

January





All SHSD #502
Students May Eat Breakfast and Lunch
FREE

St. Helens School District #502
St. Helens Middle School
&
Plymouth High School
Menu
January 2025

All Grains served are WG-Whole Grain Rich.
Milk offered daily– 1% White, Skim and Fat Free Chocolate
Fresh Deli Sandwiches May Be Offered
Super Salad Bar Offerings include: Seasonal Fruit &
Vegetables that include Dark Green, Red/Orange,
Beans/Peas, Starchy and Additional Varieties.
Breakfast Choices include Cold Cereal & Breakfast Bars

Grown in Oregon:



Mon	Tue	Wed	Thu	Fri
6 <u>Daily Choices:</u> Main Lunch Brunch Bistro: Fresh Baked Pizza Grill: Chicken Nuggets	7 <u>Daily Choices:</u> Main Event: Cheese Burger & Tots Bistro: Fresh Baked Pizza Deli Sandwiches	8 Early Release <u>Daily Choices:</u> Main Event: Burrito Bar Bistro: Fresh Baked Pizza Grill: Corn Dog	9 <u>Daily Choices:</u> Main Event: Chicken Bar Bistro: Fresh Baked Pizza Grill: Cheeseburger	10 <u>Daily Choices:</u> Main Event: Chefs Choice Bistro: Fresh Baked Pizza Grill/Deli: Selections
13 <u>Daily Choices:</u> Main Event: Baked Potato Bar Bistro: Fresh Baked Pizza Grill: Chicken Burger	14 <u>Daily Choices:</u> Main Event: Nacho Bar Grill: Corn Dog Deli Sandwiches	15 Early Release <u>Daily Choices:</u> Main Event: Asian Chicken Bar Bistro: Fresh Baked Pizza Grill: BBQ Pork on a Bun	16 <u>Daily Choices:</u> Main Event: Pasta Bar Bistro: Fresh Baked Pizza Grill: Chicken Nuggets	17 <u>Daily Choices:</u> Main Event: Chefs Choice Bistro: Fresh Baked Pizza Grill/Deli: Selections
20 No School Martin Luther King Jr. Day 	21 <u>Daily Choices:</u> Main Event: Seafood Bar Bistro: Fresh Baked Pizza Deli Sandwiches	22 Early Release <u>Daily Choices:</u> Main Event: Turkey Gravy Bar Bistro: Fresh Baked Pizza Grill: Corn Dog	23 <u>Daily Choices:</u> Main Event: Chicken Taco Bar Bistro: Fresh Baked Pizza Grill: Cheeseburger	24 <u>Daily Choices:</u> Main Event: Chefs Choice Bistro: Fresh Baked Pizza Grill/Deli: Selections
27 <u>Daily Choices:</u> Main Event: Pasta Bar Bistro: Fresh Baked Pizza Grill: Chicken Burger	28 <u>Daily Choices:</u> Main Event: Quesadilla Bar Bistro: Fresh Baked Pizza Deli Sandwiches	29 Early Release <u>Daily Choices:</u> Main Event: Asian Cuisine Bar Bistro: Fresh Baked Pizza Grill: Corn Dog	30 <u>Daily Choices:</u> Main Event: Nacho Bar Bistro: Fresh Baked Pizza Grill: Chicken Nuggets	31 Teacher Work Day No School
				

**Oregon Harvest
For
Schools**

Farm to school connects schools with farms and producers with the goal of serving healthy local foods in school cafeterias and improving student nutrition. Providing agriculture, health and nutrition opportunities and supporting local & regional farmers and producers.
www.farmtoschool.org

This institution is an equal opportunity provider.

Menu Subject to Change