

FEBRUARY 2025*Health-e Pro***MON****TUE****WED****THU****FRI****3**

#1 Oven Fried Chicken
Drumstick w/ Whole Grain
Cornbread

Broccoli & Mandarin Oranges

10

#1 Chicken Burger
#2 Veggie Burger (M)

Broccoli & Pineapple Tidbits

17**No School****24**

#1 Cheesy Rippers w/ Pizza
Dipping Sauce (M)

Broccoli & Mixed Berry Cup

4

#1 Beef Soft Taco
#2 Plant Based Meat Soft
Taco (M)*

Baby Carrots & Banana
Churro

11

#1 Sweet & Sour Chicken
Meatballs w/ Brown Rice

Baby Carrots & Strawberry Cup
Chocolate Chip Cookie

18**No School****25**

#1 Nacho Supreme
#2 Plant Based Meat Nacho
Supreme (M)*

Baby Carrots & Apple
Tuxedo Cookie

5

Brunch For Lunch
#1 Dutch Waffle w/ Chicken
Sausage Patty

Celery Sticks & Peach Cup

12

#1 Pepperoni Pizza
#2 Cheese Pizza (M)

Celery Sticks & Fruit Cocktail

19**No School****26**

Brunch For Lunch
#1 French Toast Sticks w/
Chicken Sausage Patty

Celery Sticks & Orange

6

#1 Teriyaki Beef Dippers w/
Brown Rice

Kidney Beans & Pears
Sugar Cookie

13

#1 Pasta w/ Meat Sauce
#2 Pasta w/ Plant Based Meat
Sauce (M)*

Garbanzo Beans & Apple
Confetti Cookie

20**No School****27**

#1 Mac & Cheese (M)

Pinto Beans & Peaches
Chocolate Chip Cake

7

#1 Chicken Nuggets w/ Whole
Grain Vanilla Crackers
#2 Rebellious Plant-Based
Nuggets w/ Whole Grain Vanilla
Crackers (M)
Corn & Craisins

14

#1 Whole Grain Corndog

Peas & Grapes

21**No School****28**

#1 Chicken Nuggets w/ Whole
Grain Vanilla Crackers
#2 Rebellious Plant-Based
Nuggets w/ Whole Grain Vanilla
Crackers (M)
Corn & Raisins

ANNOUNCEMENTS

(M) = Meatless Entrée

Daily Entrées Available:

#3 Yogurt Lunch (M)

#4 Baked Potato Bar (M)

Every complete meal comes with a
choice of 1% white milk or fat free
chocolate milk and salad bar.

*Peas are legumes. People with severe
allergies to legumes like peanuts should be
cautious when introducing pea protein into
their diet because of the possibility of a pea
allergy.

Menu subject to change.

MEAL PRICES

**Eligible students receive meals
at no cost**

Student Lunch = \$4.00

Milk = \$0.50

Adults = \$5.25

*The Issaquah School District provides
equal opportunities in its programs,
activities and employment.*