

Tuesday, January 14th 2025

BELLFLOWER MIDDLE & HIGH SCHOOL

DAILY BULLETIN

Breakfast

Tomorrow

- (FP) **BYO Yogurt Bowl**
or
**Benefit Chocolate
Chip Bar**

TODAY'S SCHEDULE

REGULAR DAY
Gold - 2, 4, 6, 8

Period 2
8:30 - 10:02 AM

Snack
10:02 - 10:11 AM

Period 4
10:17 - 11:49 AM

M.S. Lunch
11:49 - 12:20 PM

H.S. Period 6
11:55 - 1:27 PM

M.S. Period 6
12:26 - 1:58 PM

H.S. Lunch
1:27 - 1:58 PM

Period 8
2:04 - 3:36 PM

Lunch

Menu

- (FP) **Spaghetti & Meat Sauce**
Garlic Toast
Cheese Stick
(FP) **Freight Farm Lettuce**
Ranch Dressing
or
Deluxe Chicken Sandwich
Buffalo Sauce or Ranch Dip
or
(FP) **Spaghetti & Marinara w/
Cheese Stick**



BOYS SOCCER AT PARAMOUNT

3:00 JV, 4:45 - VARSITY, 6:15 - FROSH

GIRLS SOCCER VS NORWALK

3:00 PM - JV, 4:45 PM - VARSITY

BOYS & GIRLS WRESTLING AT NORWALK

5:00 PM - VARSITY & JV

QUOTE OF THE DAY:

"DO WHAT YOU HAVE TO DO UNTIL YOU CAN DO WHAT YOU WANT TO DO."

- OPRAH WINFREY

WHAT'S

HAPPENING

- **SENIORS...** Senior Seminar is TOMORROW! Dont forget to be there at 8:30 am and make sure to wear your Senior Shirts or blue or white to make sure you can be in the Class of 2025 panoramic picture. We can't wait to see you there!

WHAT ELSE IS HAPPENING

- **Attention all Buccaneers, ASB needs your help! ASB is organizing a donation drive to support the victims of the recent LA Fires. Many families have been displaced and are in need of essentials like non-perishable foods and toiletries. To see the full list of items needed, please check our post on the We Are Bellflower instagram. Donations can be dropped off in room 411 or the ASB office starting today through Friday. Let's come together as a community and show our support to those in need. Every little bit counts! Thank you for your generosity, and let's make a difference together!**
- **Attention Gamers... interested in competing statewide against other high school students? Or interested in scholarships for playing games for the school? Stop by Room 720 with Coach Chek at High School lunch to get signed up for updates and more information. Try outs start this Thursday and Friday. The games this season are as follows: Rainbow 6 Seige, Super Smash Bros, Overwatch, Marvel Rivals, and Valorant. If you want to compete in other games; come by and ask and we can get you setup.**
- **SENIORS... Grad Week packages are now available in the ASB office! Grad packages are on sale through March 13th! You must complete this permission slip before you can buy your grad package. There are only 80 tickets left for grad night. Make sure to put your \$100 deposit down to secure your spot!**
- **The Buc Bargains Thrift Store in Room 901 will be open today during middle and high school lunch.**
- **Attention to Margaret's Place Peer Leaders... The first meeting will be held this Thursday, January 16, during lunchtime, at Margaret's Place, room 512. So please attend!**
- **Good morning and Konichiwa! Don't miss out on our Japan adventure taking place next school year! An early-bird enrollment of \$200 expires March 1, so come by room 106 and speak to Madame Vann to enroll today. Don't miss out on walking through Kyoto, Tokyo, historical Hiroshima, and Tokyo Disney Sea.**
- **Are you a movie lover looking for an entertaining and easy class? Then Film Studies is the perfect elective or performing arts course for you next year! Learn about the art and history of cinema, experience how films are created, and gain a deep appreciation for movies as works of art. Enjoy special screenings throughout the year with delicious treats like buttery popcorn, candy, nachos, and soda, and look forward to an exciting field trip to the Academy Museum of Motion Pictures in Hollywood, California. Over 30 popular films will be shown throughout the year. Space is limited, so make Film Studies your top choice on your registration form next month! You don't want to miss out on this cinematic adventure!**

WHAT ELSE IS HAPPENING

- Congratulations to the week's On Time Treat raffle winners! This was a great first week back with the least amount of Tardies all year! The Winners of the On time raffle for week of 1/6 - 1/10. You will get your early lunch and/or snack pass in your 1st period on Wed.
7th grade Nathan Ramirez & Katy Madrigal
8th grade Valery Felix-Villa & Angel Perez
9th grade Evelyn Rivera & Bryan Serrano
10th grade Julian Garcia & Mitchell Rey Johnson
11th grade Basel Awad & Tavake Pulu
12th grade Alyssa Supnet & Nathan Heang
- The Bellflower HS Athlete of the Week isfrom Boys Soccer Diego Molina. Last week against Downey HS, Diego had the game winning goal. Keep Working Hard Diego.