# INDIAN RIFFLE NEWSLETTER

December 2024

#### **Thank You Veterans**





Thank you to all the Veterans and their families who joined us! Thank you to Mrs. Nicholl for an amazing program!



#### Reminders

- Please make sure to call our office if your child will be absent.
- Doors open each day at 7:55 am
- The tardy bell rings at 8:15. Student arriving after 8:15 will be counted as tardy.
- Students who will be eating breakfast need to arrive by 8:00 am!

## **Upcoming Events**

December 9-13 - Santa Shop

December 11 -Holiday concert - 6:30

December 14 - Santa Breakfast

December 23 -January 3 - No School

January 20 - No School

January 24 - Snowflake Dance - 6-8 pm

February 7 - Talent Show - 9 am

February 13 - Conferences 3:30-7

February 14 - No School - Teacher PD

February 17 - No School



### **Dress for the cold**

We go outside for recess when it is 20 degrees and above! Please make sure your child has a winter coat, hat, gloves and mittens.





# **Nurse Notes**

As a reminder, you cannot send your student to school with any medications, including cough drops. If your child needs cough drops at school, please visit the Kettering School Nurses website and fill out a medication OTC form. I have a supply of cough drops in the clinic to give to students!

As respiratory illness season continues, please let the office staff know if your student has tested positive for something. Being more detailed in your sick calls can help me track illness like flu, covid, RSV, pneumonia and strep throat. This helps me prepare our teachers for things "going around the building".

If you are unsure about sending your student to school, please call the office and we can talk about it. I want to work with you to keep your student in the classroom!

## **Counselor Corner**

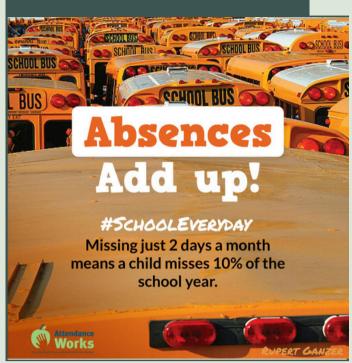
The Kettering Professional Fire Fighters are once again raising money to provide coats for students that may be in need. All of the money raised will be used to purchase coats for students in need in the Kettering School District. The Kettering Fire Department would greatly appreciate any donations to help with the cost of the coats. You can <a href="DONATE HERE">DONATE HERE</a>. If you have a child in need of a winter coat, please reach out to Mrs. Elrod for assistance.

If your student receives free or reduced lunch, and is not signed up for the Kettering Backpack Program (free supplemental food for students over the weekends) please reach out to Mrs. Elrod. If you believe you've signed your student up but aren't seeing bags come home, check with your student that they aren't leaving their bags at school.

Is your family feeling the stress of the winter hustle and bustle? Try a guided meditation practice! Mindfulness can give all of us the skills we need to cope during busy seasons!

Try this <a href="Hot Chocolate Meditation">Hot Chocolate Meditation</a> together!









## **Food and Nutrition**

- You can add money to your child's lunch account through <u>Payschoolscentral.com</u>
- You can access the school <u>Lunch Menus</u> through the Kettering City Schools website or the above link

Please Join us for a Winter Wonderland School Lunch
December 12, 2024

Fa La La French Toast
Good Tidings Sausage Patty
Holly Jolly Hash Browns
Festive Fruit Cup
Jack Frosty Milk
Sugar Plum Cookies

