January Weekly Vinal Voice

Week of Thursday, January 2 - Friday, January 3.

Principal's Update

Bus Expectations Meetings

Every school year we host 3 bus expectations meetings with students and bus drivers so revisit expected behaviors. Our mid-year meetings began with bus 13 today, and will continue as follows. Please ask your child(ren) about their meeting and the communicated expectations.

1/8: Bus 11
1/10: Bus 16
1/13: Bus 9
1/15: Bus 15
1/16: Bus 10
1/17: Bus 14
1/21: Bus 12

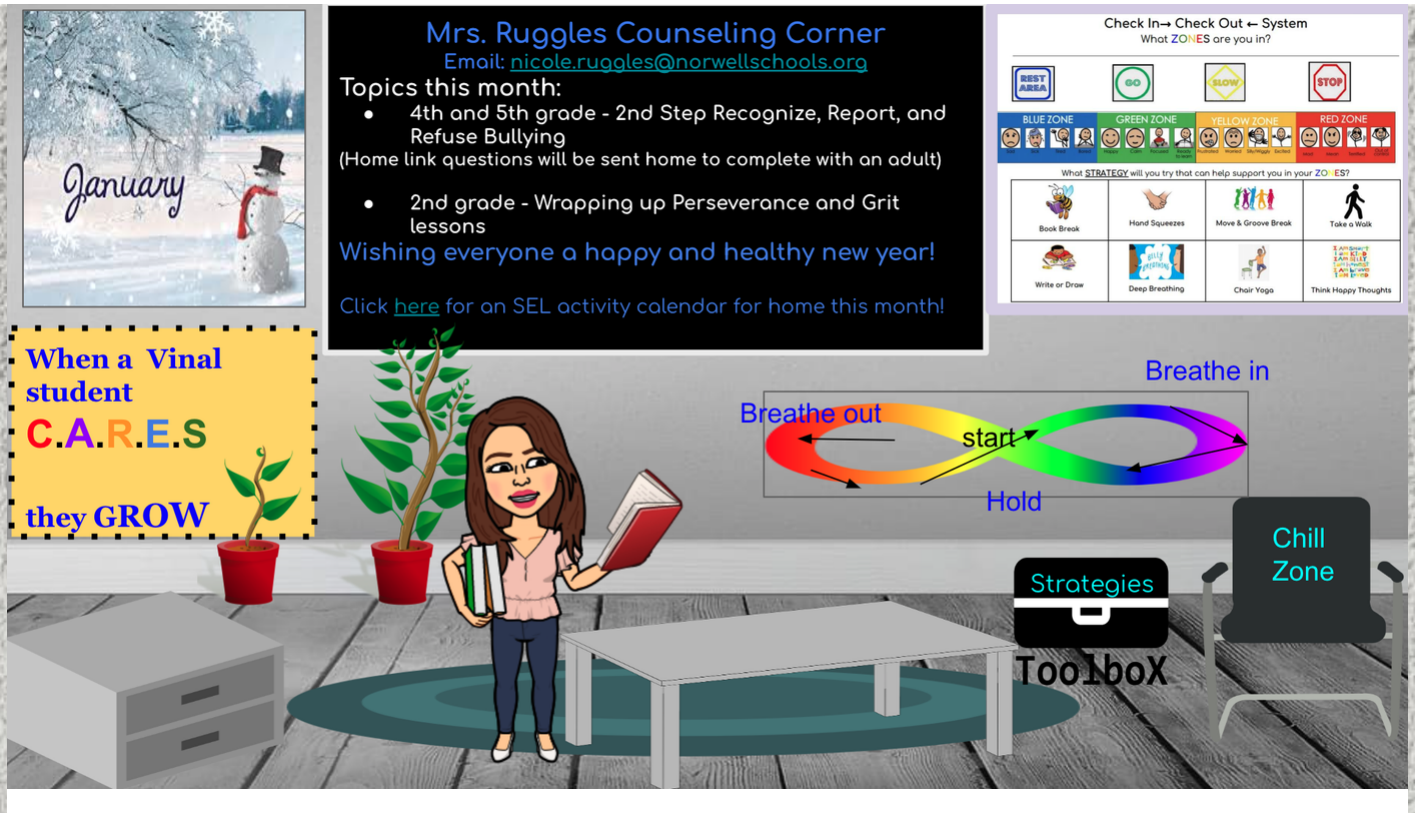
Cold Weather Clothing

We will continue to have recess outdoors as the weather allows. Please ensure your child(ren) are coming to school with appropriate outdoor clothing. Recess is 25 minutes long, and it gets cold in shorts and a sweatshirt!

Friday Announcements

Did you know the Vinal 5th graders lead morning announcements every Friday, and the recordings are podcasted? Listen HERE to past weeks and years.

Mrs. Ruggles' Counseling Corner



Breakfast & Lunch Menus

January Menu

Upcoming Dates

1/15: Student Gov't Meeting
1/15: PTO Meeting, 7PM
1/20: MLK Jr. Day-No School
1/22: Vinal School Council, 3:45PM
1/23-1/24: Crocodile River Performers
1/27: Vinal Outreach Presentation to School Committee, 7PM
1/29: Early Release

Vinal PTO

Happy New Year from your Vinal PTO!

We had an exciting start to the year with the Dad's Hockey Game - The Clipper Classic on Sat. Jan 4th. We loved seeing hundreds of fans from both Vinal and Cole come out to cheer on the dads while enjoying a fun family-friendly day with games, auction, raffle, and of course -- Blades from the Boston Bruins! Such a wonderful event and thanks to the generosity of our sponsors and attendees, over $19,000 was raised for both Cole and Vinal PTOs!

Cole may have won the actual hockey game but both Cole and Vinal communities are the real winners. The funds will be split across both schools to fund exciting enrichment programs and more. A big thank you to the leadership team, made up of dads who planned every detail for this event on behalf of both PTOs. This type of leadership and initiative is so exciting to see. As parents/family of students, we are all part of the PTO and we love seeing people step up to help in new exciting ways!

Enjoy these photos from the big day, more to come soon. Special Thank You to the Clipper Classic Volunteer Leadership Team: Jamie O'Brien, Tom Sullivan, Bob Perniola, Anthony Masters, Ryan Medeiros, Joe Mack, Silvia Nolan, and more.







Norwell SEPAC

Basic Rights: Understanding the IEP
A virtual presentation for Parents and Professionals

Date/Time: 1/22/2025 6:30-8:30 PM
Registration Link: https://fcsn.org/event/norwell-understanding-the-iep/

Featured Presenter from Federation for Children with Special Needs: Jessica Sales Cohen

Contact Norwell SEPAC with any questions at TheNorwellSEPAC@gmail.com

Handouts will be provided to registered attendees on the day of the virtual presentation.
REGISTRATION IS REQUIRED.

NORWELL SEPAC

FEDERATION FOR CHILDREN WITH SPECIAL NEEDS

Basic Rights: Understanding the IEP

A Free Virtual Workshop for Parents and Professionals

This presentation will delve into the Individual Education Program (IEP) document, its development, the breakdown of each section and understanding how the document will support a student.

Workshop Topics:

- *Why the IEP is Important*
- *Who is eligible for an IEP*
- *How the IEP is Developed*
- *Strengths and Concerns*
- *Vision Statements*
- *IEP Sections including PLEP A & B, Annual Goals and Service Delivery Grid*
- *Differences between Accommodations and Modifications*
- *Response, Placement and Consent*
- *Procedural Safeguards and more!*



About Your Host:

The Norwell SEPAC is a group of parents who meet regularly to discuss the needs of our students and improve special education in Norwell. We provide a space for families to content and education on topics relavant to our community. Contact us at TheNorwellSEPAC@gmail.com

Handouts will be provided to registered attendees on the day of the virtual presentation.

REGISTRATION IS REQUIRED.

Date: January 22, 2025

Time: 6:30-8:30 PM

Registration Link: https://fcsn.org/event/norwell-understanding-the-iep/

Registration Link:

For more information about the educational workshops available from The Federation for Children with Special Needs, please visit us at fcsn.org/ptic/workshops or email: workshops@fcsn.org

Community News



Your Year of Adventure

- ✓ Hike to the highest point in your town.
- ✓ Learn a new outdoor skill.
- ✓ Take on challenges with confidence.

Each day as a Girl Scout brings thrills and out-of-this-world experiences. Don't miss your chance to make new friends and be part of a journey you'll never forget! Find your squad and get ready for amazing adventures.

Be a Girl Scout
gsema.org/join

girl scouts of eastern massachusetts

Start your Girl Scout journey at a FREE Try-It event in Norwell! For Girls in Kindergarten.

Monday, January 13
6-7 PM
Norwell Public Library
64 South Street. Norwell

Join us for a fun evening where you can learn all about Girl Scouts and make new friends!
Bring your grown-up(s) along.

Scan code to RSVP or visit www.gsema.org/eventrsvp4

Scituate Animal Shelter

LET'S HELP OUR ANIMAL BUDDIES!

DONATION BOX IN THE VINAL LOBBY 01/06 TO 01/24

3rd Grade Brownie Troop 64662 is organizing a fundraiser to support the Scituate Animal Shelter. Your donation will help us care for the animals in their shelter. Please bring donations to the Vinal lobby!

WHAT CAN YOU DONATE?

- Paper Towels
- Garbage Bags
- Wet or Dry Foods
- Cat & Dog Toys
- Cat & Dog Treats
- Warm Blankets



To view the full donation list, visit their Amazon wishlist.
For more information, please email sarah.cordner@gmail.com

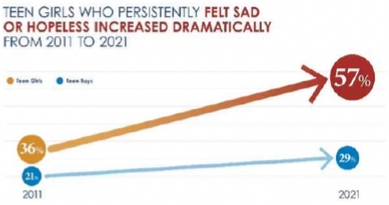
Anxious Generation Parents Forum

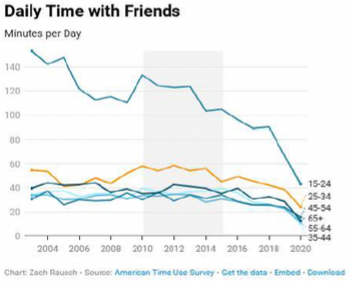
Wednesday, January 15th, Norwell Public Library, 6:00 - 7:30 PM

Jonathan Haidt's book The Anxious Generation has alerted the world to the effects of smartphones and social media on a generation. Screen time deprives children of experiences needed to develop socially, emotionally, and cognitively.

Mental health problems are soaring: in 2021, the CDC reported that 58% of teen girls had a chronic sense of hopelessness or despair.

By so many metrics, our children are suffering from the effects of smartphones and social media.





Can we protect our children from smartphones and social media?

Yes, with your help!

The movement to build alternative community action is here. How can you help?

Please join parents and educators for an open forum to explore community solutions and take back control of our young people's mental development. No reservation needed. Just show up.

Wednesday, January 15th, Norwell Public Library, 6:00 - 7:30 PM



Nathan Thorsteinson
Nathan Thorsteinson is using Smore to create beautiful newsletters