROSCOPES TO STUDY MONARCH BUTTERFLIES!**





# CHILDCARE UPDATES

2024-2025 SCHOOL YEAR  
BY TASHIYA DAVIS



The Longfellow early child learning system, part of Teen Parent Services, received some new updates in the 2024-2025 school year.

**Infants:** There are usually 5-6 infants. Usually 3 teachers are in the room with our little ones, switching out their roles caring for our babies.

## Reminders

- Call when you'll be late or absent.
- Daily: when you check in make sure you let childcare know the last time he/she had a bottle.
- Make sure your infant comes in with a clean diaper so you're not causing stress to their teachers. Also sign in your child & make sure your baby is signed out at all times.
- There is supposed to be 1 staff for every 4 infants.

Every school year winter comes around. Here are a few things you as mothers should bring for your kids when it's cold and chilly out.

- Always make sure to bring your child's coat.
- Daycare teachers & staff are required to take your **toddler** outside so make sure your kid has boots or play shoes
- Also to prevent sick kids make sure to bring hats, gloves, and scarves.
- When your children are outside they may get wet, so bring extra clothes. If not childcare has extras.

**Toddlers:** There are usually around 5-7 toddlers in the toddler room & toddlers are a bit different than infants. Some toddlers are really attached to their mama. To prevent fall outs & screaming here are a few things that can help out childcare and your child.



## Reminders

- **Do not** stand in the window after you drop your baby off looking at them. That can cause them to throw a fit.
- **Try** to hurry up and get your child in childcare and do not leave the door open, letting your child out of the room.
- The longer you stand and wait in front of your toddler the longer they will cry, so try to get away as soon as possible.





### Good Things To Know

- **The Daycare helps kids develop social skills by interacting with peers.**
- **It provides a structured environment that promotes learning and routine.**
- **Parents can have peace of mind knowing their child is in a safe place while they are working or at school.**
- **Enrolling your child in daycare provides a structured environment that promotes socialization and interaction with peers. This early exposure to group settings helps children develop essential social skills, such as sharing, cooperation, and communication, which are crucial for their future interactions in school and beyond.**
- **Additionally, having your child in daycare allows parents to balance work and family responsibilities more effectively. It provides a reliable and safe place for children to be cared for while parents are at school/work, ensuring that children are engaged and cared for in a nurturing environment, which can lead to better emotional well-being for both the child and mother.**

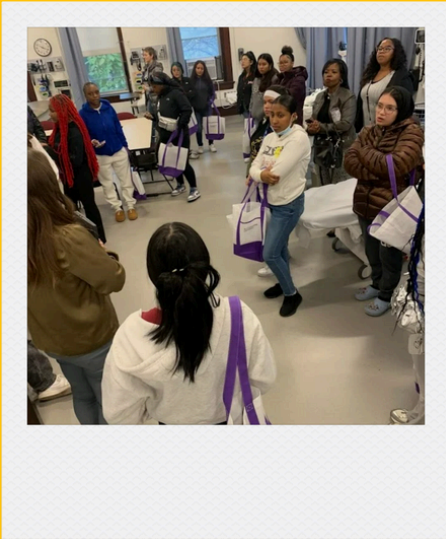
### Cosas Buenas Para Saber

- **Inscribir a su hijo en una guardería proporciona un entorno estructurado que promueve la socialización y la interacción con sus compañeros. Esta exposición temprana a entornos grupales ayuda a los niños a desarrollar habilidades sociales esenciales, como compartir, cooperar y comunicarse, que son cruciales para sus futuras interacciones en la escuela y más allá.**
- **La guardería también puede ofrecer una variedad de actividades educativas que estimulan el desarrollo cognitivo de su hijo. A través del aprendizaje basado en el juego, los niños pueden explorar nuevos conceptos, mejorar sus habilidades para resolver problemas y participar en el pensamiento creativo, todo lo cual sienta una base sólida para su éxito académico más adelante.**



# Career & College Center

*St. Kate's College Visit*



*Construct Tomorrow*



*Career & College Bound Hennepin*



*Normandale College Rep*



Lucia Mendez  
Career & College Coordinator  
Room 102

Near grads, the countdown begins!

Let's make a plan!



# *Thank You to Our Newsletter Contributors*

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**A SPECIAL THANK YOU TO THE TALENTED GROUP OF STUDENTS WHO WROTE, RESEARCHED, INTERVIEWED, AND COLLABORATED ON LONGFELLOW'S STUDENT-DRIVEN NEWSLETTER:**

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**At-Large**

“Limitations live only in  
our minds. But if we  
use our imaginations,  
our possibilities  
become limitless.”

Jamie Paolinetti

