

PISD

School Health Advisory Council

Agenda and Minutes

Hybrid - Zoom (virtual) and In-person

Date: Tuesday, January 14, 2025 @ 6:00 - 7:00

Debra	Nash
Kayla	Walling
Amber	Evans
Hallie	Mendez
Briana	Jensen
Raquel	Pastrana Rodriguez
Maria	Stiney
Wendy	Cain
Sara	Trammell
Allison	Gonzalez

Agenda

Presenter	Description	Time
WAC	Call to order / Begin recording meeting through Zoom	5 min
All	Roll Call / Introduction of any new attendees	5 min
KW	Approve previous meeting minutes - 11/19/2024	5 min
WAC	Old Business - 1. Continuation of screen time usage research for board recommendations. 2. Method for reporting SHAC recommendations to the Board. 3. District Updates a. Health Services b. Nutrition Services c. Counseling Services	15 min
All	New Business -	27 min

	<ol style="list-style-type: none"> 1. Review of Screen Time Recommendations to be made to the Board for EOY Report 2. District Updates <ol style="list-style-type: none"> a. Health Services b. Nutrition Services c. Counseling Services 3. Any other needs of SHAC for additional meetings for this school year? 4. Meetings for the 2025-26 school year <ol style="list-style-type: none"> a. Needs of members 	
WAC	Announcements - <ul style="list-style-type: none"> • Next Meeting - 	2 min
WAC	Adjournment <ul style="list-style-type: none"> • Time Started - pm • Time Stopped - pm 	1 min

Action / Future Items

Owner	Description	Date Due
All	Meeting dates for the 2025-26 school year	TBD

Minutes

Call to Order at: 6:00 pm Recording Started at: 6:00 pm
Roll Call /Introduction of any new attendees <ul style="list-style-type: none"> • Wendy Cain • Kayla Walling • Amber Evans • Hallie Mendez

- Raquel Pastrana
- Maria Stiney

Approval of Previous Minutes of 11/19 /2024 meeting

Previous Meeting Minutes: Read by Wendy Cain

Motion made by: Kayla Walling Seconded by: Raquel Pastrana, Maria Stiney, & Amber Evans

Old Business:

- 1) Screen Time Best Practices Recommendation -
 - a) Board discussion at previous board meeting - How to extend technology into early elem (2nd grade testing online)
 - b) We've reviewed articles , best methods for making recommendations to board
 - c) Public meetings are not needed because Counseling Curriculum remains the same

New Business -

- 1) End of Year Board Report of SHAC Activities - given to board and then WAC available for questions
 - a) All plays into screen time use - what is needed at school and home.
 - b) Members agree that this document looks good
 - c) Hallie teaches 2nd grade - students ask to bring tablets for Fun Friday, other teachers are having to make note of students who may already have cell phones because of testing
 - d) Discussion of technology advancements that students have access to
 - e) Yonder Pouches are being used this year at Middle Schools - seems to be working from what has been observed
- 2) District Updates
 - a) Health Services - continuing with screenings; hearing & vision screenings; scoliosis screening; beginning to get ready for next school year; getting into sick season- seeing many sore throats before break; seeing many chapped faces/lips - need to focus on hand hygiene
 - b) Nutrition Services - today @ HS new salad bar opened - build your own salad / yogurt parfait/ alternating sandwich - received really good feedback
 - c) Counseling Services - Course requests for 25/26 school year are happening across the district - new students continuing to come daily

Announcements - Next meeting - To be determined - 2025-26 school year

- Hybrid format - Tuesdays

Adjournment at: 6:43 pm; stopped recording at same time.