



PREVENT MASS VIOLENCE

How to spot signs of targeted violence in your **friends, family, and loved ones** - and get them help.



Learn more at:
www.fbi.gov/Prevent

SEE WHAT

Concerning behaviors are signs that someone may be considering an act of violence.

No single behavior means a person is on a path to committing targeted violence, but multiple behaviors may be cause for concern. Common concerning behaviors are:

- *Significantly reduced* ability to cope with stress
- Lack of *non-violent options* for solving their problems
- Disclosure of violent plans
- *Fantasies* about violence
- *Angry outbursts* or *physical aggression*
- Behavior that makes *other people worried* that they may become violent
- *Reduced interest* in hobbies and other activities; worsening performance at school or work
- *Obsessive* or troubling interest in prior attackers or attacks
- *Obsessive* or troubling interest in obtaining firearms, other weapons, tactical gear, clothing, and/or military paraphernalia
- Creation of a manifesto, video, suicide note, or other efforts *designed to claim credit* for an upcoming act of violence
- *Testing the boundaries* or probing security at a possible target

TELL WHO

If you are concerned, **talk about your concerns with someone you trust**. Share what you know and discuss your options. If you choose to report your concerns, you may contact your:

LOCAL POLICE OFFICE. Call your local police department on the phone or walk in to report your concerns in person.

LOCAL FBI OFFICE. Report your concerns to the FBI by visiting www.tips.fbi.gov, calling 1-800-CALL-FBI, or visiting your local FBI office.

CHECK LOCAL RESOURCES for relevant tip lines, threat assessment teams, or mental health professionals.

