











## A Message from our Mount Pleasant Central School District Nurses

### *I Need to Stay Home If...*

I have a fever	I am vomiting	I have diarrhea	I have a rash	I have an eye infection	I have been in the hospital	I have a persistent cough	I have COVID
							
Temperature of 100 °F or higher	Within past 24 hours	Within past 24 hours	Body rash with itching/fever or contagious skin condition i.e. impetigo or ringworm	Redness, itching and/or draining from eye	Hospital stay or emergency room visit	Constant cough or croupy cough or breathing issues	Tested positive for COVID. Notify the school nurse.

### *I Am Ready to Return to School when...*

Fever free without the assistance of medication for 24 hours	Free from vomiting for 24 hours	Free from diarrhea for at least 24 hours	Free from rash, itching or fever and, if needed, evaluated by a doctor	Free from draining or evaluated by a doctor and commenced treatment.	Cleared by doctor to return to school. Medical clearance needed for physical activities/PE/Sports.	Cough is more under control and not distracting from school activities	Stay home and away from others until at least 24 hours after both their symptoms are getting better overall, <u>and</u> they have not had a fever (and are not using fever-reducing medication).  <b>For Athletics a covid clearance must be completed by your provider before returning to Sports/Athletics.</b>
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