# SPECIAL EDUCATION TEACHER-ADAPTED PHYSICAL EDUCATION

**Definition:**
Provides students with adaptive physical education with an instructional program based on student time on task encompassing mastery learning theory.

**Distinguishing Characteristics:**

- Under the general direction of a special education principal, incumbent implements an instructional program, which allows each student to achieve his/her individual education program objectives in the area of adapted physical education.
- Incumbents demonstrate extensive knowledge and practical application of behavioral principles, practices, methods and strategies applicable to students with adapted physical education needs.
- Personal qualities include leadership, integrity, fairness, optimism, self-confidence, persistence, and vitality.

**Supervision Exercised and Received:**
General direction is provided by a principal and/or an assistant principal.

**Examples of Duties and Responsibilities:**
*Duties and Responsibilities may include, but are not limited to, the following*:

- Provide a thorough assessment and diagnostic for an individualized instructional program
- Develop goals and objectives for students with adapted physical education handicapped conditions
- Work as a member of a trans-disciplinary team for planning and implementing database instructional programs
- Develop transition plans to move students to targeted integrated or community-based activities or transitions to adult lifestyles
- Implement, develop, or revise instructional material, which correspond to IEPs
- Implement an Individual Education Program (IEP) for all qualified students
- Provide direct instruction and services to students
- Monitor student progress as it relates to established IEPs
- Maintain effective working relationships with parents, school personnel and other agency staff
- Provide information and support to parents and families when appropriate
- Maintain accurate reports, records, and files on individual students
- Assist in identifying, developing, and implementing appropriate use of resources. Insure a safe and healthful environment for all students served, adhering to all applicable laws, codes, and County Office Policies
- Consult with teachers to develop or modify specifically designed physical education programs

- Provide specialized physical healthcare services, under the training and supervision of a registered credentialed School Nurse
- Provide assistance with Activities of Daily Living
- Perform related duties as assigned

**Employment Standards:**

***Knowledge of:***

- Learning theory based upon the principals of behavior analysis and behavior modification, with an emphasis in positive reinforcement
- A Critical Skills Model approach to community-based instruction
- Laws, codes, and regulations as they relate to special education
- Interagency relationships and effective methods of program coordination

***Ability to:***

- Apply the principals of behavior analysis and behavior modification with an emphasis on positive reinforcement to the delivery of instruction
- Provide instructional methodology, which results in student success and the achievement of IEP goals and objectives
- Apply the techniques and methods associated with a Critical Skill Model of curriculum development with respect to community-based instruction
- Develop task and activity analyses, which correspond with each student's IEP
- Write performance objectives, which are measurable, observable and verifiable
- Communicate ideas and concepts clearly and concisely in both oral and written form
- Maintain and improve professional skills and knowledge
- Be flexible and receptive to change

**Education and Experience:**
*Any combination of education and experience that would likely provide the knowledge and abilities is qualifying. A typical way to obtain the knowledge and abilities would be:*

***Education:***

- Bachelors Degree from an accredited college or university; Masters Degree with an emphasis in physical education preferred.

***Experience:***

- Minimum of one (1) year of successful teaching experience is required working at the elementary and middle school levels and working as an Adapted PE Teacher.

***Credentials:***

- A valid California Teaching Credential with the Adaptive Physical Education Specialist Authorization and EL authorization is required.

**Physical Demands (Level I):**
*The physical demands described here are representative of those that must be met by an*

*employee to successfully perform the essential functions of this job.*

**(Note--Terms used in this section are defined as follows: Rarely--1 to 10%; Occasionally--11 to 33%; Frequently--34 to 66%; and Continuously--67 to 100% of the workday.)**

- Sitting: Rarely
- Standing/Walking: Continuously
- Waist Bending: Occasionally to Frequently
- Neck Bending: Occasionally to Frequently
- Squatting: Occasionally
- Climbing: Rarely to Occasionally
- Kneeling: Occasionally
- Crawling: Rarely to Occasionally
- Neck Twisting: Occasionally to Frequently
- Waist Twisting: Occasionally
- Pushing/Pulling: Frequently to Continuously – up to 100 to 150 lbs. at a time (such as pushing wheelchairs)
- Running: Occasionally
- Reaching:
  - Above Shoulder: Occasionally
  - Below Shoulder: Frequently
- Lifting/Carrying:
  - 0-10 lbs: Frequently - weights carried 50 to 100 feet at a time
  - 11-25 lbs: Occasionally- weights carried up to 100 feet at a time
  - 26-50 lbs: Occasionally - weights carried 10 to 100 feet at a time
  - 51-75 lbs: Frequently - *with assistance* - weights moved several feet at a time for toileting and transfers
  - 76-150 lbs: Occasionally - *with assistance* - weights moved several feet at a time for toileting and transfers
- Hand Activities:
  - Repetitive Hand Use: Occasionally
  - Simple Grasping: Frequently
  - Power Grasping: Occasionally
  - Fine Manipulation: Rarely
  - Hand and Arm Twisting/Turning: Occasionally to Frequently
  - Computer Operation/Writing: Rarely
- Meet sometimes, strenuous physical requirements necessary to safely and effectively perform assigned duties, including lifting 50 pounds on a regular basis and periodically lifting in excess of 50 pounds with assistance.
- May be required to accompany students on field trips, which may require maneuvering into awkward positions or in narrow bus aisles.

- Must be able to lift and physically restrain students at times, to take appropriate action in emergency situations, and follow procedures in a calm, responsible manner.
- Must be able to communicate and exchange information, effectively discreetly, and accurately in a high activity environment with staff, students, parents, and individuals who may have limited expressive and receptive conversational capacities.
- Must be able to detect visual and non-visual warning signs of developing physical or emotional situations that may require attention from staff.
- Must be able to prepare and monitor legal and educationally appropriate special education documents including IEPs and behavior plans.
- Must be able to express self effectively verbally and non-verbally in classroom with staff, students, and parents.
- Must be able to discern visual and non-visual signs of physical and non-physical issues that may negatively affect the learning environment.
- Must be able to monitor students and staff visually and non-visually to effectively manage an orderly and safe learning environment.
- Must have normal vision, corrected or uncorrected.

**Work Environment:**

*The following conditions may be present:*

- Walking on uneven ground when outdoors
- Exposure to student illness, injuries, infections and bodily fluids
- May be exposed to chemicals contained in cleaning products
- May be required to maneuver into awkward positions

**Other Requirements:**

- Must be fingerprinted and a satisfactory Department of Justice and Federal Bureau of Investigation records checks must be received by the Sonoma County Office of Education, prior to employment.
- Proof of TB test will be required upon employment.
- Must pass a pre-employment physical prior to employment. Under some circumstances, further testing may be required to determine if an applicant is able to perform the essential job duties with or without reasonable accommodation.
- May be required to obtain first aid and CPR certificates within the first 6-12 months of employment.
- May be required to drive with or without students; some positions may require a current California driver license, proof of insurance, and possible participation in the DMV Pull Notice Program once employed.