

# Rankin County School District

Base Menu Spreadsheet

Portion Values - Detailed

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Feb 1, 2025 thru Feb 28, 2025

Lunch K-8

Generated on: 1/14/2025 10:51:35 AM

	Portion Size	Reimb Qty	Carb (g)
<b>Mon - 02/03/2025</b>			
Lunch K-8	Total	100	
Mexican Pizza M2010	1 slice	75	30.0
Asian Chicken Rice Bowl	Servings	25	42.09
Cabbage, Seasoned M5700	1/2 cup	15	5.95
Carrots Baby w/dip RCSD	3 oz. bag	50	8.93
Fruit Cocktail M6735	1/2 cup	50	14.91
Fresh Fruit Bowl Variety M6715	1 each	50	21.72
Cornbread 1 ENR M7050	1 piece	25	18.07
Milk, FF Choc 1/2 pint PF M120	1/2 pint	50	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	11.0
Weighted Daily Average			76.22
% of Calories			57.5%
Nutrient Guideline			

<b>Tue - 02/04/2025</b>			
Lunch K-8	Total	7500	
Beef Taco Soft Shell M1155	1 taco	1	21.63
Taco Salad w/ChipsUSCR M3515.1	1 serving	3750	33.84
Guacamole, 1/4 Cup M5675	2 oz.	1875	5.93
Whole Kernel Corn, CND M6010	1/2 cup	3750	14.68
Green Beans, Cut, CND M5750	1/2 cup	3750	4.86
Peaches, FRZ, PC US MS6825.1	1/2 cup	3750	19.0
Fresh Bananas M6590	1 each	3750	26.95
Milk, FF Choc 1/2 pint PF M120	1/2 pint	3750	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	3750	11.0
Weighted Daily Average			66.16
% of Calories			53.4%
Nutrient Guideline			

<b>Wed - 02/05/2025</b>			
Lunch K-8	Total	100	
Spicy Chicken BreastSand M4160	1 each	50	44.15
Steak Fingers, Baked M1045	4 each	50	17.9
Cheesy Macaroni M5135	2/3 cup	75	32.12
Green Peas, Canned M6035	1/2 cup	1	14.34
Tossed Salad with Drsg M5660	1/2 cup	75	6.36
Banana Berry Blend M6595	1/2 cup	50	25.38
Fresh Oranges M6775	1 each	50	19.19
Roll, Whole Wheat Pur2oz M7140	Roll - 2 oz.	50	27.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	11.0
Milk, FF Choc 1/2 pint PF M120	1/2 pint	50	19.0
Weighted Daily Average			110.81
% of Calories			47.6%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Thu - 02/06/2025			
Lunch K-8	Total	1632	
Roasted Chicken USDA	1 serving	1431	0.0
Corn Dog Nuggets M3165	6 nuggets	1	29.46
Broccoli Cheese&Rice Cas M5590	2/3 cup	1431	22.83
Lima Beans, Frozen M5525	1/2 cup	879	16.36
Roll, Whole Wheat Pur2oz M7140	Roll - 2 oz.	1	27.0
Mandarin Oranges	1/2 cup	650	21.45
Fresh Fruit Bowl Variety M6715	1 each	943	21.72
Milk, FF Choc 1/2 pint PF M120	1/2 pint	405	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	405	11.0
Weighted Daily Average			57.41
% of Calories			52.2%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Fri - 02/07/2025			
Lunch K-8	Total	100	
Cheeseburger 2 oz Patty M4100	1 each	50	32.68
Hot Dog WG M4230	1 each	50	28.0
Potato Sidewinders, Bake M6167	1/2 cup	50	15.62
Baked Beans RCSD	1/2 cup	50	38.23
Applesauce, M6555	1/2 cup	50	15.62
Fresh Fruit Bowl Variety M6715	1 each	50	21.72
Milk, FF Choc 1/2 pint PF M120	1/2 pint	50	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	11.0
Mayonnaise PC Reduce Fat M8010	PC Packet	25	0.61
Mustard, PC M8015	1 packet	25	0.29
Ketchup PC M8000	1 packet	75	3.0
Weighted Daily Average			93.41
% of Calories			58.2%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Mon - 02/10/2025			
Lunch K-8	Total	100	
Pizza, Variety	slice	75	32.25
Italian Dunkers #1101	2 breadsticks	25	28.0
California Vegetables M5785	1/2 cup	50	5.15
Glazed Carrots M5865	1/2 cup	50	8.91
Fresh Fruit Bowl Variety M6715	1 each	50	21.72
Fruit Cocktail M6735	1/2 cup	50	14.91
Milk, FF Choc 1/2 pint PF M120	1/2 pint	50	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	11.0
Sauce, Marinara PC M8195	1 packet	25	3.71
Weighted Daily Average			72.46
% of Calories			53.0%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Tue - 02/11/2025			
Lunch K-8	Total	100	
Cheesy Chicken Over/RiceCMS516	1 serving	75	30.13
BBQ Rib Sandwich Brush M4205	1 each	25	41.67
Green Beans, Savory,CND M5745	1/2 cup	50	4.45
Broccoli Florets, FRZ M5610	1/2 cup	50	3.61
Toast, Garlic WW M7115	1 slice	50	15.0
Fresh Fruit Bowl Variety M6715	1 each	50	21.72
Mandarin Oranges	1/2 cup	50	21.45
Milk, FF Choc 1/2 pint PF M120	1/2 pint	50	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	11.0
Weighted Daily Average			81.13
% of Calories			51.3%
Nutrient Guideline			

Wed - 02/12/2025			
Lunch K-8	Total	100	
Chicken Tenders Breaded M3190	3 tenders	50	15.0
Hot Ham and Cheese Croissant	1 each	50	34.1
Mashed Potatoes w/Cheese M6075	1/2 cup	50	15.31
Roll, Whole Wheat Pur2oz M7140	Roll - 2 oz.	1	27.0
Baked Beans RCSD	1/2 cup	50	38.23
Peaches, FRZ, PC US MS6825.1	1/2 cup	75	19.0
Applesauce, M6555	1/2 cup	50	15.62
Milk, FF Choc 1/2 pint PF M120	1/2 pint	50	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	11.0
Weighted Daily Average			88.65
% of Calories			58.0%
Nutrient Guideline			

Thu - 02/13/2025			
Lunch K-8	Total	100	
Southern Chicken Sandwich	1	50	45.0
Stromboli Supreme M2570 RCSD	1 slice	50	50.69
Squash, Summer, FRZ M5810	1/2 cup	75	6.24
Garden Salad w/Dressing M5650	1/2 cup	25	5.91
Banana Berry Blend M6595	1/2 cup	50	25.38
Applesauce, M6555	1/2 cup	50	15.62
Milk, FF Choc 1/2 pint PF M120	1/2 pint	50	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	11.0
Mayonnaise PC Reduce Fat M8010	PC Packet	50	0.61
Weighted Daily Average			89.81
% of Calories			57.7%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Fri - 02/14/2025			
Lunch K-8	Total	100	
Cheeseburger 2 oz Patty M4100	1 each	50	32.68
Roasted Wings	3 wings	50	0.0
Broccoli w/ Cheese Sauce M5595	1/2 cup	50	5.45
Season BKD Potato Wedges M6145	1/2 cup	75	17.0
Biscuit, 2 WGR, M8530	1 biscuit	75	27.0
Chilled Peach Slices M6815	1/2 cup	50	17.49
Fresh Fruit Bowl Variety M6715	1 each	50	21.72
Milk, FF Choc 1/2 pint PF M120	1/2 pint	50	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	11.0
Mayonnaise PC Reduce Fat M8010	PC Packet	25	0.61
Mustard, PC M8015	1 packet	25	0.29
Ketchup PC M8000	1 packet	75	3.0
Weighted Daily Average			89.14
% of Calories			45.5%
Nutrient Guideline			

Mon - 02/17/2025			
Lunch K-8	Total	1	
STUDENT HOLIDAY	1	1	*N/A*
Weighted Daily Average			*N/A*
% of Calories			*N/A%*
Nutrient Guideline			

Tue - 02/18/2025			
Lunch K-8	Total	100	
Quesadillas Beef	1 each	25	24.07
Chicken Nuggets, Baked M 3170	5 nuggets	75	14.0
Rice Spanish RCSD	1/2 cup	75	25.05
Pinto Beans Legumes M5550	1/2 cup	25	26.44
Green Beans, Savory,CND M5745	1/2 cup	50	4.45
Chilled Blushing Pears M6845	1/2 cup	50	18.91
Fresh Fruit Bowl Variety M6715	1 each	50	21.72
Milk, FF Choc 1/2 pint PF M120	1/2 pint	50	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	11.0
Weighted Daily Average			79.46
% of Calories			54.4%
Nutrient Guideline			

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Lunch K-8

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	Portion Size	Reimb Qty	Carb (g)
Wed - 02/19/2025			
Lunch K-8	Total	100	
Rankin Spud Max	1 potato	75	33.53
Country Fried Steak Sand M4125	1 each	25	46.55
Cheesy Broccoli/CaulifWMS1056	1/2 cup	50	5.15
Glazed Carrots M5865	1/2 cup	1	8.91
Applesauce, M6555	1/2 cup	50	15.62
Fresh Fruit Bowl Variety M6715	1 each	50	21.72
Roll, Whole Wheat Pur2oz M7140	Roll - 2 oz.	50	27.0
Milk, FF Choc 1/2 pint PF M120	1/2 pint	50	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	11.0
Weighted Daily Average			86.62
% of Calories			58.1%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Thu - 02/20/2025			
Lunch K-8	Total	8121	
Southern Chicken Sandwich	1	5727	45.0
Spaghetti&MeatSauceRCSD MS178	1 serving	5466	27.29
Toast, Garlic WW M7115	1 slice	1	15.0
Tossed Salad with Drsg M5660	1/2 cup	2594	6.36
Green Beans, Savory,CND M5745	1/2 cup	1	4.45
Mandarin Oranges	1/2 cup	2547	21.45
Fresh Fruit Bowl Variety M6715	1 each	3461	21.72
Milk, FF Choc 1/2 pint PF M120	1/2 pint	1980	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	1980	11.0
Mayonnaise PC Reduce Fat M8010	PC Packet	1	0.61
Weighted Daily Average			75.44
% of Calories			52.4%
Nutrient Guideline			

	Portion Size	Reimb Qty	Carb (g)
Fri - 02/21/2025			
Lunch K-8	Total	100	
Cheeseburger 2 oz Patty M4100	1 each	25	32.68
Corn Dog Nuggets M3165	6 nuggets	75	29.46
Tater Tots	1/2 cup	75	16.0
Field Peas, Frozen M6025	1/2 cup	25	24.78
Chilled Peach Slices M6815	1/2 cup	50	17.49
Fresh Fruit Bowl Variety M6715	1 each	50	21.72
Biscuit, 2 Oz. ENR, M8520	1 biscuit	75	28.0
Milk, FF Choc 1/2 pint PF M120	1/2 pint	50	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	11.0
Mayonnaise PC Reduce Fat M8010	PC Packet	25	0.61
Mustard, PC M8015	1 packet	25	0.29
Ketchup PC M8000	1 packet	75	3.0
Weighted Daily Average			106.54
% of Calories			54.1%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
<b>Mon - 02/24/2025</b>			
Lunch K-8	Total	100	
Pizza, Variety	slice	75	32.25
Chicken Ranch Wrap	2 halves	25	42.3
California Vegetables M5785	1/2 cup	50	5.15
Crinkle Cut Fries Baked M6110	1/2 cup	50	12.12
Fresh Fruit Bowl Variety M6715	1 each	50	21.72
Fruit Cocktail M6735	1/2 cup	50	14.91
Milk, FF Choc 1/2 pint PF M120	1/2 pint	50	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	11.0
Weighted Daily Average			76.72
% of Calories			51.3%
Nutrient Guideline			

<b>Tue - 02/25/2025</b>			
Lunch K-8	Total	100	
Chef Salad, Crumbley M3500	1 salad	25	21.03
Croutons,.5 GR CR Packet M7110	1 packet	25	9.0
Chicken and Dumplings M3135	3/4 cup	75	18.94
Squash, Summer, FRZ M5810	1/2 cup	50	6.24
Glazed Carrots M5865	1/2 cup	50	8.91
Roll, Whole Wheat Pur2oz M7140	Roll - 2 oz.	75	27.0
Fresh Strawberries M6930	1/2 cup	50	6.71
Applesauce, M6555	1/2 cup	50	15.62
Milk, FF Choc 1/2 pint PF M120	1/2 pint	50	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	11.0
Weighted Daily Average			75.70
% of Calories			51.1%
Nutrient Guideline			

<b>Wed - 02/26/2025</b>			
Lunch K-8	Total	100	
Chicken Tenders Breaded M3190	3 tenders	75	15.0
Italian Rotini Casserole M1190	3/4 Cup	25	29.53
Creamy Coleslaw M5695	1/2 cup	50	11.71
Green Beans, Savory,CND M5745	1/2 cup	50	4.45
Mandarin Oranges	1/2 cup	50	21.45
Fresh Fruit Bowl Variety M6715	1 each	50	21.72
Toast, Garlic WW M7115	1 slice	50	15.0
Milk, FF Choc 1/2 pint PF M120	1/2 pint	50	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	11.0
Weighted Daily Average			70.80
% of Calories			50.4%
Nutrient Guideline			

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	Portion Size	Reimb Qty	Carb (g)
Thu - 02/27/2025			
Lunch K-8	Total	100	
Red BeansCND/Rice/SausageM2550	1 serving	75	37.41
Chicken Buffalo Ranch Sandwich	1 each	25	36.38
Carrots Baby w/dip RCSD	3 oz. bag	50	8.93
Broccoli Florets, FRZ M5610	1/2 cup	50	3.61
Cornbread 1 ENR M7050	1 piece	25	18.07
Apple and Orange Wedges M6545	1/2 cup	50	13.98
Chilled Pear Halves M6855	1/2 cup	50	18.23
Milk, FF Choc 1/2 pint PF M120	1/2 pint	50	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	11.0
Weighted Daily Average			79.05
% of Calories			56.5%
Nutrient Guideline			

Fri - 02/28/2025			
Lunch K-8	Total	100	
Cheeseburger 2 oz Patty M4100	1 each	50	32.68
Chicken Salad Croissant	1 each	50	33.15
Season BKD Potato Wedges M6145	1/2 cup	75	17.0
Baked Beans RCSD	1/2 cup	25	38.23
Pineapple Tidbits M6890	1/2 cup	50	18.87
Fresh Fruit Bowl Variety M6715	1 each	50	21.72
Milk, FF Choc 1/2 pint PF M120	1/2 pint	50	19.0
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	11.0
Mayonnaise PC Reduce Fat M8010	PC Packet	25	0.61
Mustard, PC M8015	1 packet	25	0.29
Ketchup PC M8000	1 packet	75	3.0
Weighted Daily Average			92.99
% of Calories			53.6%
Nutrient Guideline			

Weighted Average			78.38
			53.2%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	78.38	53.20%						

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