




Friday, January 10th 2025

BELLFLOWER MIDDLE & HIGH SCHOOL

DAILY BULLETIN

Breakfast

Monday

-  **French Toast**
 Apple Glaze
or
 **Cinnamon Crumble**

TODAY'S SCHEDULE

REGULAR DAY
Gold - 2, 4, 6, 8

Period 2
8:30 - 10:02 AM

Snack
10:02 - 10:11 AM

Period 4
10:17 - 11:49 AM

M.S. Lunch
11:49 - 12:20 PM

H.S. Period 6
11:55 - 1:27 PM



M.S. Period 6
12:26 - 1:58 PM

H.S. Lunch
1:27 - 1:58 PM

Period 8
2:04 - 3:36 PM

Lunch

Menu

-  **BYO Cheesy Beef Nachos**
Pinto Beans
Salsa
or
Deep Dish Cheese & Pepperoni Pizza
Baby Carrots
BUSD Ranch Dip
Cookie
or
 **BYO Bean Nachos**

GIRLS WRESTLING TOURNAMENT

ALL DAY - VARSITY AT REDLANDS

BOYS BASKETBALL VS NORWALK

1:15 - FROSH, 3:15 - JV, 7:00 - VARSITY

GIRLS BASKETBALL VS NORWALK

5:15 PM - VARSITY

QUOTE OF THE DAY:

"EDUCATION IS THE MOST POWERFUL WEAPON YOU CAN USE TO CHANGE THE WORLD" - NELSON MANDELA

WHAT'S HAPPENING

- Please come to the gym to support your Basketball Bucs today in their League Home Opener vs Norwalk. Frosh at 1:15 pm. JV at 3:15 pm. Girls at 5 pm and Boys Varsity at 7pm.

WHAT ELSE IS HAPPENING

- **Attention YBS Middle and High School! PLEASE JOIN US TODAY, FRIDAY 1/10/24 for our 1st meeting of the year: Note the change in location of the meeting for today: The Middle school YBS meets in ROOM 913. Yes Room 913. High School YBS meets in the : Family Resource Center (Which is the room located in the middle of the school library and health office. SNACKS AND HOT COCOA will be PROVIDED. See you there.**
- ****Exciting News from Bible Club** Do you have a prayer need? Big or small, we're here to pray for you! We've created a "Prayer Request Form" just for you. It's quick, easy, and private. Simply scan the QR code and let us know how we can lift you up in prayer.**
 - **What can we pray for?****
 - Stress about school, tests, or grades
 - Challenges with friendships or relationships
 - Worries about the future, college, or career
 - Family struggles or personal growth
 - Anything on your heart--you name it!
 - **Remember****
 - You're never alone- God hears you, and so do we. Your requests will be prayed for with care and love.
 - Look for our flyers hung around campus. Scan the QR code today and let's keep the prayers flowing!
- **Today, Margaret's Place will be closed because the Margaret Place's Counselor, Miss Vanessa, is not on campus today. She apologizes for any inconsistencies. If you wish to stay informed on the hours of Margaret's Place, use resources, or wish to talk to the Margaret's Place Counselor, please see the sign posted outside 512, where you can join Margaret's Place Remind Me App message board. Again, that is outside room 512.**