



Greenwich High School January Lunch Menu 2024



	Monday	Tuesday	Wednesday	Thursday	Friday
	2	3	1	2	3
			No School Holiday Recess	Chicken Tenders Burgers Fries(V)	Nashville Hot Sandwich Meatball Hero (D) Sweet Potato Fries (V)
	6	7	8	9	10
	Riulet Sandwich(V) Chicken Quesadilla Roasted (D) Lemon Zest Broccoli (VE)	NEW TACO BOWL RICE, TACO MEAT, BEANS, CORN, SALSA AND CHEESE (D) Roasted Black Beans (VE)	Pasta Meatball's Sauce Garlic Bread Hot dog Roasted Zucchini (V)	Sweet and Sour Chicken Power Bowl Buffalo Chicken Sandwich Edamame(V)	Peruvian Chicken (D) Chicken Parmesan (D) Brown Rice (V) Roasted Corn
	13	14	15	16	17
	Cheeseburger Blast Unwrap Hot Dogs (D) Tomato Salad	Mid Terms Limited Menu Salad Bar, Deli, Hot Option (Chef's Choice)	Mid Terms Limited Menu Salad Bar, Deli, Hot Option (Chef's Choice)	Mid Terms Limited Menu Salad Bar, Deli, Hot Option (Chef's Choice)	Mid Terms Limited Menu Salad Bar, Deli, Hot Option (Chef's Choice)
	20	21	22	23	24
	No School MLK Jr Day	Mid Terms Limited Menu Salad Bar, Deli, Hot Option (Chef's Choice)	Pasta Meatballs w/ Bread Stick (D) Philly Cheese Steak (D) Garden Salad (VE,GF)	Pretzel Dog Capresse Sandwich (D) Fries(V)	Fish Taco's w/ Brown Rice Gyro with pita (D) Cilantro Lime Cole Slaw(V)
	27	28	29	30	31
	Bosco Sticks (V)(D) Chicken Parm Roasted Carrots (VE)	Walking Nachos & Cheese (D) Grilled Cheese (V) Black Bean Salad (V)	Chicken Lo Mein(D) Burgers Roasted Broccoli (VE)	Chili w/ Brown Rice Sausage and Peppers (V) Sweet Potato Fries (VE,GF)	Chicken Nuggets w/ Brown Rice Gyro with pita (D) Roasted Chick Peas(V)
DAILY WEEKLY OFFERINGS	Monday	Tuesday	Wednesday	Thursday	Friday
	Sunflower Butter & Jelly Sandwich (VE) Salad Bar Create Your own Sandwich BAR Gourmet Pizza Station Yogurt Parfait (V)	Sunflower Butter & Jelly Sandwich (VE) Salad Bar Create Your own Sandwich BAR Gourmet Pizza Station Yogurt Parfait (V)	Sunflower Butter & Jelly Sandwich (VE) Salad Bar Create Your own Sandwich BAR Gourmet Pizza Station Yogurt Parfait (V)	Sunflower Butter & Jelly Sandwich (VE) Salad Bar Create Your own Sandwich BAR Gourmet Pizza Station Yogurt Parfait (V)	Sunflower Butter & Jelly Sandwich (VE) Salad Bar Create Your own Sandwich BAR Gourmet Pizza Station Yogurt Parfait (V)
	Vegetarian Item (VE) - a food that consists of whole grains, vegetables, legumes, nuts, fruit, eggs, dairy excludes animal products Gluten Free Item (GF)- a food that contains no gluten, or flour				
	Daily Milk Offerings 1% Low-Fat (V) FAT FREE (V) Fat Free Chocolate Milk (V)	Attention Pre-K Students CANNOT be offered Chocolate Milk or Cookies	Daily Seasonal Fresh & Canned Fruit Apples, Banana, Grapes , Oranges, Apple Sauce, Diced Pears, Pineapple, Peaches	All Menues are subject to Change Upon Vendor Availability	

