

# JANUARY





St. Helens School District #502  
 St. Helens High School Menu  
 January 2025

St. Helens SD students are welcome  
 to eat breakfast & lunch FREE!

All Grains served are WG-Whole Grain Rich.  
 Milk offered daily– 1% White, Skim and Fat Free Chocolate  
 Fresh Deli Sandwiches May Be Offered  
 Super Salad Bar Offerings include: Seasonal Fruit &  
 Vegetables that include Dark Green, Red/Orange,  
 Beans/Peas, Starchy and Additional Varieties.  
 Breakfast Choices include Cold Cereal & Breakfast Bars

Grown in Oregon:

OREGON HARVEST FOR  
SCHOOLS  
 Farm to School  
 connects schools with  
 farms and producers  
 with the goal of  
 serving healthy local  
 foods in school  
 cafeterias and  
 improving student  
 nutrition. Providing  
 agriculture, health,  
 and nutrition  
 opportunities and  
 supporting local &  
 regional farmers and  
 producers  
[www.farmtoschool.org](http://www.farmtoschool.org)

Mon	Tue	Wed	Thu	Fri
6 <u>Daily Choices:</u> Main Event: Pasta Bar Bistro: Fresh Baked Pizza Grill: Chicken Burgers/Fries Deli: Assorted Sandwiches	7 <u>Daily Choices:</u> Main Event: Brunch Bar Bistro: Fresh Baked Pizza Grill: Cheeseburger Deli: Assorted Sandwiches	8 Early Release <u>Daily Choices:</u> Main Event: Burrito/Enchilada Bar Bistro: Fresh Baked Pizza Grill: Corn Dog & Chips Deli: Assorted Sandwiches	9 <u>Daily Choices:</u> Main Event: Chicken Bar Bistro: Fresh Baked Pizza Grill: BBQ Pork Hoagie Deli: Assorted Sandwiches	10 <u>Daily Choices:</u> Main Event: Chef's Choice Bistro: Fresh Baked Pizza Grill: Varsity Deli: Assorted Sandwiches
13 <u>Daily Choices:</u> Main Event: Baked Potato Bar Bistro: Fresh Baked Pizza Grill: Chicken Burger & Fries Deli: Assorted Sandwiches	14 <u>Daily Choices:</u> Main Event: Nacho Bar Bistro: Fresh Baked Pizza Grill: Corn Dog & Fries Deli: Assorted Sandwiches	15 Early Release <u>Daily Choices:</u> Main Event: Asian Cuisine Bar Bistro: Fresh Baked Pizza Grill: BBQ Pork Hoagie Deli: Assorted Sandwiches	16 <u>Daily Choices:</u> Main Event: Pasta Bar Bistro: Fresh Baked Pizza Grill: Chicken Nuggets & Roll Deli: Assorted Sandwiches	17 <u>Daily Choices:</u> Main Event: Chef's Choice Bistro: Fresh Baked Pizza Grill: Varsity Bar Deli: Assorted Sandwiches
20 No School Martin Luther King Jr. Day 	21 <u>Daily Choices:</u> Main Event: Seafood Bar Bistro: Fresh Baked Pizza Grill: BBQ Pork Hoagie & Chips Deli: Assorted Sandwiches	22 Early Release <u>Daily Choices:</u> Main Event: Turkey Gravy Bar Bistro: Fresh Baked Pizza Grill: Corn Dog & Chips Deli: Assorted Sandwiches	23 <u>Daily Choices:</u> Main Event: Chef Choice Bistro: Fresh Baked Pizza Grill: Cheeseburger & Fries Deli: Assorted Sandwiches	24 <u>Daily Choices:</u> Main Event: Chef's Choice Bistro: Fresh Baked Pizza Grill: Varsity Deli: Assorted Sandwiches
27 <u>Daily Choices:</u> Main Event: Chef's Choice Bistro: Fresh Baked Pizza Grill: Chicken Burger & Fries Deli: Assorted Sandwiches	28 <u>Daily Choices:</u> Main Event: Quesadilla Bar Bistro: Fresh Baked Pizza Grill: Cheeseburger & Tots Deli: Assorted Sandwiches	29 Early Release <u>Daily Choices:</u> Main Event: Asian Cuisine Bar Bistro: Fresh Baked Pizza Grill: Corn Dog & Chips Deli: Assorted Sandwiches	30 <u>Daily Choices:</u> Main Event: Nacho Bar Bistro: Fresh Baked Pizza Grill: Chicken Nuggets & Roll Deli: Assorted Sandwiches	31 Teacher Work Day No School
				

This institution is an equal opportunity provider.