

PSHE AT CANFORD

CHANGE . IDENTITY . BULLYING . EDI . ETHNICITY AND CULTURE . POSITIVE RELATIONSHIPS .

SHS
 DOES CONSENT HAVE TO BE VERBAL?
 How do I stay calm during my GCSEs?
 WHAT MAKES A HEALTHY RELATIONSHIP?

INTIMACY . CONSENT . BODY IMAGE . ONLINE SAFETY . SUBSTANCES . FIRST AID .

FOURTH FORM
 HOW DO I STAY SAFE ONLINE?
 What study skills work for me?
 HOW DO I DEVELOP A HEALTHY BODY IMAGE?

STUDY SKILLS . CONSENT AND SEX . VAPING AND SMOKING . LGBT .

FIFTH FORM
 IS VAPING AS ADDICTIVE AS SMOKING?
 How do I set goals for my future?
 HOW DO I OPEN UP ABOUT MENTAL HEALTH?

ONLINE RISKS . CYBER BULLYING . MENTAL HEALTH . FUTURE ME . GENDER STEREOTYPES .

LOWER SIXTH
 DOES PORN REFLECT REAL SEXUAL RELATIONSHIPS?
 What can I do to improve my wellbeing?
 HOW DO I LIVE A SUSTAINABLE LIFE?

COMMUNICATION . WELLBEING . VIOLENCE . SUSTAINABILITY .

UPPER SIXTH
 HOW DID I PICK MYSELF UP AFTER FAILURE?
 How do I support someone who is grieving?
 WHAT MAKES A GOOD LEADER?

FINANCE . FAILURE . LEADERSHIP . GENDER/SEXUAL IDENTITY . TRANSGENDERISM . GRIEF . ADDICTION . PACIFISM . DISABILITY .

WELLBEING AT CANFORD

SHELL CAROUSEL . YOGA . SELF DEFENCE . SLEEP PROGRAMME . ATHLETIC DEVELOPMENT .

SHS
 How do I stay physically well?
 HOUSE SPORT EVENTS . SLEEP PROGRAMME

MINDFULNESS . CHAPLAINCY . PEER MENTOR PROGRAMME . SFL .

FOURTH FORM
 How do I stay mentally well?
 MENTEES . PEER MENTOR PROGRAMME . BIBLE STUDIES

ELSA . SCHOOL COUNSELLORS . TALKING THERAPY . CBT .

FIFTH FORM
 How do I stay emotionally well?
 SLEEP PROGRAMME . BRAIN DUMP DIARIES . JOURNALLING

ANXIETY HELP . SUPPORT FOR LEARNING . EXAM STRESS . PEER MENTORING .

LOWER SIXTH
 How do I support others?
 PEER MENTOR TRAINING . PUPIL LEADERSHIP

PARTNERSHIP TRIPS . WELLBEING CONCERT . COMMUNITY SERVICE .

UPPER SIXTH
 How can I remain resilient and make a positive impact in the world?
 ENRICHMENT . LIFE SKILLS LEARNING

FESTIVAL OF IDEAS . CAREERS .

ASSEMBLIES

PUPIL LED GROUPS

TIMETABLED LESSONS

BEYOND THE GATES

A YEAR GROUP-TAILORED PROGRAMME LINKING PSHE, WELLBEING, FUTURES AND GLOBAL CONNECTIONS

WHOLE SCHOOL EVENTS

ENTERPRISES

TUTOR TIME

VISITING SPEAKERS

HOUSE TALKS

GLOBAL CONNECTIONS AT CANFORD

GLOBAL COMPETENCE . CULTURAL AWARENESS . CONFLICT & RESOLUTION .

JUNIOR MODEL UNITED NATIONS . PROTECTED CHARACTERISTICS .

SHS
 How much do I know about other nations?
 MY IDENTITY . SHANTY TOWN . BLACK HISTORY MONTH

GLOBALISATION . FAIRTRADE . HUMAN RIGHTS . INCLUSIVITY .

FOURTH FORM
 What are the issues affecting the world around me?
 HEADLINE OF THE WEEK . PEACE AND CONFLICT MODEL UNPO

SPORTS WASHING . GLOBAL CLIMATE EMERGENCY . DEBATING .

FIFTH FORM
 How can I make the future more sustainable?
 GLOBAL COMPETENCE . WHOLE DAY ENTERPRISE . SENIOR MODEL UN

FAIRTRADE . POVERTY AND HUNGER . INTER-CULTURALISM .

LOWER SIXTH
 What is it like to live and study abroad?
 GLOBAL AWARENESS . SUSTAINABLE DEVELOPMENT . ENVIRONMENT .

OC AND GUEST SPEAKERS . MONDAY AFTERNOON ACTIVITIES .

UPPER SIXTH
 How can I contribute to a global society?
 GLOBAL CELEBRATION DAYS . STAFF PRESENTATIONS . DEBATING

MONDAY AFTERNOON ACTIVITIES . RESIDENTIAL MUN .

FUTURES AT CANFORD

NETWORKING . TEAMWORK . LEADERSHIP . COMMUNICATING . CREATIVITY .

PERSONALITY PROFILE . INTERESTS PROFILE . SKILLS PROFILE .

SHS
 What am I good at?
 GCSE OPTION CHOICES . APPLICATIONS

ADAPTABILITY . RESILIENCE . DIGITAL LITERACY . WELLBEING .

FOURTH FORM
 What career direction is best for me?
 WHOLE DAY ENTERPRISES . WELLBEING QUIZ . AI INTERVIEWS

CV WRITING . PLACEMENT PREPARATION . WORK ENVIRONMENTS .

FIFTH FORM
 What do I want to do beyond GCSE?
 A LEVEL OPTIONS . WORK ENVIRONMENTS PROFILE

INTERESTS PROFILE . PERSONALITY PROFILE . SKILLS PROFILE .

LOWER SIXTH
 What are my options post 18?
 NETWORKING . TEAMWORK . LEADERSHIP . COMMUNICATING . CREATIVITY . RESILIENCE .

INTERESTS PROFILE . PERSONALITY PROFILE . UCAS APPLICATIONS START .

UPPER SIXTH
 Am I ready for the world beyond Canford?
 CAREERS CONVENTION . WORK EXPERIENCE RESEARCH . ONLINE COURSES

UCAS APPLICATIONS . CV WRITING .