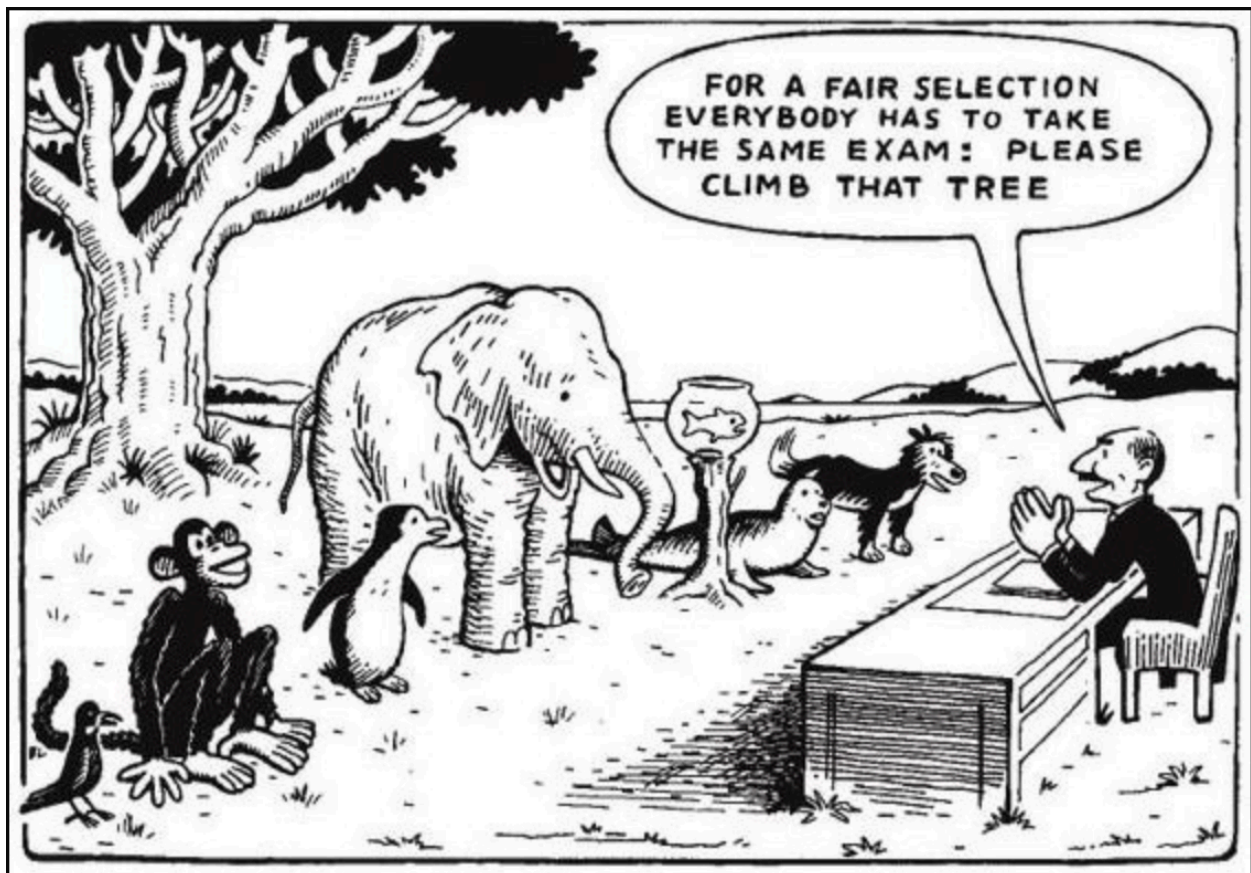


Remember Equity when having conversations at home surrounding different treatment:



Tips for Home: ADHD, What's the 411? Presentation 01/09/2025

- [Strengths Chain](#)
- [Growth Mindset Action Plan](#)
- [15 Growth Mindset Questions](#)
- [Why I Can Do This](#)
- [Tips for Parenting a Child with ADHD](#)

Books and Workbooks: ADHD, What's the 411? Presentation 01/09/2025

[*Mindset: The New Psychology of Success by Carol Dweck, Ph.d.*](#)

[*Smart but Scattered by Richard Guare and Peg Dawson*](#)

[*Super-parenting for ADD: An Innovation Approach To Raising Your Distracted Child by Edward M. Hallowell M.D. and Peter S. Jensen M.D.*](#)

[*Taking Charge of ADHD: The Complete Authoritative Guide For Parents by Russell A. Barkley Ph.D.*](#)

[*What Your ADHD Child Wishes You Knew: Working Together to Empower Kids for Success in School and Life by Dr. Sharon Saline*](#)

[*Driven to Distraction by Edward M. Hallowell M.D. and John J. Ratey M.D.*](#)

[*Late, Lost and Unprepared: A Parent's Guide to Helping Children with Executive Functioning by Joyce Cooper-Kahn, Ph.D. and Laurie Dietzel, Ph.D.*](#)

Resources from: ADHD, What's the 411? Presentation 01/09/2025

- [Parenting a Child with ADHD](#)
- [Complete Guide to ADHD](#)
- [ADHD: Ways to Help Your Child at Home](#)
- [Helping Your Kids Find the "Awesome" in ADHD](#)
- [Understanding ADHD](#)
- [Understood.org article about Learning Differences and Attention Challenges Through Your Child's Eyes](#)
- [What is ADHD?](#)
- [Dr. Hallowell](#) - resources, books and a blog from one of the leading experts in ADHD
- [ADHD in teens](#)
- [Helping Kids Who Struggle with Executive Functions](#)

[EF Strategy List](#)- created by Howard School SLPs